SYSTEM AND APPARATUS FOR SWING INSTRUCTION

Described is a system and apparatus for swing instruction in any sport in which players use a swinging apparatus including T-ball, baseball, softball, tennis, racquetball, golf and hockey. The apparatus comprises a body comprising a substantially planar upper surface and positionable on a support surface, a home plate marking on said body, at least one step target marking adjacent to said home plate marking and at least one foot placement marking adjacent to said step target marking.
INTERNATIONAL SEARCH REPORT

International application No
PCT/US 07/86383

A CLASSIFICATION OF SUBJECT MATTER
IPC(8) - A63B 69/00 (2008.04)
USPC - 473/243
According to International Patent Classification (IPC) or to both national classification and IPC

B FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)
IPC(8) A63B 69/00 (2008 04)
USPC - 473/243

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched
USPC - all classes as limited by search terms below

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)
PubWEST(USPT,PGPB,EPAB,JPAB), DialogPRO(Engineering), Google Scholar

Search Terms Used baseball, mat, training, stance, stride, ground, anchor, fastener

C DOCUMENTS CONSIDERED TO BE RELEVANT

<table>
<thead>
<tr>
<th>Category*</th>
<th>Citation of document, with indication, where appropriate, of the relevant passages</th>
<th>Relevant to claim No</th>
</tr>
</thead>
<tbody>
<tr>
<td>X</td>
<td>US 5,642,880 A (Wiseman et al) 01 July 1997 (01 07 1997), fig 1, 2, 9, col 5 in 16-64, col 7 in 20-24, col 8 in 22-42</td>
<td>1-14, 18-20</td>
</tr>
<tr>
<td>X</td>
<td>US 6,386,996 B1 (Foster) 14 May 2002 (14 05 2002), fig 2, col 3 in 42-45</td>
<td>21</td>
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<tr>
<td>Y</td>
<td>US 7,090,599 B2 (Hedgepath) 15 August 2006 (15 08 2006), col 11 in 50-57</td>
<td>15</td>
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<tr>
<td>A</td>
<td>US 6,102,818 A (Hamilton) 15 August 2000 (15 08 2000), fig 3, col 3 in 44-50</td>
<td>16-17</td>
</tr>
</tbody>
</table>

D Further documents are listed in the continuation of Box C

* Special categories of cited documents
  "A" document defining the general state of the art which is not considered to be of particular relevance
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Date of the actual completion of the international search
18 July 2008 (18 07 2008)

Date of filing of the international search report
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