The present invention relates to an implantable medical system for detecting incipient edema. The system comprises an implantable medical lead including an optical sensor and a light detector. The system is adapted to: activate the light source to emit light; direct the emitted light into a tissue of a patient; and evaluate the light intensity value corresponding to an intensity of light received by the light detector. This allows for a consistent detection with incipient edema.
Declaration under Rule 4.17:
— of inventorship (Rule 4.17(iv))
Implantable medical system for detecting incipient edema

TECHNICAL FIELD
The present invention generally relates implantable medical systems and, in particular, to systems, devices and methods for detecting incipient edema.

BACKGROUND OF THE INVENTION
Pulmonary edema is often associated with heart failure.

In a healthy patient, the small alveoli in the lungs are filled with air. Close to the alveoli is a thin interstitial space, filled with interstitial fluid, which is different from blood. For example, the interstitial fluid contain no red blood cells. The interstitial space is also in close connection with capillaries filled with blood. Oxygen in the alveoli is diffusing into the interstitial space and then into the blood in the capillaries.

Development of pulmonary edema occurs gradually. For example, pulmonary edema may be a consequence of a heart failure. When the heart acquires a heart failure, the left arterial pressure and thereby the pressure in the capillaries will increase during a first phase. In this phase, no edema is present. In a second phase, the interstitial space between the alveoli and the capillaries is filled with more fluid, i.e., a swelling of the interstitial space occurs. The volume of the interstitial space increases with about two deciliters. In the following third, exacerbated phase, when the left arterial pressure has increased above 20, 25 mmHg, fluid enters the alveoli. Fluid in the alveoli diminishes the degree of oxygenation of the blood which weakens the heart and causes peripheral vasodilatation. The
Peripheral vasodilatation increases venous return from the peripheral circulation, which further increases the damming of blood in the alveoli, and thus, further diminishes the degree of oxygenation of the blood. This course of events may eventually lead to death of the patient. Pulmonary edema may develop so rapidly that death can occur within 20 minutes to an hour. Consequently, early detection of incipient edema is critical.

Pulmonary edema may be detected by using transthoracic impedance and through impedance measured between two implanted electrodes, covering one of the lungs. Edema has also been detected by listening to lung sounds.

Further, in US 6 332 091, detection of pulmonary edema using infrared light is described. In a non-invasive method, a lung is exposed to infrared light and the reflected radiation scattered by the lung as a spectral response to the presence of water in the lung is measured. The reflected radiation is compared with calibrated values to evaluate an occurrence of pulmonary edema. The non-invasive method disclosed in US 6 332 091 requires the use of external equipment, consequently pulmonary edema may only be detected in a patient at locations where such equipment is present.

In US 7 010 337, a sensor for measuring transmission or reflection of light by the blood is described. The sensor is placed adjacent the aorta of a patient to evaluate the oxygen saturation of the blood passing in the aorta. Detection of edema is not discussed in US 7 010 337.

In US 6 409 675, a implantable monitor with one or a plurality of sensors configured for extravascular placement is described. The extravascular sensors include sensors for vascular plethysmography, heart and lung
sounds, thoracic impedance, and EKG. For example, optical sensors adapted to determine arterial blood oxygen and arteriolar volume, and sound sensors adapted to detect pulmonary edema are disclosed. As alternate embodiments, detection of pulmonary edema utilizing thoracic impedance, ultrasound or analysis of Cheyne-Stokes respiration are disclosed.

Consequently, there remains a need within the art for an implantable medical system and a method using such system that are capable of detecting the occurrence of edema at an early stage, i.e. incipient edema.

**BRIEF DESCRIPTION OF THE INVENTION**

Thus, an object of the present invention is to provide an implantable medical system, lead and device and a method for detecting the occurrence of incipient edema is detected.

Another object of the present invention is to provide an implantable medical system, lead and device and a method for automatically detecting the occurrence of incipient edema.

A further object of the present invention is to provide an implantable medical system, lead and device and a method for detecting incipient edema at an early stage.

These and other objects of the present invention are achieved by means of a medical system, an implantable medical lead, an implantable medical device, a method and a computer program product having the features defined in the independent claims. Preferable embodiments of the invention are characterized by the dependent claims.

According to an aspect of the present invention, there is provided a medical system for detecting incipient edema
in a lung of a patient comprising an implantable medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity and a light detector. The medical system further comprises an edema detection circuit being adapted to: i) activate the at least one light source to emit light, during at least one measurement session, at the at least one predetermined wavelength and at the at least one predetermined intensity, wherein the light is directed into lung tissue of said patient; H) obtain at least one light intensity value corresponding to at least one intensity of light received by the light detector and resulting from the light emitted during a measurement session; and Hi) evaluate the at least one light intensity value, including compare said at least one light intensity value with at least one reference intensity value, to detect a consistency with incipient edema.

According to a second aspect of the present invention, there is provided an implantable medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity and a light detector. The implantable medical lead is connectable to an implantable medical device and to an edema detection circuit being adapted to: i) activate the at least one light source to emit light, during at least one measurement session, at the at least one predetermined wavelength and at the at least one predetermined intensity, wherein the light is directed into lung tissue of the patient; H) obtain at least one light intensity value corresponding to at least one intensity of light received by the light detector and resulting from the light emitted during a measurement session; and Hi) evaluate the at least one light
intensity value, including compare the at least one light intensity value with at least one reference intensity value, to detect a consistency with incipient edema.

According to a third aspect of the present invention, there is provided an implantable medical device, which is connectable to an implantable medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity and a light detector. The device comprises an edema detection circuit being adapted to: i) activate the at least one light source to emit light, during at least one measurement session, at the at least one predetermined wavelength and at the at least one predetermined intensity, wherein the light is directed into lung tissue of the patient; H) obtain at least one light intensity value corresponding to at least one intensity of light received by the light detector and resulting from the light emitted during a measurement session; and Hii) evaluate the at least one light intensity value, including compare the at least one light intensity value with at least one reference intensity value, to detect a consistency with incipient edema.

According to a fourth aspect of the present invention, there is provided a method for detecting incipient edema in a lung of a patient using a medical system comprising an implantable medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity and a light detector. The method comprises the steps of: i) activating the at least one light source to emit light, during at least one measurement session, at the at least one predetermined wavelength and at the at least one predetermined intensity, wherein the light is directed
into lung tissue of the patient; H) obtaining at least one light intensity value corresponding to at least one intensity of light received by the light detector and resulting from the light emitted during a measurement session; and Hi) evaluating the at least one light intensity value, including comparing the at least one light intensity value with at least one reference intensity value, to detect a consistency with incipient edema.

According to a fifth aspect of the present invention, there is provided a computer program product, directly loadable into an internal memory of an implantable device, comprising software code portions for causing the implantable medical device to perform steps in accordance with the method of the fourth aspect.

Edema is considered to be present at the stage when blood enters the alveoli. However, it is important to be able to detect developing edema at an earlier stage.

During the first phase of development of incipient edema, the capillaries close to the alveoli are congested and filled with more blood. The invention is based on the insight that physical changes of the lung of a patient, i.e. volume changes of fluids present in the lung, during the development of incipient edema will change intensities of light with certain wavelengths received by a light detector, wherein the light is emitted by a light source and the detected light has passed a part of the lung. In brief, there are three volume changes during the development of incipient edema that may, depending on the wavelength, change the intensity of the detected light: i) the blood congestion in capillaries during the first phase of development of incipient edema; H) the swelling of the interstitial space during the second phase of development of incipient edema; and Hi) the entry of
fluids into the alveoli as the pulmonary edema eventually develops during the third, exacerbated phase. Wavelengths to be used in accordance with the invention comprise substantially all wavelengths which intensities are affected by these changes of volumes of fluids present in the lung.

In order to obtain reliable optical measurement of the change of the amount blood and other fluids in a lung, the light used for the measurement should pass into lung tissue, and not mainly being reflected against the surface of the lung. This may, for example, be accomplished by separating the light source and receiver apart. When the source and receiver are close, the majority of the light detected have been reflected against blood cells and similar tissues. In a report from Stanford University, Optical Measurement of blood oxygen by implantable telemetry, by Joseph Michael Schmitt, February 1986, Technical Report No. G558-15, a small light beam is entering a blood volume. Measurements of scattered intensity distributions show that main part of the amount of light is within one mm from the center of the beam. This part of the scattered light should not be allowed to reach the detector, which may be accomplished by letting the distance between source and detector be many times the distance used by Schmitt. The light entering the blood will be reflected against objects (such as blood cells) and be spread further away from the light source. The scattering will change the direction of the photons, which will spread in many directions. Therefore photons will penetrate deeper into lung tissue and eventually hit the receiver placed close to the surface of the lung. Along the path from source to detector not only scattering may occur, but also, for example, attenuation due to absorption. Both scattering and absorption may increase with increasing degree of edema, and consequently, the light intensity received by
the detector may therefore mirror the amount of blood and fluid in the lung. As an example, consistency with incipient edema may be detected when the amount of light received is lower than a predetermined value.

Thus, the present invention provides a number of advantages, for example, an occurrence of an incipient edema in a patient can be detected at an early stage and the treatment of the incipient edema can thus be initiated at an early stage. This is of high importance since it has been shown that an early treatment is critical because an edema may develop very rapidly and cause death of the patient.

According to an embodiment, the edema detecting circuit is adapted to, during the evaluation, obtain the at least one reference intensity value; and compare the at least one light intensity value with the at least one reference intensity value, wherein the consistency with incipient edema is detected when at least one of the at least one light intensity value is below the at least one reference intensity value. Consequently, it is possible to detect decreasing light intensity values being consistent with incipient edema.

According to an embodiment, the edema detection circuit is adapted to, upon receiving a signal from a posture sensor adapted to sense at least one predetermined posture of the patient that the patient is in the at least one predetermined posture, initiate the at least one measurement session. Consequently, it is possible to limit measurements to detect incipient edema to situations where the patient is in a suitable posture for making such measurements. Examples of suitable postures are lying on the back, lying on the side or lying on the stomach. Various reference values used during the measurement session may also be calculated as a function.
of the sensed posture. Measurements made with respect to the patient's posture allows higher accuracy and reliability of the obtained values.

As an example, the edema detection circuit is adapted to determine the at least one reference intensity value as a function of the sensed at least one predetermined posture.

According to an embodiment, the edema detection circuit is adapted to, upon obtaining the at least one light intensity value, activate a posture sensor adapted to sense at least one predetermined posture of the patient to determine a posture of the patient and obtain the at least one reference intensity value being a function of the determined posture. Consequently, it is also possible to sense the posture and obtain a reference intensity value being a function the posture after obtaining a light intensity value.

In a further embodiment, the edema detection circuit is adapted to determine the at least one reference intensity value as a function of a predetermined number of the obtained at least one light intensity values from previous measurement sessions. Consequently, a change in the light intensity values over time may be detected. Such change may be consistent with incipient edema.

According to an embodiment, the edema detection circuit is adapted to compare at least one activity value obtained from an activity sensor adapted to sense at least one activity value corresponding to an activity level of the patient to a reference activity value and, when a predetermined number of the at least one activity values are below the reference activity value, initiate the at least one measurement session. Consequently, it is possible to limits measurements to detect incipient edema.
to situations when the activity of the patient is sufficiently low. A high activity of the patient may render measurements to detect incipient edema in the patient uncertain, because the sensor of the implantable medical lead may move relative the lung of the patient. Measurements made with respect to the activity level of a patient allows higher accuracy and reliability of the obtained values.

According to an embodiment, the sensor is adapted to being arranged intrapericardially, epipericardially or in a coronary vein in the patient such that the light, upon activation of the at least one light source, is directed into a lung of the patient. Parts of the intrapericardial space, the epipericardial surface of the heart and the coronary veins are adjacent to the lung and consequently, detection of light which has passed a part of the lung is enabled by the above-mentioned arrangements.

According to an embodiment, the edema detection circuit is adapted to activate alarm means adapted to communicate an alarm at detection of incipient edema. As an example, the alarm may comprise a vibration or a beeping sound alerting the patient that a consistency with incipient edema has been detected. Consequently, the patient can be made aware of an incipient edema and seek medical assistance. Alternatively, or as a complement, the alarm means may comprise a telemetry circuit adapted to send information regarding the patients situation to an external device. Consequently, as an alternate or a complementary example, the alarm may comprise sending a signal to an external device. For example, the external device may be connected via a communication network to a monitoring device, e.g. a PC, located at, for example, a care institution. Examples of communication networks are wireless LAN ("Local Area Network"), GSM ("Global System for Mobile communications") , UMTS ("Universal Mobile
Telecommunications System") and the internet. Sending an alarm to an external device connected to a monitoring device may alert another person, such as a physician, of the patient's condition.

According to an embodiment, a lead length between the light source and the light detector is at least about 1 cm, preferably 1-10 cm, more preferably 1-7 cm, even more preferably 2-7 cm and most preferably 3-7 cm. Throughout the description and the claims, a lead length refers to a length along the lead. When the implantable medical lead is arranged in the body of a patient so as to direct light emitted by the light source into a lung of the patient, as a guiding appreciation not being limiting to the invention in any way, the greater the distance between the light source and the light detector, the greater the depth of the average path of the light which is detected by the light detector. In this context, depth refers to a distance from the implanted lead in a direction into the lung. Consequently, as an example, an appropriate lead length between the light source and the light detector may provide for that the light detected by the light detector has taken a sufficiently deep path through the lung of the patient to allow for a detection of an occurrence of incipient edema.

According to an embodiment, the implantable medical lead comprises rotation prevention means adapted to prevent rotation of the implantable medical lead relative a heart of the patient when implanted in the patient. Consequently, the movements of the implantable medical lead relative a lung of the patient may potentially be essentially limited to the movements of the heart relative the lung of a patient. Thus rotation prevention means may allow for more accurate and reliable measurements.
As an example, the rotation prevention means comprise at least one protrusion extending from an envelope surface of the lead.

In one example, at least one rotation prevention means is arranged close to the light source and/or the light detector. Consequently, there is provided for a prevention of rotation of the part of the lead comprising the sensor.

According to an embodiment, the implantable medical lead comprises orientation revealing means adapted to reveal an rotational orientation of the implantable medical lead during an implantation. The orientation revealing means may assist a physician during an implantation to orient the implantable medical lead such that light emitted from the light source, when the implantable medical lead is implanted, is directed into a lung of the patient. Further, the orientation revealing means may assist a physician in verifying the position and orientation of the implantable medical lead after it has been implanted.

As an example, the orientation revealing means is at least one marker being detectable by X-ray. The at least one marker may, for example, be L-shaped. Further, the marker may, for example, comprise iridium and/or platinum. Iridium and platinum are advantageous materials because they are bio-compatible.

In one example, at least one orientation revealing means is arranged close to the light source and/or the light detector. Such arrangement of the orientation revealing means allows for an appropriate orientation of the part of the lead comprising the sensor.

According to an embodiment, the edema detection circuit is arranged in a implantable medical device being
connectable to the implantable medical lead and comprising a pulse generator adapted to produce cardiac stimulating pacing pulses. Consequently, it is possible to integrate the edema detection circuit in a pacemaker.

As an example, the implantable medical device further comprises a control circuit adapted to control pace pulse parameters, such as output voltage and pulse duration.

As an example, the implantable medical device further comprises a memory circuit, which may include a random access memory (RAM) and/or a non-volatile memory such as a read-only memory (ROM). The memory circuit may be adapted to store, for example, obtained light intensity values, predetermined reference values and/or generated reference values.

According to an embodiment, the at least one predetermined wavelength is in the range of 600-1400 nm, preferably 700-1000 nm, more preferably 760-860 nm and most preferably 800-820 nm. Penetration depth into human tissue is greatest for light with wavelengths in the red spectrum (625-760 nm) and the near infrared spectrum (750-1400 nm). As an example, a particularly preferable wavelength with regard to penetration of human tissue is 810 nm. Consequently, these wavelengths are examples of appropriate wavelengths for optical measurements of physical changes within the lung, such as volume changes of fluids present in the lung.

According to an embodiment, the at least one light source is adapted to emit light with a first wavelength at a first intensity and a second wavelength at a second intensity and the edema detection circuit is adapted to: i) activate the at least one light source to emit light, during at least one measurement session, with the first wavelength at the first intensity and the second
wavelength at the second intensity, wherein the light is directed into lung tissue of the patient; H ) obtain at least one first intensity value corresponding to at least one intensity of light with the first wavelength and at least one second intensity value corresponding to at least one intensity of light with the second wavelength, wherein the intensities are received by the light detector and resulting from the light emitted during a measurement session; and Hi) evaluate the at least one first intensity value and the at least one second intensity value, including compare the at least one first intensity value and the at least one second intensity value with the at least one reference intensity value, to detect the consistency with incipient edema. By using two separate wavelengths during the measurements, it is possible reduce the number of false detections of occurrences of incipient edema caused by, for example, body movements.

As an example, the first wavelength is a wavelength being affected by changes of the volume of at least one predetermined fluid present in the lung, and the second wavelength is a wavelength not being substantially affected by changes of the volume of at least one predetermined fluid present in the lung. Consequently, by comparing the intensities of light of the first and the second wavelength, it may be verified that a change of the intensity of light of the first wavelength was caused by incipient edema and not, for example, body movements.

As an example, the edema detecting circuit is adapted to, during the evaluation, obtain the at least one reference value; and compare at least one quotient of the at least one first intensity value and the at least one second intensity value with the at least one reference intensity value, wherein the consistency with incipient edema is
detected when at least one of the at least one quotient is below the at least one reference intensity value.

Further objects and advantages of the present invention will be discussed below by means of exemplifying embodiments.

BRIEF DESCRIPTION OF THE DRAWINGS
In the following detailed description, reference will be made to the accompanying drawings, of which:

Fig. 1 schematically shows an embodiment of the invention in the context of a pacemaker system implanted in the body of a patient;

Fig 2. schematically illustrates the configuration including the primary components of an embodiment of the present invention;

Fig 3. is a high level flow chart in accordance with an embodiment of the present invention;

Fig 4. is another high level flow chart in accordance with an embodiment of the present invention;

Fig 5. is another high level flow chart in accordance with an embodiment of the present invention;

Fig 6. is another high level flow chart in accordance with an embodiment of the present invention;

Fig 7. is another high level flow chart in accordance with an embodiment of the present invention;

Fig 8. is another high level flow chart in accordance with an embodiment of the present invention;
Fig. 9 schematically illustrates a cross-sectional view of an embodiment of the sensor according to the present invention; and

Fig. 10 schematically illustrates an embodiment of an implantable medical lead according to the present invention.

DETAILED DESCRIPTION OF THE INVENTION

In the following, the present invention will be discussed in the context of medical systems comprising at least an implantable device such as a pacemaker or an IDC and medical leads.

With reference to Fig. 1, there is shown a schematic diagram of a medical system according to one embodiment of the present invention. As seen, this embodiment of the present invention is shown in the context of a pacemaker 2 implanted in a patient (not shown). The pacemaker 2 comprises a housing being hermetically sealed and biologically inert. Normally, the housing is conductive and may, thus, serve as an electrode. One or more pacemaker leads, where only two 6a, 6b are shown in Fig. 1, are electrically coupled to the pacemaker 2 in a conventional manner. The leads 6a, 6b extend into the heart 8. One or more conductive electrodes (not shown) for receiving electrical cardiac signals and/or for delivering electrical pacing to the heart 8 are arranged near the distal ends of the leads 6a, 6b. In this embodiment of the present invention, one lead 6a comprises a light source 4 and one light detector 9. The lead 6a is arranged in the intrapericardial space 3 of the heart 8 so as to direct light emitted from the light source 4 into a lung 1 of the patient. A certain amount of the light emitted by the light source 4, depending on, for example, the volumes of fluids present in the lung, is detected by the light detector 9. In alternate
embodiments, the lead $\beta_a$ may be arranged epipericardially or in a coronary vein. In principal, the lead $6_a$ may be arranged in any way which allows light from the light source 4 to be directed into the lung 1 and detected by the light detector 9.

With reference now to Fig. 2, the configuration including the primary components of an embodiment of the present invention will be described. The illustrated embodiment comprises an implantable medical device 20, such as the pacemaker shown in Fig. 1, and leads $26_a$ and $26_b$, of the same type as the leads $6_a$ and $6_b$ shown in Fig. 1, for delivering signals between the heart of the patient and the implantable medical device 20. The leads $26_a$, $26_b$ may be electrically coupled to the pacemaker in a conventional manner. The leads $26_a$, $26_b$ may be unipolar or bipolar, and may include any of the passive or active fixation means known in the art for fixation of the lead to the cardiac tissue. As an example, the lead distal tip (not shown) may include a tined tip or a fixation helix. The leads $26_a$, $26_b$ comprise one or more electrodes (as described with reference to fig. 1), such as a tip electrode or a ring electrode, arranged to, inter alia, transmit pacing pulses for causing depolarization of cardiac tissue adjacent to the electrode (s) generated by a pace pulse generator 25 under influence of a control circuit 27 comprising a microprocessor. The control circuit 27 controls, inter alia, pace pulse parameters such as output voltage and pulse duration. Further, an optical sensor 70, comprising the light source 4 adapted to emit light with a predetermined wavelength at a predetermined intensity and the light detector 9, which will be discussed in more detail with reference to Fig. 9, arranged in, for example, the lead $26_a$, is adapted to detect incipient edema in a lung 1 of a patient.
Furthermore, the optical sensor 70 is connected to an edema detection circuit 30. The edema detection circuit is adapted to control a measurement session. In the measurement session, the light source 4 is activated to emit light. When the lead 2βa is properly implanted in the patient, the light from the light source is emitted into a lung of the patient, preferably the left lung. Part of the light emitted by the light source 4 reaches the light detector 9 after passing through a part of the lung, and, during the measurement session, a light intensity value corresponding to at least one intensity of light received by the light detector 9 is obtained. Subsequently, the at least one light intensity value obtained is evaluated to detect a consistency with incipient edema. The evaluation includes comparing the at least one light intensity value with at least one reference intensity value. As an example, a predetermined number of the at least one light intensity value being below the at least one reference intensity value may be considered to be consistent with incipient edema. Each value may be calculated as an average value over a predetermined period of time or as a weighted average value over a predetermined number of values or of values obtained over a predetermined period of time.

The edema detection circuit 30 may be connected to an activity sensor 60 adapted to sense at least one activity value corresponding to an activity level of the patient. For example, the activity sensor may be an accelerometer. The accelerometer may be a piezoelectric sensor of a conventional type. The edema detection circuit may, for example, be adapted to compare the at least one activity value to a reference activity value and, when a predetermined number of the at least one activity value is below the reference activity value and/or when light intensity values obtained over a predetermined period of
time are below the reference activity value, initiate the measurement session. Each light intensity value may be calculated as an average light intensity value over a predetermined number of light intensity values or of light intensity values obtained over a predetermined period of time or as a weighted average light intensity value over a predetermined number of light intensity values or of light intensity values obtained over a predetermined period of time.

The edema detection circuit 30 may be also connected to a posture sensor 80 adapted to sense at least one predetermined posture \( (P) \) of the patient. As an example, the edema detection circuit may be adapted to initiate posture sensing and, upon receiving a signal from the posture sensor that the patient is in at least one predetermined posture, initiate the measurement session described above. As an alternate example, the edema detection circuit is adapted to, upon obtaining the at least one light intensity value, initiate posture sensing and obtain the reference intensity value being a function of the determined posture.

Further, the edema detection circuit 30 may be connected to alarm means 90 adapted to communicate an alarm when a consistency of incipient edema is detected by the edema detection circuit. The alarm means may be adapted to cause the device to vibrate or to deliver a beeping sound in order to alert the patient of the situation. Alternatively, or as a complement, the alarms means may be adapted to send information regarding the patients situation to an external device via a telemetry circuit. For example, the external device may be connected via a communication network to a monitoring device, e.g. a PC, located at, for example, a care institution. Examples of communication networks are wireless LAN ("Local Area Network"), GSM ("Global System for Mobile
communications"), UMTS ("Universal Mobile Telecommunications System") and the internet. For a given communication method, a multitude of standard and/or proprietary communication protocols may be used. For example, and without limitation, wireless (e.g. radio frequency pulse coding, spread spectrum frequency hopping, time-hopping, etc.) and other communication protocols (e.g. SMTP, FTP, TCP/IP) may be used. Other proprietary methods and protocols may also be used. The monitoring device may assist a physician in diagnosing the patient and deciding the appropriate actions, for example whether the patient should be called in to a clinic.

The patient status may be determined by means of a reference value set including at least one reference intensity values. Predefined reference values can be stored in and obtained from an internal memory circuit (not shown), which may include a random access memory (RAM) and/or a non-volatile memory such as a read-only memory (ROM). As an example, the internal memory circuit may be an integral part of the control circuit 27 or the edema detection circuit 30. Alternatively, the predefined reference values may be obtained from an external device via a telemetry circuit. As an alternate example, the reference values may be created by the implantable medical device by performing at least one reference measurement session during conditions found to be stable, for example, with respect to physiological parameters such as body temperature, heart rate, posture, activity and minute ventilation, and stored in the internal memory circuit. The created reference values may be stored in, and obtained from, the above-mentioned internal memory circuit. The reference value set may constitute an indication of an initial patient status for use when determining a development of incipient edema or a trend of a certain parameter. In addition to reference
intensity values, examples of reference values comprise reference activity values. Each reference value may be calculated as an average reference value over a predetermined number of reference values or of reference values obtained over a predetermined period of time or as a weighted average reference value over a predetermined number of reference values or of reference values obtained over a predetermined period of time. Further, the edema detection circuit 30 may be adapted to calculate the reference intensity values and/or the reference activity values as a function of the posture (P) sensed by the posture sensor.

Turning now to Fig. 3, a high-level description of an embodiment of the invention for detecting incipient edema in a lung of a patient, using a medical system comprising an implantable medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity and a light detector, is shown. At step 100, the light source is activated to emit light at the predetermined wavelength at the at least one predetermined intensity. The light is emitted into the lung of the patient. In one embodiment, the light source is activated at periodic intervals. In another embodiment, the light source is activated when at least one physical parameter, such as the activity and/or posture of the patient, is appropriate. As an example, the at least one physical parameter is measured at periodic intervals and, when the at least one physical parameter is found to be appropriate, the light source is activated.

At step 101, at least one light intensity value corresponding to at least one intensity of light received by the light detector and resulting from the light emitted from the light source is obtained, wherein the
light has passed a part of the lung. As an example, the optical sensor is arranged at the left side of the heart in such manner that the light received by the light detector has passed a part of the lung being close to the left side of the heart, such as a part of the lung being within a distance of 3 cm of the intrapericardial space of the heart. As an example, the at least one light intensity value may correspond to at least one average of intensities of light received over a predetermined number of intensities of light received or of intensities of light received over a predetermined period of time or as a weighted average intensity of light received over a predetermined number of intensities of light received or of intensities of light received over a predetermined period of time. Further, each light intensity value may be calculated as an average light intensity value over a predetermined number of light intensity values or of light intensity values obtained over a predetermined period of time or as a weighted average light intensity value over a predetermined number of light intensity values or of light intensity values obtained over a predetermined period of time.

At step 102, the at least one light intensity value obtained in step 101 is evaluated to detect a consistency with incipient edema. The evaluation may include comparing the at least one light intensity value with at least one reference intensity value. The reference intensity value may be obtained from a memory circuit. As an example, the reference intensity value may be a predetermined value. As an alternate example, the reference intensity value may be a function of at least one previously obtained light intensity value as described above in the discussion about reference values. In another embodiment, the reference intensity value is obtained from an external device outside the human body via a telemetry circuit adapted to receive reference
intensity values. The reference intensity values received from the external device may be set with respect to a physicians diagnosis of the patient or information in a patient register in a database. Further, any reference intensity value obtained, independent of its origin, may be calculated with respect to physiological parameters such as body temperature, heart rate, activity level, patient posture and/or minute ventilation. The invention is based on the insight that the light intensity values changes when incipient edema develops because volumes of fluids present in the lung changes. Consequently, a consistency with incipient edema may be detected when a comparison of the at least one light intensity value with the at least one reference value reveals a change. The type and magnitude of change which is considered to be consistent with incipient edema may vary with the wavelength of the light because intensities of light with different wavelengths are affected differently by the changes of volumes of different fluids present in the lung. For example, a change which is considered to be consistent with incipient edema may correspond to a limit reference intensity value, wherein one or more light intensity values below such limit reference intensity value are considered to be consistent with incipient edema. Each of the one or more light intensity values may be calculated as an average light intensity value over a predetermined number of light intensity values or of light intensity values obtained over a predetermined period of time or as a weighted average light intensity value over a predetermined number of light intensity values or of light intensity values obtained over a predetermined period of time.

Referring now to Figure 4, a high-level description of another embodiment of the invention is shown. At step 200, a posture of the patient is determined using a posture sensor adapted to sense at least one
predetermined posture of the patient. If the sensed posture is suitable, a measurement session comprising steps 201, 202, and 203 corresponding to steps 100, 101, and 102 described above, respectively, is initiated. For example, a suitable posture of the patient may be a horizontal position, such as lying on the back, lying on the side or lying on the stomach. If the posture sensing indicates that the patient is not in a suitable position, step 200 is repeated, for example, after a predetermined time or after a time being a function of the sensed posture.

Referring now to Figure 5, a high level description of another embodiment of the invention is shown. At step 300, a posture \((P)\) of the patient is determined by a posture sensor adapted to sense at least one predetermined posture of the patient. The subsequent steps 301 and 302 corresponds to steps 100 and 101 described above, respectively. At step 303, at least one reference intensity value being a function of the posture \((P)\) determined at step 300 is obtained. Each reference intensity value being a function of \(P\) may, for example, be calculated as an average reference intensity value over a predetermined number of reference intensity values obtained when the patient was in \(P\) or of values obtained when the patient was in \(P\) over a predetermined period of time or as a weighted reference intensity average value over a predetermined number of reference intensity values obtained when the patient was in \(P\) or of reference intensity values obtained when the patient was in \(P\) over a predetermined period of time. Alternatively, or as a complement, the reference intensity value may be weighted with respect to \(P\) according to a predetermined algorithm. At step 304, the at least one light intensity value obtained in step 302 is compared with the at least one reference intensity value obtained in 303 to detect a consistency with incipient edema. As described above with
reference to step 102, a consistency with incipient edema may be detected when a comparison of the at least one light intensity value with the at least one reference value reveals a change. In one embodiment, the consistency with incipient edema is detected when at least one of the at least one light intensity values is below the at least one reference intensity value.

Referring now to Figure 6, a high level description of another embodiment of the invention is shown. At step 400, an activity of the patient is determined using a activity sensor adapted to sense at least one activity value corresponding to an activity level of the patient. If the at least one activity value is sufficiently low, a measurement session comprising steps 401, 402 and 403 corresponding to steps 100, 101, and 102 described above, respectively, is initiated. To determine if the at least one activity value is sufficiently low, the at least one activity value may be compared with a reference intensity value. As an example, the measurement session may be initiated if a predetermined number of the at least one activity values are below the reference activity value. The reference activity value may be obtained from a memory circuit. As an example, the reference activity value may be a predetermined value. As an alternate example, the reference activity value may be a function of at least one previously obtained light activity value as described above in the discussion about reference values. If the determined activity is found not to be sufficiently low, step 400 is repeated, for example, after a predetermined time or after a time being a function of a sensed posture. As an example, if posture sensing has indicated that the patient is in a horizontal position, such as lying on the back, lying on the side or lying on the stomach, step 400 may be repeated with a shorter interval than if posture sensing has indicated that the patient is in an standing position.
Referring now to Figure 7, a high level description of another embodiment of the invention is shown. Steps 500 and 501 correspond to the steps 100 and 101 described above, respectively. At step 502, the at least one light intensity value obtained in step 501 is evaluated to detect a consistency with incipient edema. The evaluation in 502 corresponds to the evaluation in step 102 described above. If a consistency with incipient edema is not detected at step 502, a measurement session comprising the steps 500, 501 and 502 are repeated, for example, after a predetermined time or after a time being a function of the at least one light intensity value obtained in step 501. As an example, if the evaluation in step 502 reveals that the obtained at least one light intensity value is close to values being considered to be consistent with incipient edema, the measurement session may be repeated with a shorter interval than if the obtained at least one light intensity value were far from values being considered to be consistent with incipient edema. If a consistency with incipient edema is detected at step 502, alarm means adapted to communicate an alarm is activated at step 503. As an example, the alarm may be a vibration or a beeping sound alerting the patient that incipient edema is present. Alternatively, or as a complement, the alarm may comprise sending information regarding the patients situation to an external device via a telemetry circuit. The external device may be connected via a communication network to a monitoring device as described above.

Referring now to Figure 8, a high level description of another embodiment of the invention is shown. At step 600, an activity of the patient is determined. Step 600 corresponds to step 400 described above. If the determined activity is sufficiently low, a posture (P) of the patient is determined at step 601. Step 601
corresponds to step 300 described above. The subsequent steps of activating a light source to emit light 602, obtaining at least one light intensity value 603 and obtaining at least one reference value being a function of P 604 corresponds to the steps 301, 302 and 303 described above, respectively. At step 605, the at least one light intensity values obtained in step 603 is compared to the at least one reference light intensity value obtained in step 604 to detect a consistency with incipient edema. The comparison of step 605 corresponds to that of step 304 described above. If a consistency with incipient edema is not detected in step 605, a measurements session comprising the steps 600-605 is repeated, for example after a predetermined time or after a time being a function of one or more physical parameters, such as the posture (P) determined in step 601 or the at least one light intensity value obtained in step 604. As an example, if posture sensing has indicated that the patient is in a horizontal position, such as lying on the back, lying on the side or lying on the stomach, the measurement session may be repeated with a shorter interval than if posture sensing has indicated that the patient is in a standing position. Alternatively, or as a complement, if the comparison in step 605 reveals that the obtained at least one light intensity value were close to values being considered to be consistent with incipient edema, the measurement session may be repeated with a shorter interval than if the obtained at least one light intensity value were far from values being considered to be consistent with incipient edema. If a consistency with incipient edema is detected at step 605, alarm means adapted to communicate an alarm is activated at step 606. The step 606 corresponds to step 503 described above.

Turning now to Fig. 9, a cross-sectional view of an optical sensor 70 for use in accordance with the
invention is shown. This example embodiment of the sensor 70 is arranged in a implantable medical lead. The optical sensor comprises a light source 74 adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity. As an example, the light source 74 may be an light-emitting diode. For example, the light-emitting diode may be emitting light in the range of 600-1400 nm, preferably 700-1000 nm, more preferably 760-860 nm and most preferably 800-820 nm. For example, the light source may be an infrared diode emitting light of about 810 nm. The optical sensor further comprises a light detector 79 adapted to detect light emitted by the light source 74. As an example, the light detector may be a photodiode. The light source 74 and the light detector 79, respectively, are electrically connected to an edema detection circuit (not shown), which connections are adapted to transmit signals from the edema detection signals to the light source and from the light detector to the edema detection circuit. The edema detection circuit may be arranged in the implantable medical lead or, alternatively, in a implantable medical device being connected to the implantable medical lead.

Referring now to Figure 10, a implantable medical lead 106a for use in accordance with the invention is shown. The implantable medical lead comprises an optical sensor comprising a light source 104 and a light detector 109 corresponding to the light source 74 and light detector 79 described above, respectively. When the implantable medical lead is arranged in the body of a patient so as to direct light emitted by the light source into a lung of the patient, as a guiding appreciation not being limiting to the invention in any way, the greater the distance between the light source 74 and the light detector 79, the greater the depth of the average path of the light which is detected by the detector. In this
context, depth refers to a distance from the implanted lead in a direction into the lung. Thus, the lead length between the light source 74 and the light detector 79 may be any lead length providing for a sufficient depth for detecting incipient edema according to the invention. As an example, a lead length between the light source and the light detector is at least about 1 cm, preferably 1-7 cm, more preferably 2-7 cm, most preferably 3-7 cm. A cross-section of the implantable lead 106a may have any appropriate geometrical shape. As an example, for intrapericardial arrangement, the shape of the cross-section of the implantable medical lead 106a may be essentially flat or essentially oval. As another example, for arrangement in a coronary vein, the shape of the cross-section of the implantable medical lead 106a may be essentially circular.

The implantable medical lead 106a further comprises orientation revealing means 110 adapted to reveal an rotational orientation of the implantable medical lead during 106a an implantation. The orientation revealing means 110 may assist a physician during an implantation to orient the implantable medical lead 106a such that light emitted from the light source 104 is directed into a lung of the patient when the implantable medical lead 106a is implanted. As an example, the orientation revealing means is at least one marker being detectable by X-ray. The at least one marker may, for example, be L-shaped. Further, the at least one marker may, for example, comprise iridium and/or platinum. As an example, orientation revealing means 110 is arranged close to the light source 104 and/or the light detector 109, such as within a lead length of 5 cm of the light source 104 and/or light detector 109, such as within a lead length of 4 cm of the light source 104 and/or light detector 109, such as within a lead length of 3 cm of the light source 104 and/or light detector 109, such as within a
lead length of 2 cm of the light source 104 and/or light detector 109, such as within a lead length of 1 cm of the light source 104 and/or light detector 109.

The implantable medical lead 106a comprises rotation prevention means 120 adapted to prevent rotation of the implantable medical lead 106a relative a heart of the patient when implanted in the patient. As an example, the rotation prevention means 120 may comprise at least one protrusion extending from an envelope surface of the implantable medical lead 106a. For example, at least one pair of protrusions may extend from the implantable medical lead 106a in opposite directions such that the pair form a plane. As an example, at least one rotation prevention means 120 is arranged close to the light source 104 and/or the light detector 109, such as within a lead length of 5 cm of the light source 104 and/or light detector 109, such as within a lead length of 4 cm of the light source 104 and/or light detector 109, such as within a lead length of 3 cm of the light source 104 and/or light detector 109, such as within a lead length of 2 cm of the light source 104 and/or light detector 109, such as within a lead length of 1 cm of the light source 104 and/or light detector 109.

While the invention disclosed herein has been described by means of specific embodiments and applications thereof, numerous modifications and variations could be made therein by those skilled in the art without departing for the invention, which is defined by the appended claims.
CLAIMS

1. A medical system for detecting incipient edema in a lung of a patient comprising an implantable medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity and a light detector, said medical system further comprising an edema detection circuit being adapted to:
   - activate said at least one light source to emit light, during at least one measurement session, at said at least one predetermined wavelength and at said at least one predetermined intensity, wherein said light is directed into lung tissue of said patient;
   - obtain at least one light intensity value corresponding to at least one intensity of light received by said light detector and resulting from said light emitted during a measurement session; and
   - evaluate said at least one light intensity value, including compare said at least one light intensity value with at least one reference intensity value, to detect a consistency with incipient edema.

2. The medical system according to claim 1, wherein said edema detecting circuit is adapted to, during said evaluation, obtain said at least one reference intensity value; and compare said at least one light intensity value with said at least one reference intensity value, wherein said consistency with incipient edema is detected when at least one of said at least one light intensity value is below said at least one reference intensity value.

3. The medical system according to claim 1 or 2, further comprising a posture sensor adapted to sense at least one predetermined posture of said patient, wherein said edema
detection circuit is adapted to, upon receiving a signal from said posture sensor that said patient is in said at least one predetermined posture, initiate said at least one measurement session.

4. The medical system according to claim 1 or 2, further comprising a posture sensor adapted to sense at least one predetermined posture of said patient, wherein said edema detection circuit is adapted to, upon obtaining said at least one light intensity value, initiate posture sensing to determine a posture of said patient; and obtain said at least one reference intensity value being a function of said determined posture.

5. The medical system according to claim 3, wherein said edema detection circuit is adapted to determine said at least one reference intensity value as a function of said sensed at least one predetermined posture.

6. The medical system according to any one of preceding claims, wherein said edema detection circuit is adapted to determine said at least one reference intensity value as a function of a predetermined number of said obtained at least one light intensity values from previous measurement sessions.

7. The medical system according to any one of preceding claims, further comprising an activity sensor adapted to sense at least one activity value corresponding to an activity level of said patient, wherein said edema detection circuit is adapted to compare said at least one activity value to a reference activity value and, when a predetermined number of said at least one activity values are below said reference activity value, initiate said at least one measurement session.
8. The medical system according to any one of preceding claims, wherein said sensor is adapted to being arranged intrapericardially, epipericardially or in a coronary vein in said patient such that said light, upon activation of said at least one light source, is directed into lung tissue of said patient.

9. The medical system according to any one of preceding claims, further comprising alarm means adapted to communicate an alarm, wherein said edema detection circuit is adapted to activate said alarm means at detection of incipient edema.

10. The medical system according to any one of preceding claims, wherein a lead length between said light source and said light detector is at least about 1 cm, preferably 1-7 cm, more preferably 2-7 cm, most preferably 3-7 cm.

11. The medical system according to any one of preceding claims, wherein said implantable medical lead comprises rotation prevention means adapted to prevent rotation of said implantable medical lead relative a heart of said patient when implanted in said patient.

12. The medical system according to claim 11, wherein said rotation prevention means comprise at least one protrusion extending from an envelope surface of said lead.

13. The medical system according to any one of preceding claims, wherein said implantable medical lead comprises orientation revealing means adapted to reveal a rotational orientation of said implantable medical lead during an implantation.
14. The medical system according to claim 13/ wherein said orientation revealing means is at least one marker being detectable by X-ray.

15. The medical system according to any one of preceding claims, wherein said edema detection circuit is arranged in said optical sensor.

16. The medical system according to any one of preceding claims, including an implantable medical device being connectable to said implantable medical lead and comprising a pulse generator adapted to produce cardiac stimulating pacing pulses, wherein said edema detection circuit is arranged in said implantable medical device.

17. The medical system according to any one of preceding claims, wherein said at least one predetermined wavelength is in the range of 600-1400 nm, preferably 700-1000 nm, more preferably 760-860 nm and most preferably 800-820 nm.

18. The medical system according to any one of preceding claims, wherein said at least one light source is adapted to emit light with a first wavelength at a first intensity and a second wavelength at a second intensity and said edema detection circuit is adapted to:
   - activate said at least one light source to emit light, during at least one measurement session, with said first wavelength at said first intensity and said second wavelength at said second intensity, wherein said light is directed into lung tissue of said patient;
   - obtain at least one first intensity value corresponding to at least one intensity of light with said first wavelength and at least one second intensity value corresponding to at least one intensity of light with said second wavelength, wherein said intensities are
received by said light detector and resulting from said light emitted during a measurement session; and

evaluate said at least one first intensity value and said at least one second intensity value, including
compare said at least one first intensity value and said at least one second intensity value with said at least one reference intensity value, to detect said consistency with incipient edema.

19. The medical system according to claim 18, wherein
said edema detecting circuit is adapted to, during said evaluation, obtain said at least one reference value; and
compare at least one quotient of said at least one first intensity value and said at least one second intensity value with said at least one reference intensity value, wherein said consistency with incipient edema is detected when at least one of said at least one quotient is below said at least one reference intensity value.

20. An implantable medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at least one predetermined intensity and a light detector, said implantable medical lead being connectable to an implantable medical device and to a edema detection circuit being adapted to:

activate said at least one light source to emit light, during at least one measurement session, at said at least one predetermined wavelength and at said at least one predetermined intensity, wherein said light is directed into lung tissue of said patient;

obtain at least one light intensity value corresponding to at least one intensity of light received by said light detector and resulting from said light emitted during a measurement session; and

evaluate said at least one light intensity value, including compare said at least one light intensity value.
with at least one reference intensity value, to detect a consistency with incipient edema.

21. The implantable medical lead according to claim 20, wherein said edema detecting circuit is adapted to, during said evaluation, obtain said at least one reference intensity value; and compare said least one light intensity value with said at least one reference intensity value, wherein said consistency with incipient edema is detected when at least one of said at least one light intensity value is below said at least one reference intensity value.

22. The implantable medical lead according to claim 20 or 21, wherein said sensor is adapted to being arranged intrapericardially, epipericardially or in a coronary vein in said patient such that said light, upon activation of said at least one light source, is directed into lung tissue of said patient.

23. The implantable medical lead according to any one of claims 20-22, wherein a lead length between said light source and said light detector is at least about 1 cm, preferably 1-7 cm, more preferably 2-7 cm, most preferably 3-7 cm.

24. The implantable medical lead according to any one of claims 20-23, comprising rotation prevention means adapted to prevent rotation of said implantable medical lead relative a heart of said patient when implanted in said patient.

25. The implantable medical lead according to claim 24, wherein said rotation prevention means comprise at least one protrusion extending from an envelope surface of said lead.
26. The implantable medical lead according to any one of claims 20-25, comprising orientation revealing means adapted to reveal an rotational orientation of said implantable medical lead during an implantation.

27. The implantable medical lead according to claim 26, wherein said orientation revealing means is at least one marker being detectable by X-ray.

28. The implantable medical lead according to any one of claims 20-27, wherein said implantable medical device comprises a pulse generator being adapted to produce cardiac stimulating pacing pulses.

29. The implantable medical lead according to claim 28 being adapted to deliver said pulses to cardiac tissue of a heart of a patient.

30. The implantable medical lead according to any one of claims 20-29, wherein said edema detection circuit is arranged in said optical sensor.

31. The implantable medical lead according to any one of claims 20-30, wherein said predetermined wavelength is in the range of 600-1400 nm, preferably 700-1000 nm, more preferably 760-860 nm and most preferably 800-820 nm.

32. The implantable medical lead according to any one of claims 20-31, wherein said at least one light source is adapted to emit light with a first wavelength at a first intensity and a second wavelength at a second intensity and said edema detection circuit is adapted to:
   - activate said at least one light source to emit light, during at least one measurement session, with said first wavelength at said first intensity and said second wavelength at said second intensity, wherein said light is directed into lung tissue of said patient;
obtain at least one first intensity value corresponding to at least one intensity of light with said first wavelength and at least one second intensity value corresponding to at least one intensity of light with said second wavelength, wherein said intensities are received by said light detector and resulting from said light emitted during a measurement session; and evaluate said at least one first intensity value and said at least one second intensity value, including compare said at least one first intensity value and said at least one second intensity value with said at least one reference intensity value, to detect said consistency with incipient edema.

33. The implantable medical lead according to claim 32, wherein said edema detecting circuit is adapted to, during said evaluation, obtain said at least one reference value; and compare at least one quotient of said at least one first intensity value and said at least one second intensity value with said at least one reference intensity value, wherein said consistency with incipient edema is detected when at least one of said at least one quotient is below said at least one reference intensity value.

34. The implantable medical lead according to claim 33, wherein said optical sensor comprises a first light source emitting light with said first wavelength at said first intensity and a second light source emitting light with said second wavelength at said second intensity

35. An implantable medical device, being connectable to an implantable medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity and a
light detector, comprising an edema detection circuit being adapted to:

activate said at least one light source to emit light, during at least one measurement session, at said at least one predetermined wavelength and at said at least one predetermined intensity, wherein said light is directed into lung tissue of said patient;

obtain at least one light intensity value corresponding to at least one intensity of light received by said light detector and resulting from said light emitted during a measurement session; and

evaluate said at least one light intensity value, including compare said at least one light intensity value with at least one reference intensity value, to detect a consistency with incipient edema.

36. The implantable medical device according to claim 35, wherein said edema detecting circuit is adapted to, during said evaluation, obtain said at least one reference intensity value; and compare said at least one light intensity value with said at least one reference intensity value, wherein said consistency with incipient edema is detected when at least one of said at least one light intensity value is below said at least one reference intensity value.

37. The implantable medical device according to claim 35 or 36, further comprising a posture sensor adapted to sense at least one predetermined posture of said patient, wherein said edema detection circuit is adapted to, upon receiving a signal from said posture sensor that said patient is in said at least one predetermined posture, initiate said at least one measurement session.

38. The implantable medical device according to claim 35 or 36, further comprising a posture sensor adapted to sense at least one predetermined posture of said patient,
wherein said edema detection circuit is adapted to, upon obtaining said at least one light intensity value, initiate posture sensing to determine a posture of said patient; and obtain said at least one reference intensity value being a function of said determined posture.

39. The implantable medical device according to claim 37, wherein said edema detection circuit is adapted to determine said at least one reference intensity value as a function of said sensed at least one predetermined posture.

40. The implantable medical device according to any one of claims 35-39, wherein said edema detection circuit is adapted to determine said at least one reference intensity value as a function of a predetermined number of said obtained at least one light intensity values from previous measurement sessions.

41. The implantable medical device according to any one of claims 35-40, further comprising an activity sensor adapted to sense at least one activity value corresponding to an activity level of said patient, wherein said edema detection circuit is adapted to compare said at least one activity value to a reference activity value and, when a predetermined number of said at least one activity values are below said reference activity value, initiate said at least one measurement session.

42. The implantable medical device according to any one of claims 35-41 further comprising alarm means adapted to communicate an alarm, wherein said edema detection circuit is adapted to activate said alarm means at detection of incipient edema.
43. The implantable medical device according to any one of claims 35-42, comprising a pulse generator adapted to produce cardiac stimulating pacing pulses.

44. The implantable medical device according to any one of claims 35-43, wherein said at least one light source is adapted to emit light with a first wavelength at a first intensity and a second wavelength at a second intensity and said edema detection circuit is adapted to:
   - activate said at least one light source to emit light, during at least one measurement session, with said first wavelength at said first intensity and said second wavelength at said second intensity, wherein said light is directed into lung tissue of said patient/
   - obtain at least one first intensity value corresponding to at least one intensity of light with said first wavelength and at least one second intensity value corresponding to at least one intensity of light with said second wavelength, wherein said intensities are received by said light detector and resulting from said light emitted during a measurement session; and
   - evaluate said at least one first intensity value and said at least one second intensity value to detect said consistency with incipient edema.

45. The implantable medical according to claim 44, wherein said edema detecting circuit is adapted to, during said evaluation, compare at least one quotient of said at least one first intensity value and said at least one second intensity value with said at least one reference intensity value, wherein said consistency with incipient edema is detected when at least one of said at least one quotient is below said at least one reference intensity value.

46. A method for detecting incipient edema in a lung of a patient using a medical system comprising an implantable
medical lead including at least one optical sensor comprising at least one light source adapted to emit light with at least one predetermined wavelength at at least one predetermined intensity and a light detector, said method comprising the steps:

activating said at least one light source to emit light, during at least one measurement session, at said at least one predetermined wavelength and at said at least one predetermined intensity, wherein said light is directed into lung tissue of said patient;

obtaining at least one light intensity value corresponding to at least one intensity of light received by said light detector and resulting from said light emitted during a measurement session; and

evaluating said at least one light intensity value, including comparing said at least one light intensity value with at least one reference intensity value, to detect a consistency with incipient edema.

47. The method according to claim 46, wherein said evaluating comprises obtaining said at least one reference intensity value; and comparing said at least one light intensity value with said at least one reference intensity value, wherein said consistency with incipient edema is detected when at least one of said at least one light intensity value is below said at least one reference intensity value.

48. The method according to claim 46 or 47, wherein said medical system further comprises a posture sensor adapted to sense at least one predetermined posture of said patient, further comprising the step:

initiating said at least one measurement session upon receiving a signal from said posture sensor that said patient is in said at least one predetermined posture.
49. The method according to claim 46 or 47, wherein said medical system further comprises a posture sensor adapted to sense at least one predetermined posture of said patient, further comprising the step:
   upon obtaining said at least one light intensity value, initiating posture sensing to determine a posture of said patient; and obtaining said at least one reference intensity value being a function of said determined posture.

50. The method according to claim 48, wherein said at least one reference intensity value is determined as a function of said sensed at least one predetermined posture.

51. The method according to any one of claims 46-50, wherein said at least one reference intensity value is determined as a function of a predetermined number of said obtained at least one light intensity values from previous measurement sessions.

52. The method according to any one of claims 46-51, wherein said medical system further comprises an activity sensor adapted to sense at least one activity value corresponding to an activity level of said patient, further comprising the step:
   comparing said at least one activity value to a reference activity value and, when a predetermined number of said at least one activity values are below said reference activity value, initiate said at least one measurement session.

53. The method according to any one of claims 46-52, wherein said medical system comprises alarm means adapted to communicate an alarm, further comprising the step:
   activating said alarm means at detection of incipient edema.
54. The method according to any one of claims 46-53, wherein a lead length between said light source and said light detector is at least about 1 cm, preferably 1-7 cm, more preferably 2-7 cm, most preferably 3-7 cm.

55. The method according to any one of claims 46-54, wherein said medical system further comprises an implantable medical device being connectable to said implantable medical lead and comprising a pulse generator adapted to produce cardiac stimulating pulses, wherein said edema detection circuit is arranged in said implantable medical device.

56. The method according to any one of claims 46-55, wherein said at least one predetermined wavelength is in the range of 600-8000 nm, preferably 750-1400 nm.

57. The method according to any one of claims 46-56, wherein said at least one light source is adapted to emit light with a first wavelength at a first intensity and a second wavelength at a second intensity, comprising the steps:

activating said at least one light source to emit light, during at least one measurement session, with said first wavelength at said first intensity and said second wavelength at said second intensity, wherein said light is directed into lung tissue of said patient;

obtaining at least one first intensity value corresponding to at least one intensity of light with said first wavelength and at least one second intensity value corresponding to at least one intensity of light with said second wavelength, wherein said intensities are received by said light detector and resulting from said light emitted during a measurement session; and

evaluating said at least one first intensity value, including comparing said at least one first intensity value.
value and said at least one second intensity value with said at least one reference intensity value, to detect said consistency with incipient edema.

58. The method according to claim 57, wherein said evaluating comprises obtaining said at least one reference value, and comparing at least one quotient of said at least one first intensity value and said at least one second intensity value with said at least one reference intensity value, and wherein said consistency with incipient edema is detected when at least one of said at least one quotient is below said at least one reference intensity value.

59. A computer program product, directly loadable into an implantable medical device, comprising software code portions for causing said implantable medical device to perform steps in accordance with any one of claims 46-58.
Fig. 3

Start

Activate a light source to emit light

Obtain light intensity values

Evaluate the light intensity values to detect a consistency with incipient edema

Fig. 4

Start

Determine if a posture of a patient is suitable?

No

Yes

Activate a light source to emit light

Obtain light intensity values

Evaluate the light intensity values to detect a consistency with incipient edema
Fig. 5

Start

Determine a posture (P) of a patient 300

Activate a light source to emit light 301

Obtain light intensity values 302

Obtain a reference value being a function of P 303

Compare the light intensity value with the reference value to detect a consistency with incipient edema 304

Fig. 6

Start

Determine if an activity level of a patient is sufficiently low 400

Yes

No

Activate a light source to emit light 401

Obtain light intensity values 402

Evaluate the light intensity values to detect a consistency with incipient edema 403
INTERNATIONAL SEARCH REPORT

A. CLASSIFICATION OF SUBJECT MATTER

IPC: see extra sheet
According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

IPC: A61N, A61B

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

SE, DK, FI, NO classes as above

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

EPO-INTERNAL, WPI DATA, PAJ

C. DOCUMENTS CONSIDERED TO BE RELEVANT

<table>
<thead>
<tr>
<th>Category</th>
<th>Citation of document, with indication, where appropriate, of the relevant passages</th>
<th>Relevant to claim No.</th>
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<td>A</td>
<td>US 20050148832 A1 (REGHABI, B ET AL), 7 July 2005 (07.07.2005), paragraphs [0013] - [0021], [0066], abstract</td>
<td>1-59</td>
</tr>
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</table>

Further documents are listed in the continuation of Box C.

See patent family annex.

Date of the actual completion of the international search: 21 December 2007

Date of mailing of the international search report: 27 -Vb 2007

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Form PCT/IS A/210 (second sheet) (April 2007)
C (Continuation). DOCUMENTS CONSIDERED TO BE RELEVANT

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<th>Category</th>
<th>Citation of document, with indication, where appropriate, of the relevant passages</th>
<th>Relevant to claim No.</th>
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INTERNATIONAL SEARCH REPORT

Box No. II  Observations where certain claims were found unsearchable (Continuation of item 2 of first sheet)

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. [X] Claims Nos.: 46-59
   because they relate to subject matter not required to be searched by this Authority, namely:
   Claims 46-58 relate to a method of treatment of the human or animal body by surgery or by therapy, as well as diagnostic
   ...

2. [ ] Claims Nos.:
   because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:

3. [ ] Claims Nos.:
   because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

Box No. m  Observations where unity of invention is lacking (Continuation of item 3 of first sheet)

This International Searching Authority found multiple inventions in this international application, as follows:

1. [ ] As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims.

2. [ ] As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.

3. [ ] As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims for which fees were paid, specifically claims Nos.:

4. [ ] No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

Remark on Protest

- [ ] The additional search fees were accompanied by the applicant's protest and, where applicable, the payment of a protest fee.
- [ ] The additional search fees were accompanied by the applicant's protest but the applicable protest fee was not paid within the time limit specified in the invitation.
- [ ] No protest accompanied the payment of additional search fees.

Form PCT/ISA/210 (continuation of first sheet (2)) (April 2007)
Box II.1

methods /Rule 39.1(iv). Claim 59 discloses a computer program product for performing the steps in accordance with claims 46-58. Therefore claim 59 also relates to a method of treatment of the human or animal body by surgery or by therapy as well as diagnostic methods and thus related to subject matter not required to be searched for by this Authority. Nevertheless, a search has been executed for these claims. The search has been based on the alleged effects of the device.
International patent classification (IPC)
A61N 1/05 (2006.01)
A61N 1/365 (2006.01)

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Cited literature, if any, will be enclosed in paper form.
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