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(54) **PERSONAL FLOTATION DEVICE AND METHOD FOR SAME**

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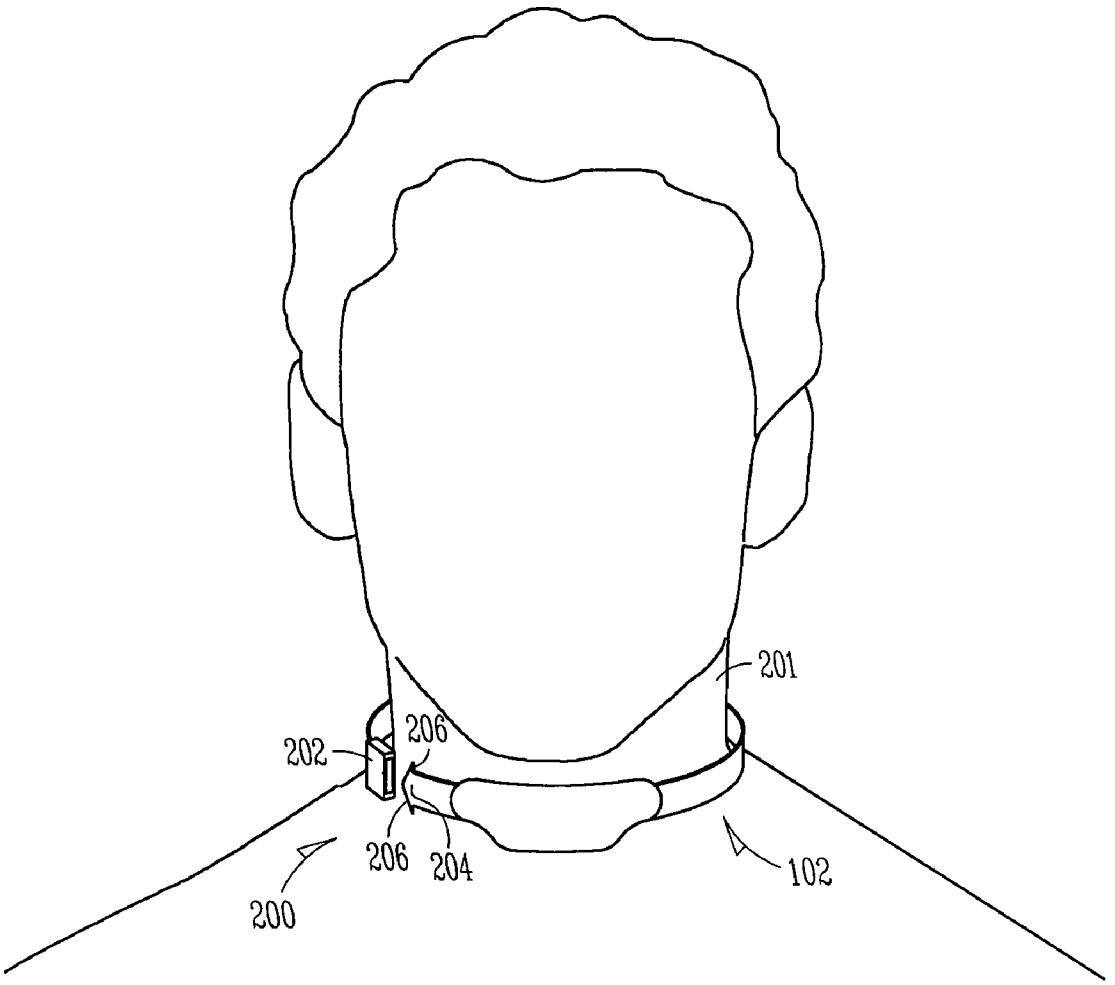
(57) **ABSTRACT**

A personal flotation apparatus including an inflatable bladder assembly coupled along a sleeve. The inflatable bladder assembly includes an inflatable bladder extending at least part way along the sleeve and a gas canister coupled with the inflatable bladder. The inflatable bladder assembly further includes an opening mechanism sized and shaped to open the gas canister. A heart monitor is in communication with the opening mechanism. In one option, the opening mechanism is adapted to open the gas canister and inflate the inflatable bladder when the heart monitor detects a heart rate outside of a predetermined range.



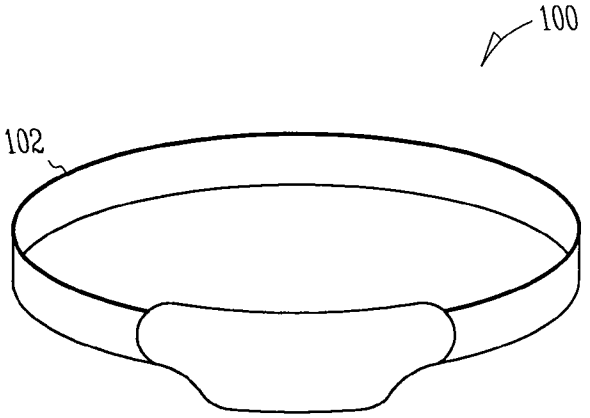


FIG. 1

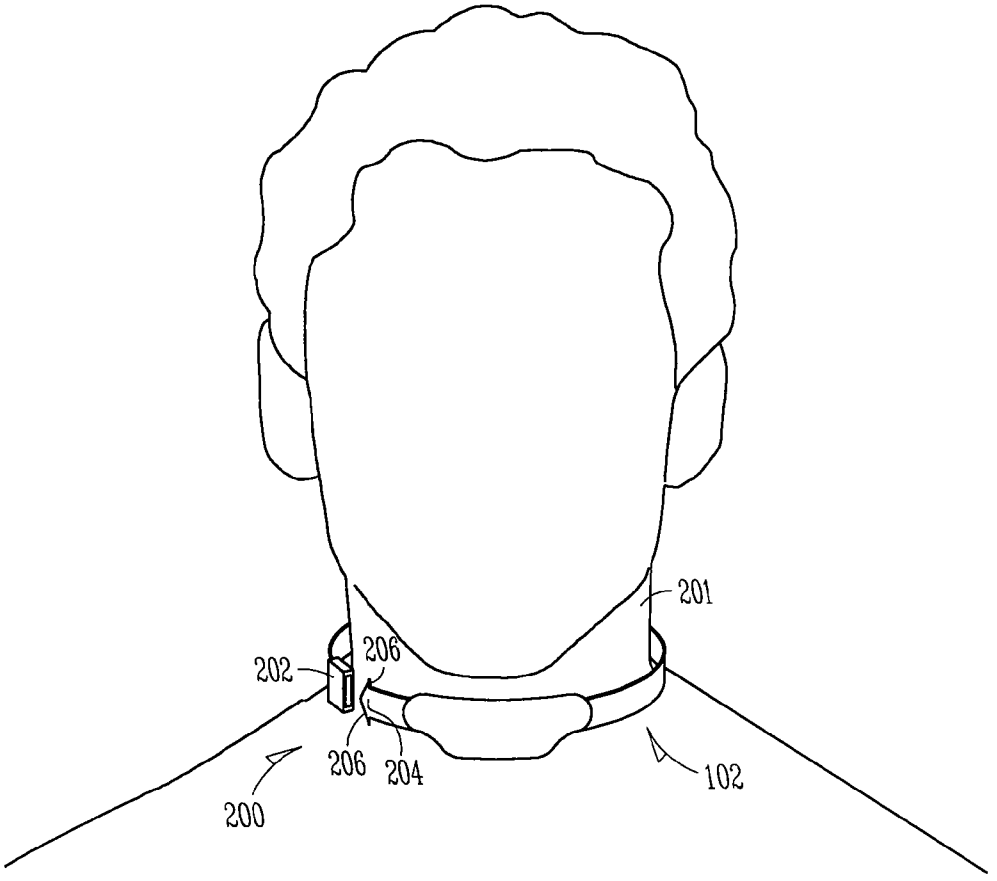


FIG. 2A

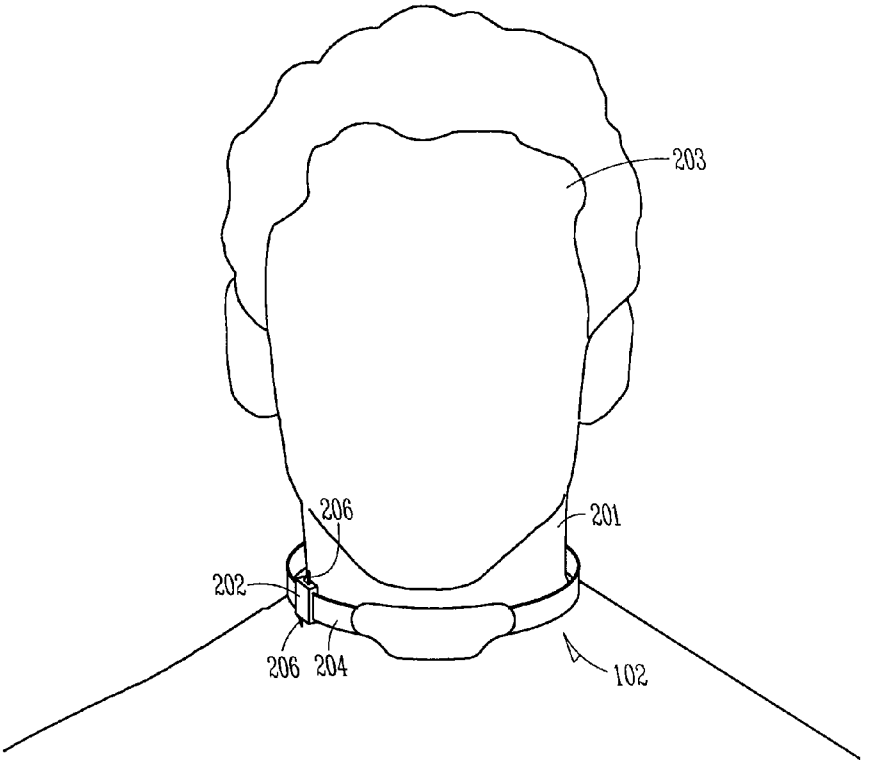


FIG. 2B

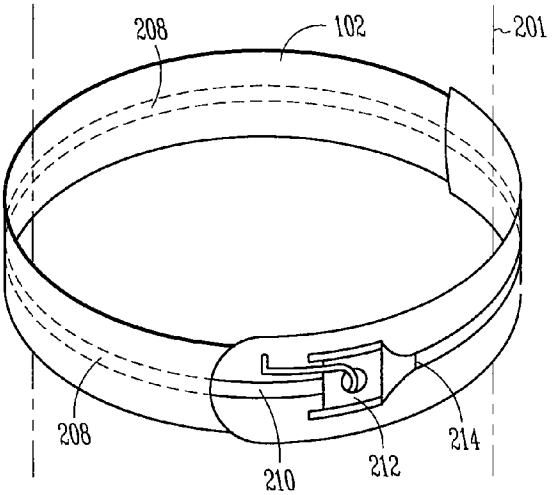


FIG. 2C

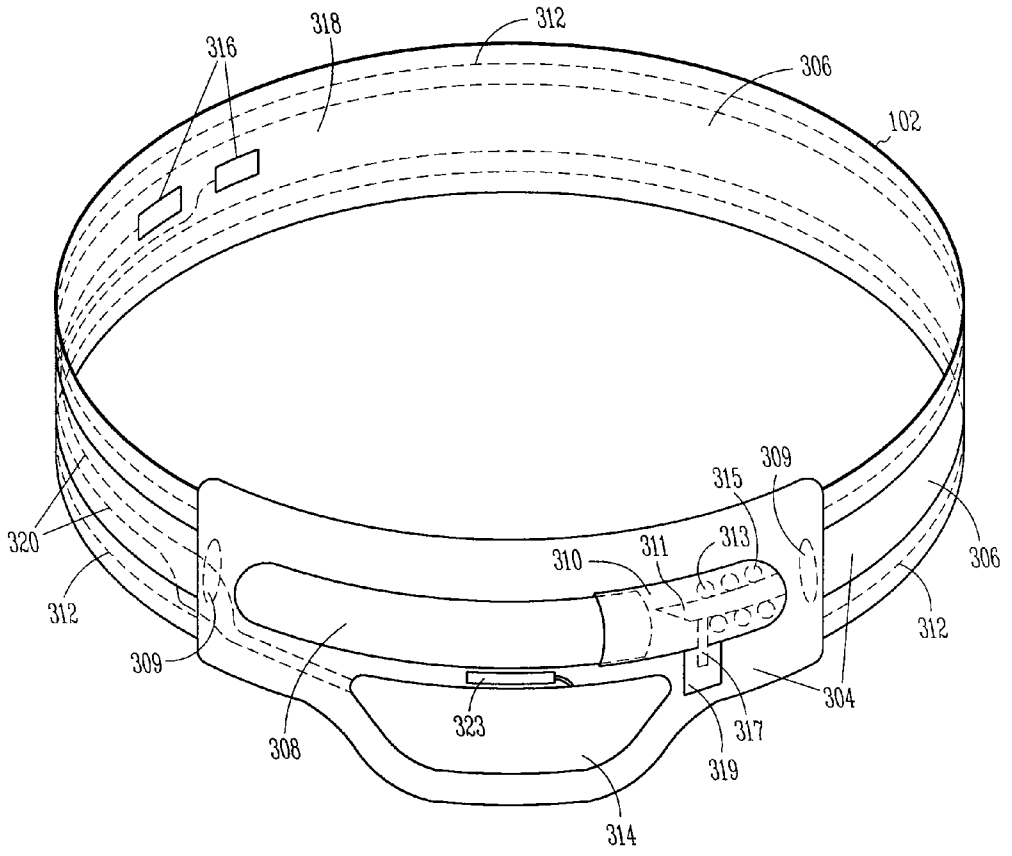

316
318
312
306
102
320
312
309
308
323
314
319
317
304
310
311
313
315
309
306
312

FIG. 3A

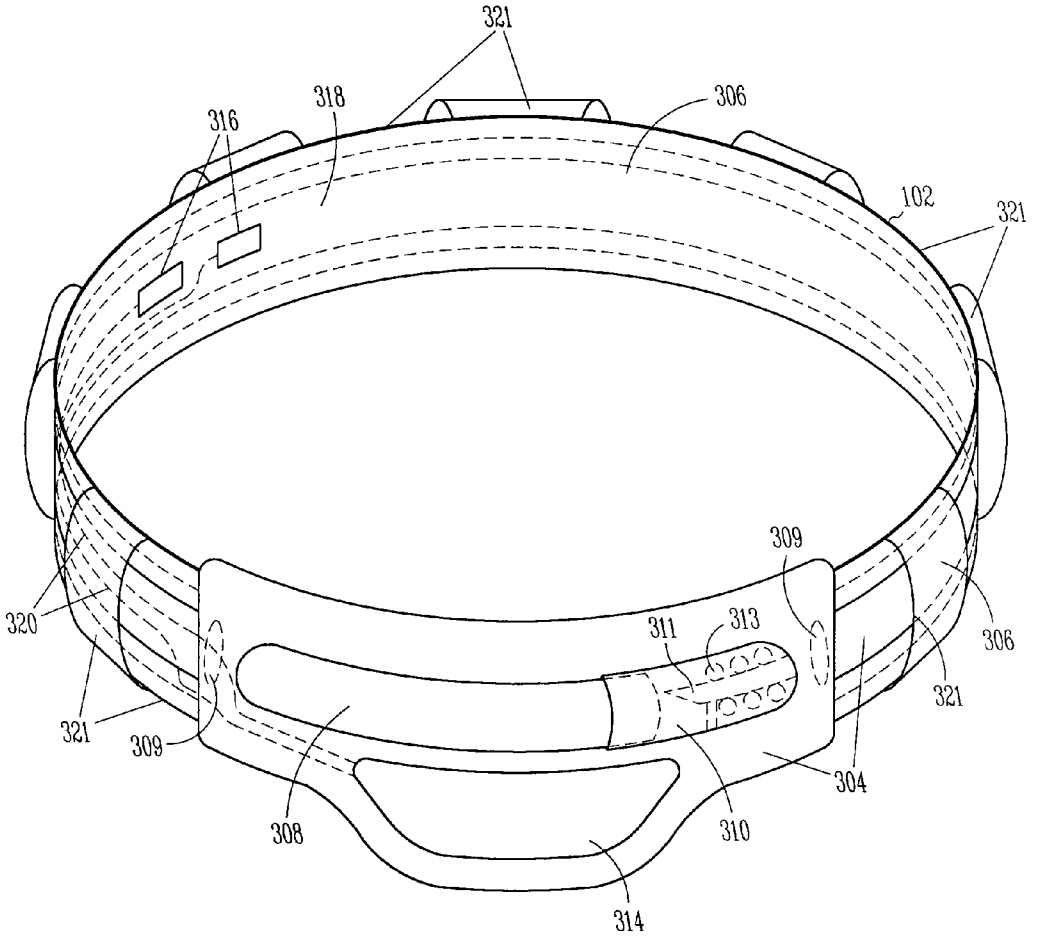

321
318
316
306
102
321
309
320
311
313
306
321
321
309
304
308
310
314

FIG. 3B

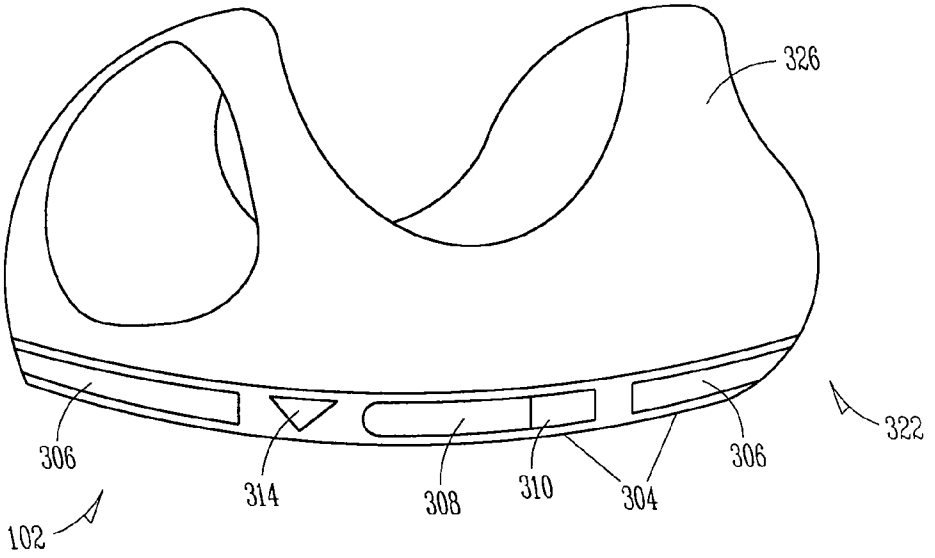


FIG. 3C

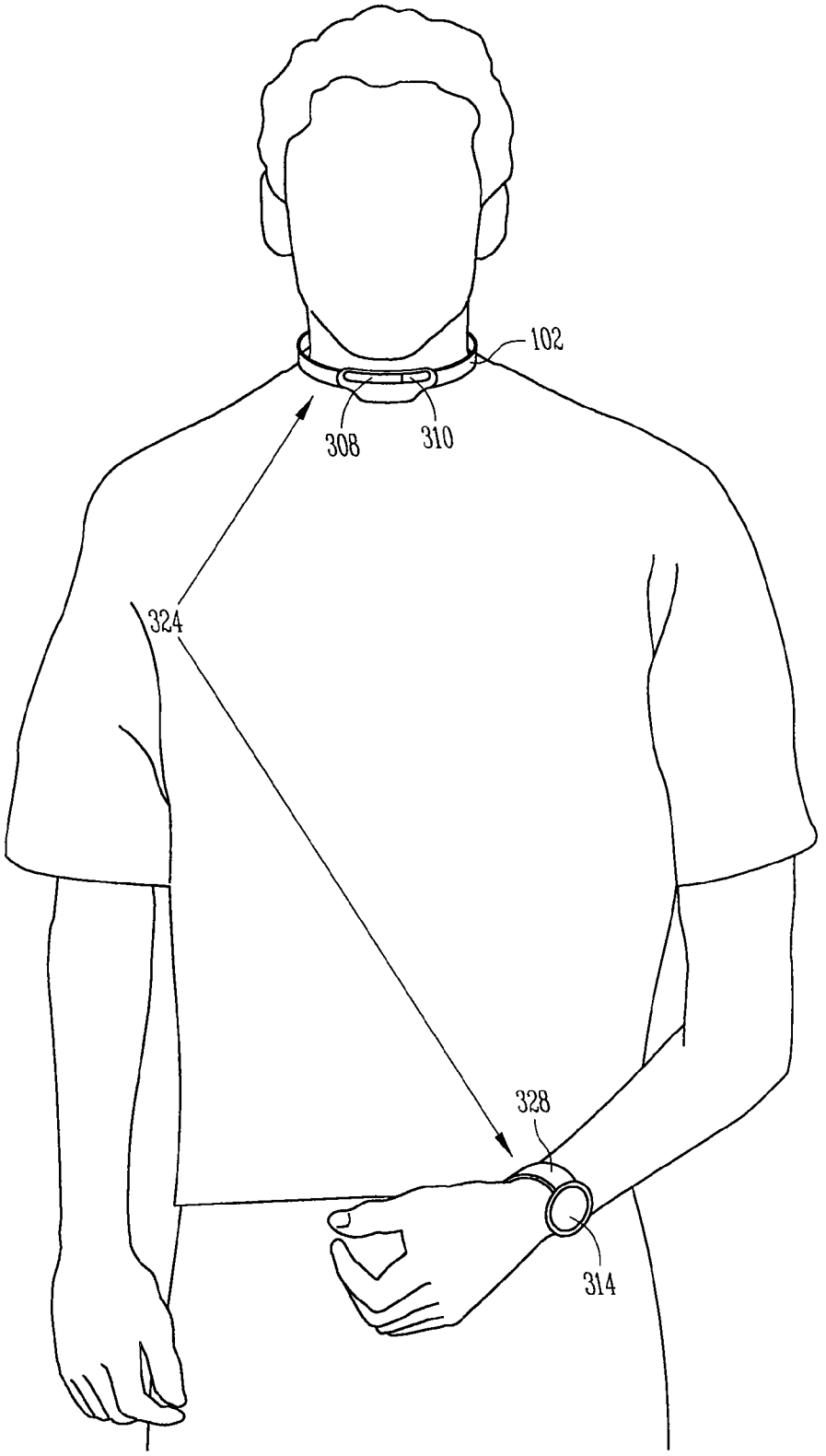


FIG. 3D

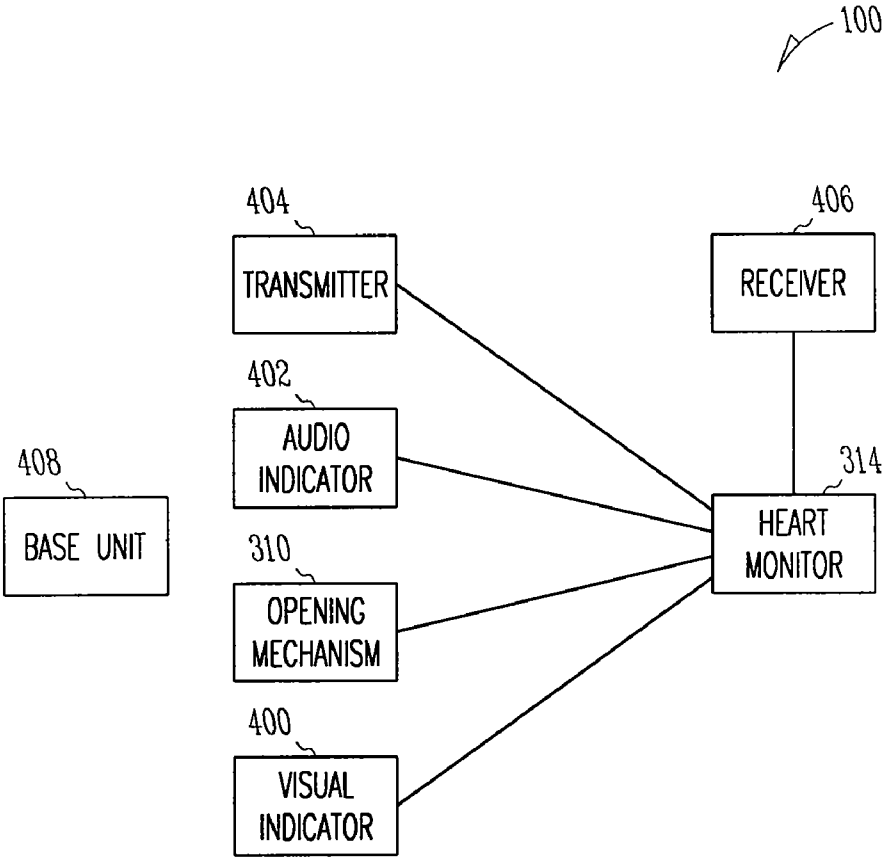

100
404
TRANSMITTER
406
RECEIVER
402
AUDIO INDICATOR
408
BASE UNIT
314
HEART MONITOR
310
OPENING MECHANISM
400
VISUAL INDICATOR

FIG. 4

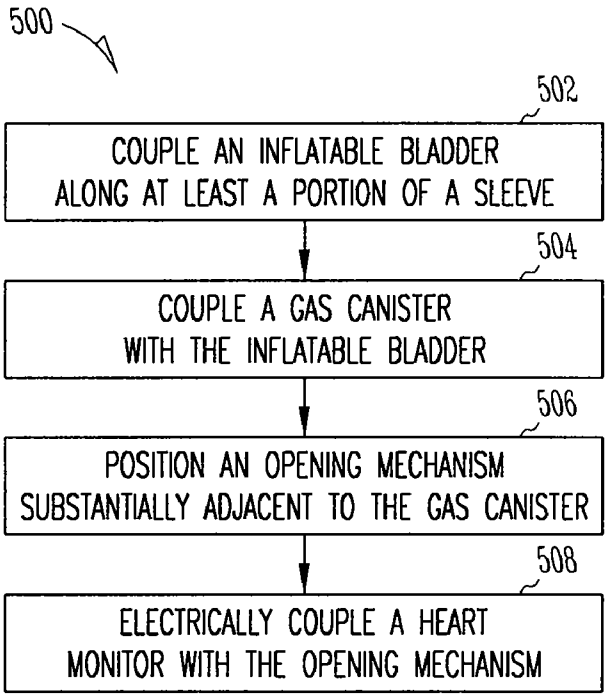

500
502
COUPLE AN INFLATABLE BLADDER ALONG AT LEAST A PORTION OF A SLEEVE
504
COUPLE A GAS CANISTER WITH THE INFLATABLE BLADDER
506
POSITION AN OPENING MECHANISM SUBSTANTIALLY ADJACENT TO THE GAS CANISTER
508
ELECTRICALLY COUPLE A HEART MONITOR WITH THE OPENING MECHANISM

FIG. 5

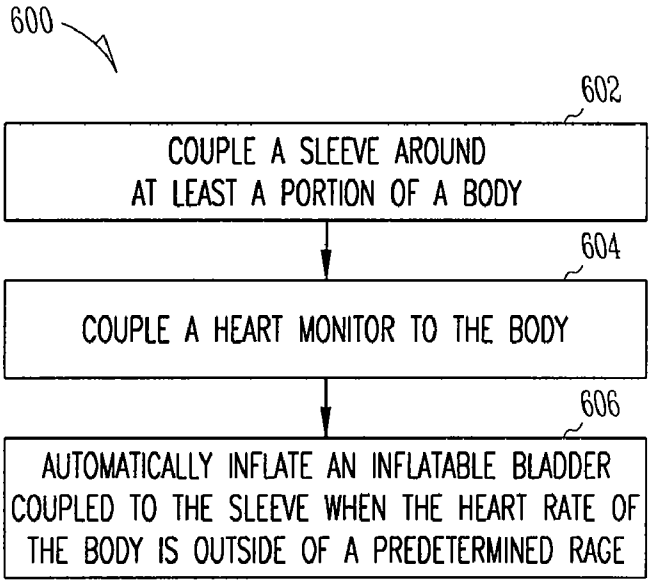

600
602
COUPLE A SLEEVE AROUND AT LEAST A PORTION OF A BODY
604
COUPLE A HEART MONITOR TO THE BODY
606
AUTOMATICALLY INFLATE AN INFLATABLE BLADDER COUPLED TO THE SLEEVE WHEN THE HEART RATE OF THE BODY IS OUTSIDE OF A PREDETERMINED RAGE

FIG. 6

PERSONAL FLOTATION DEVICE AND METHOD FOR SAME

RELATED APPLICATION

[0001] This document claims the benefit of U.S. Provisional Patent Application Ser. No. 60/581,904 filed Jun. 22, 2004, which is incorporated herein by reference. Further, this document claims the benefit of U.S. Pat. No. 7,125,302 filed Jun. 22, 2005, which is incorporated herein by reference.

TECHNICAL FIELD

[0002] Personal flotation devices and in particular automatically inflatable personal flotation devices.

BACKGROUND

[0003] Personal flotation devices are often bulky articles worn around a person's abdomen. Such devices are often cumbersome and hinder free movement of the head and limbs, for example the arms. Children and the elderly often do not recognize the hazards of playing and swimming in water and remove personal flotation devices to more freely move. Personal flotation devices, for example, water wings, life jackets, and the like, are easily removable. Water wings are slid off the arms and life jackets can be unbuckled or the snap fittings disengaged. In some instances, parents do not or cannot pay attention to children that have shed flotation devices. Without the personal flotation device the child is in greater danger of drowning. Children, especially younger children may have little instruction in swimming and do not have the endurance for extended play in deeper water. Further, in some instances, personal flotation devices, even if worn, do not have means for alerting a parent that a child is in distress.

[0004] Additionally, skiers, personal watercraft operators and passengers, rescue personnel, dock workers, and the like often do not wear personal flotation devices. High speed water sports like skiing, jet skiing or power boating can cause injuries that result in unconsciousness, or an inability to swim in the case of a broken bone or back. Further, swimmers in rough or rocky water or who are fatigued are often prone to drowning. Cramps cause distress and may result in drowning if a person is unable to swim. Further still, canoeing or rafting in a rocky stream having rough water is hazardous. Canoeists and rafters may tumble from their craft and can strike rocks or get pulled under the water by undertows. Rescue personnel sometimes operate in rough waters or must deal with frantic victims. In some instances, the rescue personnel are pulled under the water by victims or drown in rough water. Often, these individuals do not wear flotation devices because of the encumbrance of the device and/or their perceived confidence of safety in the water. Additionally, where an individual is unconscious, there is often no sign the person is in distress. Life jackets, and other personal flotation devices usually have no means for alerting others of the wearer's distress. Moreover, individuals, in some instances, do not like wearing personal flotation devices because of peer pressure, the perceived unattractiveness of the device, or other aesthetic concerns.

[0005] Elderly that enjoy swimming or other water activities often do not wear personal flotation devices. In rough waters, during physically taxing swims, or due to health complications (cardiac arrest, cramps, etc.) elderly individuals become susceptible to drowning. In some instances, they do not like wearing personal flotation devices because of the encumbrance or a perceived sense of confidence of their capabilities in the water.

[0006] In an industrial setting, where workers deal with large vats of liquids (paints, chemicals, etc.) there is a risk of falling into the vats and drowning. In some instances, workers do not wear personal flotation devices because of the perceived encumbrance of the device or confidence that they will not fall in.

[0007] In many instances, a drowning individual engages in frantic behavior, including thrashing in the water, pulling others under, and the like. This frantic behavior causes an increased heart rate in the drowning person. As the drowning condition progresses to unconsciousness the drowning person experiences a decrease in heart rate as the body is depleted of oxygen.

[0008] What is needed is a personal flotation device that is comfortable and non-encumbering for the wearer. What is further needed is a personal flotation device that provides buoyancy when an individual is drowning. What is additionally needed is a personal flotation device that signals others when an individual is in distress.

BRIEF DESCRIPTION OF THE DRAWINGS

[0009] FIG. **1** is a perspective view illustrating a personal flotation device constructed in accordance with one example.

[0010] FIG. **2**A is a perspective view illustrating a personal flotation device in the process of being placed around a neck in accordance with one example.

[0011] FIG. **2**B is a perspective view illustrating a personal flotation device disposed around a person's neck in accordance with one example.

[0012] FIG. **2**C is a perspective view illustrating a personal flotation device disposed around a person's neck in accordance with another example.

[0013] FIG. **3**A is a perspective view of an inflatable bladder assembly constructed in accordance with one example.

[0014] FIG. **3**B is a perspective view of an inflatable bladder assembly constructed in accordance with another example.

[0015] FIG. **3**C is a perspective view of an inflatable bladder assembly constructed in accordance with yet another example.

[0016] FIG. **3**D is a perspective view of an inflatable bladder assembly constructed in accordance with one example including a detached heart monitor.

[0017] FIG. **4** is a schematic diagram showing a personal flotation device constructed in accordance with one example.

[0018] FIG. **5** is a block diagram illustrating a method of constructing a personal flotation device in accordance with one example.

[0019] FIG. **6** is a block diagram illustrating a method of using a personal flotation device in accordance with one example.

DESCRIPTION OF THE EXAMPLES

[0020] In the following detailed description, reference is made to the accompanying drawings which form a part hereof, and in which is shown by way of illustration specific examples in which the invention may be practiced. These examples are described in sufficient detail to enable those skilled in the art to practice the invention, and it is to be understood that other examples may be utilized and that struc-

tural changes may be made without departing from the scope of the present invention. Therefore, the following detailed description is not to be taken in a limiting sense, and the scope of the present invention is defined by the appended claims and their equivalents.

[0021] FIG. **1** illustrates an example of a personal flotation assembly **100**. In this example, the personal flotation assembly **100** includes a sleeve **102**. In one example, the sleeve **102** is dimensioned and configured to fit around a person's neck. In another example, the sleeve **102** is dimensioned and configured to fit around a pet's neck, for instance a dog. In another option, the sleeve **102** is sized to fit around an abdomen or other body part, for example across the chest and around the back. Optionally, the sleeve **102** is adjustable for a variety of neck sizes. In another option, the sleeve **102** has a fixed size. In yet another option, the sleeve **102** should fit snugly around the body, but not be constricting.

[0022] FIG. **2**A shows one example of the sleeve **102** in an intermediate orientation as it is placed around the neck **201**. In one example, opposing ends of the sleeve **102** are joined with fastener **200**. In the example shown in FIG. **2**A, the fasteners **200** include a female receptacle **202** coupled to one end of the sleeve **102**, and a male tab **204** dimensioned and configured to snugly fit with the female receptacle **202**. In one example, the male tab **204** includes flange portions **206** that engage the female receptacle during insertion, deform and snap out of the female receptacle to couple the opposing ends of the sleeve **102** together. Other fasteners **200**, for example, buttons, hook and loop material, straps and buckles, or the like would also work to couple the opposing ends of the sleeve **102** together.

[0023] FIG. **2**B shows one example of the sleeve **102** disposed around the neck **201**. In this example, the male tab **204** is disposed within the female receptacle **202** and the flange portions **206** are snapped out of the female receptacle to couple the opposing ends of the sleeve **102**. Thus, the flotation assembly **100** is positioned for inflation and operable to float at least the head **203** above the water. In another example, as described above, the sleeve **102** is dimensioned and configured for positioning on various other portions of the body. In yet another example, multiple sleeves **102** are used to multiply the buoyancy provided to the body.

[0024] FIG. **2**C shows another example of the sleeve **102** disposed around the neck **201**. A wire **208** or the like extends at least partially around the sleeve **102**. The wire **208**, in one example, extends fully around the sleeve **102** and is coupled at both ends by, for instance, a hooked portion **210** of the wire **208** disposed within a looped portion **212**. In another example, the wire **208** includes a weakened area **214** along the wire **208**. The weakened area **214** has a smaller diameter, is scored, partially cut and the like and is dimensioned and configured to break when sufficient force is applied to the sleeve **102**. Breaking of the wire **208** allows for removal of the sleeve **102** in an emergency situation, for instance where the sleeve **102** snags onto the rigging of a boat, to prevent asphyxiation or neck injuries to the wearer. With sufficient pressure, the wearer or another individual can easily remove the sleeve **102** by breaking the wire **208** at the weakened area **214**. In yet another example, the wire **208** is broken when the sleeve **102** is snagged and pulled with sufficient force (e.g., by the rigging of a boat, ski line and the like).

[0025] FIG. **3**A illustrates one example of the inflatable bladder assembly **304**. In one example, an inflatable bladder assembly **304** is coupled to the sleeve **102**. In an example, the inflatable bladder assembly **304** includes an inflatable bladder **306**, a gas canister **308** coupled to the inflatable bladder **306**, and an opening mechanism **310** coupled to the gas canister. In one option, the inflatable bladder **306** extends around only a portion of the sleeve **102**, for example a side and back portion of the sleeve **102** relative to a wearer's throat. In another option, the inflatable bladder **306** extends substantially around the sleeve **102**. The gas canister **308** is in fluid communication with the inflatable bladder **306**, in one example, through orifices **309**. In an example, the gas canister **308** is filled with pressurized air. In another example, the gas canister **308** is filled with a single gas, for example carbon dioxide, or a mixture of gases.

[0026] The opening mechanism **310**, in one example, includes a needle **311** and a driving mechanism **313** coupled thereto (e.g., a spring and pin, elastomeric material, hydraulic piston, electric actuator, magnetic actuator and the like). For instance, the opening mechanism **313** includes, in an example, a biasing device such as a spring **315** and a pin **317**. The pin **317** maintains the spring in a biased position (e.g., compressed or tensioned) until the pin is removed. The pin **317** is moved, for instance, by an actuator **319** such as a solenoid or electrical or magnetic actuator. The driving mechanism, for instance the spring **315**, is operable to press the needle **311** into engagement with the gas canister **308** and puncture the canister **308**. Puncturing of the gas canister **308** puts the canister **308** in communication with the inflatable bladder **306** and allows the gas to exit and fill the inflatable bladder **306**. The needle **311**, in another example, includes a lumen therein to facilitate movement of the gas in the canister **308** through the needle **311** and to the inflatable bladder **306**.

[0027] In another example, the opening mechanism **310** includes a plug disposed within a nozzle of the gas canister **308**. In one example, the plug is coupled to an actuating mechanism operable to pull the plug out of engagement with the gas canister **308**. Removal of the plug allows gas from the gas canister **308** to flood the inflatable bladder **306**. Other mechanisms, for example heating a meltable diaphragm disposed on the gas canister **308**, would also work to fill the inflatable bladder **306**. In one option, the driving mechanism coupled to the needle and the actuating mechanism coupled to the plug are hydraulic systems that are operated by a solenoid valve. In another option, the mechanism is driven by at least one electrical actuator, magnetic actuator and the like.

[0028] In the example shown in FIG. **3**A, the sleeve **102** includes a substantially rigid core **312** disposed along an interior face of the inflatable bladder **306**. The rigid core **312** is constructed to substantially prevent inflation of the inflatable bladder **306** from forcing constriction of the sleeve **102**. In other words, the core **312** substantially prevents the inflatable bladder **306** from inflating inwards toward the body around which the sleeve **102** is disposed. In one example, the core **312** includes a metal, for example stainless steel. In another example, the core **312** includes a durable plastic, such as polyvinyl chloride or the like. In yet another example, the core **312** is a composite structure, including for instance a metal substrate with a molded deformable outer sheath of foamed rubber. Optionally, the rigid core **312** and sleeve **102** are integral. The sleeve **102** is thus rigid to substantially prevent constriction of the sleeve **102** and the wearer during inflation of the inflatable bladder **306**. In another option, shown in FIG. **3**B, the sleeve **102** includes a substantially rigid cage **321**. In one example, the cage **321** is coupled to the outer perimeter of the sleeve **102** and at least the inflatable bladder **306** is disposed within the cage **321**. In an example,

the cage **321** is constructed with materials similar to those of the core **312**, for instance stainless steel. The cage **321** includes an interwoven metal tube, in another example, that is surrounded by a deformable outer sheath of foamed rubber. The cage **321** is constructed around the inflatable bladder **306** to substantially prevent inward inflation and thus constriction of the sleeve **102** around the person wearing the sleeve **102**.

[0029] The flotation assembly **100**, shown in FIGS. **3**A, B includes a heart monitor **314**. In one example, the heart monitor **314** is coupled to the sleeve **102**. In another example, the heart monitor **314** is disposed within an elastic band and is electrically coupled to the opening mechanism **310**. The elastic band is deformable and allows placement of the heart monitor **314** around the wrist, abdomen, ankle or the like. In yet another example, the heart monitor **314** is compact and position able within an article of clothing, for instance in a pocket or within a swimming suit. In still another example, the heart monitor **314** is disposed within an adhesive patch and is countable with the wearer's skin. In the example shown in FIG. **1**, the heart monitor **314** is coupled to the sleeve **102** and includes electrodes (i.e. Contact pads) **316** disposed along an inner surface **318** of the sleeve **102**. The electrodes **316** are in electrical communication with the heart monitor **314**, in one example, with wires **320**, and operable to detect the heart activity of the wearer.

[0030] In one example, the heart monitor **314** detects heart beats per minute. In another example, the heart monitor **314** detects blood pressure. In still another example, the heart monitor **314** detects a range of activities, for example beats per minute and blood pressure. In one example, the heart monitor **314** sends a signal to the opening mechanism **310** to open the gas canister **308** when the heart rate is outside of a predetermined range. For instance, electrical contact with the opening mechanism **310** is cut to allow opening of the gas canister when the heart rate is outside the predetermined range. The heart monitor **314**, in another example, must be activated first (e.g. automatically after donning the personal flotation assembly or manually activated) for the opening mechanism **310** to automatically open the gas canister **308** when the proscribed condition is met (e.g., when the wearer's heart rate is outside of a predetermined range). For maintenance purposes in one option, if a battery goes dead or there is a malfunction in the personal flotation assembly **100** the gas canister **308** opens and inflates the inflatable bladder **306** as a notice to repair the assembly **100** or at least replace a battery, in yet another example.

[0031] Optionally, the personal flotation assembly **100** includes a liquid sensor **323** coupled to at least one of the opening mechanism **310** and the heart monitor **314**. The liquid sensor **323** operates to prevent inflation of the inflatable bladder **306** (described herein) unless the personal flotation assembly **100** is in a liquid such as water. In one option, the heart monitor **314** includes a computer readable medium (e.g., micro chip, hard disc, floppy disk, memory and the like) adapted to contain the predetermined range of heart rates. In another option, the heart monitor **314** is in communication with another device, for instance, a separate base unit (e.g., cellular phone, personal data assistant, dedicated device, network, satellite, and the like) that contains the predetermined range of heart rates. The heart monitor **314**, in yet another option, is preprogrammed with the range of heart rates. Optionally, the predetermined range is set after purchase or provision of the device by the end user, a parent, a physician, or the like. In one example, the predetermined range of heart rates for a child is between around 60 beats per minute to 200 beats per minute. When the child's heart rate is outside of this predetermined range a signal is sent to the opening mechanism **310** to open the gas canister **308** and inflate the inflatable bladder **306**. In another example, the child's heart rate is a different predetermined range, for instance with lower or higher upper and lower boundaries. In yet another example, the predetermined range of heart rates for an elderly person is 30 beats per minute to 130 beats per minute. In still another example, the predetermined range of heart rates for an adult is 30 beats per minute to 190 beats per minute. Optionally, the predetermined ranges of heart rates would vary outside of these examples, for instance, between approximately at least 20 and 220 beats per minute. Moreover, where the flotation assembly **100** is used with animals, for example pets, the predetermined range would be set according to the type of pet and/or the pet's age. The lower range of the heart rates corresponds to a drowning condition, where the body experiences oxygen deprivation and heart activity decreases or ceases. The higher range of the heart rates corresponds to a panicking condition, when the wearer fears for his safety. In one example, the wearer may fear for his safety when beginning to drown.

[0032] The flotation assembly **100**, in one example, would come with preset values for the predetermined range. In other words, the flotation assembly **100** has preset values when purchased. In another example, the sleeve **102** is sized for a particular size of neck. In yet another example, the flotation assembly **100** includes a sleeve **102** presided for a particular neck size, the inflatable bladder assembly **304** is preset to inflate and float a particular weight, and the heart monitor **314** includes a preset predetermined range of heart rates for triggering the opening mechanism **310**. Optionally, the flotation assembly **100** could come with any of these options preset while others are adjustable. In one option, the inflatable bladder assembly **304** is preset to inflate and float at least a weight corresponding to a wearer's head so the head remains above the water.

[0033] FIGS. **3**C and **3**D illustrate additional examples of flotation assemblies **322**, **324**. The examples of flotation assemblies **322**, **324** are similar in some respects to the flotation assembly **100**. Flotation assembly **322** (FIG. **3**C) includes a sleeve **102** coupled with an article of swim wear such as a swim suit **326**. The sleeve **102** extends at least part way around the abdomen, chest, waist or the like of the wearer. The inflatable bladder **306** is coupled to the sleeve **102** and, in one example, is also coupled with the swim suit **326**. The opening mechanism **310** is coupled to a gas canister **308**. As described above, the opening mechanism **310** includes, but is not limited to, a needle, and the opening mechanism **310** is operable to open the gas canister **308** to inflate the inflatable bladder **306**. A heart monitor **314** is coupled to the sleeve and electrically coupled to the opening mechanism **310**, in another example.

[0034] In yet another example, the flotation assembly **324** shown in FIG. **3**D includes a sleeve **102** dimensioned and configured to fit around a person's neck. The flotation assembly **324** includes a gas canister **308** and an opening mechanism **310** coupled with the gas canister **308**. The opening mechanism **310** is in communication with the heart monitor **314**. The heart monitor **314**, in the example shown in FIG. **3**D, is disposed in an elastic band **328** (e.g. a wrist band). The heart monitor **314** includes a transmitter including, but not limited to a radio transmitter. Optionally, the heart monitor **314** is

electrically coupled to the opening mechanism **310** with flexible wiring for example. The heart monitor **314** transmits commands to the opening mechanism **314** including, for instance, a command to open the gas canister **308**. The opening mechanism **314**, in one example, includes a corresponding receiver. In another example, the sleeve **102** is coupled to an article of swim wear (described above). In yet another example, the sleeve **102** extends around the chest or another part of the body.

[0035] FIG. **4** is a schematic diagram of the flotation assembly **100**. The heart monitor **314** is electrically coupled to the opening mechanism **310**. As described in one example above, when the heart monitor **314** detects a heart rate of the wearer outside of a predetermined range, the heart monitor sends a signal to the opening mechanism **310**. For instance, the heart monitor **314** sends an electrical, radio signal or the like or discontinues sending signals to the opening mechanism **310** (e.g., opens a circuit) to operate the opening mechanism **310**. The opening mechanism **310** operates to open the gas canister **308** (see FIGS. **3**A-C) and inflate the inflatable bladder **306** coupled thereto.

[0036] In one option, the heart monitor **314** is coupled to a visual indicator **400**, for instance, a flashing light, dye pack or the like. The heart monitor **314** sends a signal to the visual indicator **400** along with a signal to the opening mechanism **310** when, for example, the heart rate is outside a predetermined range. In another option, the heart monitor **314** is coupled to an audio indicator **402**. The audio indicator **402** includes, but is not limited to a loudspeaker, whistle, alarm or the like. The audio indicator **402** sounds when the heart monitor **314** sends a signal to the audio indicator **402** because, for example, the heart rate is outside a predetermined range. The audio indicator **402**, in another example, sounds when the flotation assembly **100** moves beyond a predetermined distance from a corresponding base unit carried, for instance by a parent. In still another option, the heart monitor **314** is coupled to a transmitter **404**. The transmitter **404** includes, but is not limited to a GAPS transmitter, tracking device, or the like. Similar to the audio indicator **402** described above, in another example, the transmitter **404** transmits when the flotation assembly **100** moves beyond a predetermined distance from a corresponding base unit **408** (e.g., dedicated unit, cellular phone, computer and the like). In yet another example, the transmitter **404** transmits when the heart monitor **314** detects a heart rate outside of a predetermined range. Optionally, the personal flotation assembly includes a receiver **406** coupled with the opening mechanism **310**. The receiver **406** operates to receive commands that remotely activate the opening mechanism **310** and thereby inflate the inflatable bladder **306**. In still another option, the receiver **406** receives commands that remotely operate the audio indicator **402**, visual indicator **400** and the like.

[0037] FIG. **5** is a block diagram illustrating one example of a method **500** for constructing a personal flotation device, for example the personal flotation assembly **100** shown in FIGS. **3**A, B. At **502** an inflatable bladder **306** is coupled along at least a portion of a sleeve **102**. In one example, the sleeve is dimensioned and configured to fit around a person's neck. The sleeve is dimensioned and configured to fit around the chest, abdomen, arms or the like, in another example. At **504**, a gas canister **308** is coupled with the inflatable bladder **306**. At **506**, an opening mechanism **310** is positioned substantially adjacent to the gas canister **308**. In another example, the opening mechanism **310** includes a needle mechanism having a needle **311** and a driving mechanism **313** (e.g., biasing device such as a spring, hydraulic piston, actuator and the like) to move the needle. In yet another example, the opening mechanism **310** includes a plugging mechanism having a plug and an actuation mechanism to remove the plug from engagement with the gas canister. In still another example, the opening mechanism **310** includes a meltable diaphragm adapted to melt and open the gas canister **308**. At **508**, a heart monitor **314** is electrically coupled with the opening mechanism **310**. The heart monitor **314** is coupled, in one example, to an elastic band, an adhesive patch, a swimsuit, or the like, as described above. In still another example, the heart monitor **314** includes electrodes **316** disposed along an inner surface of the sleeve **102**. The electrodes **316** (e.g., contact pads) are operable for sensing, for example, the heart rate of a wearer. In another example, the heart monitor **314** and opening mechanism **310** are coupled with transmitters that send signals between the heart monitor and the opening mechanism **310**. Optionally, the heart monitor **314** and opening mechanism **310** are operable to send signals back and forth between the two devices. In another option, the heart monitor **314** also acts as a tracking device and is operable to send signals to a separate third device, for example a position locator.

[0038] Various options for making the personal flotation assembly **100** follow. In one option, the method **500** includes coupling at least one of a visual indicator and an audio indicator with the heart monitor (e.g., light, dye pack, loudspeaker and the like). In another option, at least one of a transmitter and a receiver is coupled with the heart monitor. The transmitter and receiver optionally communicate with a third device, such as, a dedicated base unit, cellular phone, personal data assistant, computer, satellite and the like. In one example, the transmitter is a radio transmitter. In another example, the transmitter is a global positioning system transmitter. The transmitter operates, in still another example, when the heart monitor **314** detects a heart rate outside of a predetermined range. The transmitter operates on a preset interval, in another example. In still another example, the transmitter operates continuously. In yet another option, coupling the inflatable bladder along at least the portion of the sleeve **102** includes coupling the inflatable bladder **306** around a back and side portions of the sleeve **102** relative to the heart monitor **314**.

[0039] In another option, positioning the opening mechanism **310** substantially adjacent to the gas canister **308** includes coupling the opening mechanism **310** with the gas canister **308**. The opening mechanism **310** optionally includes a drive mechanism **313** (e.g., spring, elastomeric material, actuator and the like) and a needle **311**. In yet another option, positioning the opening mechanism **310** substantially adjacent to the gas canister **308** includes coupling the opening mechanism with the sleeve **102**. The method **500** includes, optionally, coupling an actuator, such as, a solenoid valve **319** with a movable pin **317**. The pin **317** is engaged with a drive mechanism **313** to retain the drive mechanism **313** in a first biased position. In an option, the method **500** further includes screwing the gas canister **308** into the inflatable bladder assembly **304**.

[0040] FIG. **6** is a block diagram illustrating one example of a method **600** for using a personal flotation assembly **100**. Reference is again made to the personal flotation assembly **100** shown in FIGS. **3**A, B. At **602**, a sleeve **102** is coupled around at least a portion of a body (e.g., a child). In one example, coupling the sleeve **102** includes snugly coupling

the sleeve **102** around the neck of the body. In another example, snugly coupling the sleeve **102** includes snap-fitting a male projection with a female receptacle (e.g., flange portions **206** and female receptacle **202**) on the sleeve **102**. At **604**, a heart monitor **314** is coupled to the body. In one example, the heart monitor **314** is coupled to the sleeve **102**. In another example, the heart monitor **314** is disposed within an adhesive patch, a swimsuit, an elastic band, or the like. In still another example, the heart monitor **314** includes electrodes **316** that are engaged to the skin of the wearer. The heart monitor **314** is operable to detect at least one heart condition of the wearer, for example, a heart rate. At **606**, the inflatable bladder **306** coupled to the sleeve **102** is automatically inflated when the heart rate of the body is outside of a predetermined range.

[0041] Several options for the method **600** follow. In one option, automatically inflating the inflatable bladder **306** includes puncturing a gas canister **308** coupled to the inflatable bladder **306**. In another option, automatically inflating the inflatable bladder **306** includes operating an actuator (e.g., opening mechanism **310**) coupled with the heart monitor **314**. Operating the actuator includes, in yet another option, moving a pin **317** out of engagement with a drive mechanism **313** adapted to puncture a gas canister **308** with a needle **311**. The drive mechanism **313** includes, but is not limited to, a biasing device such as a spring or elastomeric material, electric or magnetic actuators (e.g., solenoids), and the like. In still another option, automatically inflating the inflatable bladder **306** includes pulling a plug out of the gas canister, heating a meltable diaphragm and the like. Optionally, automatically inflating the inflatable bladder **306** includes constraining the bladder **306** to inflate substantially outward from the sleeve **102**, for instance, with a rigid core **312**, cage **321** and the like. In one example, a rigid core **312**, cage **321** and the like are used to constrain inflation of the bladder **306**.

[0042] In another option, the method **600** includes automatically inflating the bladder **306** when the heart rate of the body is outside of a range of, for instance, approximately 30 beats per minute to 190 beats per minute. The inflatable bladder **306** automatically inflates when the heart rate of the body is outside of a predetermined range and the sleeve **102** is in contact with a liquid, optionally. In yet another option, the method **600** includes operating at least one of a visual indicator and an audio indicator when the heart rate of the body is outside of the predetermined range. The inflatable bladder **306** automatically inflates and is sufficiently buoyant to float at least the head of the body above a liquid, in still another option. In a further option, the method **600** includes sending a signal from a transmitter coupled with the heart monitor to a separate device, such as, a dedicated receiver, cellular phone, computer, personal data assistant, satellite and the like.

[0043] The above describe personal flotation assembly provides buoyancy at least when a wearer's heart condition is outside of a predetermined range, for example, the when the wearer's heart rate is outside of range of heart rates such as when the wearer is drowning. The personal flotation assembly inflates and keeps at least the head of the wearer above water to facilitate continued breathing and preclude drowning. The personal flotation assembly combines the inflatable bladder assembly, opening mechanism and the heart monitor into a compact design sized and shaped to be comfortably worn without unduly interfering with the activity of the wearer. For instance, the personal flotation assembly, is lightweight and sized and shaped to allow the wearer to substantially maintain a full range of motion when wearing the assembly. Additionally, the personal flotation assembly, in one option, is made integral with a piece of swim wear thereby making the assembly attractive.

[0044] The conditions used to determine when the inflatable bladder of the personal flotation assembly is inflated, in one example, are preprogrammed for each personal flotation assembly. In another example, the conditions are programmed after purchase by the wearer, physician, family member and the like. The conditions that trigger inflation optionally include a wide variety of stimuli alone or in combination. For example, conditions such as a heart rate outside of a predetermined range, blood pressure, immersion of the sleeve in liquid, the location of the personal flotation assembly with respect to a base unit, remaining charge of a power source such as a battery and the like operate alone or in combination to cause inflation of the personal flotation assembly. These conditions for activation may be adjusted or eliminated depending on the use of the assembly, the age of the wearer, the wearer's physical condition and the like. The personal flotation assembly inflates the inflatable bladder when the set of conditions are satisfied and the bladder operates to maintain at least the head of a wearer above water.

[0045] Further, the personal flotation assembly includes in another option, at least one indicator adapted to provide an alert when the inflatable bladder is inflated. In one example, the indicator includes, but is not limited to a visual indicator, such as a light, dye pack and the like. In another example, the indicator includes an audio indicator, such as a loud speaker. In still another example, the personal flotation assembly includes a transmitter or the like sized and shaped to transmit an alert that the inflatable bladder has inflated to a base unit (e.g., the base unit is with a parent and the assembly is with a child, and the assembly thereby alerts the parent to a child in distress).

[0046] It is to be understood that the above description is intended to be illustrative, and not restrictive. Many other examples will be apparent to those of skill in the art upon reading and understanding the above description. It should be noted that examples discussed in different portions of the description or referred to in different drawings can be combined to form additional examples of the present application. The scope of the invention should, therefore, be determined with reference to the appended claims, along with the full scope of equivalents to which such claims are entitled.

What is claimed is:

1. A flotation device comprising:

an inflatable bladder;

an inflation mechanism coupled with the inflatable bladder; and

a heart monitor in communication with the inflation mechanism, the heart monitor is configured to detect at least one heart physiological parameter, and the inflatable bladder inflates into an inflated configuration when the heart monitor detects a heart physiological parameter measurement outside of a predetermined range.

2. The flotation device of claim **1**, the inflatable bladder configured to float at least a portion of a human body.

3. The flotation device of claim **1**, further comprising a sleeve, and at least the inflatable bladder is coupled along the sleeve.

4. The flotation device of claim **1**, the heart physiological parameter includes at least one of heart rate and blood pressure.

5. The flotation device of claim **1**, the heart monitor is electrically coupled with the inflation mechanism.

6. The flotation device of claim **1**, the heart monitor is wirelessly coupled with the inflation mechanism.

7. The flotation device of claim **1**, the inflation mechanism includes a portion of a gas container configured to melt when the heart monitor detects a heart physiological parameter measurement outside of a predetermined range.

8. The flotation device of claim **1**, the inflation mechanism includes a movable needle and a drive mechanism, and the drive mechanism is adapted to puncture a gas container with the needle.

9. A flotation assembly comprising:

a wearable article

an inflatable bladder coupled with the wearable article; and

a heart monitor coupled with the wearable article, the heart monitor is configured to detect at least one heart physiological parameter, and the inflatable bladder inflates into an inflated configuration when the heart monitor detects a heart physiological parameter measurement outside of a predetermined range.

10. The flotation assembly of claim **9**, the wearable article includes a garment.

11. The flotation assembly of claim **9**, further comprising a gas container.

12. The flotation assembly of claim **11**, at least a portion of the gas container melts when the heart monitor detects the heart physiological parameter measurement outside of the predetermined range.

13. The flotation assembly of claim **9**, further comprising at least one of a transmitter and a receiver in communication with the heart monitor.

14. The personal flotation apparatus of claim **9**, the heart monitor includes a predetermined range of heart rates.

15. The personal flotation apparatus of claim **9**, the heart monitor is programmable with a predetermined range of heart rates.

16. A method comprising:

coupling an inflatable bladder with an inflation mechanism; and

coupling a heart monitor with the inflation mechanism, the heart monitor is configured to detect at least one heart physiological parameter, and the inflatable bladder inflates into an inflated configuration when the heart monitor detects a heart physiological parameter measurement outside of a predetermined range.

17. The method of claim **16** further comprising coupling at least the inflatable bladder with a wearable article.

18. The method of claim **16**, coupling the heart monitor with the inflation mechanism includes wirelessly coupling the heart monitor with the inflation mechanism.

19. The method of claim **16**, coupling the heart monitor with the inflation mechanism includes inflating the inflatable bladder into the inflated configuration with melting of at least a portion of a gas container.

20. The method of claim **16** further comprising programming the predetermined range of the heart physiological parameter.

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