



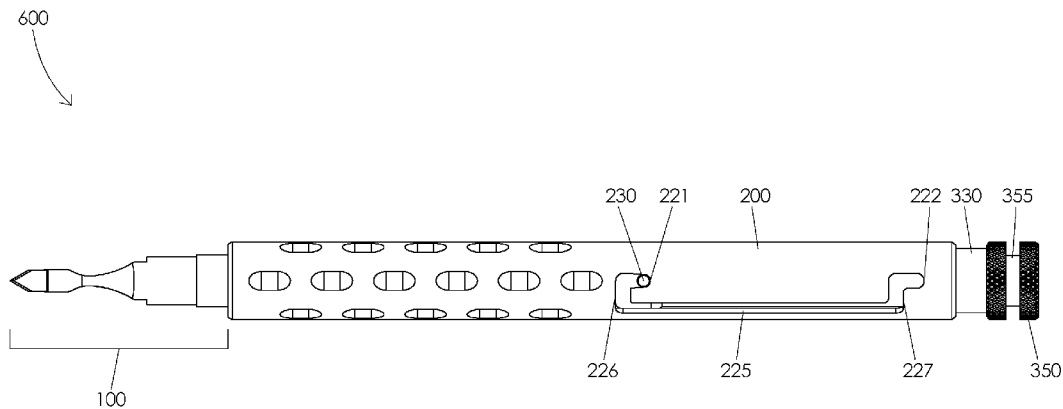
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Scheller et al.(10) **Pub. No.: US 2016/0220267 A1**(43) **Pub. Date: Aug. 4, 2016**(54) **MULTI-PLANE SURGICAL INCISION GUIDE****Publication Classification**(71) Applicant: **Katalyst Surgical, LLC**, Chesterfield,
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MO (US)(21) Appl. No.: **15/095,950**(22) Filed: **Apr. 11, 2016****Related U.S. Application Data**(63) Continuation of application No. 13/572,349, filed on
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(2013.01); **A61B 2017/32113** (2013.01); **A61B**
2017/320052 (2013.01)

(57)

ABSTRACT

A surgical blade may include a surgical incision guide configured to guide a surgical incision. The surgical incision guide may include one or more surgical incision guide marks. A surgical incision guide mark may be configured to provide information about a surgical incision. For example, a surgeon may compare a location of a surgical incision guide with a portion of a tissue to identify an incision depth. Illustratively, a surgeon may compare a location of a surgical incision guide with a portion of a tissue to identify an optimum incision depth to adjust an orientation of a surgical blade.



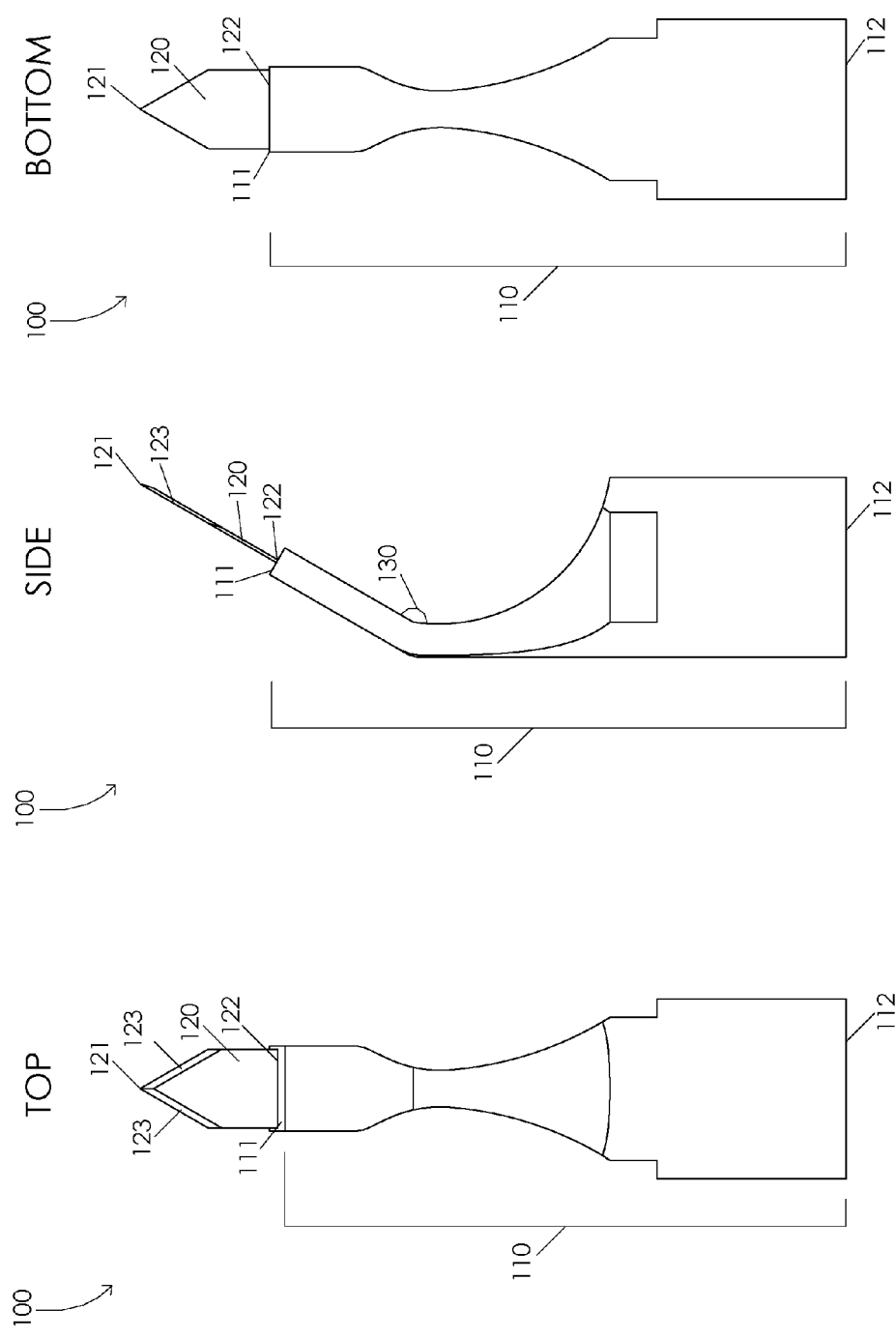


FIG. 1A

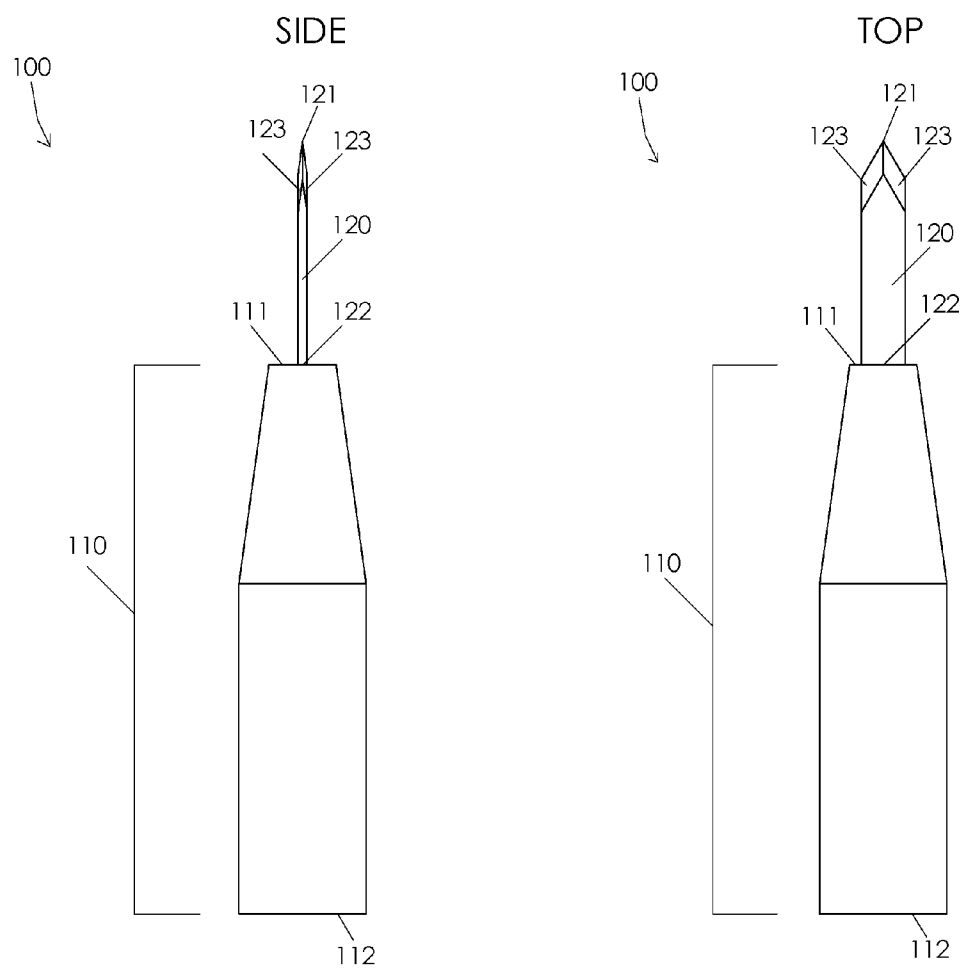


FIG. 1B

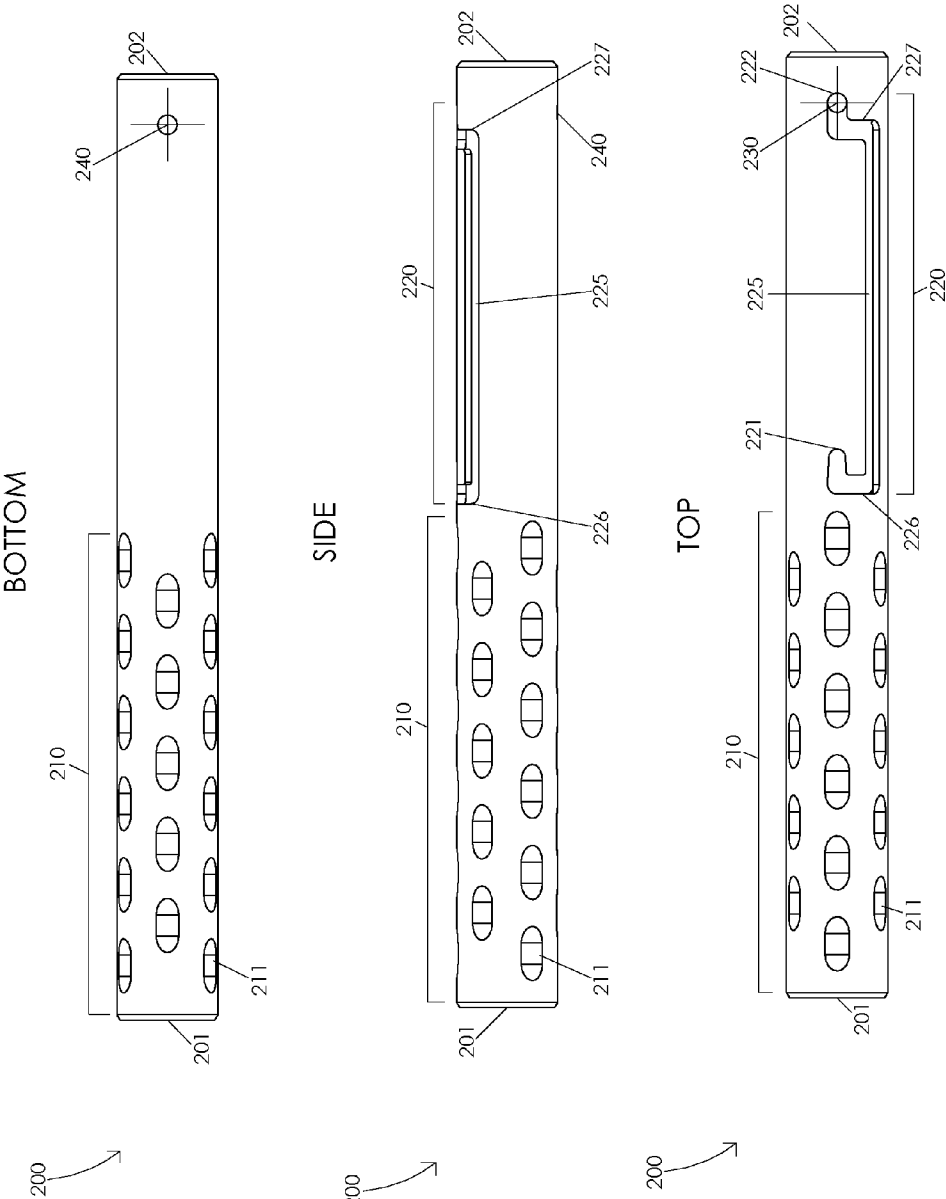


FIG. 2A

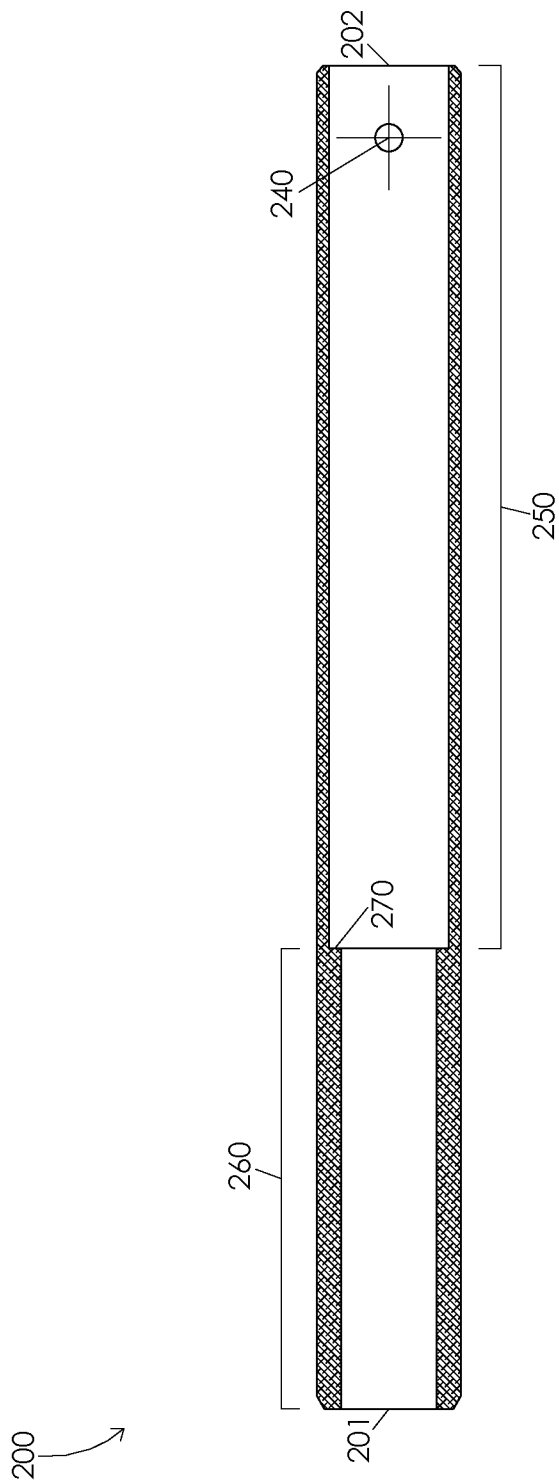


FIG. 2B

200

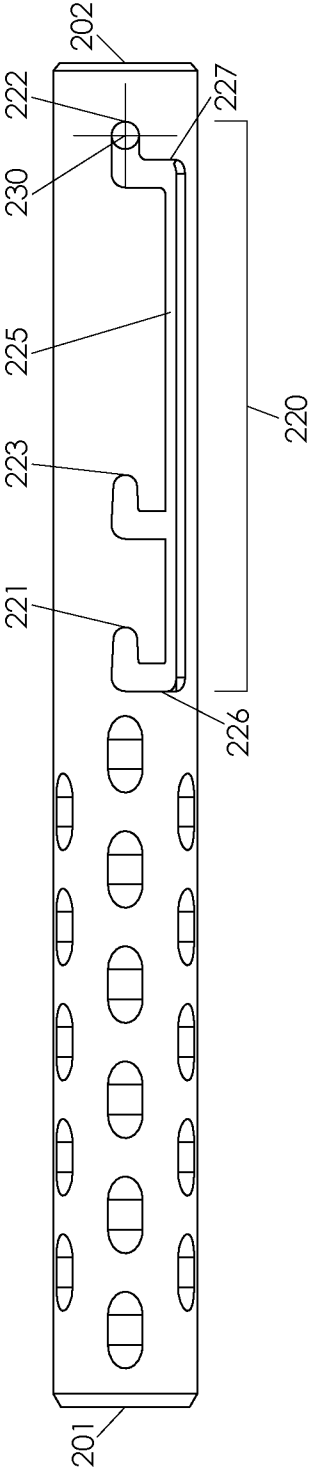


FIG. 2C

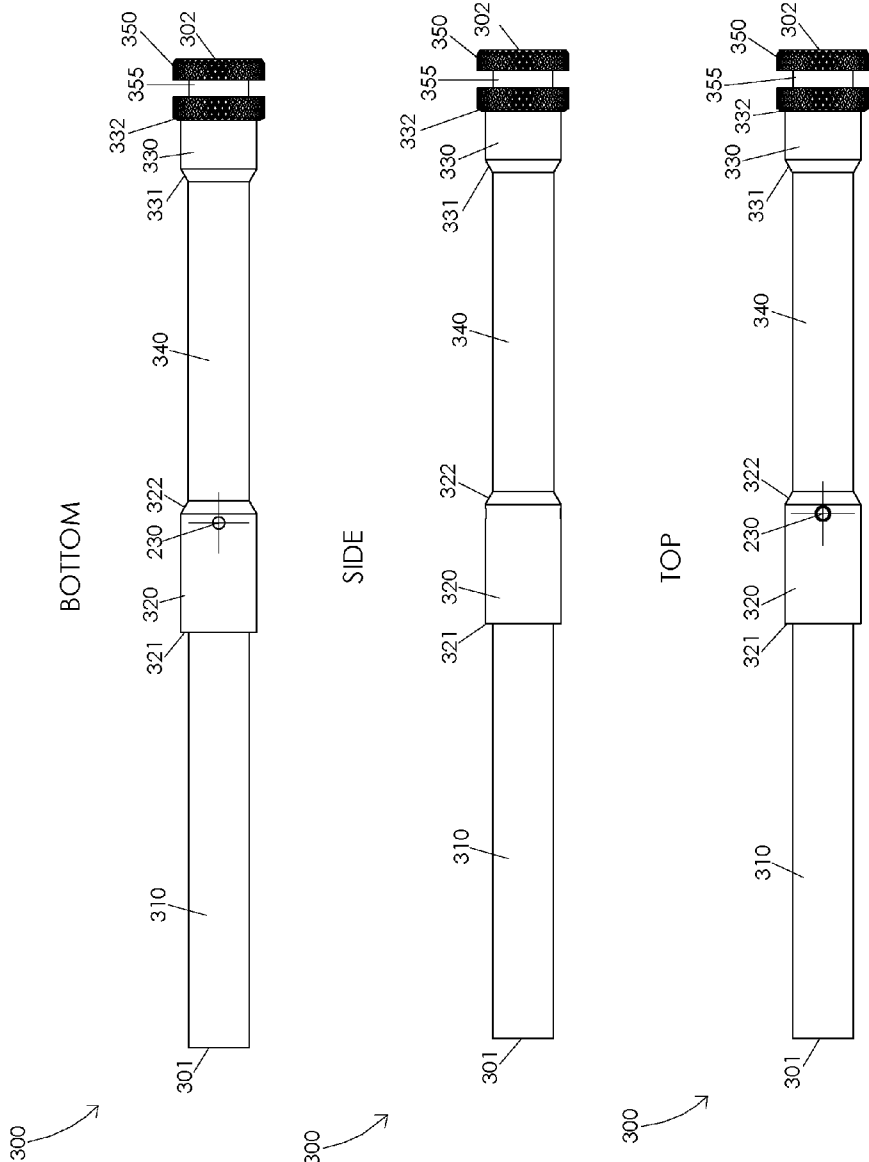


FIG. 3

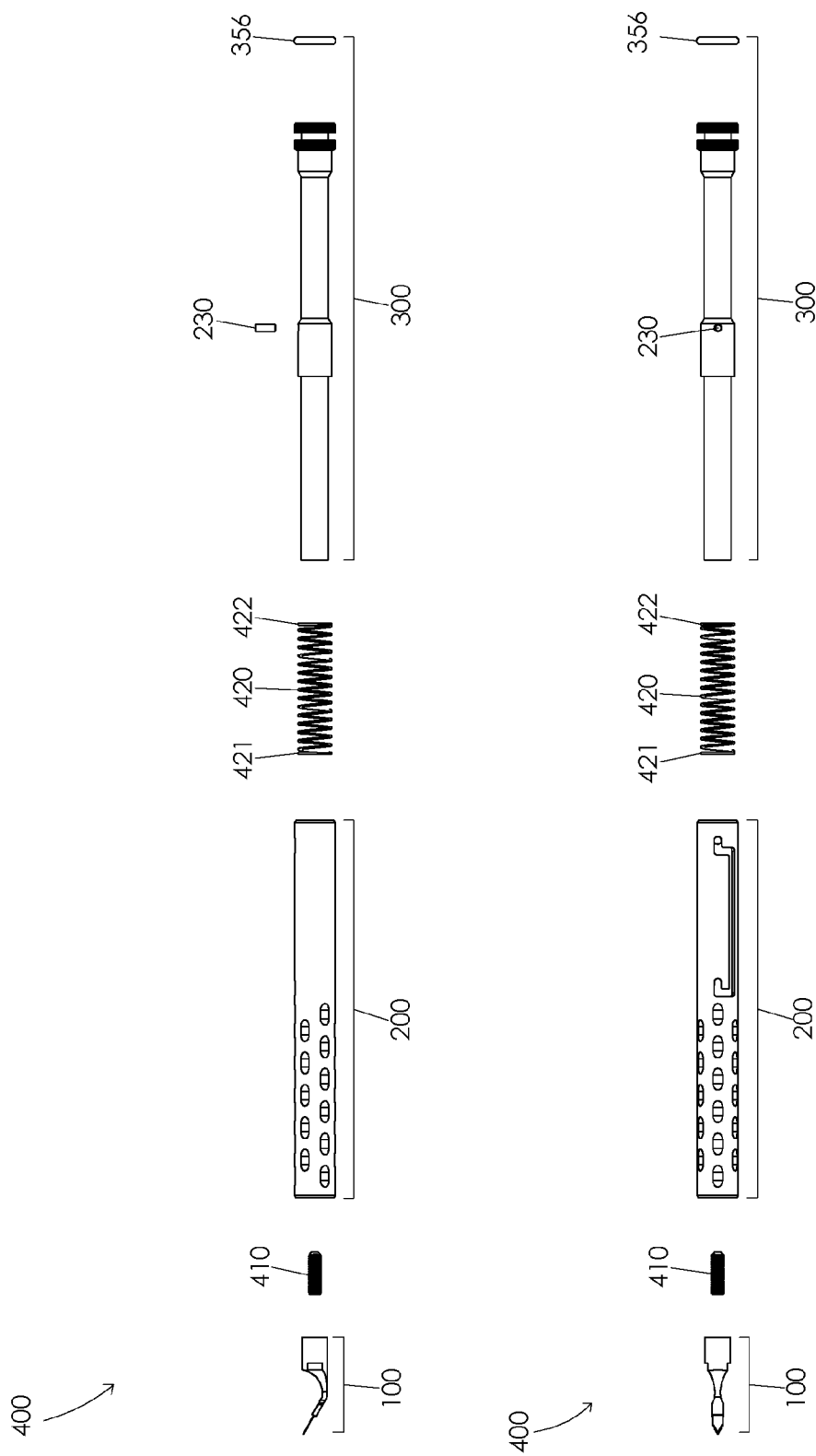


FIG. 4

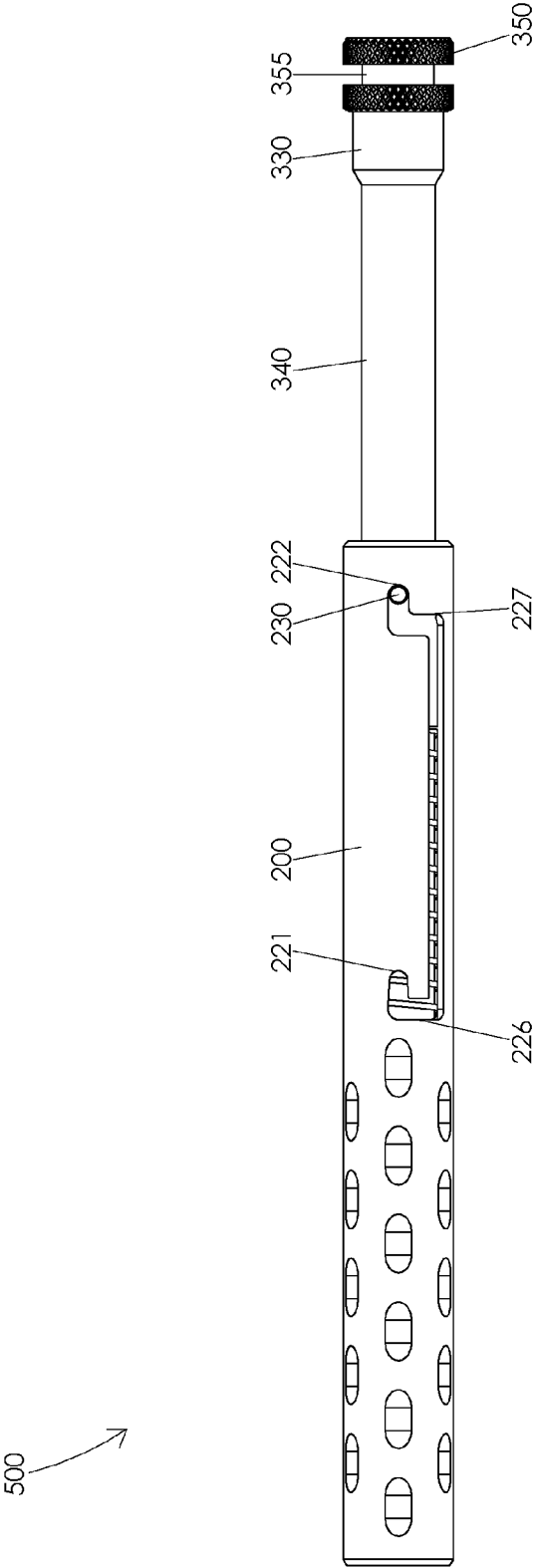


FIG. 5

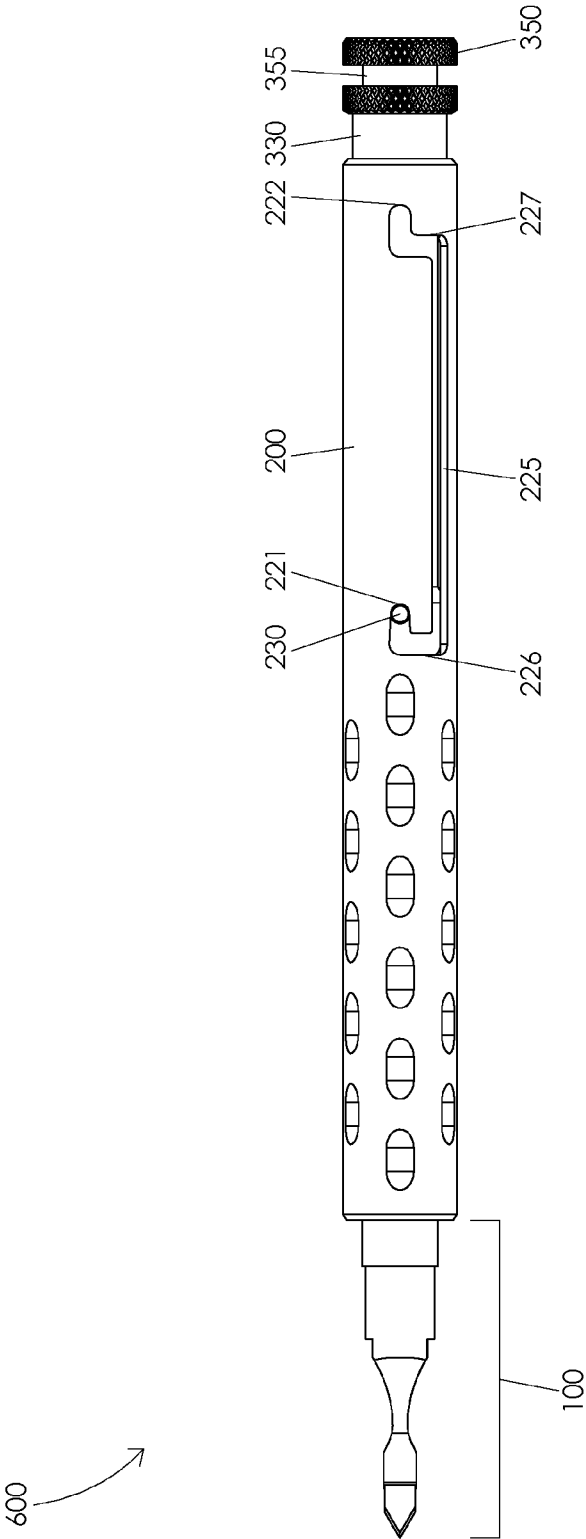


FIG. 6

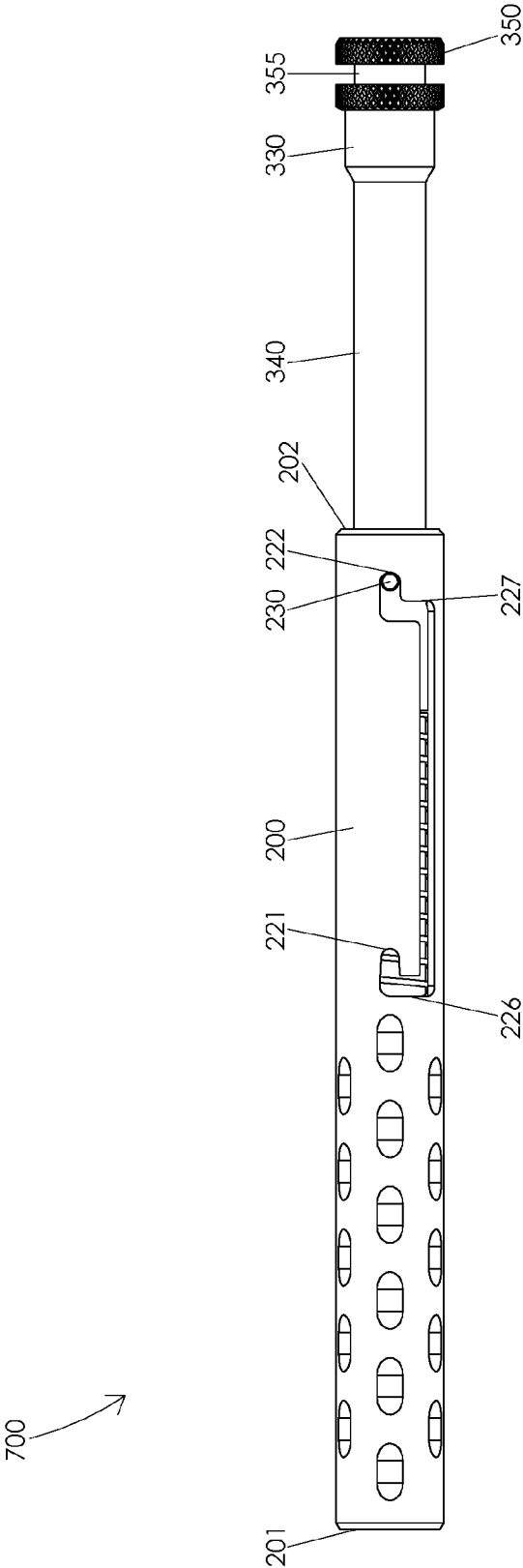


FIG. 7A

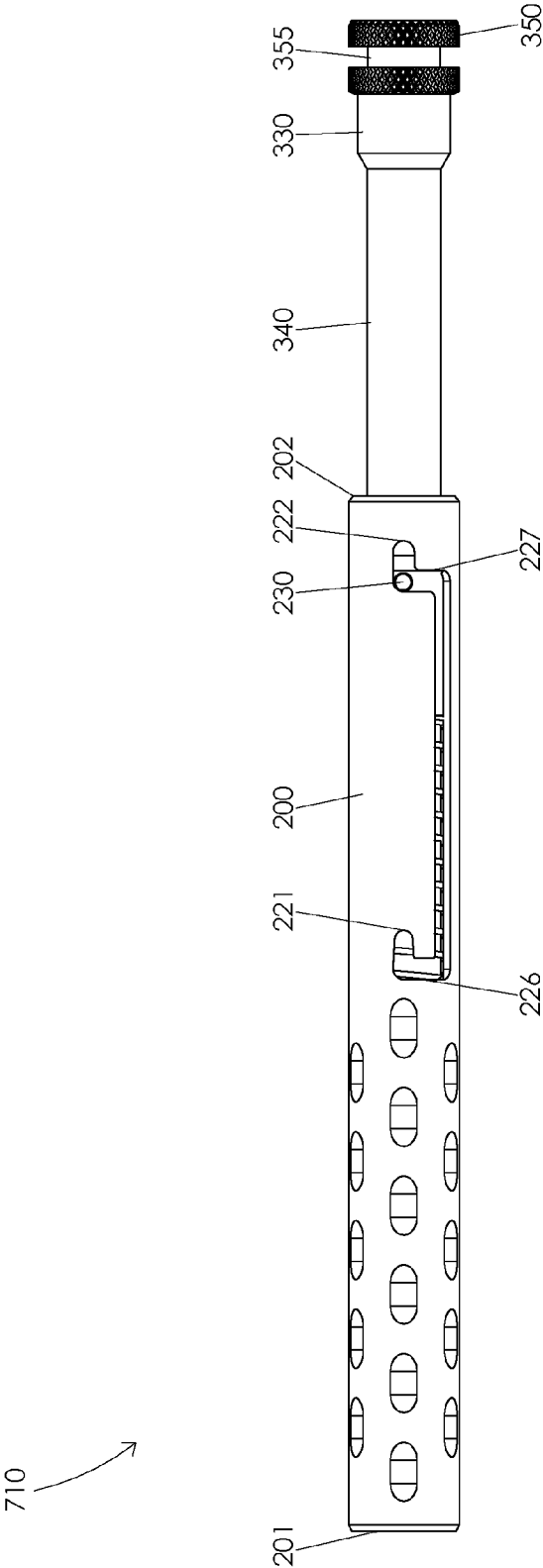


FIG. 7B

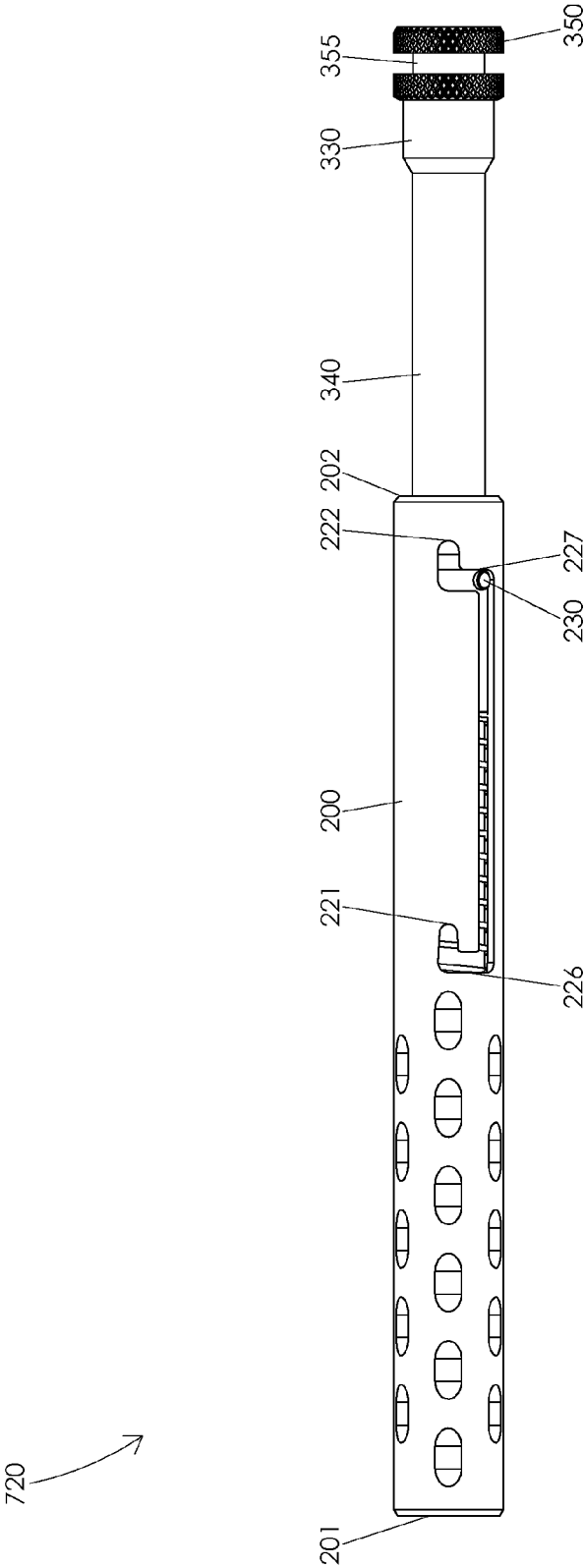


FIG. 7C

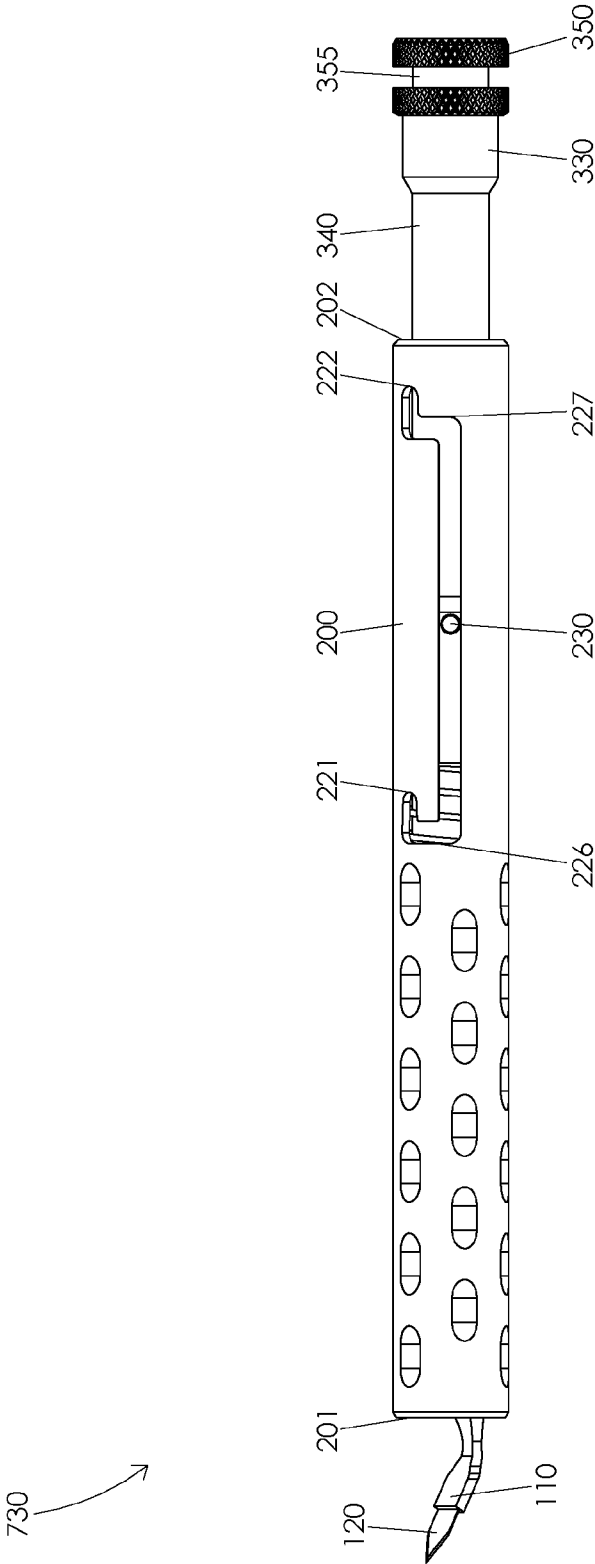


FIG. 7D

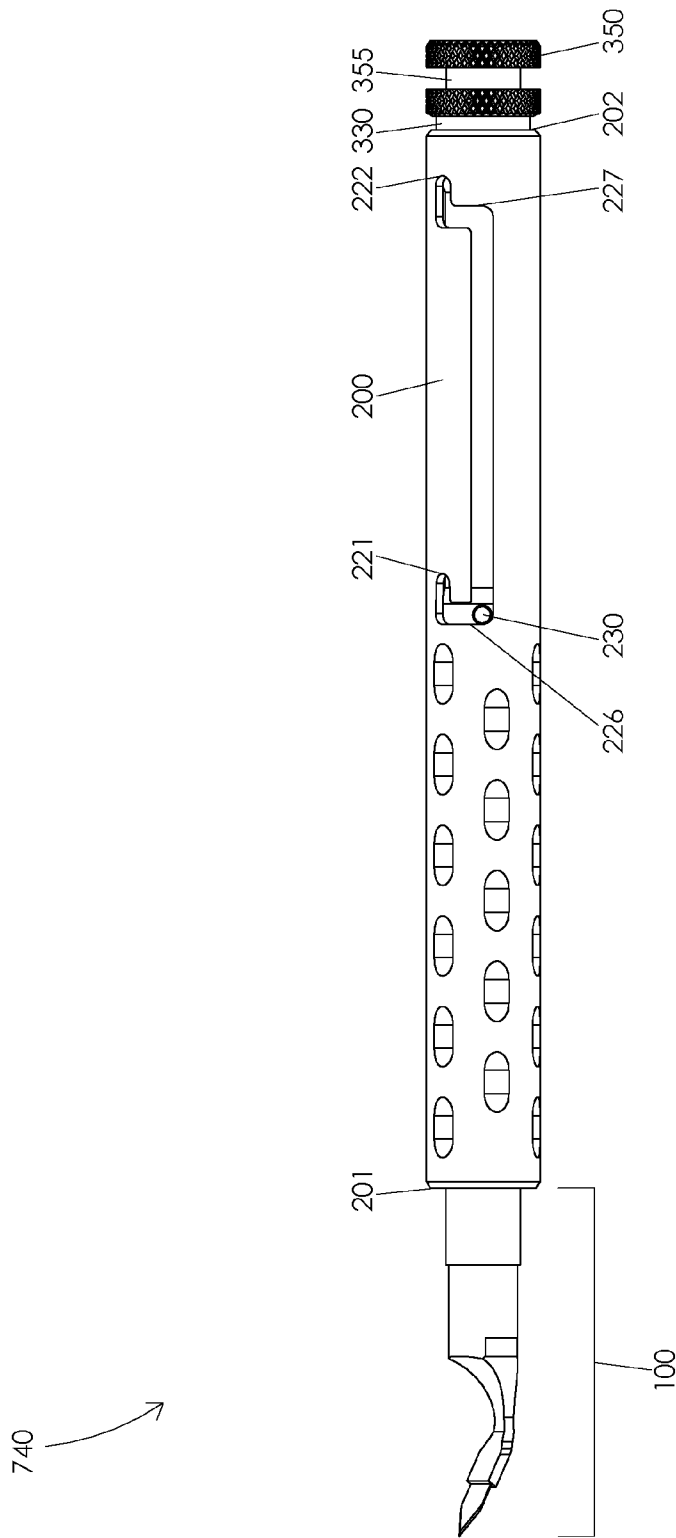


FIG. 7E

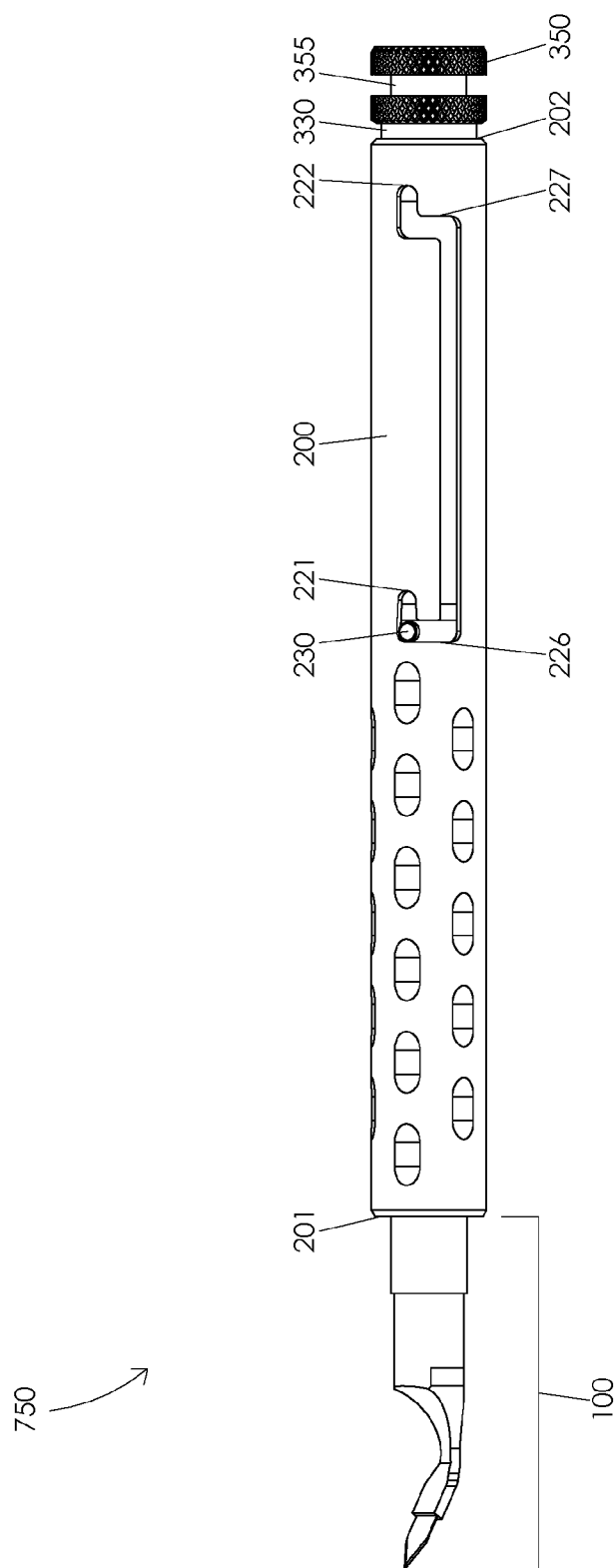
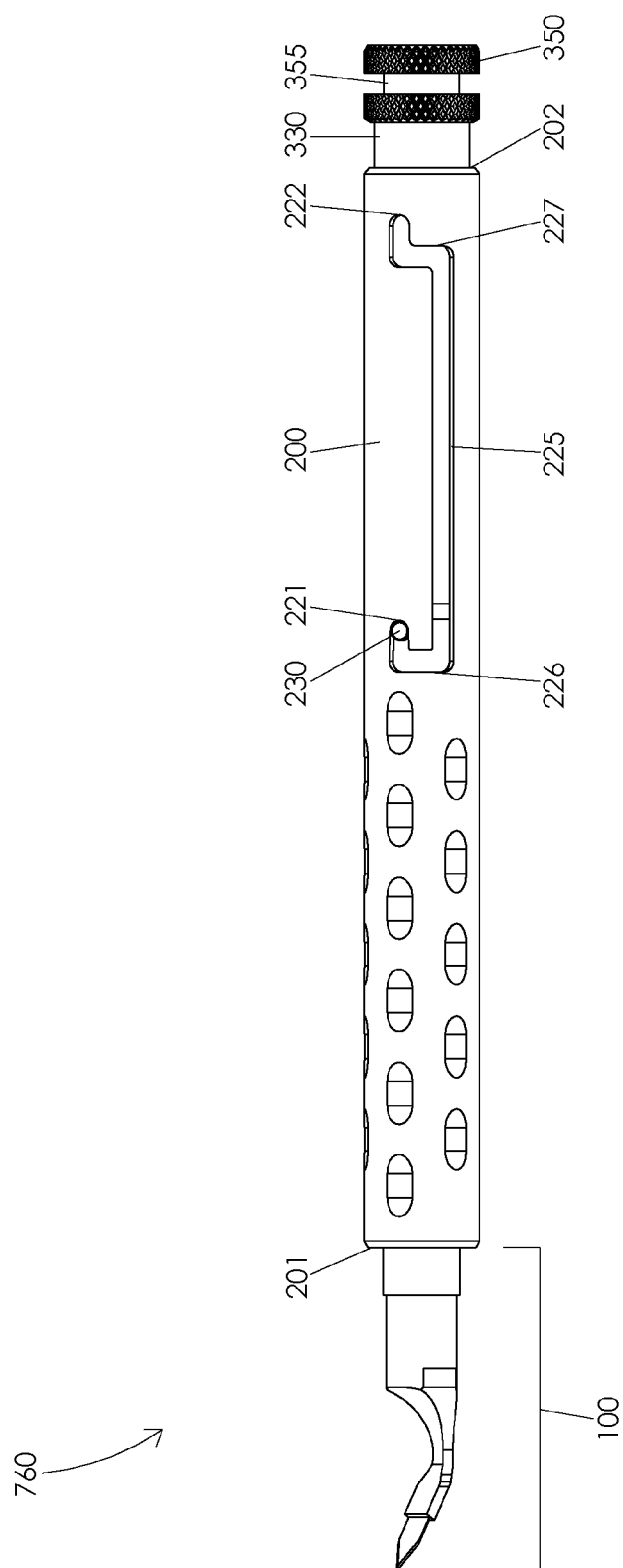


FIG. 7F



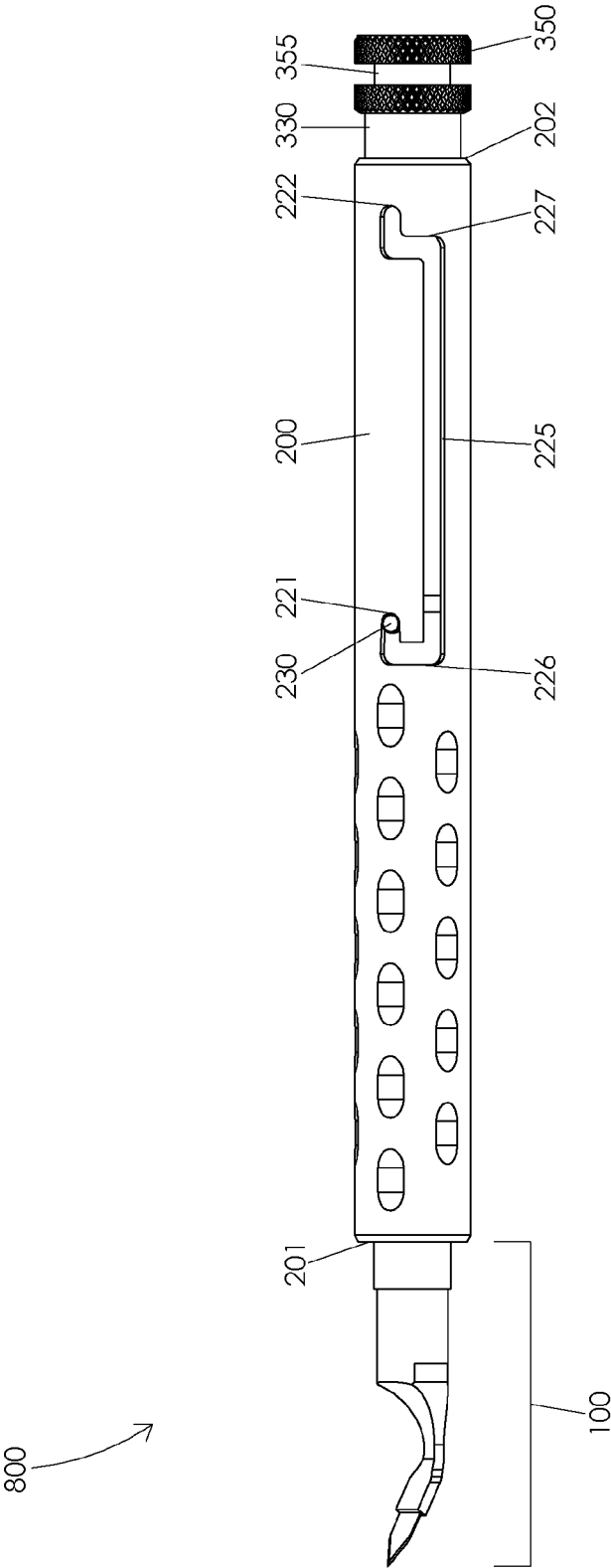


FIG. 8A

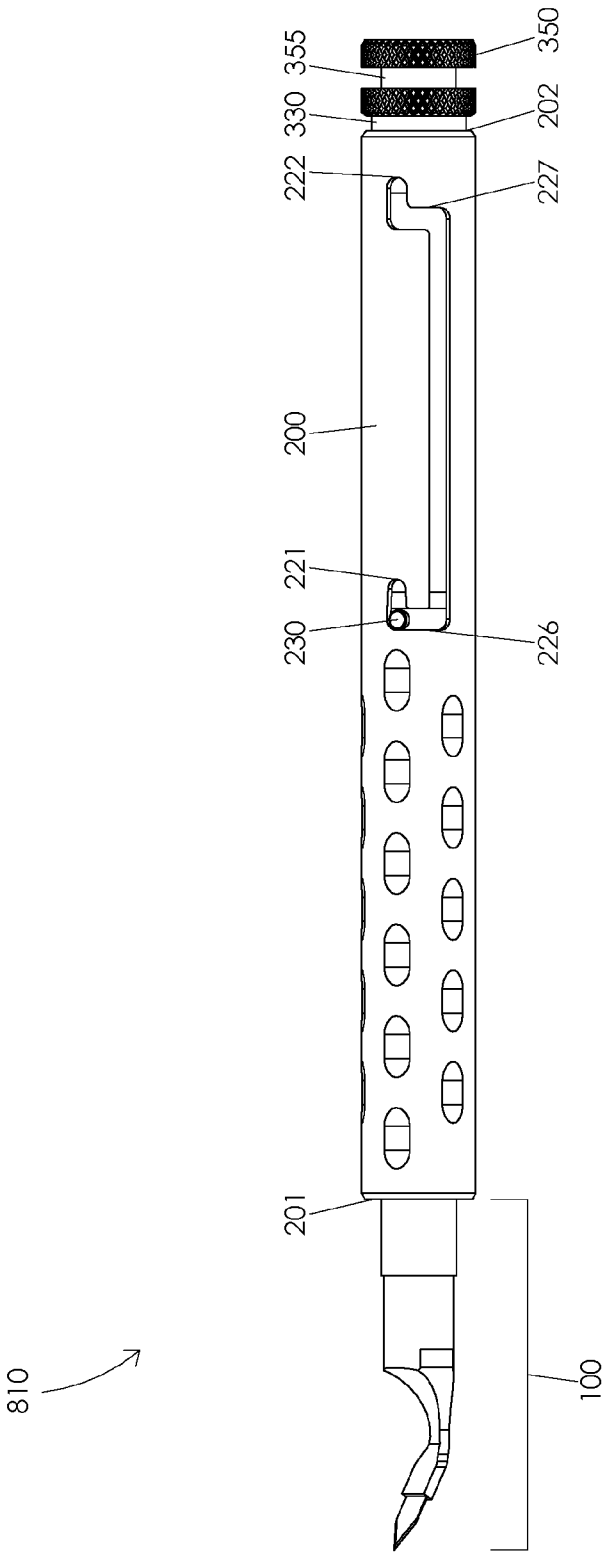


FIG. 8B

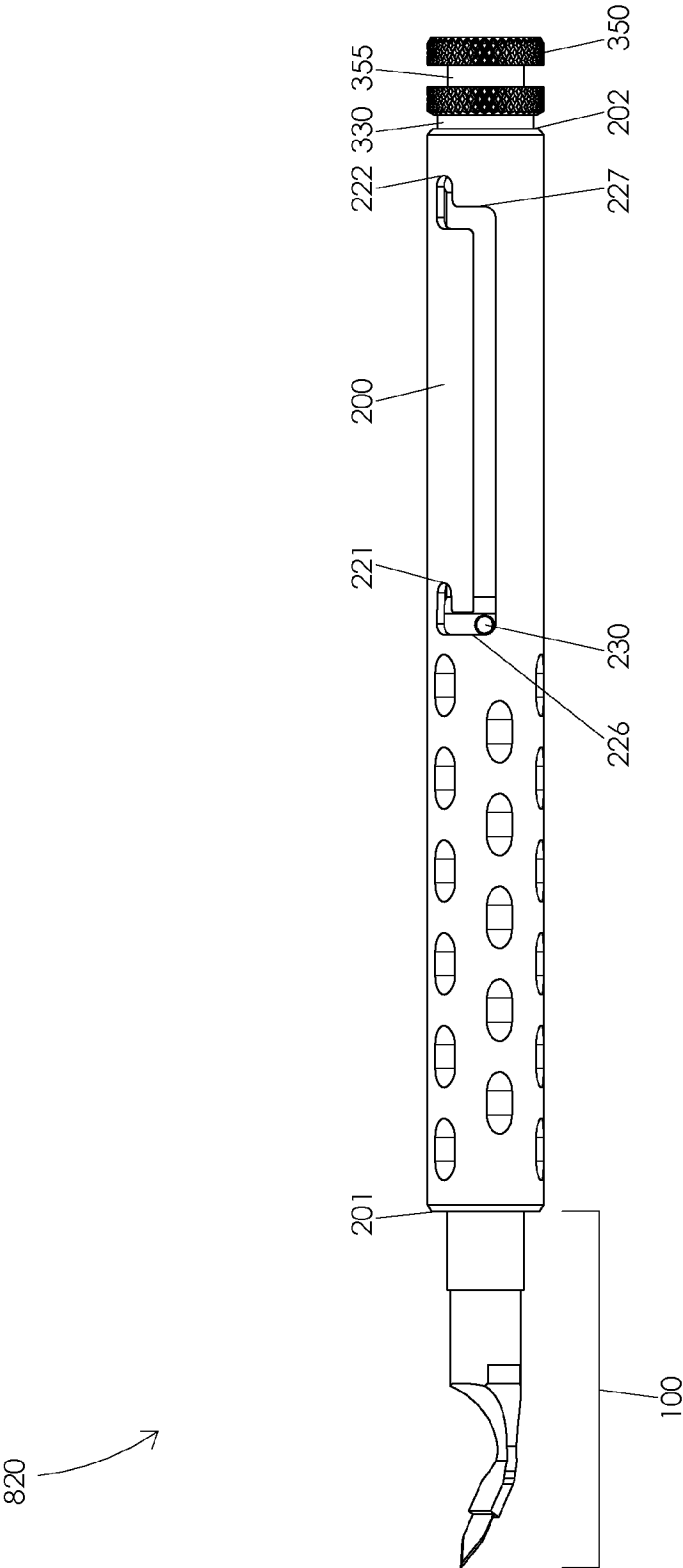


FIG. 8C

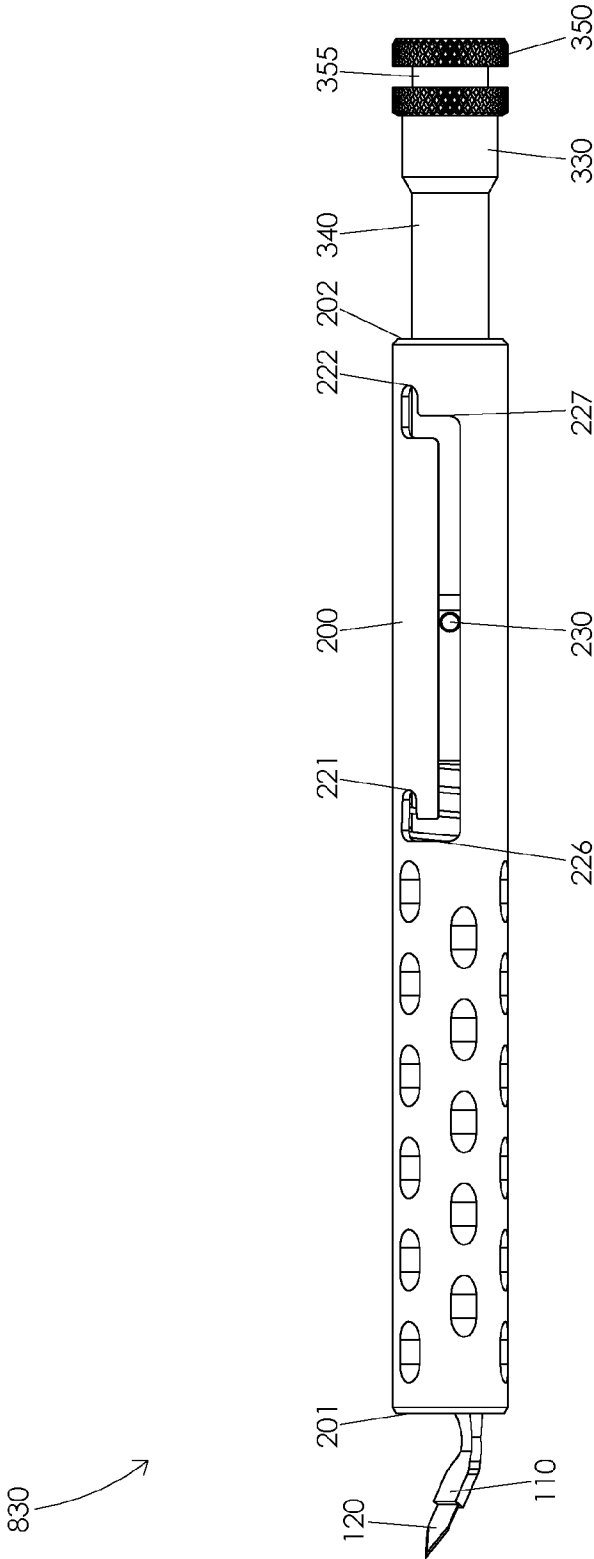


FIG. 8D

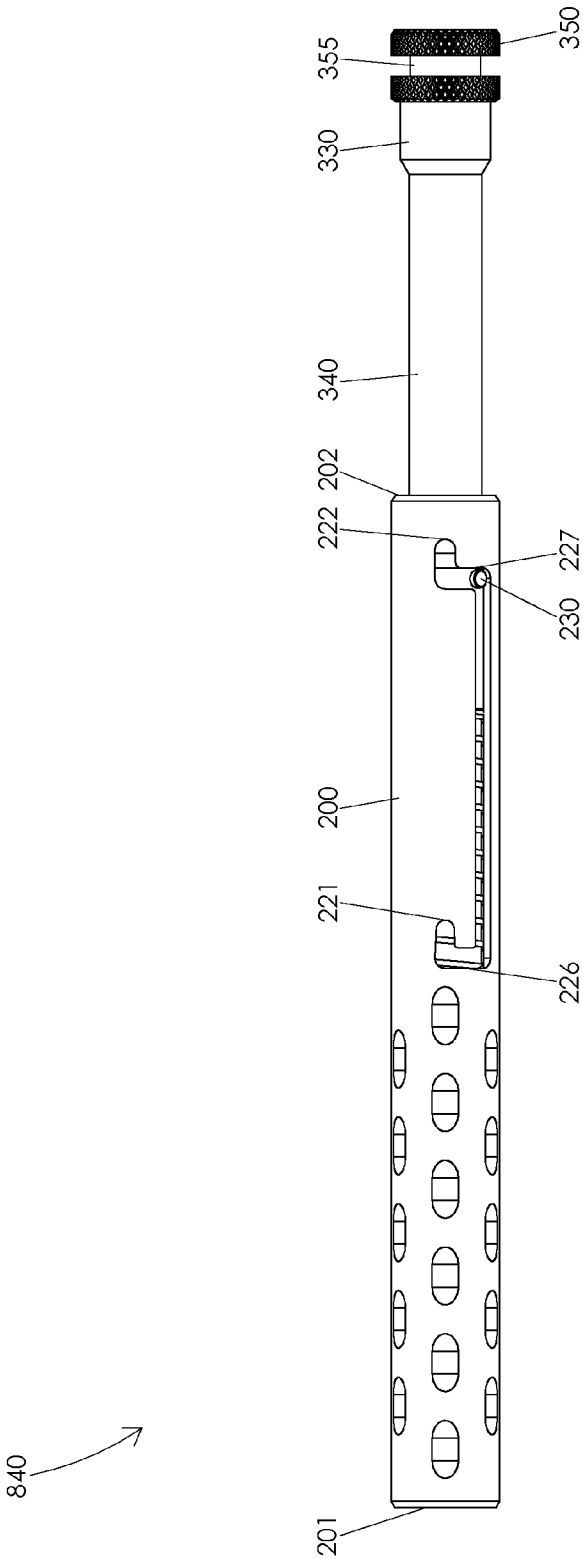
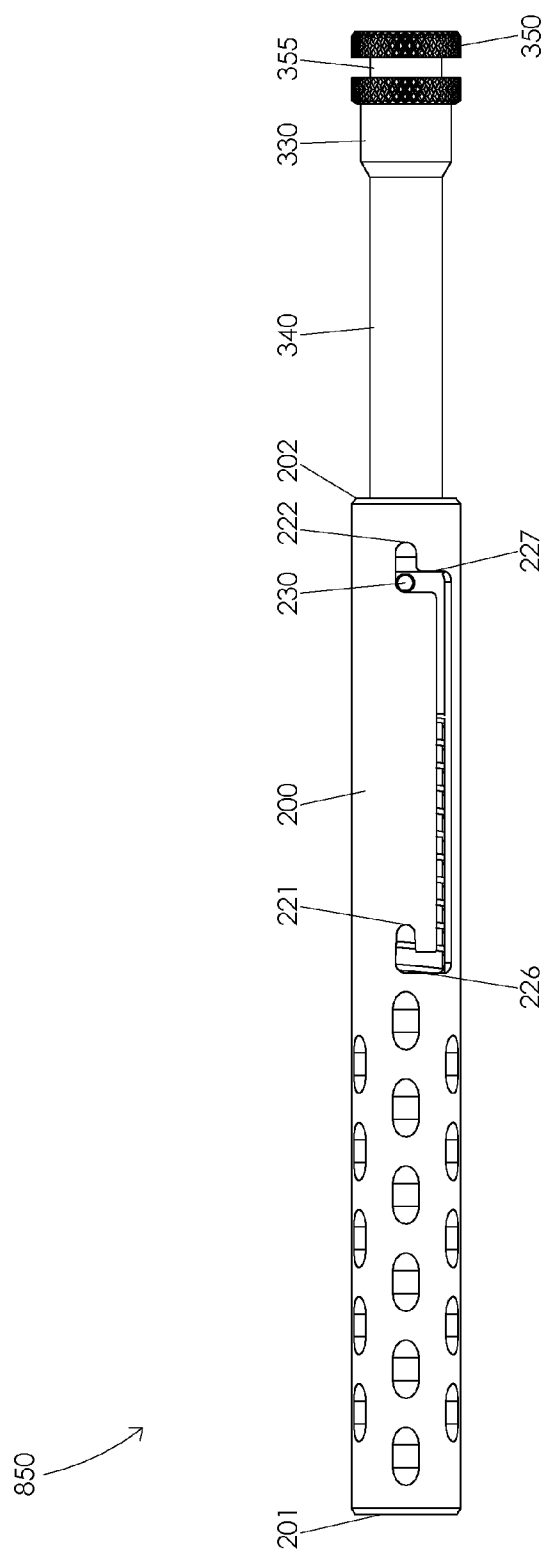


FIG. 8E



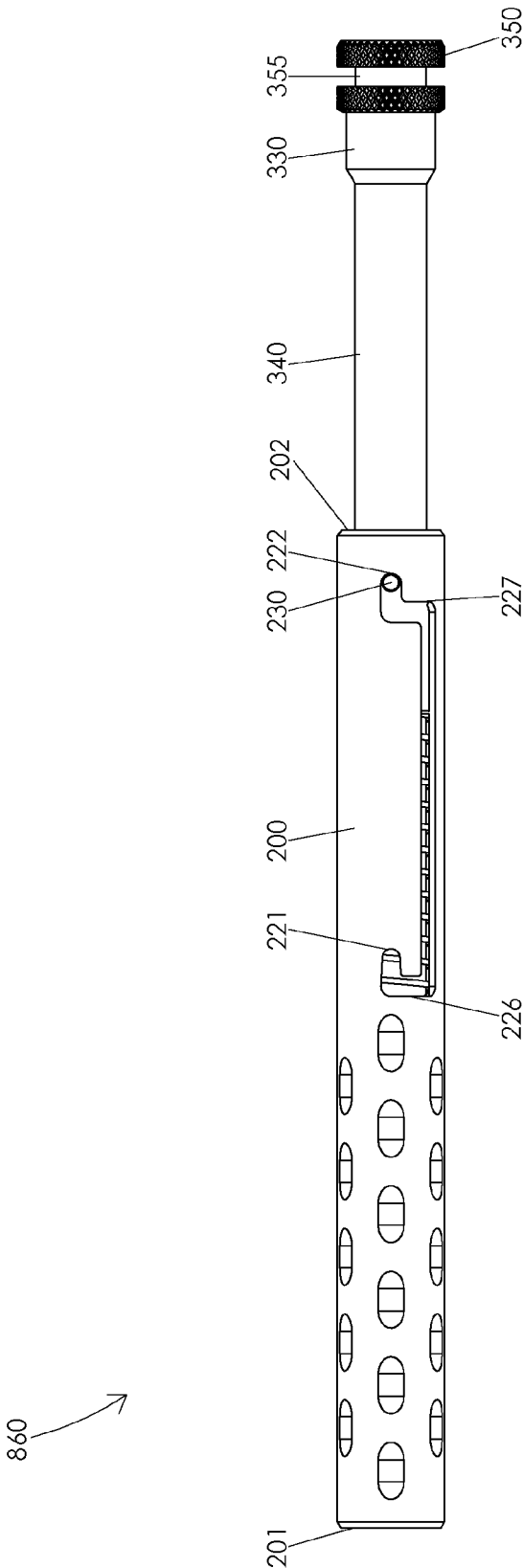


FIG. 8G

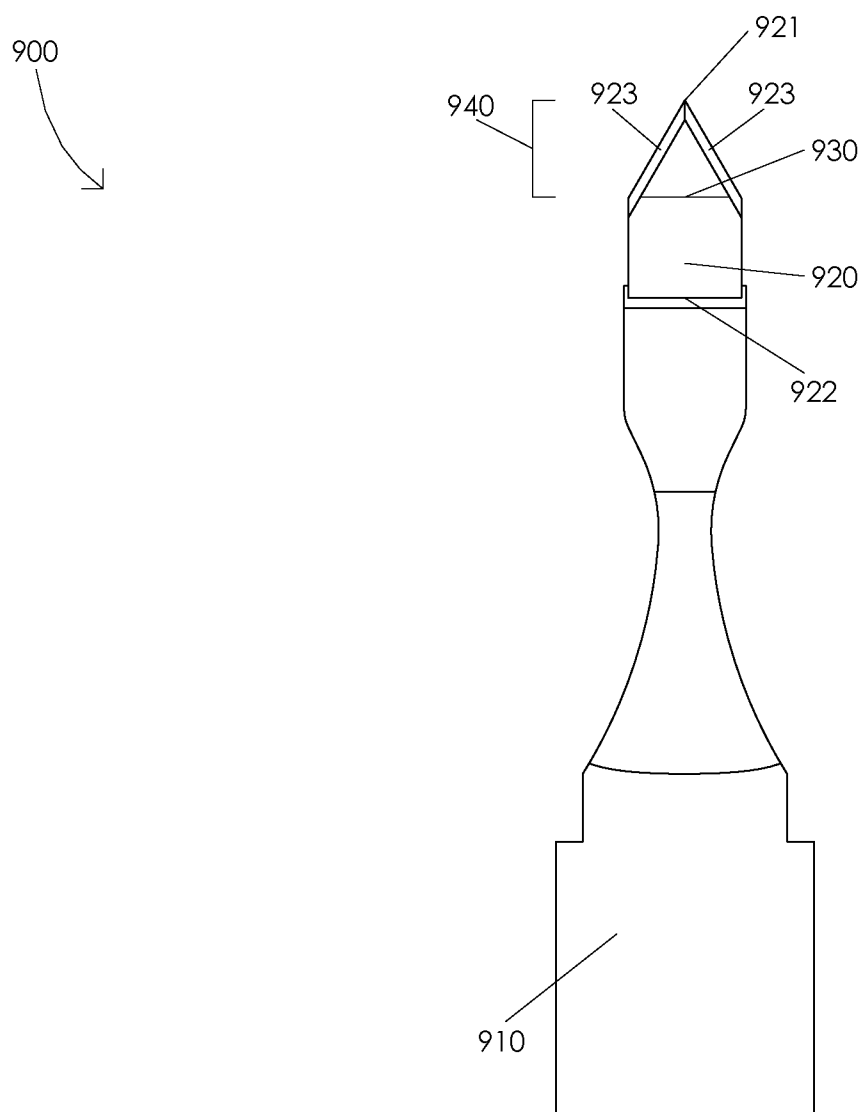


FIG. 9A

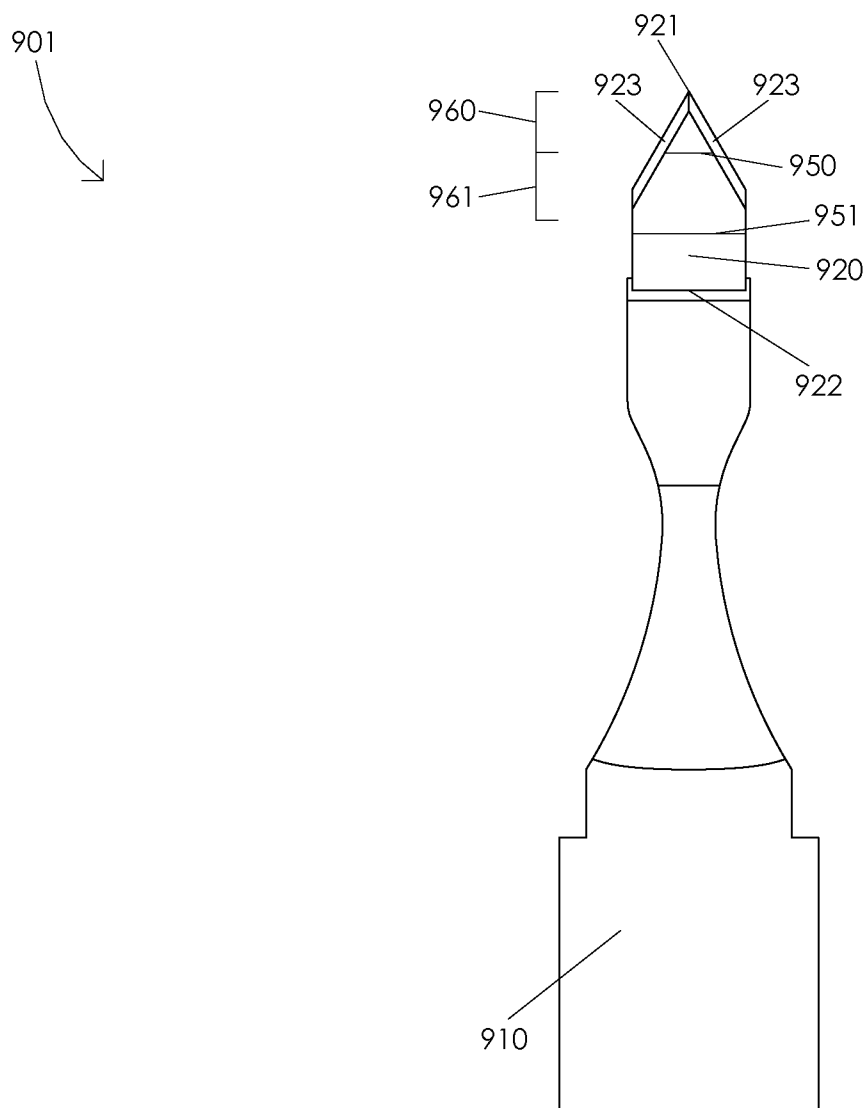


FIG. 9B

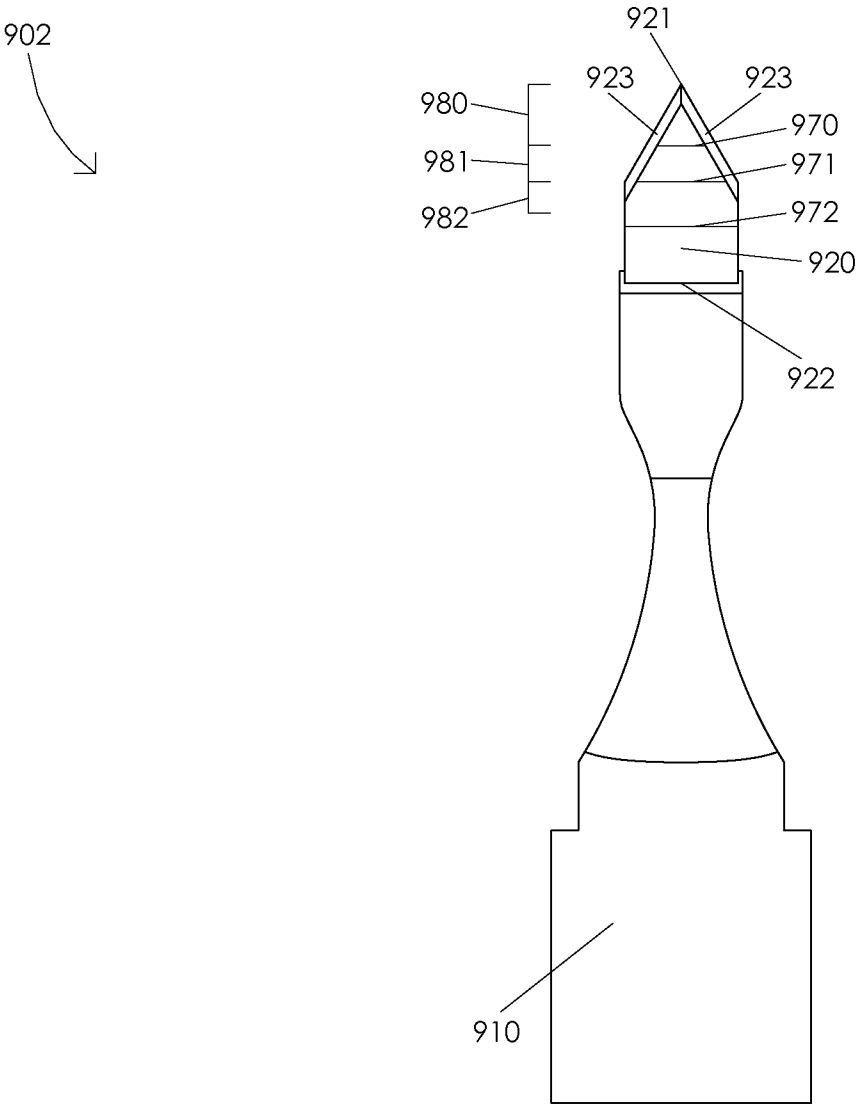


FIG. 9C

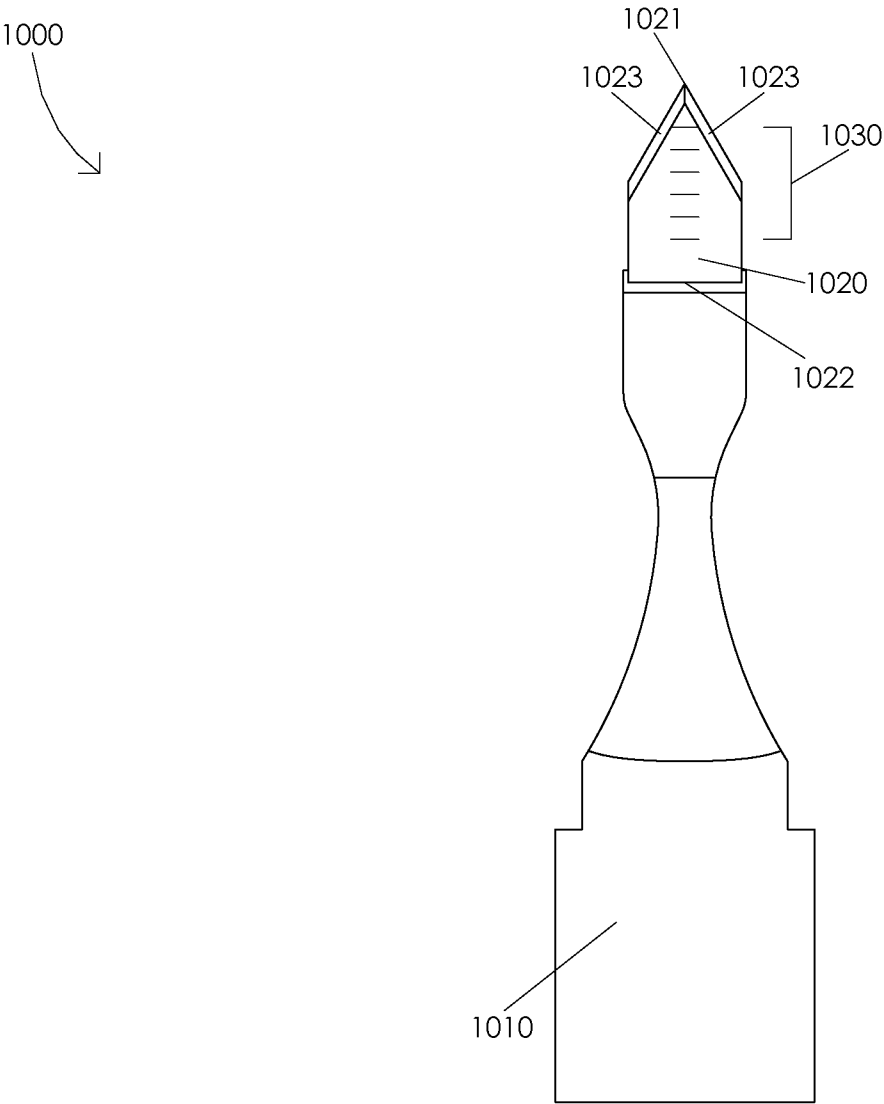


FIG. 10A

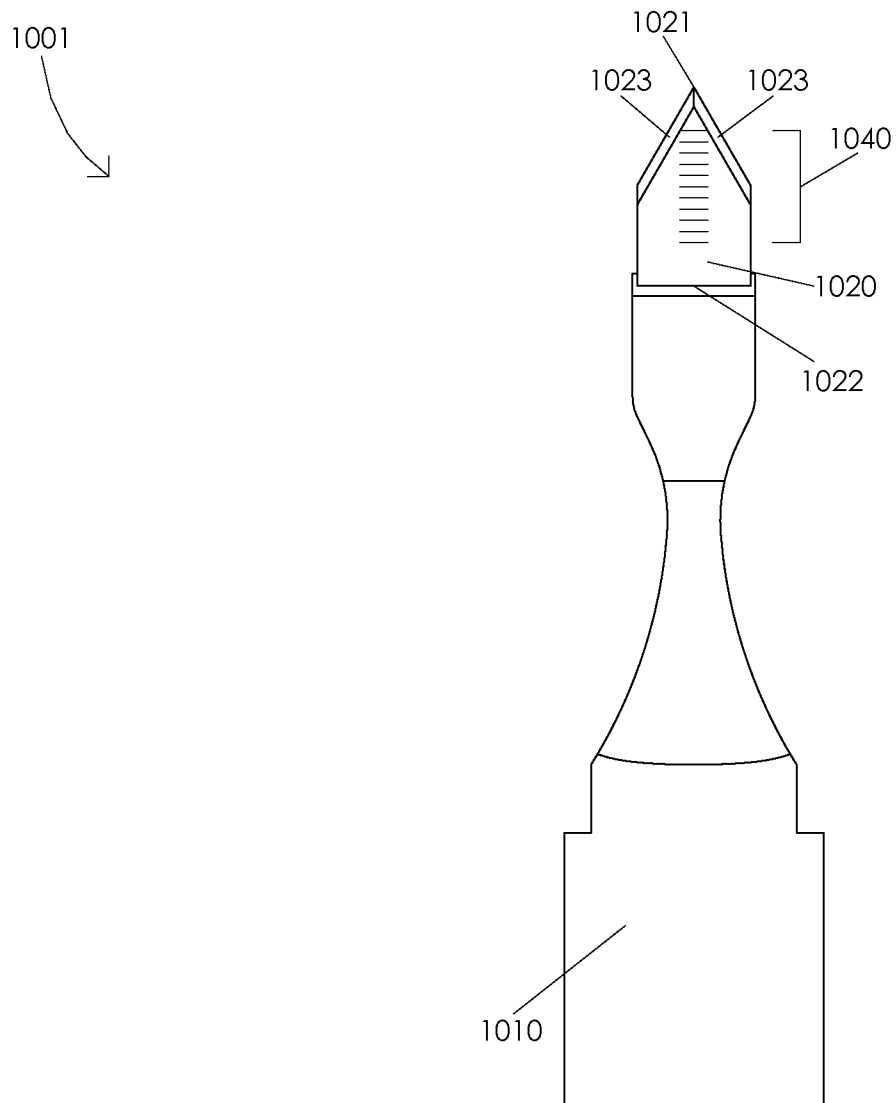


FIG. 10B

MULTI-PLANE SURGICAL INCISION GUIDE

CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] This Application is a continuation of prior application Ser. No. 13/572,349 filed Aug. 10, 2012.

FIELD OF THE INVENTION

[0002] The present disclosure relates to a surgical instrument, and, more particularly, to a surgical instrument for making surgical incisions.

BACKGROUND OF THE INVENTION

[0003] Some surgical procedures require a surgical instrument with an extremely sharp blade. In order to create very precise incisions in a tissue that is difficult to cut due to, e.g., the tissue's biological composition, it is important for a surgeon to have an instrument with an extremely sharp blade. For example, eye surgeons may need to cut a patient's cornea during various surgical procedures, e.g., a common cataract surgery. If a patient's cornea is not cut with an extremely sharp blade, then the force required to make an incision in the patient's cornea with a less than extremely sharp blade may cause the corneal surface to indent before the less than extremely sharp blade pierces the patient's cornea. The corneal surface indentation creates a non-uniform surgical incision which prevents the cornea tissue from healing in a natural position. Rather, the cornea tissue heals in an aspherical position with an imprecise optical surface, e.g., resulting in a corneal astigmatism.

[0004] Unfortunately, surgical instruments with extremely sharp blades present an inherent risk of injury to professionals involved in the packaging, shipping, handling, and use of the surgical instruments for surgical procedures. Although any sharp edge may be capable of causing injury if mishandled, extremely sharp blades can cause significant trauma with very little force. If a small amount of force applied to a conventional blade against a person's tissue may cause a superficial incision in the person's tissue, then the same small amount of force applied to an extremely sharp blade against the person's tissue may be capable of inflicting a deep and serious wound. Thus, there is a need for a surgical instrument with an extremely sharp blade that minimizes the risk of injury to individuals involved in the packaging, shipping, handling, and use of the surgical instrument for surgical procedures.

[0005] Although extremely sharp blades may facilitate a surgeon's ability to create precise, uniform surgical incisions, there is still a risk that an incision performed with an extremely sharp blade may heal improperly. For example, severed edges of tissue may heal unevenly unless sutures are used to hold the severed edges in a natural position. Unfortunately, suturing delicate tissue may pose additional risks to a patient. However, a surgeon may attempt a multi-plane incision to ensure that a surgical incision heals properly. A surgeon may perform a multi-plane incision by initially penetrating a tissue to a first depth with a blade oriented at a first angle relative to the tissue and then penetrating the tissue to a second depth with the blade oriented at a second angle relative to the tissue. A successful multi-plane incision increases the total surface area of the tissue severed by a surgical blade and also creates a surgical geometry in each side of the tissue

severed by the surgical blade wherein two sides of the tissue may only be reunited and heal in a single position, i.e., a natural position.

[0006] Unfortunately, multi-plane surgical incision procedures are difficult for a surgeon to perform accurately. Additionally, it is difficult for a surgeon to repeat an accurate multi-plane incision with precision. Thus, there is a need for a surgical instrument with a surgical incision guide configured to allow surgeons to perform accurate and repeatable multi-plane surgical incisions.

BRIEF SUMMARY OF THE INVENTION

[0007] The present disclosure provides a surgical instrument handle for selectively actuating a surgical blade. Illustratively, the surgical blade may comprise a surgical incision guide configured to guide a surgical incision. In one or more illustrative embodiments, a surgical instrument handle may selectively actuate a surgical blade between a safe position wherein the surgical blade is contained within an outer sleeve and an extended position wherein the surgical blade is at least partially extended from a distal end of the outer sleeve. Illustratively, a surgeon or a surgeon's assistant may receive a surgical instrument handle for selectively actuating a surgical blade in a safe position wherein the surgical blade is contained within an outer sleeve. The surgeon or the surgeon's assistant may then selectively actuate the surgical blade from the safe position to an extended position wherein the surgical blade is at least partially extended from a distal end of the outer sleeve. After completion of all or a portion of a surgical procedure, the surgeon or the surgeon's assistant may then selectively actuate the surgical blade from the extended position to the safe position.

[0008] In one or more embodiments, a surgical instrument may comprise an outer sleeve, an inner handle configured to actuate relative to the outer sleeve, a surgical blade fixed to a distal end of the inner handle, and a detent configured to selectively fix a position of the inner handle relative to the outer sleeve. Illustratively, the surgical instrument may be selectively actuated between a first position of the inner handle relative to the outer sleeve and a second position of the inner handle relative to the outer sleeve. In the first position, the surgical blade may be contained within the outer sleeve. In the second position, the surgical blade may be at least partially extended from a distal end of the outer sleeve for use in a surgical procedure. In one or more embodiments, the surgical blade may comprise a surgical incision guide configured to guide a surgical incision.

BRIEF DESCRIPTION OF THE DRAWINGS

[0009] The above and further advantages of the present invention may be better understood by referring to the following description in conjunction with the accompanying drawings in which like reference numerals indicate identical or functionally similar elements:

[0010] FIGS. 1A and 1B are schematic diagrams illustrating a surgical blade;

[0011] FIGS. 2A, 2B, and 2C are schematic diagrams of an outer sleeve;

[0012] FIG. 3 is a schematic diagram of an inner handle;

[0013] FIG. 4 is a schematic diagram of an exploded view of a surgical instrument handle;

[0014] FIG. 5 is a schematic diagram illustrating a surgical blade in a safe position;

[0015] FIG. 6 is a schematic diagram illustrating a surgical blade in a surgical position;

[0016] FIGS. 7A, 7B, 7C, 7D, 7E, 7F, and 7G are schematic diagrams illustrating an actuation of a surgical blade from a first fixed position to a second fixed position;

[0017] FIGS. 8A, 8B, 8C, 8D, 8E, 8F, and 8G are schematic diagrams illustrating an actuation of a surgical blade from a second fixed position to a first fixed position;

[0018] FIGS. 9A, 9B, and 9C are schematic diagrams illustrating a surgical blade;

[0019] FIGS. 10A and 10B are schematic diagrams illustrating a surgical blade.

DETAILED DESCRIPTION OF AN ILLUSTRATIVE EMBODIMENT

[0020] FIGS. 1A and 1B are schematic diagrams illustrating a surgical blade 100. FIG. 1A illustrates a top view, a side view, and a bottom view of surgical blade 100. FIG. 1B illustrates a side view and a top view of surgical blade 100. In one or more embodiments, surgical blade 100 may comprise a blade mount 110 and a blade 120. Illustratively, blade mount 110 is configured to support blade 120. Blade mount 110 comprises a blade mount distal end 111 and a blade mount proximal end 112. In one or more embodiments, blade mount 110 may be configured to orient blade 120 at an angle 130, e.g., for making surgical incisions. Blade mount 110 may be manufactured from any suitable material, e.g., polymers, metals, metal alloys, etc., or from any combination of suitable materials.

[0021] Illustratively, blade 120 may be configured to make surgical incisions. Blade 120 comprises a blade distal end 121, a blade proximal end 122, and at least one blade edge 123. In one or more embodiments, blade proximal end 122 interfaces with blade mount distal end 111. Blade 120 may be manufactured from any suitable material, e.g., sapphire, diamond, silicon, polymers, metals, metal alloys, etc., or from any combination of suitable materials.

[0022] FIGS. 2A, 2B, and 2C are schematic diagrams of an outer sleeve 200. FIG. 2A illustrates a top view, a side view, and a bottom view of outer sleeve 200. In one or more embodiments, outer sleeve 200 may comprise an outer sleeve distal end 201, an outer sleeve proximal end 202, an ergonomic surgical safety grip 210, and an actuation guide 220. Illustratively, ergonomic surgical safety grip 210 may be configured to prevent undesirable movements of surgical blade 100 during a surgical procedure. For example, ergonomic surgical safety grip 210 may be configured to prevent unintentional movements of surgical blade 100 before a surgical procedure, during a surgical procedure, and after a surgical procedure.

[0023] In one or more embodiments, ergonomic surgical safety grip 210 may comprise one or more grip points 211. Illustratively, grip points 211 may be configured to conform to a surgeon's finger tips. In one or more embodiments, grip points 211 may be configured to increase a total contact area between a surgeon's finger tips and ergonomic surgical safety grip 210. Illustratively, grip points 211 may be manufactured as one or more indents in outer sleeve 200, e.g., to increase a total contact area between a surgeon's finger tips and ergonomic surgical safety grip 210. In one or more embodiments, grip points 211 may be manufactured as one or more apertures in outer sleeve 200. Illustratively, ergonomic surgical safety grip 210 may comprise a sleeve configured to fit over outer sleeve 200. Ergonomic surgical safety grip 210 may be

manufactured from any suitable material, e.g., polymers, metals, metal alloys, etc., or from any combination of suitable materials.

[0024] Illustratively, actuation guide 220 may be configured to guide an actuation of surgical blade 100. In one or more embodiments, actuation guide 220 may comprise a distal detent 221, a proximal detent 222, and an actuation channel 225. Actuation channel 225 may comprise an actuation channel distal end 226 and an actuation channel proximal end 227. Illustratively, an actuation pin 230 may be configured to actuate in conjunction with surgical blade 100. In one or more embodiments, distal detent 221 may be configured to temporarily fix actuation pin 230 in a distal position in actuation guide 220, and proximal detent 222 may be configured to temporarily fix actuation pin 230 in a proximal position in actuation guide 220. Illustratively, actuation channel 225 may be configured to allow actuation pin 230 to actuate between a distal position and a proximal position in actuation guide 220. For example, actuation channel 225 may be configured to allow actuation pin 230 to actuate between actuation channel proximal end 227 and actuation channel distal end 226. In one or more embodiments, actuation pin 230 may be accessed, e.g., for replacement, repair, etc., via an actuation pin access port 240.

[0025] FIG. 2B illustrates a view of a cross-section of outer sleeve 200. In one or more embodiments, an interior of outer sleeve 200 may comprise an outer sleeve proximal core 250, outer sleeve distal core 260, and a pressure mechanism distal interface 270. Illustratively, outer sleeve distal core 260 may be configured to conform to blade mount 110.

[0026] FIG. 2C illustrates a top view of outer sleeve 200. In one or more embodiments, actuation guide 220 may comprise a distal detent 221, a proximal detent 222, and an intermediate detent 223. Illustratively, proximal detent 222 may be configured to fix actuation pin 230 in an intermediate position in actuation guide 220.

[0027] FIG. 3 is a schematic diagram of an inner handle 300. FIG. 3 illustrates a top view, a side view, and a bottom view of inner handle 300. Inner handle 300 comprises an inner handle distal end 301 and an inner handle proximal end 302. Illustratively, inner handle 300 may be configured to actuate relative to outer sleeve 200. In one or more embodiments, inner handle 300 may comprise a pressure mechanism foundation 310, a distal outer sleeve interface 320, a proximal outer sleeve interface 330, an inner handle base 340, and an actuation control apparatus 350. Illustratively, distal outer sleeve interface 320 and proximal outer sleeve interface 330 may be configured to conform to the dimensions of outer sleeve proximal core 250.

[0028] In one or more embodiments, distal outer sleeve interface 320 may be configured to contain actuation pin 230. Illustratively, distal outer sleeve interface 320 may comprise a pressure mechanism proximal interface 321 and a distal actuation guide 322. In one or more embodiments, distal actuation guide 322 may be configured to minimize a friction force during an actuation of inner handle 300. Illustratively, proximal outer sleeve interface 330 may comprise a proximal actuation guide 331 and an actuation control apparatus interface 332. In one or more embodiments, proximal actuation guide 331 may be configured to minimize a friction force during an actuation of inner handle 300.

[0029] In one or more embodiments, actuation control apparatus 350 may be configured to initiate an actuation of surgical blade 100. Illustratively, actuation control apparatus

350 may be configured to manipulate an actuation of surgical blade **100**. For example, actuation control apparatus **350** may be configured to control a lateral actuation of surgical blade **100** relative to outer sleeve **200**. In one or more embodiments, actuation control apparatus **350** may be configured to control a rotational actuation of surgical blade **100** relative to outer sleeve **200**. Illustratively, actuation control apparatus **350** may comprise a diamond or knurl grip pattern configured to improve a surgeon's or an assistant's ability to grasp actuation control apparatus **350**. Actuation control apparatus **350** may be manufactured from any suitable material, e.g., polymers, metals, metal alloys, etc., or from any combination of suitable materials.

[0030] In one or more embodiments, actuation control apparatus **350** may comprise a blade indication signal **355**. Illustratively, blade indication signal **355** may be a visual signal, e.g., a color, configured to indicate one or more properties of surgical blade **100**. In one or more embodiments, blade indication signal **355** may comprise a solid or multicolored mark configured to indicate one or more properties of blade **120**. For example, a particular color or color combination displayed by blade indication signal **355** may indicate a particular property of blade **120**, e.g., a length of blade **120**, a width of blade **120**, a surgical geometry of blade **120**, a composition material of blade **120**, etc. Illustratively, blade indication signal **355** may be configured to display specific colors wherein the colors yellow, beige, black, blue, red, brown, green, and grey may indicate blade **120** dimension lengths of 1.0 mm, 1.8 mm, 2.2 mm, 2.4 mm, 2.65 mm, 2.8 mm, 3.0 mm, and 3.2 mm, respectively.

[0031] FIG. 4 is a schematic diagram of an exploded view of a surgical instrument handle **400**. FIG. 4 illustrates an exploded top view and an exploded side view of surgical instrument handle **400**. In one or more embodiments, surgical instrument handle **400** may comprise a surgical blade **100**, an outer sleeve **200**, an actuation pin **230**, an inner handle **300**, a fixation mechanism **410**, and a pressure mechanism **420**. Illustratively, fixation mechanism **410** is configured to attach blade mount proximal end **112** and inner handle distal end **301**. In one or more embodiments, fixation mechanism **410** may comprise a set screw configured to firmly attach blade mount proximal end **112** to inner handle distal end **301**. In one or more embodiments, fixation mechanism **410** may comprise an adhesive material configured to attach blade mount proximal end **112** to inner handle distal end **301**, or fixation mechanism **410** may comprise one or more magnets configured to attach blade mount proximal end **112** to inner handle distal end **301**.

[0032] Illustratively, pressure mechanism **420** may comprise a pressure mechanism distal end **421** and a pressure mechanism proximal end **422**. In one or more embodiments, surgical instrument handle **400** may be assembled by fitting pressure mechanism **420** on pressure mechanism foundation **310** by, e.g., guiding pressure mechanism proximal end **422** over inner handle distal end **301** until pressure mechanism proximal end **422** abuts pressure mechanism proximal interface **321**. Illustratively, pressure mechanism **420** may be disposed between pressure mechanism distal interface **270** and pressure mechanism proximal interface **321**. For example, pressure mechanism distal end **421** may abut pressure mechanism distal interface **270** and pressure mechanism proximal end **422** may abut pressure mechanism proximal interface **321**. In one or more embodiments, pressure mechanism **420** may be coupled to pressure mechanism foundation **310**. For

example, pressure mechanism **420** and pressure mechanism foundation **310** may be manufactured from a single suitable material or a combination of suitable materials.

[0033] Illustratively, pressure mechanism **420** may be configured to provide a force. In one or more embodiments, pressure mechanism **420** may be configured to provide a constant or uniform force. In one or more other embodiments, pressure mechanism **420** may be configured to provide a variable force. For example, pressure mechanism **420** may comprise a spring or a coil. In one or more embodiments, pressure mechanism **420** may comprise a spring with a spring constant in a range of 0.01 N/mm to 5.0 N/mm. In one or more other embodiments, pressure mechanism **420** may comprise a spring with a spring constant less than 0.01 N/mm or greater than 5.0 N/mm. Illustratively, pressure mechanism **420** may comprise a pneumatic system. In one or more embodiments, pressure mechanism **420** may be configured to provide a resistive force to resist an actuation. For example, pressure mechanism **420** may be configured to provide a resistive force to resist an actuation of surgical blade **100** from an enclosed position wherein surgical blade **100** is contained within outer sleeve **200** to an extended position wherein surgical blade **100** is at least partially extended from outer sleeve distal end **201**. Illustratively, pressure mechanism **420** may be configured to provide a resistive force that resists actuation pin **230** from an egression out of distal detent **221** or proximal detent **222**. In one or more embodiments, pressure mechanism **420** may be configured to provide a facilitating force to facilitate an actuation. For example, pressure mechanism **420** may be configured to provide a facilitating force to facilitate an actuation of surgical blade **100** from an extended position wherein surgical blade **100** is at least partially extended from outer sleeve distal end **201** to an enclosed position wherein surgical blade **100** is contained within outer sleeve **200**.

[0034] In one or more embodiments, blade indication signal **355** may comprise a blade indication band **356**. Illustratively, blade indication band **356** may be configured to fit over a portion of actuation control apparatus **350**. For example, blade indication band **356** may be a single color or a combination of single colors configured to indicate one or more properties of surgical blade **100**. Illustratively, a blade indication band **356** of a particular color or color combination may indicate a particular property of blade **120**, e.g., a length of blade **120**, a width of blade **120**, a surgical geometry of blade **120**, a composition material of blade **120**, etc.

[0035] FIG. 5 is a schematic diagram illustrating a surgical blade **100** in a safe position **500**. In one or more embodiments, surgical blade **100** may be in safe position **500** when actuation pin **230** is temporarily fixed in proximal detent **222**. Illustratively, surgical blade **100** may be contained in outer sleeve **200** when actuation pin **230** is temporarily fixed in proximal detent **222**. In one or more embodiments, pressure mechanism **420** may be configured to provide a resistive force that resists actuation pin **230** from an egression out of proximal detent **222**.

[0036] FIG. 6 is a schematic diagram illustrating a surgical blade **100** in a surgical position **600**. In one or more embodiments, surgical blade **100** may be in surgical position **600** when actuation pin **230** is temporarily fixed in distal detent **221**. Illustratively, surgical blade **100** may extend from outer sleeve distal end **201** when actuation pin **230** is temporarily fixed in distal detent **221**. In one or more embodiments, pres-

sure mechanism 420 may be configured to provide a resistive force that resists actuation pin 230 from an egression out of distal detent 221.

[0037] FIGS. 7A, 7B, 7C, 7D, 7E, 7F, and 7G are schematic diagrams illustrating an actuation of a surgical blade 100 from a first fixed position 700 to a second fixed position 760. FIG. 7A illustrates a surgical blade 100 in a first fixed position 700. Illustratively, first fixed position 700 may comprise a safe position 500 wherein surgical blade 100 may be contained within outer sleeve 200. For example, in first fixed position 700, actuation pin 230 may be temporarily fixed in proximal detent 222.

[0038] FIG. 7B illustrates an egress 710 of actuation pin 230 from proximal detent 222.

[0039] Illustratively, egress 710 of actuation pin 230 from proximal detent 222 may be accomplished by an application of a force vector, e.g., applied to actuation control apparatus 350, with a direction oriented toward outer sleeve distal end 201. For example, a surgeon or a surgeon's assistant may cause an egress 710 of actuation pin 230 from proximal detent 222 by, e.g., grasping actuation control apparatus 350 and pushing inner handle 300 into outer sleeve 200. In one or more embodiments, pressure mechanism 420 may be configured to provide a resistive force that resists an egress 710 of actuation pin 230 out of proximal detent 222.

[0040] FIG. 7C illustrates an ingress 720 of actuation pin 230 into actuation channel 225. Illustratively, ingress 720 of actuation pin 230 into actuation channel 225 may be accomplished by a rotation of actuation control apparatus 350 after an egress 710 of actuation pin 230 from proximal detent 222. For example, after causing an egress 710 of actuation pin 230 from proximal detent 222, a surgeon or a surgeon's assistant may cause an ingress 720 of actuation pin 230 into actuation channel 225 by, e.g., grasping actuation control apparatus 350 and rotating inner handle 300 relative to outer sleeve 200.

[0041] FIG. 7D illustrates an actuation 730 of actuation pin 230 along actuation channel 225, e.g., away from actuation channel proximal end 227 and toward actuation channel distal end 226. Illustratively, an actuation 730 of actuation pin 230 along actuation channel 225 may be accomplished by an application of a force vector, e.g., applied to actuation control apparatus 350, with a direction oriented toward outer sleeve distal end 201 after an ingress 720 of actuation pin 230 into actuation channel 225. For example, after causing an ingress 720 of actuation pin 230 into actuation channel 225, a surgeon or a surgeon's assistant may cause an actuation 730 of actuation pin 230 along actuation channel 225 by, e.g., grasping actuation control apparatus 350 and pushing inner handle 300 into outer sleeve 200. In one or more embodiments, pressure mechanism 420 may be configured to provide a resistive force that resists an actuation 730 of actuation pin 230 along actuation channel 225.

[0042] FIG. 7E illustrates an ingress alignment 740 of actuation pin 230 with distal detent 221. Illustratively, ingress alignment 740 of actuation pin 230 with distal detent 221 may be accomplished by guiding an actuation 730 of actuation pin 230 to actuation channel distal end 226.

[0043] FIG. 7F illustrates actuation pin 230 in a position for ingress 750 into distal detent 221. Illustratively, actuation pin 230 may be guided to position for ingress 750 into distal detent 221 by a rotation of actuation control apparatus 350 after an ingress alignment 740 of actuation pin 230 with distal detent 221. For example, after causing an ingress alignment 740 of actuation pin 230 with distal detent 221, a surgeon or

a surgeon's assistant may guide actuation pin 230 to position for ingress 750 into distal detent 221 by, e.g., grasping actuation control apparatus 350 and rotating inner handle 300 relative to outer sleeve 200.

[0044] FIG. 7G illustrates a surgical blade 100 in a second fixed position 760. Illustratively, surgical blade 100 may be temporarily fixed in a second fixed position 760 by an application of a force vector, e.g., applied to actuation control apparatus 350, with a direction oriented toward outer sleeve proximal end 202 after actuation pin 230 is in position for ingress 750 into distal detent 221. For example, after guiding actuation pin 230 to position for ingress 750 into distal detent 221, a surgeon or a surgeon's assistant may temporarily fix surgical blade 100 in a second fixed position 760 by, e.g., grasping actuation control apparatus 350 and pulling inner handle 300 out of outer sleeve 200. In one or more embodiments, pressure mechanism 420 may be configured to provide a facilitating force that facilitates an actuation of actuation pin 230 from position for ingress 750 to a second fixed position 760.

[0045] FIGS. 8A, 8B, 8C, 8D, 8E, 8F, and 8G are schematic diagrams illustrating an actuation of a surgical blade from a second fixed position 760 to a first fixed position 700. FIG. 8A illustrates a surgical blade 100 in a second fixed position 760. Illustratively, second fixed position 760 may comprise a surgical position 600 wherein surgical blade 100 may be at least partially extended from outer sleeve 200. For example, surgical blade 100 may be in second fixed position 760 when actuation pin 230 is temporarily fixed in distal detent 221.

[0046] FIG. 8B illustrates an egress 810 of actuation pin 230 from distal detent 221. Illustratively, egress 810 of actuation pin 230 from distal detent 221 may be accomplished by an application of a force vector, e.g., applied to actuation control apparatus 350, with a direction oriented toward outer sleeve distal end 201. For example, a surgeon or a surgeon's assistant may cause an egress 810 of actuation pin 230 from distal detent 221 by, e.g., grasping actuation control apparatus 350 and pushing inner handle 300 into outer sleeve 200. In one or more embodiments, pressure mechanism 420 may be configured to provide a resistive force that resists an egress 810 of actuation pin 230 out of distal detent 221.

[0047] FIG. 8C illustrates an ingress 820 of actuation pin 230 into actuation channel 225. Illustratively, ingress 820 of actuation pin 230 into actuation channel 225 may be accomplished by a rotation of actuation control apparatus 350 after an egress 810 of actuation pin 230 from distal detent 221. For example, after causing an egress 810 of actuation pin 230 from distal detent 221, a surgeon or a surgeon's assistant may cause an ingress 820 of actuation pin 230 into actuation channel 225 by, e.g., grasping actuation control apparatus 350 and rotating inner handle 300 relative to outer sleeve 200.

[0048] FIG. 8D illustrates an actuation 830 of actuation pin 230 along actuation channel 225, e.g., away from actuation channel distal end 226 and toward actuation channel proximal end 227. Illustratively, an actuation 830 of actuation pin 230 along actuation channel 225 may be accomplished by an application of a force vector, e.g., applied to actuation control apparatus 350, with a direction oriented toward inner handle proximal end 302 after an ingress 820 of actuation pin 230 into actuation channel 225. For example, after causing an ingress 820 of actuation pin 230 into actuation channel 225, a surgeon or a surgeon's assistant may cause an actuation 830 of actuation pin 230 along actuation channel 225 by, e.g., grasping actuation control apparatus 350 and pulling inner

handle 300 out of outer sleeve 200. In one or more embodiments, pressure mechanism 420 may be configured to provide a facilitating force that facilitates an actuation 830 of actuation pin 230 along actuation channel 225.

[0049] FIG. 8E illustrates an ingress alignment 840 of actuation pin 230 with proximal detent 222. Illustratively, ingress alignment 840 of actuation pin 230 with proximal detent 222 may be accomplished by guiding an actuation 830 of actuation pin 230 to actuation channel proximal end 227.

[0050] FIG. 8F illustrates actuation pin 230 in a position for ingress 850 into proximal detent 222. Illustratively, actuation pin 230 may be guided to position for ingress 850 into proximal detent 222 by a rotation of actuation control apparatus 350 after an ingress alignment 840 of actuation pin 230 with proximal detent 222. For example, after causing an ingress alignment 840 of actuation pin 230 with proximal detent 222, a surgeon or a surgeon's assistant may guide actuation pin 230 to position for ingress 850 into proximal detent 222 by, e.g., grasping actuation control apparatus 350 and rotating inner handle 300 relative to outer sleeve 200.

[0051] FIG. 8G illustrates a surgical blade 100 in a first fixed position 700. Illustratively, surgical blade 100 may be temporarily fixed in a first fixed position 700 by an application of a force vector, e.g., applied to actuation control apparatus 350, with a direction oriented toward inner handle proximal end 302 after actuation pin 230 is in position for ingress 850 into proximal detent 222. For example, after guiding actuation pin 230 to position for ingress 850 into proximal detent 222, a surgeon or a surgeon's assistant may temporarily fix surgical blade 100 in a first fixed position 700 by, e.g., grasping actuation control apparatus 350 and pulling inner handle 300 out of outer sleeve 200. In one or more embodiments, pressure mechanism 420 may be configured to provide a facilitating force that facilitates an actuation of actuation pin 230 from position for ingress 850 to a first fixed position 700.

[0052] In one or more embodiments, actuation guide 220 may comprise a distal detent 221, a proximal detent 222, and an intermediate detent 223. Illustratively, intermediate detent 223 may be configured to temporarily fix surgical blade 100 in a third fixed position relative to outer sleeve 200; distal detent 221 may be configured to temporarily fix surgical blade 100 in a second fixed position 760 relative to outer sleeve 200; and proximal detent 222 may be configured to temporarily fix surgical blade 100 in a first fixed position 700 relative to outer sleeve 200. For example, while temporarily fixed in a third fixed position relative to outer sleeve 200, surgical blade 100 may extend a first distance from outer sleeve distal end 201. Illustratively, while temporarily fixed in a second fixed position 760 relative to outer sleeve 200, surgical blade 100 may extend a second distance from outer sleeve distal end 201, wherein the second distance from outer sleeve distal end 201 may be greater than the first distance from outer sleeve distal end 201.

[0053] In one or more embodiments, intermediate detent 223 may be configured to temporarily fix surgical blade 100 in a first position relative to outer sleeve 200 wherein surgical blade 100 extends a first distance from outer sleeve distal end 201 and blade 120 has a first exposed blade width. Illustratively, distal detent 221 may be configured to temporarily fix surgical blade 100 in a second position relative to outer sleeve 200 wherein surgical blade 100 extends a second distance from outer sleeve distal end 201 and blade 120 has a second exposed blade width. In one or more embodiments, the sec-

ond exposed blade width may be greater than the first exposed blade width. For example, a surgeon or a surgeon's assistant may selectively actuate surgical blade 100 from a first position relative to outer sleeve 200 to a second position relative to outer sleeve 200. Illustratively, while temporarily fixed in the first position relative to outer sleeve 200, surgical blade 100 may be configured to make a surgical incision, e.g., of a first width, and while temporarily fixed in the second position relative to outer sleeve 200, surgical blade 100 may be configured to make a surgical incision, e.g., of a second width.

[0054] In one or more embodiments, pressure mechanism 420 may be configured to provide a variable resistive force to resist an actuation of actuation pin 230. For example, pressure mechanism 420 may be configured to provide a first resistive force with a first magnitude to resist an actuation of actuation pin 230 when actuation pin 230 is in a first position relative to outer sleeve 200. Illustratively, pressure mechanism 420 may be configured to provide a second resistive force with a second magnitude to resist an actuation of actuation pin 230 when actuation pin 230 is in a second position relative to outer sleeve 200.

[0055] In one or more embodiments, pressure mechanism 420 may be configured to provide a first resistive force with a first magnitude that resists an egress 710 of actuation pin 230 out of proximal detent 222. Illustratively, pressure mechanism 420 may be configured to provide a second resistive force with a second magnitude that resists an actuation 730 of actuation pin 230 along actuation channel 225. In one or more embodiments, the first magnitude of the first resistive force may not be identical to the second magnitude of the second resistive force. For example, the second magnitude of the second resistive force may be greater than the first magnitude of the first resistive force.

[0056] Illustratively, pressure mechanism 420 may be configured to provide a variable resistive force to resist an actuation of actuation pin 230 along actuation channel 225 wherein the magnitude of the variable resistive force increases as actuation pin 230 is actuated from actuation channel proximal end 227 towards actuation channel distal end 226. In one or more embodiments, pressure mechanism 420 may be configured to provide a variable resistive force to resist an actuation of actuation pin 230 wherein the variable resistive force has a maximum magnitude when actuation pin 230 is located at actuation channel distal end 226. For example, pressure mechanism 420 may be configured to provide a small resistive force to resist an egress 710 of actuation pin 230 from proximal detent 222 and a large resistive force to resist an egress 810 of actuation pin 230 from distal detent 221. Illustratively, pressure mechanism 420 may be configured to allow a surgeon or a surgeon's assistant to initiate an actuation of surgical blade 100 from a safe position 500 to a surgical position 600 with a smaller force magnitude, e.g., applied to actuation control apparatus 350, than a force magnitude that may be required to initiate an actuation of surgical blade 100 from a surgical position 600 to a safe position 500.

[0057] FIG. 9A is a schematic diagram illustrating a surgical blade 900. In one or more embodiments, surgical blade 900 may comprise a blade mount 910 and a blade 920. Illustratively, blade mount 910 may be configured to support blade 920. Blade mount 910 may be manufactured from any suitable material, e.g., polymers, metals, metal alloys, etc., or from any combination of suitable materials. Illustratively, blade 920 may be configured to make surgical incisions. Blade 920 comprises a blade distal end 921, a blade proximal

end **922**, and at least one blade edge **923**. Blade **920** may be manufactured from any suitable material, e.g., sapphire, diamond, silicon, polymers, metals, metal alloys, etc., or from any combination of suitable materials.

[0058] In one or more embodiments, surgical blade **900** may comprise a surgical incision guide **930**. Illustratively, surgical incision guide **930** may be configured to provide information, e.g., information about a surgical incision. For example, surgical incision guide **930** may be located at a specific distance **940** from blade distal end **921**. Illustratively, a surgeon may compare a location of an outer surface of a tissue with a location of surgical incision guide **930** during a surgical incision, e.g., to provide information about the surgical incision. For example, surgical incision guide **930** may be configured to indicate a surgical incision depth of blade **920** in a tissue. In one or more embodiments, surgical incision guide **930** may be configured to indicate a desired surgical incision depth, e.g., to inform a surgeon that blade **920** is penetrating a tissue at a desirable depth. Illustratively, surgical incision guide **930** may be configured to indicate an undesirable surgical incision depth, e.g., to inform a surgeon that blade **920** is penetrating a tissue at an undesirable depth.

[0059] In one or more embodiments, surgical incision guide **930** may be configured to guide a multi-plane surgical incision. A surgeon may perform a multi-plane incision by initially penetrating a tissue to a first depth with blade **920** oriented at a first angle relative to the tissue and then penetrating the tissue to a second depth with blade **920** oriented at a second angle relative to the tissue. Illustratively, surgical incision guide **930** may be configured to indicate that blade **920** is at an optimal depth within a tissue, e.g., by a comparison of an outer surface of the tissue with a location of surgical incision guide **930**, for a surgeon to change surgical incision planes within the tissue. For example, when a surgeon is performing a multi-plane surgical incision, surgical incision guide **930** may be configured to guide the surgeon to penetrate blade **920** to a first depth in a tissue wherein blade **920** may be orientated at a first angle relative to a plane normal to a portion of the surface of the tissue. After penetrating blade **920** to the first depth in the tissue at the first angle relative to the plane normal to the portion of the surface of the tissue, the surgeon may adjust an orientation of blade **920** to a second angle relative to the plane normal to the portion of the surface of the tissue, and then the surgeon may penetrate blade **920** to a second depth in the tissue.

[0060] Illustratively, surgical incision guide **930** may comprise a visual signal configured to differentiate a first portion of blade **920** from a second portion of blade **920**. For example, surgical incision guide **930** may comprise a marking, e.g., a line, on the surface of blade **920**. Illustratively, surgical incision guide **930** may comprise a biocompatible paint or ink. Surgical incision guide **930** may be manufactured by any suitable means for marking a portion of blade **920**. In one or more embodiments, surgical incision guide **930** may be manufactured by etching, e.g., laser etching, a marking on blade **920**. Illustratively, surgical incision guide **930** may be configured to minimize friction, e.g., between blade **920** and a tissue during a surgical procedure. For example, surgical incision guide **930** may be configured to minimize variation in a geometry of a portion of blade **920**.

[0061] In one or more embodiments, blade **920** may comprise information about blade **920**. Illustratively, one or more dimensions of blade **920** may be marked on blade **920**, e.g., by laser etching or by biocompatible paint or ink, or by any other

suitable means. For example, a blade **920** with a width of, e.g., 2.0 mm, may have the numbers and distance units “2.0 mm” marked on a portion of blade **920**. Illustratively, a blade **920** with a width of, e.g., 2.0 mm, may have the numbers “2.0” or the number “2” marked on a portion of blade **920**.

[0062] In one or more embodiments, blade **920** may comprise information about a location of surgical incision guide **930** on blade **920**. Illustratively, information about a location of surgical incision guide **930** may be marked on blade **920**, e.g., by laser etching or by biocompatible paint or ink, or by any other suitable means. For example, a distance between a location of surgical incision guide **930** and blade distal end **921** may be marked on a portion of blade **920**. Illustratively, if a distance between surgical incision guide **930** and blade distal end **921** is, e.g., 0.25 mm, the numbers and the distance units “0.25 mm” may be marked on a portion of blade **920**. For example, if a distance between surgical incision guide **930** and blade distal end **921** is, e.g., 0.25 mm, the numbers “0.25” or the number “0.25” may be marked on a portion of blade **920**.

[0063] FIG. 9B is a schematic diagram illustrating a surgical blade **901**. In one or more embodiments, surgical blade **901** may comprise a first surgical incision guide **950** and a second surgical incision guide **951**. Illustratively, first surgical incision guide **950** may be located at a first specific distance **960** from blade distal end **921**. In one or more embodiments, second surgical incision guide **951** may be located at a second specific distance **961** from first surgical incision guide **950**.

[0064] Illustratively, first surgical incision guide **950** and second surgical incision guide **951** may be configured to provide information, e.g., information about a surgical incision. For example, first surgical incision guide **950** and second surgical incision guide **951** may be configured to indicate a safe or desirable range of surgical penetration depths. Illustratively, a surgeon may need to penetrate blade **920** at least a required depth in a particular tissue, but also need to not penetrate blade **920** more than an undesirable depth in the particular tissue. In one or more embodiments, first surgical incision guide **950** may be configured to indicate a required surgical penetration depth and second surgical incision guide **951** may be configured to indicate an undesirable surgical penetration depth in a particular tissue.

[0065] In one or more embodiments, first surgical incision guide **950** and second surgical incision guide **951** may be configured to guide a multi-plane surgical incision. Illustratively, first surgical incision guide **950** may be configured to indicate that blade **920** is at a first optimal depth within a tissue, e.g., by a comparison of an outer surface of the tissue with a location of first surgical incision guide **950**, for a surgeon to change surgical incision planes within the tissue. In one or more embodiments, second surgical incision guide **951** may be configured to indicate that blade **920** is at a second optimal depth within a tissue for the surgeon to change surgical incision planes within the tissue.

[0066] For example, when a surgeon is performing a multi-plane surgical incision, first surgical incision guide **950** may be configured to guide the surgeon to penetrate blade **920** to a first depth in a tissue wherein blade **920** may be orientated at a first angle relative to a plane normal to a portion of a surface of the tissue. After penetrating blade **920** to the first depth in the tissue at the first angle relative to the plane normal to the portion of the surface of the tissue, the surgeon may adjust an orientation of blade **920** to a second angle relative to

the plane normal to the portion of the surface of the tissue, and then the surgeon may penetrate blade **920** to a second depth in the tissue. Illustratively, second surgical incision guide **951** may be configured to guide the surgeon to penetrate blade **920** to a second depth in the tissue wherein blade **920** may be oriented at a second angle relative to the plane normal to the portion of the surface of the tissue. After penetrating blade **920** to the second depth in the tissue at the second angle relative to the plane normal to the portion of the surface of the tissue, the surgeon may adjust an orientation of blade **920** to a third angle relative to the plane normal to the portion of the surface of the tissue, and then the surgeon may penetrate blade **920** to a third depth in the tissue.

[0067] FIG. 9C is a schematic diagram illustrating a surgical blade **902**. In one or more embodiments, surgical blade **902** may comprise a first surgical incision guide **970**, a second surgical incision guide **971**, and a third surgical incision guide **972**. Illustratively, first surgical incision guide **970** may be located at a first specific distance **980** from blade distal end **921**. In one or more embodiments, second surgical incision guide **971** may be located at a second specific distance **981** from first surgical incision guide **970**. Illustratively, third surgical incision guide **972** may be located at a third specific distance **982** from second surgical incision guide **971**.

[0068] In one or more embodiments, first surgical incision guide **970**, second surgical incision guide **971**, and third surgical incision guide **972** may be configured to guide a multi-plane surgical incision. Illustratively, first surgical incision guide **970** may be configured to indicate that blade **920** is at a first optimal depth within a tissue, e.g., by a comparison of an outer surface of the tissue with a location of first surgical incision guide **970**, for a surgeon to change surgical incision planes within the tissue. In one or more embodiments, second surgical incision guide **971** may be configured to indicate that blade **920** is at a second optimal depth within a tissue for the surgeon to change surgical incision planes within the tissue. Illustratively, third surgical incision guide **972** may be configured to indicate that blade **920** is at a third optimal depth within a tissue for the surgeon to change surgical incision planes within the tissue.

[0069] For example, when a surgeon is performing a multi-plane surgical incision, first surgical incision guide **970** may be configured to guide the surgeon to penetrate blade **920** to a first depth in a tissue wherein blade **920** may be orientated at a first angle relative to a plane normal to a portion of the surface of the tissue. After penetrating blade **920** to the first depth in the tissue at the first angle relative to the plane normal to the portion of the surface of the tissue, the surgeon may adjust an orientation of blade **920** to a second angle relative to the plane normal to the portion of the surface of the tissue, and then the surgeon may penetrate blade **920** to a second depth in the tissue. Illustratively, second surgical incision guide **971** may be configured to guide the surgeon to penetrate blade **920** to a second depth in the tissue wherein blade **920** may be oriented at a second angle relative to the plane normal to the portion of the surface of the tissue. After penetrating blade **920** to the second depth in the tissue at the second angle relative to the plane normal to the portion of the surface of the tissue, the surgeon may adjust an orientation of blade **920** to a third angle relative to the plane normal to the portion of the surface of the tissue, and then the surgeon may penetrate blade **920** to a third depth in the tissue. Illustratively, third surgical incision guide **972** may be configured to guide the surgeon to penetrate blade **920** to a third depth in the tissue

wherein blade **920** may be oriented at a third angle relative to the plane normal to the portion of the surface of the tissue. After penetrating blade **920** to the third depth in the tissue at the third angle relative to the plane normal to the portion of the surface of the tissue, the surgeon may adjust an orientation of blade **920** to a fourth angle relative to the plane normal to the portion of the surface of the tissue, and then the surgeon may penetrate blade **920** to a fourth depth in the tissue.

[0070] FIG. 10A is a schematic diagram illustrating a surgical blade **1000**. In one or more embodiments, surgical blade **1000** may comprise a blade mount **1010** and a blade **1020**. Illustratively, blade mount **1010** may be configured to support blade **1020**. Blade mount **1010** may be manufactured from any suitable material, e.g., polymers, metals, metal alloys, etc., or from any combination of suitable materials. Illustratively, blade **1020** may be configured to make surgical incisions. Blade **1020** comprises a blade distal end **1021**, a blade proximal end **1022**, and at least one blade edge **1023**. Blade **1020** may be manufactured from any suitable material, e.g., sapphire, diamond, silicon, polymers, metals, metal alloys, etc., or from any combination of suitable materials.

[0071] In one or more embodiments, surgical blade **1000** may comprise a universal surgical incision guide **1030**. Illustratively, universal surgical incision guide **1030** may comprise a plurality of surgical guide marks configured to provide information, e.g., information about a surgical incision. For example, a plurality of surgical guide marks of universal surgical incision guide **1030** may be located on blade **1020** at discrete distances from blade distal end **1021** and the plurality of surgical guide marks of universal surgical incision guide **1030** may be configured to indicate a surgical incision depth in a tissue. Illustratively, a first surgical guide mark of universal surgical incision guide **1030** may be located, e.g., 0.5 mm from blade distal end **1021**; a second surgical guide mark of universal surgical incision guide **1030** may be located, e.g., 1.0 mm from blade distal end **1021**; a third surgical guide mark of universal surgical incision guide **1030** may be located, e.g., 1.5 mm from blade distal end **1021**; a fourth surgical guide mark of universal surgical incision guide **1030** may be located, e.g., 2.0 mm from blade distal end **1021**, etc. In one or more embodiments, universal surgical incision guide **1030** may be configured to guide a multi-plane surgical incision. For example, one or more surgical guide marks of universal surgical incision guide **1030** may be configured to indicate an optimal depth within a tissue for a surgeon to adjust a surgical incision plane within the tissue. Illustratively, universal surgical incision guide **1030** may be configured to train a surgeon, e.g., to correctly perform a multi-plane surgical incision.

[0072] In one or more embodiments, blade **1020** may comprise information about blade **1020**. Illustratively, one or more dimensions of blade **1020** may be marked on blade **1020**, e.g., by laser etching or by biocompatible paint or ink, or by any other suitable means. For example, a blade **1020** with a width of, e.g., 2.0 mm, may have the numbers and distance units “2.0 mm” marked on a portion of blade **1020**. Illustratively, a blade **1020** with a width of, e.g., 2.0 mm, may have the numbers “2.0” or the number “2” marked on a portion of blade **1020**.

[0073] In one or more embodiments, blade **1020** may comprise information about a location of one or more surgical guide marks of surgical incision guide **1030** on blade **1020**. Illustratively, information about a location of one or more surgical guide marks of surgical incision guide **1030** may be

marked on blade **1020**, e.g., by laser etching or by biocompatible paint or ink, or by any other suitable means. For example, a distance between a location of one or more surgical guide marks of surgical incision guide **1030** and blade distal end **1021** may be marked on a portion of blade **1020**.

[0074] In one or more embodiments, if a distance between a first surgical guide mark of surgical incision guide **1030** and blade distal end **1021** is, e.g., 0.5 mm, the numbers and the distance units “0.5 mm” may be marked on a portion of blade **1020**. For example, if a distance between a first surgical guide mark of surgical incision guide **1030** and blade distal end **1021** is, e.g., 0.5 mm, the numbers “0.5” or the number “0.5” may be marked on a portion of blade **1020**. Illustratively, if a distance between a second surgical guide mark of surgical incision guide **1030** and blade distal end **1021** is, e.g., 1.0 mm, the numbers and the distance units “1.0 mm” may be marked on a portion of blade **1020**. For example, if a distance between a second surgical guide mark of surgical incision guide **1030** and blade distal end **1021** is, e.g., 1.0 mm, the numbers “1.0” or the number “1” may be marked on a portion of blade **1020**.

[0075] FIG. 10B is a schematic diagram illustrating a surgical blade **1001**. In one or more embodiments, surgical blade **1001** may comprise a universal surgical incision guide **1040**. Illustratively, universal surgical incision guide **1040** may comprise a plurality of surgical guide marks configured to provide information, e.g., information about a surgical incision. For example, a plurality of surgical guide marks of universal surgical incision guide **1040** may be located on blade **1020** at discrete distances from blade distal end **1021** and the plurality of surgical guide marks of universal surgical incision guide **1040** may be configured to indicate a surgical incision depth in a tissue. Illustratively, a first surgical guide mark of universal surgical incision guide **1040** may be located, e.g., 0.25 mm from blade distal end **1021**; a second surgical guide mark of universal surgical incision guide **1040** may be located, e.g., 0.5 mm from blade distal end **1021**; a third surgical guide mark of universal surgical incision guide **1040** may be located, e.g., 0.75 mm from blade distal end **1021**; a fourth surgical guide mark of universal surgical incision guide **1040** may be located, e.g., 1.0 mm from blade distal end **1021**, etc. In one or more embodiments, universal surgical incision guide **1040** may be configured to guide a multi-plane surgical incision. For example, one or more surgical guide marks of universal surgical incision guide **1040** may be configured to indicate an optimal depth within a tissue for a surgeon to adjust a surgical incision plane within the tissue.

[0076] The foregoing description has been directed to particular embodiments of this invention. It will be apparent; however, that other variations and modifications may be made to the described embodiments, with the attainment of some or all of their advantages. Specifically, it should be noted that the principles of the present invention may be implemented in any instrument regardless of the instrument's purpose or use. Furthermore, while this description has been written in terms of an ophthalmic surgical blade, the teachings of the present invention are equally suitable to any instrument where the functionality of the invention may be employed. Therefore, it is the object of the appended claims to cover all such variations and modifications as come within the true spirit and scope of the invention.

What is claimed is:

1. An instrument comprising:

- an outer sleeve of the instrument having an outer sleeve distal end and an outer sleeve proximal end;
- an actuation guide of the outer sleeve having a distal detent and a proximal detent;
- an actuation channel of the actuation guide having an actuation channel distal end and an actuation channel proximal end;
- an outer sleeve proximal core of the outer sleeve having an actuation pin access port and a pressure mechanism distal interface;
- an outer sleeve distal core of the outer sleeve wherein the outer sleeve distal core is disposed between the outer sleeve distal end and the outer sleeve proximal core and wherein the outer sleeve proximal core is disposed between the outer sleeve proximal end and the outer sleeve distal core;
- an inner handle of the instrument having an inner handle distal end and an inner handle proximal end;
- a pressure mechanism foundation of the inner handle;
- an inner handle base of the inner handle;
- a distal outer sleeve interface of the inner handle having a pressure mechanism proximal interface, a distal actuation guide, and an actuation pin wherein the distal outer sleeve interface is disposed between the pressure mechanism foundation and the inner handle base;
- a proximal outer sleeve interface of the inner handle having a proximal actuation guide and an actuation control apparatus interface;
- an actuation control apparatus of the inner handle wherein the proximal outer sleeve interface is disposed between the actuation control apparatus and the inner handle base;
- a blade mount having a blade mount distal end and a blade mount proximal end, the blade mount fixed to the inner handle;
- a blade having a blade distal end, a blade proximal end, and at least one blade edge wherein the blade is disposed in the blade mount; and
- a pressure mechanism having a pressure mechanism distal end and a pressure mechanism proximal end, the pressure mechanism is disposed over the pressure mechanism foundation of the inner handle wherein the pressure mechanism proximal end abuts the pressure mechanism proximal interface of the inner handle and the pressure mechanism distal end abuts the pressure mechanism distal interface of the outer sleeve and wherein the distal outer sleeve interface is disposed in the outer sleeve proximal core wherein the actuation pin is disposed in the actuation guide.

2. The instrument of claim 1 further comprising:

- a first surgical incision guide of the blade; and
- a second surgical incision guide of the blade.

3. The instrument of claim 2 wherein the first surgical incision guide and the second surgical incision guide are configured to indicate a range of surgical penetration depths of the blade in a tissue.

4. The instrument of claim 2 wherein the first surgical incision guide and the second surgical incision guide are configured to guide a multi-plane surgical incision in a tissue.

5. The instrument of claim 2 further comprising:
a third surgical incision guide of the blade.
6. The instrument of claim 5 wherein the first surgical incision guide, the second surgical incision guide, and the third surgical incision guide are configured to guide a multi-plane incision in a tissue.
7. The instrument of claim 1 wherein the pressure mechanism is a spring.
8. The instrument of claim 7 wherein the pressure mechanism has a spring constant in a range of 0.01 N/mm to 5.0 N/mm.
9. The instrument of claim 7 wherein the pressure mechanism has a spring constant of less than 0.01 N/mm.
10. The instrument of claim 7 wherein the pressure mechanism has a spring constant of greater than 5.0 N/mm.
11. The instrument of claim 1 wherein the pressure mechanism is a pneumatic system.
12. The instrument of claim 1 wherein the pressure mechanism is configured to provide a force.
13. The instrument of claim 12 wherein the force is configured to resist an actuation of the actuation pin.
14. The instrument of claim 12 wherein the force is configured to facilitate an actuation of the actuation pin.
15. The instrument of claim 1 further comprising:
an ergonomic surgical safety grip of the outer sleeve.
16. The instrument of claim 15 further comprising:
a plurality of grip points wherein each grip point of the plurality of grip points is configured to increase a total contact area between a surgeon's fingertip and the ergonomic surgical safety grip.
17. The instrument of claim 1 further comprising:
a blade indication signal of the actuation control apparatus.
18. The instrument of claim 17 wherein the blade indication signal is configured to visually indicate a length of the blade.
19. The instrument of claim 17 wherein the blade indication signal is configured to visually indicate a width of the blade.
20. The instrument of claim 17 wherein the blade indication signal is configured to visually indicate s geometry of the blade.

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