A METHOD AND APPARATUS FOR ENHANCEMENT OF CIRCULATION WITHIN CAST INCASED BODY PART

Abstract: The present invention provides a portable device and method for enhancing blood flow in a limb and for reducing the risk of Deep Vein Thrombosis (DVT) formation by positioning an intermittent compression apparatus (ICA) within a cast placed on body limb. The ICA activates blood circulation by pressuring limb with mechanical, pneumatically or combination thereof pressure. The activity of ICA on limb does not interrupt the healing function of the cast due to the fact that an opening designated for ICA is provided within cast. The ICA may comprise a compressing plate or bladder that provides the intermittent compression either directly on body or on a flexible box base positioned within opening within the cast.
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A METHOD AND APPARATUS FOR ENHANCEMENT OF CIRCULATION WITHIN CAST ENCASED BODY PART

BACKGROUND OF THE INVENTION

FIELD OF THE INVENTION

The present invention generally relates to enhancement of circulation flow in general, and to a portable self-contained intermittent device capable of compression/relaxation transitions attached to a cast encasing a body part, in particular.

DISCUSSION OF THE RELATED ART

A cast refers to a supportive structure that keeps an injured body part from moving, thus allowing it to heal. Persons having a body part put in a cast typically suffer from discomfort, swelling, pain, redness and irritation of the skin, blood clot, compartment compression syndrome and the like. These conditions result from static position of the body part put in the cast. The static position of a body part positioned within a cast can cause the phenomena called stasis. Stasis is believed to be the trigger that leads to other conditions such as the formation of blood clots. The formation of blood clots can cause other complications, including arterial and pulmonary embolism, deep vein thrombosis (DVT) renal vein thrombosis, thrombophlebitis, angina, ischemia, coronary artery disease, stroke and heart disease.

A compartment syndrome involves the compression of nerves and blood vessels within an enclosed space, such as in a cast. The compartment syndrome may lead to impaired blood flow and nerve damage. Increased pressure in compartments within the fascia leads to increased pressure within the compartments. High pressure within the compartments results in discontinued blood flow to the compartments and possibly to permanent injury.
to the muscle and nerves. In extreme cases sufficient pressure to the compartments and the insufficient blood flow will result in the dying of the limb and the need to amputate.

Casts are generally made of plaster but can be occasionally made of fiberglass and other hard materials. A cast can be fabricated from thin cloth or other thin film material soaked with liquid plaster and rolled around a body part like a bandage. After placing the said material on limb the plaster hardens, thus, providing the required support for the healing body part. Other known casts are prefabricated plastic plasters prepared according to fixed forms and sizes and placed on patient's body part, optionally adjusted with adjusting means such as stripes.

Casts are mainly used for injured bones and soft tissue, reducing pain, swelling and muscle spasm. Casts can also be used for aiding the healing of torn ligaments, tendons and after surgeries. The time period for having a cast can vary and depends on the type of the injury and the healing rate. Thus, some injuries require the cast to remain for a few weeks and others may require the cast remain for a few months. Despite the obvious advantages of a cast as a supportive structure, a major consideration whether to place a limb in cast is the possible danger resulting from the various conditions discussed above related to casts.

Prior art attempts to alleviate the conditions associated with casts use generally require special equipment that is costly, large in size and used mainly in hospitals or day care facilities, but not in the patient's home. One solution provided within the prior art is disclosed within U.S. patent serial number 4,841,956 issued to Gardner et al. (Gardner) and U.S. patent serial number 5,218,954 issued to van Bemmelen (Bemmelen). Gardner disclose an apparatus for inducing venous-return flow from leg. According to Gardner the apparatus is comprised from a pressurized gas source, a number of pressure gas inlets and corresponding valves. According to Gardner the apparatus provides repeating
cycle of successively actuated venous pumps that enhance the venous-return flow from leg.

Bemmelen discloses an arterial assist device and method. According to Bemmelen the device includes an inflation system that is a separate unit, a connecting tube, a bladder and air releasing valves. Both Gardner and Bemmelen present devices that increase the blood flow within the limb put in cast.

The devices and methods presented within the prior art are bulky and require additional heavy equipment to operate these devices. Furthermore, the prior art devices call for the insertion of a tube, a bladder or both beneath the cast. Because casts are typically formed on the injured body part, the insertion beneath the cast of a bladder or tube must be performed prior to placing the body part in the cast. At this time, in most cases, the injured body part will likely cause severe pain to the patient and holding a bladder or tube to the body part may result in additional suffering. Moreover, once the cast is formed around the body part it will be difficult to ascertain the exact location of the bladder or tube resulting in a non-effective treatment. Additionally, any failure within the equipment will require the removal of the cast. Furthermore, the equipment of the prior art does not provide versatile types of treatments for enhancing the circulation in the cast body part.

There is therefore a need for an apparatus and method that provides people having part of their body encased with a cast an apparatus and method for enhancing the circulation within the body part. Such apparatus would not require the insertion of a bladder or tube below the cast after or prior to placing the cast. Furthermore, there is a need for an apparatus and method that enables a person with cast to receive versatile treatments for enhancing the circulation within the body part.
SUMMARY OF THE PRESENT INVENTION

It is the object of the present invention to provide an apparatus for supporting a body part and for facilitating enhanced circulation therein, the apparatus comprising a cast construction comprising one cast element having an opening for leaving a portion of the body part uncovered by the cast construction, the opening is adapted for receiving an intermittent compression device, and an intermittent compression device comprising a moveable surface dimensioned to be inserted through the opening juxtaposed with the uncovered portion and a mechanism actuating periodical reciprocating motion of the surface in a direction perpendicular to the surface. The cast construction can be a prefabricated cast construction and wherein the cast element is an integral part thereof. The cast construction can be made of moldable material placed around the body part by a molding process and wherein said cast element is incorporated into the cast construction during the molding process. The apparatus can further comprise a supporting frame attachable to a cast element around the opening and the intermittent compression device can be attachable to the frame. The cast element can include a frame having walls extending substantially perpendicularly to the opening and the intermittent compression device can be attachable to the frame. The frame can include a flexible base interposed between the uncovered portion and the moveable surface. The frame can further comprise a cover for closing the frame, the cover can be removed or opened for inserting or removing the intermittent compression device and can be put back for re-closing the frame thereafter. The intermittent compression device can further include a power source for supplying power to the mechanism. The power source can be one or more rechargeable battery or other like power source. The intermittent compression device can comprise a moveable compression plate and wherein the mechanism actuates a reciprocating motion of the plate in a direction perpendicular to the plate surface. The intermittent compression device can also include an inflatable bladder insertable or placed through the opening and wherein the mechanism
includes an air compressor for intermittently inflating the bladder. The mechanism can further include a one-way release valve in air communication with the bladder for deflating the bladder. The intermittent compression device can be further provided with a control panel for allowing a user to set parameters of the device operation. The apparatus can further provide a microcontroller for controlling the device operation or a remote control device for allowing a user to remote setting of the microcontroller.

In accordance with a second aspect of the present invention there is provided a cast construction for facilitating enhanced circulation in a body part supported by the cast construction, the cast construction comprising at least one cast element having an opening adapted for receiving an intermittent compression device. The cast construction can be a prefabricated cast construction and wherein the cast element is an integral part thereof. The cast construction can be made of moldable material placed around the body part by a molding process and wherein said cast element is incorporated into the cast construction during the molding process. The opening is provided with a frame having walls extending substantially perpendicularly to the opening and wherein the intermittent compression device is attachable to said walls. The intermittent compression device comprises a moveable surface dimensioned to be inserted through said at least one opening and a mechanism for periodically moving said surface in a reciprocating movement in a direction perpendicular to said surface.

According to a third aspect of the present invention there is provided an intermittent compression device for enhancing circulation in a body part supported by a cast construction, the cast construction is having one or more openings for leaving a portion or portions of the body part uncovered, the device comprises one or more moveable surface dimensioned to be inserted through the one or more opening and one or more mechanisms for periodically moving said surface in a reciprocating movement in a direction perpendicular to the surface against said one or more portions, thereby applying intermittent pressure on the one or more portions. The mechanism and an optional power source can be
encased in housing, the housing having an inner end proximal to the body portion when the device is attached to the cast construction. The device can include a compression plate extending from the inner end of the housing. The mechanism can comprise a motor having a spinning shaft; a wheel coupled to the motor shaft, the wheel surface is orthogonal to the compression plate; and a crankshaft having one end connected to an off-the-center point on the wheel surface and a second other end perpendicularly connected to the compression plate such that when the wheel is revolving, the compression plate moves in a reciprocating motion in a direction perpendicular to the plate plane. The mechanism can comprise a motor having a spinning shaft, a first wheel coupled to the motor shaft and a second wheel of irregular perimeter concentrically mounted on the first wheel, both first and second wheel are orthogonal to the compression plate, and wherein the compression plate is provided with an arm extending perpendicular to the plate plane, the free end of the arm is in contact with said irregular perimeter following the perimeter, such that when the second wheel is revolving the compression plate moves in a reciprocating motion in a direction perpendicular to the plate plane. The irregular perimeter is having a cusp, and wherein the arm and the irregular wheel are connected by a spring such that when the irregular wheel is revolving, the spring is loaded or relaxed in correlation with the irregular perimeter, allowing fast, high power movements of the compression plate. The mechanism can include an air compressor, a cylinder having a chamber of variable volume in air communication with said compressor and a moveable piston mounted within said cylinder, the piston having a bottom plate dimensioned to close said chamber and a shaft mounted on said plate extending from having an upper end and wherein the compression plate is mounted on said upper end perpendicularly to said shaft. The chamber can further include a one-way release valve for allowing opening said chamber into ambient atmosphere. The one-way release valve can be programmed to be released at a predetermined pressure value. The shaft is provided with a spring coiled about the shaft and wherein said spring is loaded or unloaded upon
movement of the piston. The device can include an inflatable bladder extending from inner end of the housing, interposed between the housing and the uncovered body portion, and wherein the mechanism includes an air compressor for intermittently inflating said bladder. The mechanism can further include a one-way release valve in air communication with the bladder for deflating the bladder. The device or the intermittent compression device is further provided with a control panel for allowing a user to set parameters of the device operation. The device can be further provided with a microcontroller for controlling the device operation. The device is further provided with a remote control device for allowing a user to remote setting of the microcontroller.

In accordance with a fourth aspect of the present invention there is provided a method for enhancing circulation in a body part supported by a cast, comprising the steps of providing at least one opening in the cast for leaving at least one portion of said body part uncovered by the cast; and applying intermittent pressure on said portion by intermittently moving a movable surface juxtaposed with said uncovered portion in a reciprocating motion in a direction perpendicular to said surface against said body portion. The moveable surface can be a compression plate. The moveable surface can be an inflatable bladder interposed between the body portion and a rigid surface.
BRIEF DESCRIPTION OF THE DRAWINGS

The present invention will be understood and appreciated more fully from the following detailed description taken in conjunction with the drawings in which:

Fig. 1A is an overview of an apparatus for the enhancement of circulation within an encased body part, according to one preferred embodiment of the present invention;

Fig. 1B is an overview of one possible location for placing the apparatus of the present invention, according to a preferred embodiment of the present invention;

Figs. 2A, 2B, 2C, 2D and 2E showing the constructions and installation of the apparatus of one preferred embodiment, according to the present invention;

Figs. 3A, 3B and 3C present a side view of an apparatus and mechanism, installed in a cast, according to one preferred embodiment of the present invention;

Figs. 4A, 4B and 4C present different close-up angles of another mechanism according to the preferred embodiment of the present invention;

Figs. 5A, 5B and 5C present different close-up angles of another mechanism in accordance with another preferred embodiment according to the present invention;

Figs. 6A, 6B, 6C and 6D present different close-up angles of another mechanism in accordance with yet another preferred embodiment according to the present invention.
DETAILED DESCRIPTION OF PREFERRED EMBODIMENTS

The present invention discloses an apparatus and method for intermittent compression of muscles or other tissue for the enhancement of circulation flow in a body part that is encased with a cast.

The apparatus according to the present invention overcomes disadvantages of the prior art by providing a portable apparatus that is placed in an opening in a cast that surrounds a body part, such as a limb. The apparatus placed in an opening in the cast activates a compressing plate or bladder that stimulus intermittent compression on the body part perpendicular to the compressing plate. Thus, enhancing the circulation flow within the body part.

The apparatus is portable and self contained. It may be put in the opening of the cast and later removed and the cast closed. The apparatus can provide pain relief and expedient healing to fractures and damaged soft tissues as well as alleviate conditions associated with casts and discussed above.

According to one preferred embodiment of the present invention the apparatus is placed in an opening in the cast and provides intermittent compression by a compression plate. The compression plate is moved intermittently to compress the muscle or other tissue located within the cast. The present invention uses different mechanisms within the apparatus for providing intermittent compression upon the skin. Alternatively, the compression plate can be replaced by an inflatable bladder which intermittently inflates and deflates to provide intermittent compression on the muscle or other tissue located within the cast. The apparatus can be build in various sizes and shapes to provide solutions for various body parts put in casts. The opening in the cast can be prefabricated or opened specifically for the use of the apparatus. Said opening can be sealed when treatment with the device has ended.

Different embodiments of the method and apparatus of the present invention are presented in association with the figures below. Other mechanisms for the apparatus are depicted within PCT application PCT/IL02/00157 having a title of "A PORTABLE DEVICE FOR THE ENHANCEMENT OF
CIRCULATION AND FOR THE PREVENTION OF STASIS RELATED
DVT" filed on 3 March 2002 having international publication date on 12
September 2002 and international publication number WO 02/069879, which is
incorporated herein by reference.

Fig. 1A presents an overview of an apparatus according to one
preferred embodiment in accordance with the present invention. The
intermittent compression apparatus (ICA) 10 comprises a housing 14 and an
intermittent compressing plate 12. The housing 14 and the plate 12 can be made
from any rigid material. Preferably, the plate is made of a strong and light
weight material. In the preferred embodiment the ICA is a light weight device
so as to enable a user to leave the ICA within the cast opening while the patient
can move around. Inside housing 14 there is installed a mechanism (not shown)
that upon activation from the control panel switch 16 commences intermittent
compressing by compressing plate 12. The rate of the intermittent compressing
can be determined by rate control button 17. According to the preferred
embodiment housing 14 comprises attaching means that enable the attachment
of ICA 10 to a cast as depicted in Figs. 1B and 2A below. Accordingly, ICA 10
can also include flexible clips 18 and other clip (not shown) attached to housing
14 in parallel side-wall of housing 14. The position of clips can be viewed in
Fig. 4A, 4B below. The clips fasten ICA 10 to a box 32 in the opening formed
or prefabricated in the cast as depicted in Fig. 2A below. Clips 18 may be
fabricated from elastic plastic material, elastic metal or other material.
Accordingly, clip 18 attaches housing 14 and entire ICA 10 to the opening in
the cast encasing a body part as depicted below in view of Fig. 1B. Persons
skilled in the art will appreciate that other mechanisms for controlling the ICA
can easily be added. Such can include computerized programs for providing
session treatments for patients wearing the ICA, various sensors for providing
information about the conditions underneath the ICA compression plate 12
which can be linked to computerized mechanisms for controlling the ICA and
the program provided to the patient. Various other indicators can also be added,
such as LEDs for indicating that the ICA is turned on, or indicating which compression rate or program has been selected as well as a small LCD panel for further providing such information as well as battery strength indicator and the like. The ICA can be formed in various sizes and shapes. The ICA shown is an exemplary shape and in the preferred example, the ICA is manufactured in sizes which can fit various body parts which are put in casts. According to one preferred embodiment of the present invention the ICA comprises only one control panel switch 16 which turns on or off the ICA mechanism, said compression rate is fixed.

Referring now to Fig. 1B showing an overview of one possible location for placing the apparatus of the present invention, according to one preferred embodiment of the present invention. Fig. 1 shows a portion of a leg 20 that is put in cast 22. In Fig. 1 Cast 22 surrounds leg portion 20. In other preferred embodiments of the present invention the cast can be placed on a limb or other body part. The cast can be placed on part of the limb or body part extending the circumference or a part of said limb or body part. In yet another embodiment of the present invention the cast can be placed on a specific location on the body part resembling a bandage. In the exemplary embodiment shown here, a physician or a paramedic as result of a diagnosis of a bone fracture or bone crack or tissue damage or post surgery can place the cast 22 on the leg the occurred. According to the present embodiment ICA 24 is portable and enables person wearing a cast to position the ICA without assistance. ICA 24 is placed within a prepared opening 26 in cast 22. Opening 26 can be a prefabricated piece of cast manufactured with cast 22 in case the cast is prefabricated or an opening made after the cast is prepared correlating to the ICA 24 dimensions.

When prepared after the cast is made the opening will be made by a physician using the standard tools for opening casts to cut the opening according to size of the used ICA and in a position on leg 22 which will allow optimum muscle or other tissue compression for achieving the best circulation
as a result of muscle or other tissue compression. The intermittent compression activated by ICA 24 can be activated adjacent to a partitioning material, such as a bandage or gauze between the compressing plate 12 from Fig. 1A and the body portion as depicted in view of Fig. 2A below. Alternatively, compressing plate 12 can be positioned adjacent to the body part without any partitioning. According to one preferred embodiment opening 26 and ICA 24 are placed adjacent to gastrocnemius muscle and is able to implement intermittent compression on the muscle for enhancing circulation flow within the blood artery and veins consequently from the compression on the muscle. The intermittent compression is activated by the compressing plate depicted in Fig. 1A above or other equivalent element according to various preferred embodiment as depicted below. ICA 24 is attached to cast 22 with one or more clips 25 and another one or more parallel positioned clips on other side of ICA 24. According to the preferred embodiment only part of clip 25 can be viewed when ICA 24 is attached to cast 22. A user can remove ICA 24 from cast 22 by pressing clips 25 towards ICA 24 and pulling ICA out from cast. If more than two clips are used a single release mechanism is used to enable a quick and easy release of the ICA 24 from opening 26. Removing ICA 24 can be performed as result of changing a battery, attending a technical problem within ICA 24, replacement of ICA 24 with another ICA or for other reasons. Persons skilled in the art will appreciate that the cast shown and the leg put in cast are merely one preferred embodiment of the present invention. According to other preferred embodiments the cast can be shorter or longer, on other limbs or body parts, positioning ICA 24 in other positions and having more than one ICA in the same cast.

Figs. 2A, 2B present two different preferred embodiments of cast installed construction associated with the ICA of the present invention. The cast-installed construction ICA is used for holding the apparatus according to some preferred embodiments of the present invention. The case shown in association with Figs. 2A, 2B, 2C, 2D, 2E is a prefabricated cast. Such casts are
made in various sizes and shapes to fit various body parts and person sizes. It will be evident that the ICA of the present invention can be installed in a like manner as is described below in other casts, such as mold casts and the like. According to a preferred embodiment a cast-installed construction ICA is placed adjacent to a body part within the cast that is to be intermittent compressed by the apparatus. Construction 30 shown in Fig. 2A can be used according to one preferred embodiment of the present invention within a plastic or like cast. Construction 30 is prefabricated from a stiff plastic material panel or other material having a shape that fits a limb. Box 32 is forged within construction 30 placing it in a location that will be adjacent to the body part to be intermittent compressed when place on limb. According to one preferred embodiment, box 32 is constructed from a rigid material such as plastic or other rigid materials and the like. Box 32 has a base 40 planar shape and box walls 38, 38', 38" and 38"'. According to the preferred embodiment ICA’s 48 dimensions corresponds to box 32 dimensions. Thus, ICA 48 can be placed within box 32, held firmly there within and operate intermittent compression on body part adjacent to base 40. Base 40 according to one preferred embodiment can be fabricated from a flexible, water resistant material such as a flexible plastic or other material. The flexibility of base 40 is required for the intermittent compression performed according to one preferred embodiment by compressing plate 50. In other embodiments base 40 is not included with construction 30. In yet another embodiment the base 40 is fabricated from a light material which allows the exchange of fluids and gases from the inside portion 34 of construction 30 thus allowing ventilation of the body part throughout the use of the ICA and thereafter.

Still referring to Fig. 2A, walls 38, 38', 38" and 38"' are rigid and support ICA 48 when inserted in to box 32. Walls 38 and 38" according to the preferred embodiment include clefs 36 and 36' that correspond to clip 44 attached to side-wall of housing 42 of ICA 48 and to another clip (not shown) parallel to clip 44 attached to other side-wall of housing 42. In an alternative
embodiment more than one cleft can be positioned on walls of box 32 to accommodate the more than one clips 44. The clips attached to ICA 48 are further described in association with Figs. 4A, 4B below. Concurrently after placing ICA 48 within box 32, clips 44 and parallel clip hold firmly ICA 48 in position for commencing the operation of ICA 48. The operation of ICA 48 is commenced by movement of switches 46 placed on control panel 52 positioned on the back part of housing 42. Once ICA 48 is positioned within box 32 a user, the patient, a nurse, physician or another, can commence or cease the operation of ICA 48. Optionally, the intermittent compression rate can be controlled with control button 54. According to the preferred embodiment after inserting ICA 48 within box 32 control panel 52 faces the exterior part thus enabling accesses to control panel 52. One skilled in the art can appreciate that many other embodiments of the present invention can be described such as different shaped boxes and ICAs with other characteristics, different attaching means of ICA to box as well as many other variations of the embodiment described in association within Fig. 2A. According to one preferred embodiment ICA 48 can be protruded out of the box 32 and out of cast as depicted in association with Fig. 1B above. Accordingly, part of the ICA 48 can be viewed with control panel 52. According to another preferred embodiment ICA 48 does not protrude from box 32 and in order to activate or deactivate ICA 48 there is a need to approach control panel 52 within box 32. According to another embodiment box 32 has a cover 32' that is placed on box 32 prior to placing ICA 48 within box 32. Accordingly, when user wishes to insert ICA 48 cover 32' is removed from box 32. According to another embodiment cover 32' can be placed over ICA 48 placed within box 32 when in operation or not.

Referring now to Fig. 2B showing another embodiment of a cast installed construction, in accordance with a preferred embodiment of the present invention. Construction 60 is comprised from a stiff plastic material panel 62 and a box 64. Construction 60 can be used for a plaster laid cast or the like. Accordingly, construction 60 is placed adjacent to the body part location of
where the ICA is to be placed for enhancing circulation flow. After placing construction 60 at the appropriate location, the laying of the wet cast bandage around or on the body part and panel 62 is performed. Once the wet bandages are dry the cast including the protruded cast box 64 are ready for use in connection with the ICA. Next, the ICA 48 may be inserted or plugged in to box 64. Box 64 according to one preferred embodiment includes walls 68, 68', 68" and 68"" that are fabricated from rigid plastic material or other material and a planar shape base 66. Base 66 can be a flexible thin plastic material or other material which can be transparent, fluid resistant or that allows fluid and gases to flow there through. Walls 68 and 68" include one or more clefts 70 and 70' respectfully. One or more clefts 70 and 70' are adjusted to hold one or more clips 44 and other one or more clip (not shown) attached to ICA 48. According to another embodiment of the present invention a box may not include a base at all, thus, compressing plate 50 activates intermittent compression directly on the body part's tissue. According to another embodiment box 64 or 32 may include a box cover described in association with Fig. 2C below. According to another embodiment box 64 has a cover 64'. According to the preferred embodiment cover 64' can function similarly to cover 32' described in association with Fig. 2A above. Hence, cover 64' can be placed on box 64 prior to the insertion of ICA 48 or placed after the insertion of ICA 48 within box 64. Cover 64' as will cover 32' provide a sealable cast part which can assist in maintaining the cast area sealed to minimize the risk of foreign objects falling or entering the areas between the body part and the cast.

Referring now to Fig. 2C showing another embodiment of a cast installed construction. Construction 72 forming a part of or the cast includes a rigid panel 74, similar to the embodiment shown in Fig. 2A above. Construction 72 includes opening 76 and cover 78. Opening 76 is positioned according to the preferred embodiment of the present invention adjacent to a body part. Opening 76 can include a box 32 or 64 as shown and described in association with Figs 2A and 2B respectively. Alternatively, box 71 with special adjusted one or more
clips 73 and another one more parallel positioned clips 73' (not shown) on the other side of box 71 can be placed within opening 76. One or more clips 73 and 73' attach box 71 to cast and provide a housing for ICA 75. One or more clips 73, 73' attach box 71 to construction 72 by closing one or more corresponding clefts 80, 80'' (not shown). In an alternative embodiment box 71 could include other means for attaching box 71 to construction 71, such as flaps having rails and slits located on construction 71 and the like.

Still referring to Fig. 2C, ICA 75 with housing 79 has one or more clips 77 and parallel positioned one or more clip 77' (not shown). Clips 77, 77' may be located at each side of box 71 as it may easier to release clips 71, 71' if located at the upper and lower sides of box 72. Box 71 includes further one or more slits 73'' and 73''' that correspond to one or more clips 77 and 77' of ICA 75. Accordingly, a limb or other body part can be encased with cast (not shown) with an opening 76 covered with cover 78. To provide the relevant body part with intermittent compression cover 78 is removed from opening 76. Hence, providing the possibility to insert box 71. Box 71 is positioned in opening 76 and attached to rigid panel 74 placed within cast (not shown) with one or more clips 73 and 73'. According to the preferred embodiment one or more clips 73 and 73' are fabricated from rigid flexible plastic material. However, according to other embodiments the one or more clips can be fabricated from other suitable rigid materials. After placing and attaching box 71 within opening 76 ICA 75 is placed within box 71. ICA 75 is attached to box 71 with clips 77 and 77'. After attaching ICA 75 to box 71 the operation of ICA 75 can be commenced, thus, providing intermittent compression to body part adjacent to opening 76. In another alternative embodiment opening 76 may not include a box at all. Accordingly, ICA 75 can be place directly within opening 76 within construction 72. Accordingly, one or more clips 77' and 77'' attach ICA 75 to rigid panel 74. The size of opening 76 is manufactured such that it can fit box 71 or ICA 75 as the case may be. The location of opening 76 can be predetermined so as to allow efficient treatment to the tissue receiving
intermittent compression through the use of ICA 75. More than one opening can be used in connection with construction 72 and other constructions shown in association with the present invention, such that one or more openings 76 can be manufactured in predetermined locations according to the type of cast, the person, condition of patient and other like considerations.

Figs 2D and 2E show another preferred embodiment of a construction and ICA in accordance with the present invention. Accordingly, cast installed construction 300 placed within or in association with cast (not shown) has ICA 304 positioned within opening 302. Opening 302 is placed adjacent to location within encased in cast body part to receive intermittent compression for enhancing circulation flow. ICA 304 is attached to cast installed construction 300 with one or more clips 306 and 306' shown in association with Fig. 2E and having at least one control panel 310 of ICA 304 facing out or up or to any one of the sides of ICA 304. Accordingly, one or more clips 306 and 306' are formed from rigid material such as plastic or other like material and are connected to one or more hinges 308 and 308', respectively. Hinges 308 and 308' are positioned adjacent to compressing plate 312. After placing ICA 304 within opening 302 one or more clips 306 and 306' are bent towards control panel 310. A user can commence and cease the operation of ICA 304 from control panel 310 or from a remote control panel (not shown). In yet another embodiment the control for the ICA can be performed from a remote location such as for example by a physician or another person. The ICA 304 can be connected via a communications device such as a modem to a communications network such as a cellular or LAN or WAN communications network to a remote control panel which is operated without the assistance of the user. User can remove ICA 304 from opening 302 by compressing one or more clips 306 and 306' towards ICA 304 as presented in Fig. 2D and drawing it out once use is complete. It will be evident to one skilled in the art that the user can leave ICA 304 in opening 302 even when it is not
used. Once ICA 304 has been removed the suitable cover can optionally be placed back onto penning 302 thus sealing the cast.

Turning now to fig. 3A shows a cross sectional side view of an apparatus and mechanism, installed in a cast, according to one preferred embodiment of the present invention. ICA 80 is placed in opening 86 within cast 82. Cast 82 is placed on limb or body part 84 that may be a calf or any other limb or body part. While cast 84 is shown to fit the shape of a leg the cast may be put on limbs or other body parts. The opening 86 can optionally include a box or a frame 87 as depicted in view of Figs. 2A and 2B to hold ICA 80 within said box or frame. In yet additional alternatives, the ICA 80 may be held by straps or by other means in such manner that the patient may easily place ICA 80 in opening 86 without the assistance of another person. ICA 80 can be placed in opening 86 prior to commencing the intermittent compression activation or alternatively when installing the cast on limb or other body part.

Referring now to Figs. 3B and 3C showing ICA 80 in greater detail. Fig. 3B shows a detailed plenary close-up side view of ICA 80. Fig. 3B and Fig. 3C show an isometric overview and internal view of ICA 80. According to the preferred embodiment ICA 80 comprises components for activating an intermittent compression on an adjacent body part positioned opposite compressing plate 112. ICA 80 comprises a housing 88 placed in accordance with the present embodiment in box or frame 87. Box or frame 87 preferably comprises a flexible base 114 and has four walls of which only 89 and 89' are shown in Fig. 3B. Box or frame 87 is used as a receptacle for ICA 80. The box or frame 87 is suitably sized to fit ICA 80. ICA 80 is placed within box or frame 87 such that ICA 80 slides into box or frame 87 and is attached thereto. A rail (not shown) can guide ICA 80 into box or frame 87. One or more clips or protrusions on box or frame 87 may accommodate recessions on ICA 80 for allowing a good grip of ICA 80 within box or frame 87. A latch or like device (not shown) may be used to secure ICA 80 into its parking position within box or frame 87. ICA 80 includes a rechargeable battery 108 connected via wiring.
104 to control panel 94. Control panel 94 preferably includes rate control button 90 and a start/stop button (not shown) for initiating the intermittent compression operation of ICA 80. Control panel 94 is connected to motor 106 via wiring 102. Motor 106 can be any one of several motors known in the art such as a rotary vane motor, diaphragm motor manufactured by Gast Manufacturing Inc. from Benton Harbor, Michigan, U.S.A., an electrical motor, a magnetic motor, a mechanical or any other suitable motor. Cogwheel 118 is connected via shaft or directly to motor head 110 placed on motor 106 and turns cogwheel 92. Cogwheel 92 has its pivot 120 positioned on motor head 110 and can be seen in Fig. 3C. Ledge 96 is placed on cogwheel 92 and turns in an eccentric manner about the pivot 120 clockwise or anticlockwise synchronously with cogwheel 92. Crank 98 is attached to ledge 96 and to crankshaft 100. Crank 98 transfers the motion of cogwheel 92 via ledge 96 to crankshaft 100. Crankshaft 100 is a shaft attached to compression plate 112. Operation of motor 106 turns pivot 120 which turns cogwheel 92 that in turn moves crank 98 resulting from the movement of ledge 96. Consequence from the movement of crank 98 crankshaft 100 movement performs the intermittent compression performed by compressing plate 112. The size of cogwheel 92 and the speed of the motor determine the intermittence interval. The intermittence interval can be easily adjusted by increasing or decreasing the speed of the motor or alternatively the rotation speed of pivot 120. Likewise a change in the circumference of cogwheel 92 or the location of ledge 96 about cogwheel 92 will also alter the intermittence interval and therefore the treatment provided by the ICA 80. According to the preferred embodiment compressing plate activates intermittent compression on base 114 that accordingly inclines to adjacent skin or tissue. Consequently, the intermittent compression of the tissue and the blood vessels therein enhances the blood and lymph and the circulation flow. The intermittent compression rate can be adjusted with rate control button 90 prior to commencing the compression or during to the compressing operation. The compression rate can adjust any of the elements which may affect the
interruption interval. As can be seen from fig. 3C in accordance with one
embodiment of the present invention, clip 122 attaches ICA 80 to cast 82 by
attaching housing 88 to box or frame 87 viewed in Fig. 3B. While one or more
clips can be positioned on either side of ICA 80 for the sake of convenience
only clip 122 is shown. Clip 122 and parallel clips (not shown) can be elastic
plastic material or fabricated from elastic metal or other materials. ICA 80 is
pressed perpendicular to opening 86 and box or frame 87. Upon the insertion of
ICA 80 into box or frame 87 elastic clip 122 and parallel clips (not shown) are
pressed against walls 89, 89' or other walls of box or frame 87, thus, attaching
ICA 80 to box or frame 87 and to cast 82. One skilled in the art can appreciate
that similarly result of attaching ICA 80 can be reached by using other types of
clips or a strap for attaching ICA 80 to cast 82.

Referring now to figs. 4A, 4B, 4C showing another preferred
embodiment of the mechanism of ICA according to the present invention. A
quick intermittent compression movement of the compressing element of ICA
130 is shown. ICA 130 comprises a housing 132, a compressing plate element
158 and control panel 166 shown in Fig. 4C. Housing 132 includes the
mechanism enabling a quick intermittent compression movement of the
compressing element 158. Fig. 4A shows a cross section of the mechanism
within housing 132 of ICA 130. Fig. 4B shows a side view and fig. 4C shows an
isometric view of housing 132, the control panel 166 positioned at a semi-open
position. Motor 162 and battery 154 may have the same characteristics of motor
106 and battery 108 depicted in association with figs. 3A, 3B, 3C respectively.
Battery 154 can be any mobile power source. Battery 154 is connected via
connecting wiring 172 to control panel 166. Motor 162 is also connected via
connecting wiring (not shown) to control panel 166. ICA's 130 operation is
regulated by switches 168 and rate control button 170. Switches 168 include an
on/off switch for turning ICA 130 on and off. Rate control button 170 enables a
user to regulate the intermittent compression of compressing plate 158 by
controlling the intermittence interval. Cogwheel 136 is attached to motor 162
and turns larger cogwheel 140. The pivot 164 of cogwheel 140 is positioned on motor head 134. Coupled to cogwheel 140 is disk 138 that turns concurrently with cogwheel 140. Disk 138 includes a cam thus having an irregular perimeter or shape. Disk 138 is shaped as having of varying curvature radius having a gradual slope at one end and a cam with cusp 159 where the radius changes abruptly from a maximum position to a minimum position. Bearing 156 is a "cam follower" bearing that is positioned against disk 138 with spring 146. Bearing 156 is connected pivotally with pivot 160 to shaft 150. Shaft 150 is attached to compressing plate 158. Hook 148 of spring 146 is placed around pivot 160 at one end and other hook 142 around ledge 144 at the other end. Ledge 144 is connected to the upper top of housing 132. The intermittent compression is activated when switches 168 are pushed to the "ON" position. Activation of motor 162 results with the concentric turning of cogwheel 136 and in turn of cogwheel 140. Next, disk 138 coupled to cogwheel 140 is initiated. As consequence of the fact that bearing 156 is positioned against disk 138 by spring 146 compressing plate 158 when turning at cusp 159 performs a swift intermittent compression. Cusp 159 triggers a swift movement of compressing plate 158 resulting from pivotal connection to shaft 150. Figs. 4A, 4B, 4C show clips 152 and 152' positioned on each side of housing 132. Additional clips may be located on each side of ICA 130. Clips 152 and 152' attach and hold ICA 130 to opening and alternatively to a box or frame attached to the cast. Clips 152 and 152' enable the attachment of ICA 130 to an opening in cast such as shown in the above figures. ICA 130 can be placed within opening of cast (not shown) by the patient or by another person. Upon activating of ICA 130 or other ICA intermittent compression is commenced that enhances the circulation within the associated body part.

Turning now to figs. 5A, 5B, 5C showing yet another preferred embodiment of the ICA according to the present invention. Fig. 5A presents a housing 182 that has its control panel 186 open. Fig. 5B shows an overview of ICA 180 with control panel 186 being open. Fig. 5C shows a cross section of
the mechanism shown in Fig. 5A. The preferred embodiment shown in association with figs. 5A, 5B, 5C relates to a pneumatic mechanism that provides intermittent compression to a tissue of a body part placed within a cast. Accordingly, Hosing 182 includes a rechargeable battery or other power source 198 that is connected to control panel 186 via wiring 200. Air compressor 218 is connected to control panel 186 via wiring 202. Compressor 218 comprises a motor 194 and a cylinder 196. Filter 204 provides the entrance passage to air entering cylinder 196. Air entering and exiting from ICA 180 is conveyed through opening 219 in housing 182. On/off switch 188 positioned on control panel 186 allows the patient or user to turn the ICA 180 on or off. Control panel 186 can also comprise an intermittent rate control button 190 for regulating the intermittent compression performed by compressing plate 184. The regulation of the intermittent compression rate can be performed by regulating the electric power supplied by motor 194. Air from cylinder 196 is conveyed by conveyer pipe 206 to chamber 216 within cylinder 214. Upon entering of pressurized air to chamber 216 within cylinder 214, cylinder shaft 208 moves towards compressing plate 184. Movement of compressing plate 184 together with spring 210 performs intermittent compression against the tissue or base of box or frame located within cast opening. A one-way air release valve (not shown) can be used to release the air from chamber 216. The one-way air release valve is preferably controlled by a microcontroller (not shown). The rate of release of air can be adjusted by the intermittent rate control button also connected to the microcontroller. One or more clips 192 and 192' can be used to attach ICA 180 to cast as shown in association with the figures above.

Figs. 6A, 6B, 6C, 6D show another preferred embodiment according to the present invention. According to this preferred embodiment a pneumatic mechanism activates intermittent compression by ICA 230. ICA 230 comprises a housing 232, a bladder 234 and control panel 236. Fig. 6A shows a side view housing 232 with control panel 236 removed. Fig. 6B shows a top view of ICA 230. Fig. 6C shows an isometric view of ICA 230 with control panel 236
removed. ICA 230 mechanism comprises a compressor 242 and a rechargeable battery 258 or like power source. Battery 258 is connected via wiring 250 to control panel 236. Control panel is connected via wiring 248 to compressor 242. Alternatively, control panel 236 is connected to a microcontroller (not shown) controlling the operation of ICA 230. Accordingly, battery or power source 258 is connected to the microcontroller. Air compressor 242 comprises motor 244 and cylinder 246. Air enters cylinder 246 via filter 252. Air entering and exiting housing 232 through opening 256. Compressed air leaving cylinder 246 is conveyed via conveyor pipe 254 to bladder 234. In turn bladder 234 inflates and pressure is applied to the tissue of the body part placed in the cast,. A one-way air release valve (not shown) is located within or connected to cylinder 246. Air release valve is also connected to the microcontroller. Intermittent rate control button 240 connected to the microcontroller enables the patient to control the rate of inflation and deflation of bladder 234 and thus the rate of intermittent compression. [The rate of compression is preferably between ___ to about ___ compressions every minute- Jonathan- please complete missing parts or omit the sentence]. The air release valve can also include a second air pump (not shown) for fast pumping of air located within bladder 234, thus allowing for fast transition between the inflated and deflated positions. Alternatively, air pumping direction can be changed to allow the same result. According to the intermittent compression rate set by the patient or user microcontroller (not shown) instructs air pump to either pump in or pump out air from cylinder 246 located in direct path with bladder 234. In yet another embodiment the one way air release valve can be located on the path of air conveyor pipe 254 and connected to the microcontroller for allowing and even faster air release from bladder 234. Each of the above components can be supplied with standard current through battery and associated current controlling circuits (not shown). As shown in association with previous figures one or more clips 260 and 260' on either side including top or bottom sides (not shown) show one exemplary
manner for attaching the ICA 230 to the cast surrounding or applied to the body part.

In addition to the examples shown above, it will be apparent to the person skilled in the art that the device of the present invention can be readily used for the enhancement of circulation in many various situations and to treat various ailments or conditions. Such include persons sitting or laying for long periods of time (for example, during long air flights or car travels or long hours working at the sitting position or immobilization at the hospital or rehabilitation center and the like.) It will be apparent that it may also be used for the enhancement of circulation such as lymph and blood flow of patients with diseases such as Diabetes Mellitus and Burger's disease. Also, for the enhancement of lymph and blood flow in the hand of a patient post mastectomy. Other uses not described here above will be apparent to the person skilled in the art. Providing said examples is made for the purpose of clarity and not limitation.
CLAIMS

1. An apparatus for supporting a body part and for facilitating enhanced circulation therein, comprising:
   a cast construction comprising at least one cast element having at least one opening for leaving at least one portion of the body part uncovered by the cast construction, the opening is adapted for receiving an intermittent compression device; and
   at least one intermittent compression device comprising a moveable surface dimensioned to be inserted through said at least one opening juxtaposed with said uncovered portion and a mechanism actuating periodical reciprocating motion of said surface in a direction perpendicular to said surface.

2. The apparatus of claim 1 wherein the cast construction is a prefabricated cast construction and wherein the cast element is an integral part thereof.

3. The apparatus of claim 1 wherein the cast construction is made of moldable material placed around the body part by a molding process and wherein said cast element is incorporated into the cast construction during the molding process.

4. The apparatus of claim 1 further comprising a supporting frame attachable to a cast element around said opening and wherein the intermittent compression device is attachable to the frame.

5. The apparatus of claim 1 wherein the cast element includes a frame having walls extending substantially perpendicularly to the opening and wherein the intermittent compression device is attachable to the frame.

6. The apparatus of claim 5 wherein said frame includes a flexible base interposed between said uncovered portion and the moveable surface.
7. The apparatus of claim 5 wherein said frame further comprises a cover for closing the frame; said cover can be removed or opened for inserting or removing the intermittent compression device and can be put back for re-closing the frame thereafter.

8. The apparatus of claim 1 wherein said intermittent compression device further includes power source for supplying power to said mechanism.

9. The apparatus of claim 8 wherein said power source is at least one rechargeable battery.

10. The apparatus of claim 1 wherein the intermittent compression device comprises a moveable compression plate and wherein the mechanism actuates a reciprocating motion of the plate in a direction perpendicular to the plate surface.

11. The apparatus of claim 1 wherein the intermittent compression device includes an inflatable bladder insertable through the opening and wherein the mechanism includes an air compressor for intermittently inflating said bladder.

12. The apparatus of claim 11 wherein said mechanism further includes a one-way release valve in air communication with the bladder for deflating the bladder.

13. The apparatus of claim 1 wherein the intermittent compression device is further provided with a control panel for allowing a user to set parameters of the device operation.

14. The apparatus of claim 1 further provided with a microcontroller for controlling the device operation.
15. The apparatus of claim 14 wherein the apparatus is further provided with a remote control device for allowing a user to remote setting of the microcontroller.

16. A cast construction for facilitating enhanced circulation in a body part supported by said cast construction, the cast construction comprising at least one cast element having at least one opening adapted for receiving an intermittent compression device.

17. The cast construction of claim 16 wherein the cast construction is a prefabricated cast construction and wherein the cast element is an integral part thereof.

18. The cast construction of claim 16 wherein the cast construction is made of moldable material placed around the body part by a molding process and wherein said cast element is incorporated into the cast construction during the molding process.

19. The cast construction of claim 16 wherein the opening is provided with a frame having walls extending substantially perpendicularly to the opening and wherein the intermittent compression device is attachable to said walls.

20. The cast element of claim 16 wherein the intermittent compression device comprises a moveable surface dimensioned to be inserted through said at least one opening and a mechanism for periodically moving said surface in a reciprocating movement in a direction perpendicular to said surface.

21. An intermittent compression device for enhancing circulation in a body part supported by a cast construction, the cast construction is having at least one opening for leaving a portion of said body part uncovered, the device comprises a moveable surface dimensioned to be inserted through said at least one opening and
a mechanism for periodically moving said surface in a reciprocating movement in a direction perpendicular to the surface against said at least one portion, thereby applying intermittent pressure on said portion.

22. The device of claim 21 further comprising power source for supplying power to said mechanism.

23. The device of claim of claim 21 wherein the mechanism and an optional power source are encased in a housing, the housing having an inner end proximal to the body portion when the device is attached to the cast construction.

24. The device of claim 23 wherein the device includes a compression plate extending from the inner end of the housing.

25. The device of claim 24 wherein the mechanism comprises a motor having a spinning shaft; a wheel coupled to the motor shaft, the wheel surface is orthogonal to the compression plate; and a crankshaft having one end connected to an off-the-center point on the wheel surface and a second other end perpendicularly connected to the compression plate such that when the wheel is revolving, the compression plate moves in a reciprocating motion in a direction perpendicular to the plate plane.

26. The device of claim 23 wherein said mechanism comprises a motor having a spinning shaft, a first wheel coupled to the motor shaft and a second wheel of irregular perimeter concentrically mounted on the first wheel, both first and second wheel are orthogonal to the compression plate, and wherein the compression plate is provided with an arm extending perpendicular to the plate plane, the free end of the arm is in contact with said irregular perimeter following the perimeter, such that when the second wheel is revolving the compression plate moves in a reciprocating motion in a direction perpendicular to the plate plane.
27. The device of claim 26 wherein the irregular perimeter is having a cusp, and wherein the arm and the irregular wheel are connected by a spring such that when the irregular wheel is revolving, the spring is loaded or relaxed in correlation with the irregular perimeter, allowing fast, high power movements of the compression plate.

28. The apparatus of claim 24 wherein the mechanism includes an air compressor, a cylinder having a chamber of variable volume in air communication with said compressor and a moveable piston mounted within said cylinder, the piston having a bottom plate dimensioned to close said chamber and a shaft mounted on said plate extending from having an upper end and wherein the compression plate is mounted on said upper end perpendicularly to said shaft.

29. The apparatus of claim 28 wherein said chamber further includes a one-way release valve for allowing opening said chamber into ambient atmosphere.

30. The apparatus of claim 29 wherein the one-way release valve is programmed to be released at a predetermined pressure value.

31. The apparatus of claim 28 wherein said shaft is provided with a spring coiled about the shaft and wherein said spring is loaded or unloaded upon movement of the piston.

32. The device of claim 23 wherein the device includes an inflatable bladder extending from inner end of the housing, interposed between the housing and the uncovered body portion, and wherein the mechanism includes an air compressor for intermittently inflating said bladder.
33. The device of claim 32 wherein said mechanism further includes a one-way release valve in air communication with the bladder for deflating the bladder.

34. The device of claim 21 wherein the intermittent compression device is further provided with a control panel for allowing a user to set parameters of the device operation.

35. The device of claim 21 further provided with a microcontroller for controlling the device operation.

36. The device of claim 35 wherein the apparatus is further provided with a remote control device for allowing a user to remote setting of the microcontroller.

37. A method for enhancing circulation in a body part supported by a cast, comprising:
   providing at least one opening in the cast for leaving at least one portion of said body part uncovered by the cast; and
   applying intermittent pressure on said portion by intermittently moving a movable surface juxtaposed with said uncovered portion in a reciprocating motion in a direction perpendicular to said surface against said body portion.

38. The method of claim 37 wherein said moveable surface is a compression plate.

39. The method of claim 37 wherein said moveable surface is an inflatable bladder interposed between said body portion and a rigid surface.
INTERNATIONAL SEARCH REPORT

A. CLASSIFICATION OF SUBJECT MATTER
IPC(7) : A61F 5/01
US CL : 602/1
According to International Patent Classification (IPC) or to both national classification and IPC

B. FIELDS SEARCHED
Minimum documentation searched (classification system followed by classification symbols)
U.S. : 602/1,4,5,13

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

C. DOCUMENTS CONSIDERED TO BE RELEVANT

<table>
<thead>
<tr>
<th>Category</th>
<th>Citation of document, with indication, where appropriate, of the relevant passages</th>
<th>Relevant to claim No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y</td>
<td>US 6,551,280 B (KNIGHTON et al) 22 April 2003, entire document.</td>
<td>1-39</td>
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</table>

☐ Further documents are listed in the continuation of Box C. ☐ See patent family annex.

* Special categories of cited documents:
* "A* document defining the general state of the art which is not considered to be of particular relevance
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