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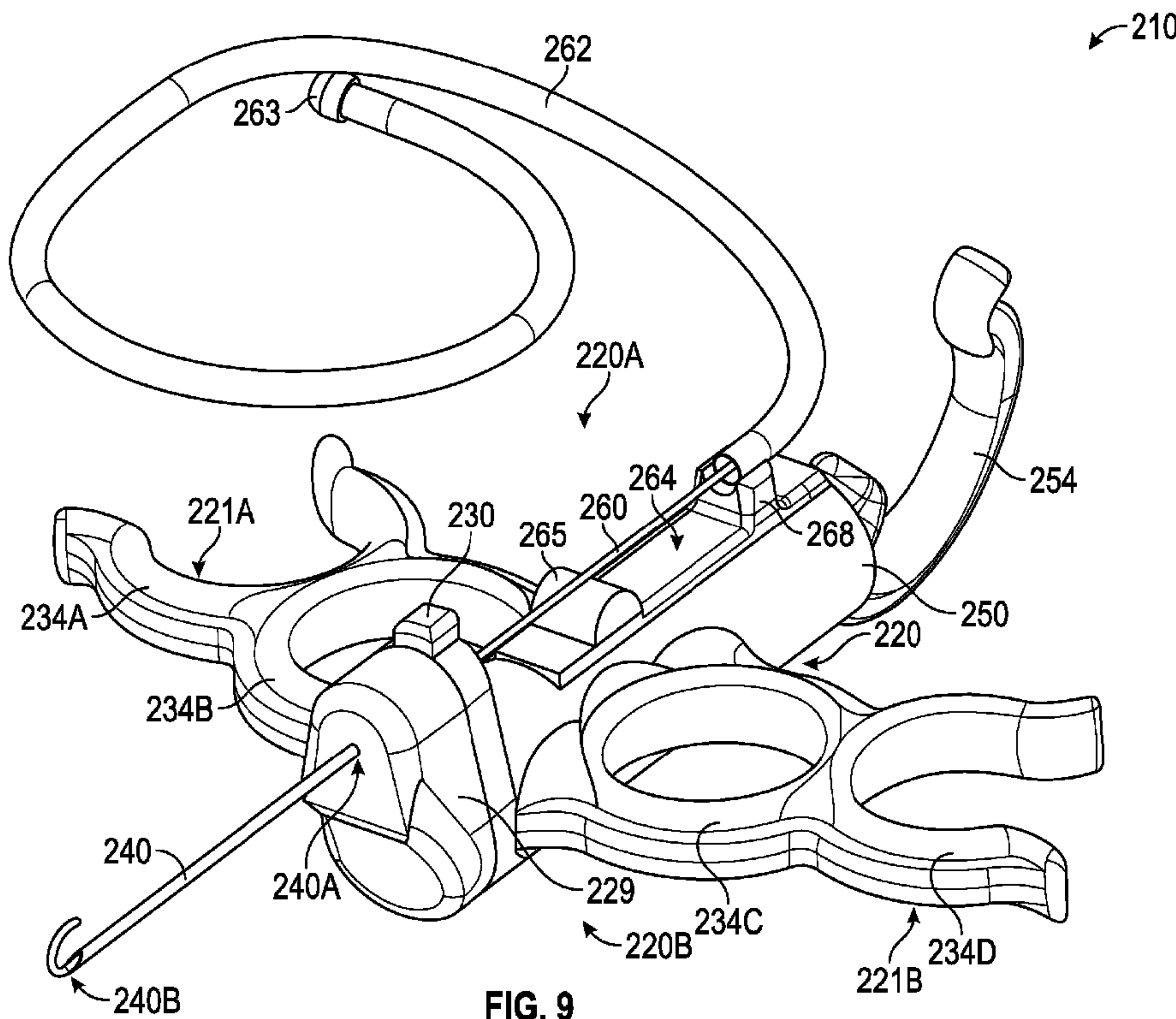
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(54) Title: DEVICE AND METHOD FOR SINGLE-HANDED ACCESS AND INSERTION OF AN ARTICLE



(57) **Abrégé/Abstract:**

An insertion apparatus for inserting an object into a body comprising a housing, a piercing structure with a lumen, wherein the piercing structure extends distally from the housing, a vacuum chamber that communicates with the lumen of the piercing structure, a plunger configured to fit within the vacuum chamber, and a guidewire, wherein the insertion apparatus is configured to be operated with a single hand.

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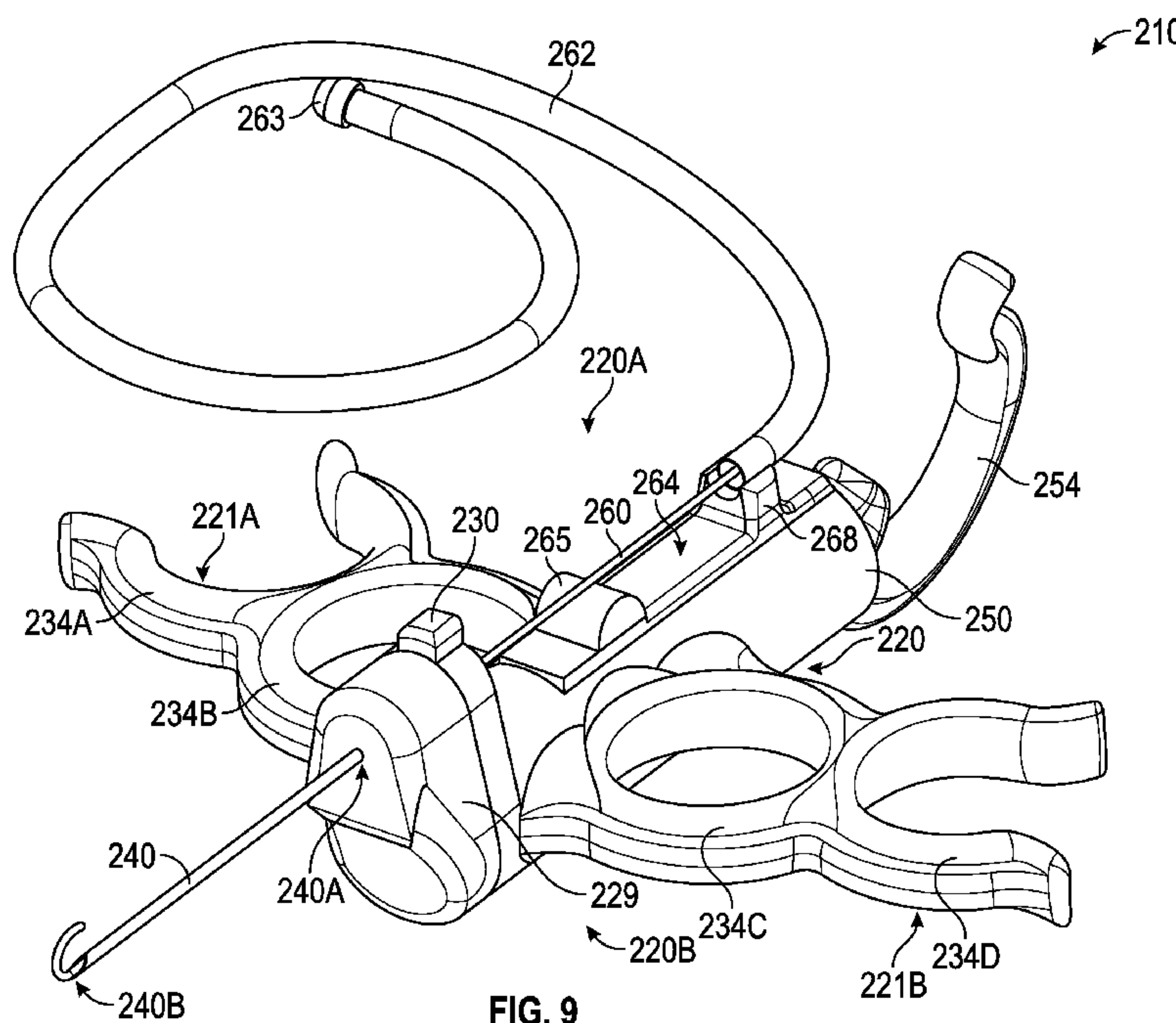


FIG. 9

(57) Abstract: An insertion apparatus for inserting an object into a body comprising a housing, a piercing structure with a lumen, wherein the piercing structure extends distally from the housing, a vacuum chamber that communicates with the lumen of the piercing structure, a plunger configured to fit within the vacuum chamber, and a guidewire, wherein the insertion apparatus is configured to be operated with a single hand.

[Continued on next page]

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[0001] TITLE OF THE INVENTION

[0002] DEVICE AND METHOD FOR SINGLE-HANDED ACCESS AND
INSERTION OF AN ARTICLE

5 **[0003]** CROSS REFERENCE TO RELATED APPLICATIONS

[0004] This application is related to and claims priority to U.S. Provisional
Patent Application Ser. No. 62/323,767, filed on Apr. 17, 2016, and U.S.
Provisional Patent Application Ser. No. 62/447,037, filed on Jan. 17, 2017, the
complete and entire disclosures of which are hereby expressly incorporated by
10 reference herein.

[0005] STATEMENT REGARDING FEDERALLY SPONSORED
RESEARCH OR DEVELOPMENT

[0006] Not applicable.

15 **[0007]** REFERENCE TO APPENDIX

[0008] Not applicable.

[0009] BACKGROUND OF THE INVENTION

20 **[0010]** Field of the Invention. The inventions disclosed and taught herein
relate generally to a device and method for the insertion of an article into a body
using a single hand; and more specifically relate to the single-handed insertion of
a guidewire or similar article or another elongated article such as, for instance,
certain catheters into a targeted body space. In particular, the inventions
25 disclosed herein relate to an apparatus that combines insertion of a substantially
hollow piercing structure, such as a needle, a suction apparatus, and a
guidewire, where the apparatus is configured to use with a single hand, and
methods of using such apparatus.

[0011] The Seldinger technique is a ubiquitous maneuver in the field of medicine used to safely insert a cannula into a vessel, hollow organ, or body cavity. Examples of procedures and settings where it may be employed include arterial line placements, central venous catheter placements, angiograms, percutaneous tracheostomies, pleural catheter placement, percutaneous cholecystectomy, percutaneous nephrostomy, and percutaneous abscess drainage. With respect to vascular access, it is the current standard of care for placing a catheter, sheath, or cannula into a blood vessel during access procedures such as central venous catheter placement. In applying the Seldinger Technique, a physician first uses a needle to pierce through tissue to ultimately reach a targeted body space. A wire is then passed through the needle into the space. The wire secures a path into the space over which the needle may then be removed and additional instruments such as sheaths and catheters may be inserted into the space.

[0012] With respect to central venous catheter insertion and procedures targeting lumens with similarly low-pressure fluids like blood in the venous system, a syringe is coupled to the needle to apply suction. Once the physician gains access to the targeted body space, which is confirmed when a specific body fluid is aspirated into the syringe barrel, the physician holds the hub of the needle with one hand and uncouples the syringe with from the needle with the remaining hand. Once the uncoupling is complete, the physician inserts a guidewire through the lumen of the needle into the targeted body space in order to secure access. The physician then removes the needle, nicks the skin with a scalpel, and passes a dilator over the guidewire to dilate the tissue around the guidewire in order to facilitate catheter, sheath, or cannula insertion. Once the dilator is withdrawn, the physician passes the catheter, sheath, or cannula over the guidewire, leaving the catheter, sheath, or cannula in place.

[0013] Complications are known to occur as a result of the Seldinger Technique. Regarding central venous catheters, such complications include arterial puncture, hematoma, air embolism, pneumothorax, infection, and traumatic nerve injury. Long-term complications include venous thrombosis, the formation of arteriovenous fistula, and pseudoaneurysms. Penetration of the posterior vessel wall during insertion has been thought to be a leading factor in ongoing mechanical central venous access complications. This may occur due to the speed and angle of needle insertion. Loss of needle access into the target lumen as a result of penetrating the posterior wall or other lapse in technique can ultimately result in trauma to the surrounding tissue or structures, especially if the operator continues with wire insertion and other procedural steps such as dilation, or has to repeat the procedure.

[0014] Central venous access complications are also attributed to other factors, including errors in sterile technique, the time taken to achieve access, and the number of needle passes through the skin and central vessels. Studies have suggested that the morbidity risk of central line procedures increases with the time needed to place the device, as well as the number of attempts to cannulate the vein. In addition, data suggest that the training and experience of the clinician may have an effect on patient complication rates.

[0015] The use of ultrasound guidance during placement of a catheter, sheath, or cannula is well-documented to reduce rates of complications in central venous catheter placement. The precise identification of vessel anatomy and visualization of the puncture site that is enabled through the use of ultrasound has contributed to lowering the morbidity of vascular access, making ultrasound guidance standard clinical practice. Ultrasound guidance also allows the clinician to visually locate the needle tip relative to patient anatomy in real time.

[0016] The ultrasound-guided modified Seldinger Technique is implemented in a manner largely similar to the Seldinger Technique in many respects. During the needle insertion step, the physician uses the syringe with a needle in one hand—typically the operator’s dominant hand—and an ultrasound probe in the other hand in order to visualize the needle’s trajectory and location inside the patient’s body using alternating longitudinal and cross-sectional views with the ultrasound probe. Like with the Seldinger Technique, once the operator gains access to the targeted body space, which is confirmed when a specific body fluid is aspirated into the syringe’s barrel, the operator holds the needle’s hub with one hand and uncouples the syringe from the needle with the remaining hand. During this step, the ultrasound probe must be placed down resulting in loss of visualization of the needle in the targeted space. The removal of the ultrasound probe from the patient also releases the pressure of the probe on the tissue, resulting in a detrimental movement of tissue relative to the needle tip, thereby directly increasing risk of potential injury and losing access.

[0017] Because the ultrasound-guided modified Seldinger Technique (and the standard Seldinger Technique) requires the use of two hands to uncouple the needle from the syringe, stabilize the needle, and insert the guidewire into the targeted body space after the initial needle insertion step, there is a period of time during the procedure in which a sharp needle is located inside of a patient’s body while the physician or other clinician cannot visualize it and has limited control over it. In particular, once the needle tip is inside the targeted body space the clinician must drop the ultrasound probe and perform hand switching motions that can uncontrollably move the needle. The clinician must also uncouple the syringe from the needle in a step that can also move the needle and reduce needle control. The clinician must also pass a guidewire through the needle’s lumen in a process that can also move the needle relative to the targeted body space. The clinician must pass the guidewire without seeing the wire trajectory and location of the wire tip in real time. While ultrasound guidance helps with

initial needle location and access, its advantages may be lost during the multiple steps requiring the use of both of an operator's hands. It may be used for verification after these steps, but at this point needle access may already be lost, with other structures entered and possibly traumatized. The wire could also be threaded into other, non-target tissues, such as the incorrect vessel, or could be kinked or become stuck in the patient. The process then must be repeated from the beginning leading to the additional time and needle punctures known to be associated with morbidity. Thus, despite the advantages of ultrasound guidance in its current form, adverse events continue to occur.

[0018] Although the Seldinger Technique is described here in the common setting of central venous access, it is important to recognize that the same principles apply to cannula insertion into other body spaces using the Seldinger Technique including the use of ultrasound. Other surrounding organs and structures may also be damaged secondary to needle and guidewire malposition. Abdominal procedures such as percutaneous nephrostomy and cholecystectomy, for example, may be complicated by bowel or vascular injury. The invention described herein may similarly be applied in other settings where the Seldinger Technique is used, especially but not exclusively with ultrasound. Needle, wire, and catheter sizes used during these procedures may vary for different target organs and objectives; however, the invention may be adapted using industry standard interlocking systems for different components or by specific design parameters applied to the inventions disclosed herein. It will be understood that each of the inventions disclosed herein, even where described in the context of central venous access, are equally and directly applicable to other body access procedures included, but not limited to, arterial line placements, angiograms, percutaneous tracheostomies, pleural catheter placement, percutaneous cholecystectomy, percutaneous nephrostomy, and percutaneous abscess drainage.

[0019] Description of the Related Art.

[0020] A number of access devices are known. For example, U.S. Patent No. 8,915,884 discloses an access device that places a medical article within a body space of a patient. The device has a needle section that includes an elongated body and a needle hub. The device further includes a dilator portion that has a dilator and a dilator hub. The dilator is coaxially disposed and slideable over the elongated body of the needle section. The sheath is coaxially disposed and slideable over the dilator. The device further includes a first locking mechanism operably disposed between the needle hub and the dilator hub to inhibit at least unintentional axial movement between the needle section and the dilator portion and a second locking mechanism operably disposed between the dilator hub and the sheath hub to inhibit at least unintentional axial movement between the dilator portion and the sheath section.

[0021] As another example, U.S. Patent Application Publication No. 2015/0224267 discloses a safety needle system operable with a medical device includes: a housing with a needle mount having a needle; and a sheath telescopically engaged with the housing and surrounding the needle such that the sheath operates in a retracted position, in which the sheath exposes the needle, and an extended position, in which the sheath surrounds the needle. The sheath is coupleable to the medical device such that removal of the needle from the medical device draws the sheath over the needle, transitioning the sheath from the retracted position to the extended position. In one embodiment, the system includes a slider engaged with the sheath and/or housing and including a restraint that engages and disengages the sheath to respectively reinforce and weaken the coupling of the sheath and medical device. In another embodiment, the sheath includes a longitudinal track that slidingly engages a setting of the housing between sheath positions.

[0022] However, the operation of these inventions particularly for guidewire insertion requires the use of two hands. Where two hands are required for operation of procedures, any ultrasound visualization will necessarily be lost during the procedure. Therefore, it is apparent for the above that there is an ongoing need for new instruments, particularly instruments designed for single-handed operation for the placement of articles, such as guidewires, into veins, arteries, vessels, body cavities, and drainage sites of patients during access procedures.

[0023] The inventions disclosed and taught herein are directed to an improved apparatus and method for accessing a space in a body and inserting an article into that space. More particularly, the inventions disclosed herein allow for single-handed access into a body space, confirmation of access such as through application of suction, and securing access such as by guidewire insertion. This single-handed operation feature allows the operator to retain ultrasound visibility and stability while the guidewire is inserted, which, in turn, allows the operator to verify that the guidewire is going into the correct body space and that the needle does not move out of the targeted body space after achieving initial needle insertion. The apparatus may optionally also incorporate a protective sheath that can be used to shield the patient's anatomical structures from the needle tip immediately after initial needle insertion is obtained. Moreover, when the apparatus is equipped with a sheath, the sheath partially secures access and facilitates guidewire insertion.

[0024] BRIEF SUMMARY OF THE INVENTION

[0025] Briefly summarized, embodiments of the present invention are directed to an insertion apparatus for insertion of an article into a body. More particularly, the embodiments of the insertion apparatus of the present invention are directed to inserting a guidewire or similar article into a targeted body space of a patient. Such a targeted body space may commonly be a vein and the

article for inserting into the targeted body space a guidewire. The insertion apparatus combines needle insertion, suction application through the needle, and guidewire insertion into a single device that is operable using a single hand. The insertion apparatus may optionally also include a sheath movably attached to the housing and configured to be able to be selectively advanced to cover the distal end of the needle. The sheath may be detachable from the housing and the needle removed from it to maintain a port into the targeted body space.

[0026] In some various embodiments of the invention, the insertion device comprises a housing, a piercing structure with a lumen, wherein the piercing structure extends distally from the housing, a vacuum chamber that communicates with the lumen of the piercing structure, and a guidewire, wherein the insertion device is configured to be operated with a single hand. The insertion device is configured to permit the piercing structure to be inserted into the body, while suction is applied through the lumen of the needle. When the targeted body space has been reached, the insertion device is configured such that the guidewire can be advanced into the targeted body space using the single hand of the user.

[0027] In use, the housing of the insertion device is gripped with a single hand of the user. The distal end of the piercing structure is inserted into the patient. Simultaneously, the user applies suction using a suction apparatus to confirm the targeted body space of the patient has been accessed. For instance, confirmation of piercing structure access to the lumen of a vein of the patient would be confirmed by the return of venous blood through the piercing structure lumen and/or visual ultrasound confirmation of needle tip location. Once placement of the piercing structure in the targeted body space is confirmed, the user advances the guidewire into the targeted body space using the single hand and can watch the wire trajectory in real time via ultrasound.

[0028] In some embodiments of the insertion apparatus, the housing includes grips configured to accommodate at least one finger of the user. In some embodiments of the insertion apparatus, a sheath is coaxially disposed about the piercing structure and is affixed to a sheath movement element that is movably affixed to the housing. The sheath can itself be removably or permanently affixed to the sheath movement element. In some embodiments, the vacuum chamber can be separate from the housing, or alternatively can be integrated with the housing. These and other features of embodiments of the present invention will become more fully apparent from the following description and appended claims, or may be learned by the practice of embodiments of the invention as set forth herein.

[0029] BRIEF DESCRIPTION OF THE SEVERAL VIEWS OF THE DRAWINGS

[0030] Figure 1 illustrates a top perspective view of the insertion device in accordance with one embodiment.

[0031] Figure 2 illustrates a bottom perspective view of the insertion device in accordance with the embodiment depicted in Figure 1.

[0032] Figure 3 illustrates a top perspective exploded view of the insertion device in accordance with the embodiment depicted in Figure 1.

[0033] Figure 4 illustrates a side cross-sectional view of the insertion device in accordance with the embodiment depicted in Figure 1.

[0034] Figure 5 illustrates a top perspective view of the insertion device in accordance with another embodiment.

[0035] Figure 6 illustrates a top perspective exploded view of the insertion device in accordance with the embodiment depicted in Figure 5.

[0036] Figure 7 illustrates a side cross-sectional view of the insertion device in accordance with the embodiment depicted in Figure 5.

[0037] Figure 8 illustrates a view of the embodiment depicted in Figure 5 as held by a clinician.

[0038] Figure 9 illustrates a top perspective view of the insertion device in accordance with another embodiment.

[0039] Figure 10 illustrates a top perspective exploded view of the insertion device in accordance with the embodiment depicted in Figure 9.

5 [0040] Figure 11 illustrates a detail perspective view of a portion of the embodiment depicted in Figure 9.

[0041] Figure 12 illustrates a cross-sectional view of the insertion device in accordance with the embodiment depicted in Figure 9.

10 [0042] Figure 13 illustrates a view of the embodiment depicted in Figure 9 as held by a clinician.

[0043] Figure 14 illustrates a top perspective view of the insertion device in accordance with another embodiment.

[0044] Figure 15 illustrates a top perspective exploded view of the insertion device in accordance with the embodiment depicted in Figure 14.

15 [0045] Figure 16 illustrates a side cross-sectional view of the insertion device in accordance with the embodiment depicted in Figure 14.

[0046] Figure 17 illustrates a view of the embodiment depicted in Figure 14 as held by a clinician.

20 [0047] Figure 18 illustrates a view of the embodiment depicted in Figure 14 as held by a clinician using an alternative finger placement.

[0048] Figure 19 illustrates a top perspective view of the insertion device in accordance with another embodiment.

[0049] Figure 20 illustrates a top perspective exploded view of the insertion device in accordance with the embodiment depicted in Figure 19.

25 [0050] Figure 21 illustrates a side cross-sectional view of the insertion device in accordance with the embodiment depicted in Figure 19.

[0051] DETAILED DESCRIPTION OF THE INVENTION

30 [0052] The Figures described above and the written description of specific structures and functions below are not presented to limit the scope of what

Applicants have invented or the scope of the appended claims. Rather, the Figures and written description are provided to teach any person skilled in the art to make and use the inventions for which patent protection is sought. Those skilled in the art will appreciate that not all features of a commercial embodiment of the inventions are described or shown for the sake of clarity and understanding. Persons of skill in this art will also appreciate that the development of an actual commercial embodiment incorporating aspects of the present inventions will require numerous implementation-specific decisions to achieve the developer's ultimate goal for the commercial embodiment. Such implementation-specific decisions may include, and likely are not limited to, compliance with system-related, business-related, government-related and other constraints, which may vary by specific implementation, location and from time to time. While a developer's efforts might be complex and time-consuming in an absolute sense, such efforts would be, nevertheless, a routine undertaking for those of skill in this art having benefit of this disclosure. It must be understood that the inventions disclosed and taught herein are susceptible to numerous and various modifications and alternative forms. For clarity, it is to be understood that the word "proximal" refers to a direction relatively closer to a clinician using the device to be described herein, while the word "distal" refers to a direction relatively further from the clinician. For example, the end of a needle placed within the body of a patient is considered a distal end of the needle while the needle end remaining outside the body is a proximal end of the needle. Also, the words "includes," "including," "has," and "having" as used herein, including the claims, shall have the same meaning as the word "comprising." Also, the use of a singular term, such as, but not limited to, "a," is not intended as limiting of the number of items. Also, the use of relational terms, such as, but not limited to, "top," "bottom," "left," "right," "upper," "lower," "down," "up," "side," and the like are used in the written description for clarity in specific reference to the Figures and are not intended to limit the scope of the invention or the appended claims.

[0053] Applicants have created an insertion device for inserting a guidewire or similar article into a targeted body space of a patient using a single hand. The targeted body space may commonly be a vein and the article for inserting into the targeted body space a guidewire. The insertion device combines needle
5 insertion, suction application through the needle, and guidewire insertion into a single device that is operable using a single hand. The insertion device may optionally also include a sheath movably attached to the housing and configured to be able to be selectively advanced to cover the distal end of the needle. The sheath may be detachable from the housing to maintain a port into the targeted
10 body space.

[0054] In some various embodiments of the invention, the insertion device comprises a housing, a piercing structure with a lumen, wherein the piercing structure extends distally from the housing, a vacuum chamber that
15 communicates with the lumen of the piercing structure, and a guidewire, wherein the insertion device is configured to be operated with a single hand. The insertion device is configured to permit the piercing structure to be inserted into the body, while suction is applied through the lumen of the needle. When the targeted body space has been reached, the insertion device is configured such
20 that the guidewire can be advanced into the targeted body space using the single hand of the user.

[0055] In use, the housing of the insertion device is gripped with a single hand of the user. The distal end of the piercing structure is inserted into the
25 patient. Simultaneously, the user applies suction using a suction apparatus to confirm the targeted body space of the patient has been accessed. For instance, confirmation of piercing structure access to the lumen of a vein of the patient would be confirmed by the return of venous blood through the piercing structure lumen and/or visual ultrasound confirmation of needle tip location. Once
30 placement of the piercing structure in the targeted body space is confirmed, the

user advances the guidewire into the targeted body space using the single hand and can watch the wire trajectory in real time via ultrasound.

[0056] In some embodiments of the insertion apparatus, the housing includes grips configured to accommodate at least two fingers of the user. In some embodiments of the insertion apparatus, a sheath is coaxially disposed about the piercing structure and is affixed to a sheath movement element is movably affixed to the housing. The sheath can itself be permanently or removably affixed to the sheath movement element. In some embodiments, the vacuum chamber can be separate from the housing, or alternatively can be integral with the housing.

[0057] **FIGS. 1–4** depict various details of the insertion apparatus (“insertion apparatus,” “insertion tool,” or “insertion device”), generally depicted at **10**, according to one embodiment. As shown, the insertion device includes a main housing **20**. Main housing **20**, for reference in the figures, has a top side **20A** and a bottom side **20B**. Main housing **20** may include handles, **21A** and **21B**, as depicted in this particular embodiment. Handles **21A** and **21B** are configured to facilitate a user gripping and operating the insertion device using one hand and aspirating body fluid, as will be described in further detail below. In this embodiment, handles **21A** and **21B** comprise both a full-loop and a half-loop finger grip on each side of main housing **20**. In alternative embodiments, the handles may comprise only half-loop or only full-loop finger grips, and may number one to four on either side or both sides of main housing **20**. In the present embodiment, main housing **20** is composed of a thermoplastic such as polycarbonate and is substantially transparent, although manufacture using other suitable materials will readily be apparent to a person of skill in the art. If main housing **20** is made using a substantially non-transparent material, such as a substantially translucent or substantially opaque thermoplastic, it may be desirable to include cut-out or window areas in housing **20** to permit a user to

visualize needle hub **42** or vacuum chamber **50** during use as will be explained more fully below.

[0058] A hollow piercing structure, such as needle **40**, is affixed to a needle hub **42** at the proximal end **40A** of needle **40**. The proximal end **40A** of the needle **40** fits into a pocket in needle hub **37** and is fixed in place using an appropriate adhesive or other appropriate means as would be appreciated by a person of skill in the art. Needle **40** extends distally from needle hub **37** to distal end **40B** of the needle **40** where it terminates at a point or other sharp end suitable for piercing skin of a patient, such as bevel **41**. Needle hub **37** is configured to fit on the needle hub attachment **26** at the distal end of main housing **20**. The needle hub attachment **26** may or may not taper from the proximal end to the distal end, depending on the configuration of needle hub **37**. In this embodiment, needle hub attachment **26** is a male Luer-Lok connection fitting; needle hub **37** is a corresponding female Luer-Lok fitting. However, it will be understood that other appropriate fittings may be used, including friction fittings, to create a connection between needle hub **37** and needle hub attachment **26**. Appropriate fittings or other means of attaching the needle to the housing will create a connection that is substantially air-tight, as will be explained below. In some embodiments of the inventions, it may be desirable to provide an adjustable or removable connection between needle **40** and main housing **20** to permit the user to rotate needle **40** to adjust the orientation of needle bevel **41** relative to main housing **20**. It will also be appreciated that alternative embodiments of the inventions described herein need not require that needle **40** is removable, with a needle hub **37** or otherwise; indeed, alternative embodiments of the inventions described herein may include a needle **40** that is permanently attached to or otherwise an integral part of main housing **20**. Whether needle **40** is bonded to needle hub **37** or directly to main housing **20**, it is envisioned that a bond strength of at least about 3 in-lbs would be adequate for the practice of the inventions disclosed herein, recognizing that lower or

higher needle bond strengths may be sufficient or even preferable depending on the specific application to which the embodiments of the inventions are used.

[0059] Insertion device **10** further includes a means to create a vacuum to provide a suction. Specifically, suction would be provided as a pressure differential between the distal end **40B** of needle **40** and the suction means. In the present embodiment, the suction means is provided as a vacuum chamber **50** and a plunger **52**. As depicted in **FIGS. 1–4**, vacuum chamber **50** is shown as the barrel of a syringe. However, it will be apparent from this disclosure that vacuum chamber **50** need not be a syringe barrel that can be separated from main housing **20** as depicted in this embodiment. Alternatively, vacuum chamber **50** can be a portion of and contiguous with main housing **20**. In each embodiment, the volume of vacuum chamber **40** preferably is sufficient to provide for the aspiration of a volume of at least 4 milliliters of fluid, although a smaller volume could also be acceptable to practice the inventions disclosed herein. The distal end **52B** of plunger **52** includes a head **53** that creates a substantially air-tight annular seal against the wall of vacuum chamber **50**. In this embodiment, vacuum chamber **50** is depicted with nozzle **51** that fits substantially securely, by use of a friction fitting, into main housing **20** as shown. Alternative fittings, such as a male Luer-Lok fitting on the nozzle of vacuum chamber **50** and a female Luer-Lok fitting in main housing **20** would also be appropriate in this embodiment of insertion device **10**. The fitting of nozzle **51** to housing **20** makes a substantially air-tight seal between vacuum chamber **50** and lumen **35** in main housing **20**. Upon attachment of vacuum chamber **50** to main housing **20**, vacuum chamber **50** communicates with lumen **35**, which, in turn, communicates with the lumen of needle **40** from the distal opening **37** in housing **20** such that fluid can flow from distal end **40B** of needle **40**, through the needle lumen, through lumen **35**, through nozzle **51**, and into vacuum chamber **50**. In other words, lumen **35** serves as a conduit between the lumen of needle **40** and vacuum chamber **50**. The proximal plunger end **52A** can optionally be configured

to include a grip (not shown in **FIGS. 1–4**) such as a full or partial ring. The addition of a grip can be used by a clinician when drawing back plunger **52** with his or her thumb to create a vacuum in vacuum chamber **50**.

5 **[0060]** Insertion device **10** further includes a guidewire **60**. It is contemplated that insertion device **10** should be compatible with at least a 0.038-inch sized guidewire, although a person of skill in the art will appreciate that insertion device **10** may be designed to be specifically compatible with alternatively sized guidewires as may be necessary for a variety of procedures, practices, and applications. In this embodiment, guidewire **60** is disposed within guidewire housing **62**, and guidewire housing **62** is removably attached to main housing **20** at connector **68**. Guidewire housing **62** may be rigid or flexible, and is generally of sufficient length to hold the length of guidewire **50**. Further, guidewire housing **62** can be either removably or permanently attached to main housing **20**, or could be an integral part of main housing **20**. Guidewire housing **62** may additionally include a cap **63**. If present, cap **63** could serve a variety of purposes, including isolating guidewire **60** from the surrounding environment or to prevent guidewire **60** from being pushed out the proximal end of guidewire housing **62**. Main housing **20** is configured to allow the movement of guidewire **60** from the distal end of guidewire housing **62** at or about connector **68** along guidewire feed region **64** into lumen **36** of main housing **20**. Lumen **36** connects with lumen **35** in the main housing **20** at a point proximal to the connection of needle hub **37** to needle hub attachment **26**. Lumen **36** is configured to receive guidewire **60** at opening **27**. Lumen **36** is further configured to be fitted with a valve **28** between opening **27** and the point where lumen **36** joins with lumen **35**. Valve **28** is configured to allow the passage of guidewire **50** but to prevent the substantial flow of air that would substantially defeat a vacuum created by the proximal movement of plunger **52** in vacuum chamber **50**. It will be recognized by a person of skill in the art that while in this embodiment valve **28** is located at opening **27**, valve **28** could be placed at any location along lumen **36**. Moreover,

it will be recognized by a person of skill in the art that a valve may not be necessary if guidewire 60 fits within lumen 36 tightly enough to prevent the substantial flow of air through lumen 36 such that the creation of a vacuum in vacuum chamber 50 is defeated. Furthermore, any variety or types of valves or other methods to maintain the pressure differential could be employed, as will be appreciated by a person of skill in the art. Such a valve or method could, for example, be pressure-sensitive. For purposes of the inventions described herein, the seal between guidewire 60 and the wall of lumen 36, whether or not valve 28 is employed, should be able to maintain a pressure differential of at least about 300mmHg, although the inventions described herein could be practiced if a pressure differential of less than 300 mmHg was maintained across lumen 36.

[0061] In this embodiment, guidewire feed region 64 includes protrusion 65 between guidewire housing connector 68 and opening 27 to lumen 36, over which guidewire 60 passes. Guidewire feed region 64 is generally configured to be accessible by the thumb of the user while gripping main housing 20 with one hand; however, the configuration may be altered in some embodiments of the present inventions such that the guidewire feed region 64 is accessible by a finger of the one hand of the user gripping main housing 20. In this embodiment, the thumb of the user can be used to advance guidewire 50 through needle 40 toward distal end 40B of needle 40 and into the targeted body space of the patient. Of course, the thumb of the user may also be used to move guidewire 50 in the opposite direction, toward proximal end 40A of needle 40, for instance if guidewire 50 needs to be retracted into the lumen of needle 40 and repositioned, or otherwise retracted from the targeted body space. Protrusion 65 can serve to provide tactile feedback to the clinician while advancing (or retracting) guidewire 60, as well as to provide a raised surface to press against while advancing guidewire 60 to assist in the gripping of guidewire 60 to increase the efficiency of movement of guidewire 60. It will be appreciated that protrusion 65 can be replaced with other suitable structures configured to assist a user in moving

guidewire **60** along the guidewire feed region **64** in either a proximal or distal direction. Such suitable structures may include a pin and wheel arrangement, raised plate, partial sphere, or the like. Protrusion **65** may be aligned with an initial length marker on guidewire **60**, and compared to sequential markers on guidewire **60** to indicate the length of guidewire **60** that has been inserted into the patient.

[0062] In this embodiment, insertion device **10** includes a sheath **71** that is coaxially moveably disposed about needle **40**. Sheath **71** could optionally be echogenic to promote visualization via ultrasound. Sheath **71** is attached to sheath movement element **70** at sheath hub **74**. Sheath **71** may be permanently affixed to sheath movement element **70** at sheath hub **74** or may be removably attached, depending on the application and the specific use of the embodiment. Where sheath **71** is removably attached, sheath attachment would be configured so that sheath can be left in the tissue of the patient to provide a port through which the targeted tissue can be accessed. In this embodiment, sheath movement element **70** includes pusher **72**, spanning element **73**, sheath hub **74**, tab **75**, and groove connector **76**. Pusher **72** is configured to permit a user, while gripping main housing **20** with a single hand, to move sheath movement element **70** in proximal and distal directions using the thumb of the single hand. Movement of sheath movement element **70** in a distal direction would result in sheath **71** moving coaxially along needle **40** toward the needle distal end **40B**. Further, both the length of sheath **71** and the degree of movement permitted of sheath movement element **70** is sufficient to permit the furthest movement of sheath **71** in a distal direction to cover distal end **40B** of needle **40** to shield distal end **40B** of needle **40**. Conversely, movement of sheath movement element **70** in a distal direction would result in sheath **71** moving coaxially along needle **40** away from distal end **40B** of needle **40**. Continued movement of sheath movement element **70** would result in the exposure of needle distal end **40B**. Movement of the sheath movement element **70** in a distal direction from the

position depicted in **FIG. 4** results in tab **75** of sheath movement element **70** passing over ridge **24** and resting in notch **23** of housing **20**. Notch **23** is created on the proximal end by ridge **24** and on the distal end by stopper **25**. The contact of tab **75** with stopper **25** arrests the distal advancement of sheath movement element **70**, and therefore the extent of movement of sheath **71** in the distal direction. In use, the passage of tab **75** over ridge **24** creates tactile feedback to inform the clinician that the furthest extent of sheath **60** advancement is being reached. In addition, when tab **75** is resting in notch **23**, proximal movement of sheath movement element **70** is partially restricted by ridge **24**, thereby reducing the possibility of accidental retraction of sheath **71**. Sheath movement element **70** is moveably attached to housing **20** by the joining of groove **78** of sheath movement element **70** to rail **38** of main housing **20** and by joining grooves **39A** and **39B** on the right and left sides of main housing **20**, respectively, to rails **76A** and **76B**, respectively, of sheath movement element **70**. Sheath movement element **70** may be configured to be removable from main housing **20** by a user if the sheath functionality is not desired for a particular application of the inventions.

[0063] In this embodiment of insertion device **10**, sheath movement tab **72** is disposed on the bottom **21B** of housing **20** and guidewire **50** is disposed on the top **21A** of housing **20**. However, it will be appreciated by persons of skill in the art that the inventions described herein can be practiced with both the sheath movement tab **72** and the guidewire **50** disposed on the same side of housing **20**. Examples of such embodiments are described in detail below.

[0064] For example, **FIGS. 5–7** depict an embodiment of the inventions described herein where the movement of a sheath and the movement of the guidewire are controlled by the user from the same side of the insertion device. One of the advantages of the inventions described herein, as previously explained, is to permit a clinician, or user, to insert a guidewire to secure access

to a body space such as a vein using one hand. With the inventions disclosed herein, a clinician is able to puncture the body of a patient with a needle, confirm access to a targeted body space by aspirating fluid through that needle, and advance a guidewire to secure access into the targeted body space using a single hand. As explained herein, the ability to perform all of these activities with a single hand has numerous benefits for the clinician as well as the patient. To optimize the performance of all of these activities—piercing, confirming access, and securing access with a guidewire—the inventions described herein should allow the clinician to maintain hand position and function in an ergonomically beneficial manner. The consideration of human factors and ergonomics in the specific design and layout of the inventions described herein should allow for the insertion device to be maintained in an ergonomically-beneficial position such that the clinician is capable of puncturing the patient and advancing the needle of the invention device while aspirating fluid through the needle into the vacuum chamber of the insertion device. It will be apparent to a person of skill in the art that an additional ergonomic consideration is to permit the clinician to maintain fine control of the needle tip while aspirating fluid during insertion. It is also desirable that the clinician can clearly visualize the aspirated fluid while inserting the needle and simultaneous aspirating body fluid through the advancing or advanced needle.

[0065] While not necessary for the practice of the inventions described herein, it may be beneficial for the use of the insertion device that the guidewire be staged, or pre-loaded, in the needle during insertion of the needle into the patient so that the guidewire can be advanced into the targeted body space quickly after access to the targeted body space has been confirmed. Alternatively, it may be beneficial to preload the guidewire into the housing conduit distal to the valve but proximal to the needle lumen. It may be beneficial in some embodiments of the inventions disclosed herein that the insertion device has the ability to store some length of guidewire that may be required during the

access procedure. It may further be beneficial that the guidewire storage location be protected from the environment to keep the guidewire clean and/or sterile and to prevent the length of guidewire from interfering with the access procedure.

5 **[0066]** Returning now to **FIGS 5–7**, an embodiment of insertion device **110** according to the present inventions is depicted. As shown, the insertion device includes a main housing **120**, which has a top side **120A** and a bottom side **120B** when oriented during use by a clinician and for reference in these figures. As depicted, main housing **120** may include handles **121**, where, as referred to
10 in the figures, the right handle **121A** and the left handle **121B** are depicted from the perspective of a clinician, when insertion device **110** is oriented as it would be during use by the clinician. Handles **121A** and **121B** are configured to ergonomically facilitate the user gripping insertion device **110** by holding main housing **120** using a single hand as well as to facilitate aspiration, as will be
15 further described below. Each handle **121A** and **121B** comprise a full-ring finger grip (**134B**, **134C**) closer to main housing **120** and an open-ring finger grip (**134A**, **134D**) further from main housing **120**. However, it will be recognized that any combination of full-ring and open-ring finger grips may be utilized in the present invention, as well as varying numbers of finger grips on either side of
20 main housing **120** can be employed when practicing the inventions described herein. In this embodiment, handles **121A** and **121B** are provided symmetrically on the right and left side of main housing **120** to permit use by both right-hand dominant and left-hand dominant clinicians, as well as to allow for a variety of finger orientations as may be preferred by various individual clinicians. For
25 example, in one method of gripping insertion device **110**, a right-hand dominant user would hold insertion device **110** in the right hand with the top **120A** of main housing **120** pointing upwards, and the palm of the user's hand oriented against the bottom **120B** of main housing **120**. The orientation and position of fingers can vary according to the preference and comfort of the clinician. For instance, a
30 user may choose to orient his or her grip so that the tip of the first, or index,

finger is inserted in the full ring grip of the right handle **121A**. The second finger may be inserted in the full ring closest to main housing **110** of left handle **121B**. The third finger could then be positioned in the open ring of handle **121B**, further from main housing **110**. It should be noted that the reference to “top” and “bottom” and “right” and “left” is used only for purposes of describing the possible gripping and ergonomic disposition of insertion device **110**, and is not meant in any way to suggest that the “top” and “bottom” and “right” and “left” orientation is to be maintained during use of the insertion device **110**. For instance, a user may find the most comfortable and effective orientation of insertion device **110** is to hold insertion device **110** with what is referred to here as the right handle **121A** oriented up, allowing the clinician to have the fifth finger of the hand nearest to the patient, using the small finger to brace the hand against the patient and help stabilize insertion device **110** and allow for even greater control of needle **140** movement during insertion and aspiration. With insertion device **110** being grasped by the fingers of the dominant hand, for example as described above, the clinician’s thumb is free to manipulate, for example, plunger **152** by use of grip **154**, guidewire **160**, and sheath movement tab **172**. Additional details of use of embodiments of this invention are described below.

[0067] Main housing **120** is composed of thermoplastic such as polycarbonate and is substantially transparent, although as with other embodiments of the present inventions, manufacture of main housing **120** may be performed using other suitable materials will readily be apparent to a person of skill in the art. If main housing **120** is made using a substantially non-transparent material, such as a substantially translucent or substantially opaque thermoplastic, it may be desirable to include cut-out or window areas in main housing **120** to permit a user to visualize needle hub **142** or vacuum chamber **150** during use. Main housing **120** is illustrated herein as comprising a single, unitary piece, manufactured using a suitable method such as injection molding or 3D printing. However, it will be appreciated that main housing **120** could be

constructed using multiple pieces, such as a top and a bottom in a shell-like arrangement, as long as the bonding of such top and bottom pieces was sufficiently air-tight to allow an appropriate vacuum to be maintain in vacuum chamber **150** and lumens **135** and **136**. In the present embodiment, however, maintenance of the seal in vacuum chamber **150** would not be dependent on a seal between a top portion and a bottom portion of housing **120** because in this embodiment vacuum chamber **150** comprises a unitary syringe barrel.

[0068] A hollow piercing structure, such as needle **140**, is affixed to a needle hub **142** at the proximal end **140A** of needle **140**. The proximal end **140A** of the needle **140** fits into a pocket in needle hub **137** and is fixed in place using an appropriate adhesive or other appropriate means as would be appreciated by a person of skill in the art, including, for instance, but not limited to, ultra-violet cured epoxy. Needle **140** extends distally from needle hub **137** to distal end **140B** of the needle **140** where it terminates at a point or other sharp end suitable for piercing skin of a patient, such as bevel **141**. Needle hub **137** is configured to fit on the needle hub attachment **126** at the distal end of main housing **120**. Needle hub attachment **126** may or may not taper from the proximal end to the distal end, depending on the configuration of needle hub **137**. In this embodiment, like other embodiments that include a needle hub, needle hub attachment **126** is a male Luer-Lok connection fitting and needle hub **137** is a corresponding female Luer-Lok fitting. A person of skill in the art will appreciate that other appropriate fittings may be used, including friction fittings, to create a connection between needle hub **137** and needle hub attachment **126**. Appropriate fittings or other means of attaching the needle to the housing will create a connection that is substantially air-tight, as will be explained below, and will allow for a pressure differential to be maintained between the distal end **140B** of needle **140** and vacuum chamber **150** of at least about 300 mmHg. In some embodiments of the inventions, it may be desirable to provide an adjustable or removable connection between needle **140** and main housing **120**

that permit the user to rotate the orientation of needle **140** to adjust the direction of angle of needle bevel **141** relate to main housing **120**. Such adjustment of needle bevel **141** may be useful to accommodate ambidextrous usage of insertion device **110** and to accommodate clinician personal preferences. It will also be appreciated that alternative embodiments of the inventions described herein need not require that needle **140** is removable. It will be appreciated that where needle **140** is not removable, needle **140** may be permanently attached to or otherwise integral with main housing **120**. Whether needle **140** is bonded to needle hub **137** or directly to main housing **120**, it is envisioned that a bond strength of at least about 3 in-lbs would be adequate for the practice of the inventions disclosed herein, recognizing that lower or higher needle bond strengths may be sufficient or even preferable depending on the specific application to which the embodiments of the inventions are used.

[0069] Vacuum chamber **150** is included in insertion device **110**, allowing for the creation of a suction sufficient to aspirate fluid from the distal end **140B** of needle **140**, through the lumen of needle **140**, and into vacuum chamber **150**. As previously explained, it is believed that a suction of at least approximately 300 mmHg should be sufficient for the practice of the inventions described herein, although it will be apparent that lower pressure differentials may be sufficient, depending on the specific design of the embodiment and the specific application in which it will be used. As depicted in **FIGS. 5–7**, vacuum chamber **150** is depicted as the barrel of a syringe. However, and as described previously, it will be apparent from this disclosure that vacuum chamber **150** need not be a separate syringe barrel. Alternatively, vacuum chamber **150** can be a portion of and contiguous with main housing **120**. The volume of vacuum chamber **150** preferably is sufficient to provide for the aspiration of a volume of at least 4 milliliters of fluid, although a smaller volume could also be acceptable to practice the inventions disclosed herein. Distal end **152B** of plunger **152** includes a head **153** that is capable of creating a substantially air-tight annular seal against the

5 wall of vacuum chamber **150**. In this embodiment, vacuum chamber **150** is depicted with nozzle **151** that fits substantially securely, by use of a male Luer-Lok fitting, into a female Luer-Lok fitting that is included in main housing **120** as shown in **FIG. 7**. In this embodiment, the female Luer-Lok fitting is molded (for instance using injection molding) or printed (for instance using 3D printing) as an integral part of housing **120**. Alternative fittings, such as suitable friction fittings, would also be appropriate in this embodiment of insertion device **110**. The fitting of nozzle **151** to housing **120** makes a substantially air-tight seal between vacuum chamber **150** and lumen **135** in main housing **120**. Upon attachment of vacuum chamber **150** to main housing **120**, vacuum chamber **150** communicates with lumen **135**, which, in turn, communicates with the lumen of needle **140** from the distal opening **137** in housing **120** such that fluid can flow from distal end **140B** of needle **140**, through the needle lumen, through lumen **137**, through nozzle **151**, and into vacuum chamber **150**. In other words, lumen **137** serves as a conduit between the lumen of needle **140** and vacuum chamber **150**. Proximal end **152A** of plunger **150** includes a grip **154** such as a full or partial ring. In the present embodiment, grip **154** is depicted as a partial ring. Grip **154** can be used by a clinician in when drawing back plunger **152** with his or her thumb to create a vacuum in vacuum chamber **150**.

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[0070] Insertion device **110** further comprises a guidewire **160**. In this embodiment, guidewire **160** is disposed within guidewire housing **162**, although it will be understood that guidewire housing **162** is not necessary to practice the inventions disclosed herein. In this embodiment, guidewire housing **162** is removably attached to main housing **120** at guidewire housing connector **168**. Guidewire housing **162** may be retained onto handle **121A** (if insertion device **110** is used in the right hand) or onto handle **121B** (if insertion device **110** is used in the left hand) by the addition of a clip or other suitable retention structure (not shown) to handles **121**. Guidewire housing **162** may be rigid or flexible, and of sufficient length to hold the length of guidewire **150** that is not otherwise

disposed within housing **120** or needle **140**. Further, guidewire housing **162** can be either removably or permanently attached to main housing **120**, or could be an integral part of main housing **120**. Guidewire housing **162** may additionally include cap **163**. If present, cap **163** could serve a variety of purposes, including isolating guidewire **160** from the surrounding environment or to prevent guidewire **160** from being pushed out the proximal end of guidewire housing **162**. Main housing **120** is configured to allow the movement of guidewire **160** from the distal end of guidewire housing **162** at or about connector **168** along guidewire feed region **164** into lumen **136** of main housing **120**. Lumen **136** connects with lumen **135** in the main housing **120** at a point proximal to the connection of needle hub **137** to needle hub attachment **126**. Lumen **136** is configured to receive guidewire **150** at opening **127**. In this embodiment, lumen **136** is further configured to be fitted with a valve **128** between opening **127** and the point where lumen **136** joins with lumen **135**. Valve **128** is configured to allow the passage of guidewire **150** but to prevent the substantial flow of air that would substantially defeat a vacuum created by the proximal movement of plunger **152** in vacuum chamber **150**. It will be recognized by a person of skill in the art that while in this embodiment valve **128** is located at opening **127**, valve **128** could be placed at any location along lumen **136**. Moreover, it will be recognized by a person of skill in the art that a valve may not be necessary if guidewire **150** fits within lumen **136** tightly enough to prevent the substantial flow of air through lumen **136** such that the creation of a vacuum in vacuum chamber **150** is defeated. For purposes of the inventions described herein, the seal between guidewire **160** and the wall of lumen **136**, whether or not valve **128** is employed, should be able to maintain a pressure differential of at least about 300mmHg, although the inventions described herein could be practiced if a pressure differential of less than 300 mmHg was maintained across lumen **136**. It is contemplated that most commonly insertion device **110** would be configured to accommodate a 0.038-inch sized guidewire, although various other sized

guidewires could be suitable depending on the specific applications insertion device **110** was intended.

[0071] In this embodiment, guidewire feed region **164** includes wheel **165** between guidewire housing connector **168** and opening **127** to lumen **136**, over which guidewire **150** passes. Wheel **165** is disposed about an axle **166** that, in turn, is held onto housing **120** using two opposed axle mounts **167A** and **167B**, on the right and left sides, respectively, of housing **120**. Wheel **165** is configured to turn about axle **166**. Alternatively, wheel **165** may be fixed to axle **166**, and axle **166** is configured to turn within axle mounts **167A** and **167B**. Guidewire feed region **164** is generally configured to be accessible by the thumb of the user while gripping main housing **120** with one hand; however, the configuration may be altered in some embodiments of the present inventions such that the guidewire feed region **164** is accessible by a finger of the one hand of the user gripping main housing **120**. In this embodiment, the thumb of the user can be used to advance guidewire **150** through needle **140** toward distal end **140B** of needle **140** and into the targeted body space of the patient. Of course, the thumb of the user may also be used to move guidewire **150** in the opposite direction, toward proximal end **140A** of needle **140**, for instance if guidewire **150** needs to be retracted into the lumen of needle **140** and repositioned, or otherwise retracted from the targeted body space. Wheel **165** can serve to provide tactile feedback to the clinician while advancing (or retracting) guidewire **150**, as well as to provide a raised surface against which to press guidewire **150** to assist in gripping of guidewire **160** to more efficient movement of guidewire **150**.

[0072] In this embodiment, insertion device **110** includes a sheath **171** that is coaxially moveably disposed about needle **140**. Sheath **171** is attached to sheath movement element **170** at sheath hub **174**. Notably, sheath **171** may be permanently or removably attached to sheath hub **174**. Where sheath **171** is removably attached to sheath hub **174**, sheath may be detached after the

placement of the guidewire in the targeted tissue so that a port can be maintained into the targeted tissue space. In this embodiment, sheath movement element **170** includes sheath movement tab **172**, arms **173A** and **173B**, sheath hub **174**, tab **175**, and grooves **176A** and **176B**. Sheath movement tab **172** is configured to permit a user, while gripping main housing **120** with a single hand, to move sheath movement element **170** in proximal and distal directions using the thumb of the single hand. Movement of sheath movement element **170** in a distal direction would result in sheath **171** moving coaxially along needle **140** toward distal end **140B** of needle **140**. Further, both the length of sheath **171** and the degree of movement permitted of sheath movement element **170** is sufficient to permit the furthest movement of sheath **171** in a distal direction to cover distal end **140B** of needle **140** to shield distal end **140B** of needle **140**. Conversely, movement of sheath movement element **170** in a distal direction would result in sheath **171** moving coaxially along needle **140** away from distal end **140B** of needle **140**. Continued movement of sheath movement element **170** would result in the exposure of needle distal end **140B**. Movement of the sheath movement element **170** in a distal direction from the position depicted in **FIG. 5** results in tab **175** of sheath movement element **170** passing over ridge **124** and resting in notch **125** of housing **120**. Notch **125** is created on the proximal end by ridge **124** and on the distal end by stopper **125**. The contact of tab **175** with stopper **125** arrests the distal advancement of sheath movement element **170**, and therefore the extent of movement of sheath **160** in the distal direction. In use, the passage of tab **175** over ridge **124** creates tactile feedback to inform the clinician that the furthest extent of sheath **160** advancement is being reached. In addition, when tab **175** is resting in notch **123**, proximal movement of sheath movement element **170** is partially restricted by ridge **124**, thereby reducing the possibility of accidental retraction of sheath **171**. Sheath movement element **170** is moveably attached to housing **120** by the joining of grooves **176A** and **176B** of sheath movement element **170** to rails **139A** and **139B** of housing **120**.

[0073] In this embodiment of insertion device 110, sheath movement element 170 is disposed on the top 120A of housing 120 and guidewire 150 is also disposed on the top 120A of housing 120. However, it will be appreciated by persons of skill in the art that the inventions described herein can be practiced with both the sheath movement element 170 and the guidewire 150 disposed on the opposite sides of housing 120, as described elsewhere herein.

[0074] As indicated above, the embodiment of the inventions disclosed herein, where the insertion device includes a sheath and finger grips such as depicted in FIGS. 5–7 can be used to perform a venous access procedure according to the inventions disclosed herein using the ultrasound-guided modified Seldinger Technique. FIG. 8 shows an example view of this embodiment in use. In use, a clinician grips the insertion device 110 in the dominant hand and an ultrasound probe (not shown) in the non-dominant hand. In a right-hand dominant user, the index finger is inserted into the closed-ring finger grip 134B on the right side (as oriented in FIGS. 5–7 from the perspective of viewing insertion device 110 from the proximal end) of main housing 120. The clinician's middle finger of the dominant hand is inserted into the closed-ring finger grip 134C on the left side of main housing 120, and the ring finger of the dominant hand is situated in the open-ring finger grip 134D on the left side of main housing 120. When prepared for use, guidewire 160 may be positioned within conduit 136 or in the lumen of needle 140, with the distal end of guidewire 160 reasonably close to, but proximal to, tip 141 of needle 140. Such pre-positioning of guidewire 160 in conduit 136 or in the lumen of needle 140 can assist in the rapid deployment of guidewire 160 into the targeted body space. However, such pre-positioning of guidewire 160 or other wire-like structure to be inserted into the targeted body space within the lumen of needle 140 is not necessary for the practice of this method.

[0075] With sheath movement element 170 in a distal position, such that the tip 141 of needle 140 is exposed, the clinician presses the tip 141 of needle 140 against a patient's skin and uses it to penetrate through tissue. While the clinician is inserting the needle, the clinician uses the ultrasound probe and the cross-sectional and longitudinal images produced by the ultrasound machine to follow the progress of needle 140 as it pierces through the tissue. Also while the clinician is inserting needle 140 through patient tissue, the clinician uses the thumb of the dominant hand to draw back plunger 152 using grip 154, thereby creating a suction in vacuum chamber 150. The suction created in vacuum chamber 150 in turn results in a suction at tip 141 of needle 140 through conduit 135. Body fluid is drawn from the region around tip 141 of needle 140, through the needle lumen, through conduit 135 and into vacuum chamber 150. When the tip 141 of needle 140 accesses and pierces the targeted vein, blood flows through the lumen of needle 140, into conduit 135 and into vacuum chamber 150. Visualization of blood in needle hub 142, conduit 135, and/or vacuum chamber 150 indicates to the clinician that the targeted vein has been reached and punctured. It will be appreciated that where this process is applied for the access of targeted body regions other than veins, the appearance of other, appropriate body fluids in needle hub 142, conduit 135, and/or vacuum chamber 150 would indicate that the particular targeted body region had been reached.

[0076] Once the targeted body region, in this example the vein, has been reached, the clinician stops moving needle 140 forward. The clinician then uses the thumb of the dominant hand to push sheath movement tab 172 to move sheath movement element 170 in a distal direction. The distal movement of sheath movement element 170 results in the distal coaxial movement of sheath 171 in a distal direction to cover tip 142 of needle 140. This deployment of sheath 170 in a distal direction to cover tip 142 of needle 140 partially secures access in the vein and tends to prevent further tissue damage by shielding the patient's tissue from the sharp tip 142 of needle 140. When sheath 170 has been

advanced to cover tip **142** of needle **140**, the clinician uses the thumb of the dominant hand to press guidewire **160** against roller **165** and advance guidewire **160** in a distal direction by repeatedly moving the thumb along the guidewire feed region **164** and over roller **165**. As explained above, roller **165** may be easily replaced in some embodiments of the inventions disclosed herein with a protrusion, button, or other structure in guidewire feed region **164** configured to aid the clinician in advancing guidewire **160** in a distal direction and/or retracting guidewire **160** in a proximal direction.

[0077] In this manner, the clinician uses the thumb to advance guidewire **160** in a distal direction, through conduit **136** and valve **127** into the lumen of needle **140**, past the tip **141** of needle **140** and ultimately past the distal end of sheath **171** into the vein or other targeted body space. Because the access device allows for single-handed venipuncture and insertion, the operator can use ultrasound imaging to visualize the needle tip while it is inside of the vein and the guidewire as it is advanced into the vein. Consequently, the risk of tissue injury diminishes. Furthermore, retaining ultrasound visibility allows the operator to ensure that the guidewire is going into the targeted vein as he inserts it. After the operator inserts the guidewire into the vein to the desired length, the access device is removed while the guidewire remains in place for dilation and catheter, sheath, or cannula insertion.

[0078] **FIGS. 9–12** depict an embodiment of the inventions disclosed herein. Insertion device **210** comprises a main housing **220** that includes, for reference in these figures, a top side **220A** and bottom side **220B**. Main housing **220** may include handles **221A** and **221B**, on the right and left sides of main housing **220**, respectively. Handles **221A** and **221B** are configured to facilitate the ergonomic gripping of insertion device **210** by a user, or clinician, with a single hand. As shown in the figures, in this embodiment, handles **221A** and **221B** each comprise two grips, where the grip closer to main housing **220** is a

full-loop finger grip and the grip away from main housing **220** is a partial-loop finger grip. As is apparent to a person of skill in the art, handles **220A** and **220B** would be configured to include unequal number of grips on each side of main housing **220**, and such grips may be any appropriate combination of full-loop or partial-loop grips, as well as other, non-loop type grips. Main housing **220** is comprised of thermoplastic such as polycarbonate and is transparent, although manufacture using other suitable materials will be readily apparent to a person of skill in the art. If main housing **220** is constructed of a translucent or opaque material, main housing **220** may be configured to include transparent regions (not shown) to permit the user to view the inside of vacuum chamber **250** and/or conduit **235**, as will be further described below.

[0079] Main housing **220** includes a main housing cap **229**, additional details of which are depicted in **FIG. 10**. Main housing cap **229** includes needle attachment opening **231**, conduit **236A**, and channel **235A**. Main housing cap **229** is formed of substantially transparent thermoplastic such as polycarbonate. However, it will be recognized that main housing cap **229** may be formed of other materials as well, and may be translucent, substantially opaque, or opaque. In the event that main housing cap **229** is not formed of material that is substantially transparent, it may be desirable to form main housing cap **229** with a clear, or substantially transparent, section, such as a window, that would permit a user to visualize contents of channel **235A** while insertion device **210** is in use, in particular to allow user to visualize the presence of fluid from the targeted body space in channel **235A** while aspirating into vacuum chamber **250**. In this embodiment, needle attachment opening **231** is continuous with conduit **236A**, which runs through main housing cap **229**. When main housing cap **229** is mounted onto main housing **220**, conduit **236A** in main housing cap **229** is contiguous with conduit **236B** in main housing **220**. Main housing cap **229** can be affixed to main housing **220** using a variety of suitable methods such as, for instance, ultrasonic welds, epoxy, or resin for a permanent attachment. It will be

appreciated that main housing cap **229** may also be temporarily affixed to main housing **220** using clips, screws, or other suitable means. In an instance where main housing cap **229** is temporarily affixed to main housing **220**, it will be recognized by a person of skill in the art that additional seals may be deployed to ensure that conduits **235A**, **235B**, **236A**, and **236B** are substantially air-tight during use such that the necessary pressure differential, as described herein, can be maintained to permit the aspiration of body fluids from the targeted body space.

[0080] A hollow piercing structure, such as needle **240**, is included in insertion device **210**. Proximal end **240A** of needle **240** is affixed, through needle attachment opening **231** and through conduit **236A** of main housing cap **229**, into conduit **236B** of main housing **220**. Various methods of affixing needle **240** to main housing cap **229** and main housing **220** will be appreciated, including plastic cement, appropriate epoxy, and ultraviolet curing. However, to practice the inventions disclosed herein, it is not necessary that needle **240** be permanently affixed to main housing cap **229** and/or main housing **220**. Indeed, it will be appreciated that in some embodiments of the inventions disclosed herein, it may be desirable for needle **240** to be movably and/or removably attached to main housing cap **229** and/or main housing **220** so that, for example, needle **240** can be changed or for example, the orientation of needle **240** can be altered so that the direction of bevel **241** of needle **240** can be adjusted relative to the orientation of housing **220**.

[0081] The region around proximal end **240A** of needle **240** includes an opening **243** along the shaft of needle **240** that is in communication with the lumen of needle **240**. Opening **243** on needle **240** is oriented to communicate with conduit **235A** to permit the flow of aspirated body fluids from the region of the distal end **240B** of needle **240**, through the lumen of needle **240**, and into

conduit **235A**. Such aspirated body fluids would be permitted to flow through conduit **235A** into conduit **235B** and ultimately into vacuum chamber **250**.

[0082] Insertion device **210** further includes a vacuum chamber **250** configured to receive plunger **252**. Vacuum chamber **250** is in communication with conduits **235B** and **235A** such that pressure differential created in vacuum chamber **250** will create a suction passing through conduit **235** into the lumen of needle **240**, to permit the aspiration of fluids through the distal tip **240B** of needle **240**. Plunger **252** includes a proximal end **252A** and a distal end **252B**. Distal end **252B** of plunger **252** includes a head **253** that has a size and shape sufficient to create a substantially air-tight annular seal between the edge of head **253** and the side walls of vacuum chamber **250**. Proximal end **252A** of plunger **252** includes a handle **254** that is configured to receive the thumb or finger of a user while using insertion device **210**. Handle **254** in this embodiment is depicted as an open ring; however, it will be appreciated that handle **254** can be configured as a closed ring, a tab, or any other suitable design that will permit the user to draw back plunger **252** in vacuum chamber **250** with a digit of the single hand used to hold insertion device **210** while in use. It will also be appreciated that while vacuum chamber **250** is depicted in this embodiment as a contiguous part of main housing **220**, vacuum chamber **250** could be a separate structure, such as a syringe, that may be coupled to main housing **220** in a substantially air-tight manner to permit the creation of a pressure differential sufficient to aspirate fluids from the targeted body cavity of a patient.

[0083] Insertion device **210** is further configured to include guidewire **260**. In this embodiment, the proximal region of guidewire **260** is disposed within guidewire housing **262**, which, in turn, is removably attached to main housing **250** at guidewire housing connector **268**. Guidewire housing **262** may be either rigid or flexible, and may be permanently or removably attached to main housing **220**. Further, as shown in the Figures, guidewire housing **262** may be configured

to receive cap **263**. Cap **263** can serve to retain guidewire **260** in guidewire housing **262**, as well as to isolate guidewire **260** from potential contaminants in the surrounding environment.

5 **[0084]** Guidewire **260** spans guidewire feed region **264**. Main housing **220** is configured to receive the distal end of guidewire **260** in conduit **236**. In this embodiment, valve **228** is provided and configured to permit guidewire **260** to pass through it prior to entering conduit **236**. As shown, valve **228** is held in place on main housing **220** by use of cap **230**. Cap **230** is affixed to main
10 housing **220** as a snap-fit assembly. Like valve **228**, cap **230** is configured to permit guidewire **260** to pass through it prior to entering conduit **236** as shown, for example, in **FIG. 12**. It will be appreciated that cap **230** may be affixed to main housing **220** as a snap-fit assembly or in a variety of other means, such as epoxy, plastic cement, or ultra-violet curing. Additionally, while the figures
15 depicting this embodiment show valve **228** at a proximal edge of main housing **228**, it will be understood that valve **228** may be placed not only at the entrance of conduit **236**, but alternatively at any location along conduit **236**. For example, valve **228** could be placed between a distal end of main housing **220** and a proximal end of main housing cap **229**. In this latter configuration, cap **230** would
20 not be necessary to hold valve **228** in place.

[0085] Valve **228** serves in insertion device **210** to prevent the substantial movement of air through conduit **236B** such that the pressure differential created by the proximal movement of plunger **252** in vacuum chamber **250** would be
25 defeated. Preferably, valve **228** would provide an air-tight seal around the guidewire of at least about 300 mmHg of pressure. Valve **228** may be pressure-sensitive. However, it will be appreciated that the function of the inventions disclosed herein, and specifically the aspiration of fluid from a targeted body space through the lumen of needle **240** and ultimately into vacuum chamber
30 **250**, the inventions disclosed herein could be practiced with a vacuum of more or

less than about 300 mmHg pressure, depending on the specific application and design of the insertion tool **210**. It will also be apparent that valve **228** may not be necessary to maintain the necessary vacuum, if the entry to conduit **236B** is sized so that the guidewire itself creates a sufficient seal to substantially prevent the flow of air through conduit **236B** during aspiration. It will be apparent to persons of skill in that art that other suitable means to maintain pressure differential across conduit **236** may be employed. For instance, conduit **236** may be configured with two valves, in which case guidewire **260** (or other wire-like structure to be inserted into the targeted body space) can be preloaded into conduit **236** with the distal end of guidewire **260** positioned between the two valves.

[0086] When insertion tool **210** is prepared for use, it may be beneficial that guidewire **260** is configured within needle **240**, with the distal end of guidewire **260** close to distal end **240B** of needle **240**. The tip of the distal end of guidewire **260**, however, should not extend through the distal end **240B** of needle **240**, and should remain clear of bevel **241** of needle **240**. However, when the distal tip of guidewire **260** is placed near the distal end **240B** of needle **240** when insertion device **210** is prepared for use, the user is able to more rapidly advance guidewire **260** into the targeted body space, thus securing access to the targeted body space, as soon as puncture of the targeted body space is confirmed, such as through the aspiration of appropriate body fluids through conduit **235** and/or into vacuum chamber **250**.

[0087] The use of the inventions disclosed herein is not limited to devices that include a sheath. For instance, the embodiment depicted in **FIGS. 9–12** can be used to perform a venous access procedure using the ultrasound-guided modified Seldinger Technique according to the invention described herein. **FIG. 13** shows an example view of this embodiment in use. In use, a clinician grips the insertion device **210** in the dominant hand and an ultrasound probe (not

shown) in the non-dominant hand. In a right-hand dominant user, the index finger is inserted into the closed-ring finger grip **234B** on the right side (as oriented in **FIGS. 9–12** from the perspective of viewing insertion device **210** from the proximal end) of main housing **220**. The clinician's middle finger of the dominant hand is inserted into the closed-ring finger grip **234C** on the left side of main housing **220**, and the ring finger of the dominant hand is situated in the open-ring finger grip **234D** on the left side of main housing **220**. When prepared for use, guidewire **260** may be positioned within conduit **236**, with the distal end of guidewire **260** reasonably close to, but proximal to, tip **241** of needle **240**. Such pre-positioning of guidewire **260** in the lumen of needle **240** can assist in the rapid deployment of guidewire **260** into the targeted body space. However, such pre-positioning of guidewire **260** within the lumen of needle **240** is not necessary for the practice of this method.

[0088] The clinician presses the tip **241** of needle **240** against a patient's skin and uses it to penetrate through tissue. While the clinician is inserting the needle, the clinician uses the ultrasound probe and the image produced by the ultrasound machine to follow the progress of needle **240** as it pierces through the tissue. Also while the clinician is inserting needle **240** through patient tissue, the clinician uses the thumb of the dominant hand to draw back plunger **252** using grip **254**, thereby creating a suction in vacuum chamber **250**. The suction created in vacuum chamber **250** in turn results in a suction at tip **241** of needle **240** through conduit **235**. Body fluid is drawn from the region around tip **241** of needle **240**, through the needle lumen, through conduit **235** and into vacuum chamber **250**. When the tip **241** of needle **240** accesses and pierces the targeted vein, blood flows through the lumen of needle **240**, into conduit **235A** and **235B** and into vacuum chamber **250**. Visualization of blood in conduit **235A**, conduct **235B**, and/or vacuum chamber **250** indicates to the clinician that the targeted vein has been reached and punctured. It will be appreciated that where this process is applied for the access of targeted body regions other than veins,

the appearance of other, appropriate body fluids in conduit **235A** conduit **235B**, and/or vacuum chamber **250** would indicate that the particular targeted body region had been reached.

5 **[0089]** Once the targeted body region, in this example the vein, has been reached, the clinician stops moving needle **240** forward. The clinician uses the thumb of the dominant hand to press guidewire **260** against protrusion **265** and advance guidewire **260** in a distal direction by repeatedly moving the thumb along the guidewire feed region **264** and over protrusion **265**. As explained
10 above, protrusion **265** may be easily replaced in some embodiments of the inventions disclosed herein with a wheel, button, or other structure in guidewire feed region **264** configured to aid the clinician in advancing guidewire **260** in a distal direction and/or retracting guidewire **260** in a proximal direction.

15 **[0090]** In this manner, the clinician uses the thumb to advance guidewire **260** in a distal direction, through conduit **236** and valve **228** into the lumen of needle **240**, past the tip **241** of needle **240** and into the vein or other targeted body space. Because the access device allows for single-handed venipuncture and insertion, the operator can use ultrasound imaging to visualize the needle tip
20 while it is inside of the vein and the guidewire as it is advanced into the vein. Consequently, the risk of tissue injury diminishes. Furthermore, retaining ultrasound visibility allows the operator to ensure that the guidewire is going into the targeted vein as he inserts it. After the operator inserts the guidewire into the vein to the desired length, the access device is removed while the guidewire
25 remains in place for dilation and catheter, sheath, or cannula insertion.

[0091] **FIGS. 14–16** depict an embodiment of the invention, insertion device **310**. As has been explained, one of the benefits of the inventions disclosed herein is to permit a clinician, or user, to insert an object, such as a
30 guidewire, into a targeted body space to secure access to the targeted body

space using one hand. With the inventions disclosed here, the clinician can puncture the body of the patient with a hollow piercing object, such as a needle, confirm access to the targeted body space by aspirating body fluid through the hollow piercing structure, and advance a guidewire to secure access into the targeted body space, all using a single hand. Typically, the dominant hand of the clinician will be used to secure access to the targeted body space, while the clinician's other hand is used to hold an ultrasound probe or other visualization tool to watch the advancement of the hollow piercing structure into the patient, watch the movement of the hollow piercing structure within the patient, and watch the advancement of the guidewire into the patient. As the insertion devices that embody the inventions described herein are configured to be operated by one hand, ergonomic considerations should be evaluated when designing insertion tools according to the inventions described herein. Considering the present embodiment of the inventions, insertion device **310** is configured to be held by clinician using a single hand with a generally overhand grip. Comparing the present embodiment to other possible embodiments of the inventions described herein, it will be clear to a person of skill that the described inventions can be practiced using a variety of configurations and ergonomically beneficial designs. Such designs can be configured to be used in the right hand, in the left hand, or in either the right hand or the left hand. It will be clear that there are certain economic and practical benefits that can be obtained by employing the disclosed inventions in ambidextrous configurations, *i.e.*, configurations that be used in either the right hand or the left hand.

[0092] The embodiment depicted in **FIGS. 14–16**, like other embodiments disclosed herein, is configured to be used in either the right hand or the left hand of a clinician. As shown, insertion device **310** includes main housing **320**. Main housing **320**, for reference in the figures, has a top side **320A** and a bottom side **320B**. Main housing **320** includes handle **321** toward the distal end of main housing **320**, extending from bottom side **320B** and main housing **320**. Handle

321 is used to facilitate the gripping of insertion device **310** using a single hand. Typically, insertion device **310** is gripped using only the dominant hand of a clinician, or user, as will be described in more detail below. Handle **321** can be configured using a variety of arrangements. In this embodiment, handle **321** is preferably configured to allow the clinician to grip the distal end of handle **321** with either the middle finger or the index finger of the dominant hand. In the present embodiment, main housing **320** is composed of thermoplastic such as polycarbonate and is substantially transparent. Construction of main housing **320** using material that is substantially transparent facilitates the visualization by the clinician of body fluids that are aspirated into various portions of main housing **320**, as will be explained in further detail below. If main housing **320** is made of a substantially non-transparent material, such as a substantially translucent or substantially opaque thermoplastic, it may be desirable to include cut-out or other window-type areas in housing **320** to permit the clinician to visualize into various conduits (such as conduit **335**) and/or vacuum chamber **350** during use as will be explained in further detail below. The proximal end of main housing **320**, in this embodiment, has a rounded end that may increase grip stability and comfort in the hand of the user. In addition, the bottom **320B** of main housing **320** is configured to have a comfort grip shape that can add to stability and comfort in the hand of the user.

[0093] Main housing **320** includes a main housing cap **329**. Main housing cap **329** includes needle attachment opening **331**, conduit **336A**, and channel **335A**. Main housing cap **329** is formed of substantially transparent thermoplastic such as polycarbonate. However, it will be recognized that main housing cap **329** may be formed of other materials as well, and may be translucent, substantially opaque, or opaque. In the event that main housing cap **329** is not formed of material that is substantially transparent, it may be desirable to form main housing cap **329** with a clear, or substantially transparent, section, such as a window, that would permit a user to visualize contents of channel **335A** while

insertion device **310** is in use, in particular to allow user to visualize the presence of fluid from the targeted body space in channel **335A** while aspirating into vacuum chamber **350**. In this embodiment, needle attachment opening **331** is continuous with conduit **336A**, which runs through main housing cap **329**. When
5 main housing cap **329** is mounted onto main housing **320**, conduit **336A** in main housing cap **329** is contiguous with conduit **336B** in main housing **320**. Main housing cap **329** can be affixed to main housing **320** using a variety of suitable methods such as, for instance, ultrasonic welds, epoxy, or resin for a permanent attachment. It will be appreciated that main housing cap **329** may also be
10 temporarily affixed to main housing **320** using clips, screws, or other suitable means. In an instance where main housing cap **329** is temporarily affixed to main housing **320**, it will be recognized by a person of skill in the art that additional seals may be deployed to ensure that conduits **335A**, **335B**, **336A**, and **336B** are substantially air-tight during use such that the necessary pressure
15 differential, as described herein, can be maintained to permit the aspiration of body fluids from the targeted body space.

[0094] A hollow piercing structure, such as needle **340**, is included in insertion device **310**. Proximal end **340A** of needle **340** is affixed, through needle
20 attachment opening **331** into conduit **336A** of main housing cap **329**. Various methods of affixing needle **340** to main housing cap **329** and main housing **320** will be appreciated, including plastic cement, appropriate epoxy, and ultraviolet cured cement. However, to practice the inventions disclosed herein, it is not necessary that needle **340** be permanently affixed to main housing cap **329**
25 and/or main housing **320**. Indeed, it will be appreciated that in some embodiments of the inventions disclosed herein, it may be desirable for needle **340** be to movably and/or removably attached to main housing cap **329** and/or main housing **320** so that, for example, needle **340** can be changed or for
30 example, the orientation of needle **340** can be altered so that the direction of bevel **341** of needle **340** can be adjusted relative to the orientation of housing

320. Changes to the orientation of bevel **341** of needle **340** can be particularly useful when adapting insertion device **310** for ambidextrous use or for the personal preference of bevel **341** orientation of a clinician.

5 **[0095]** FIG. 16 depicts the proximal end **340A** of needle **340** terminating within conduit **336A**. It should be noted, however, that proximal end **340A** of needle **340** could be extended into conduit **336B**. With such a design, needle **340** should be configured so that the region around proximal end **340A** of needle **340** includes an opening (not shown) along the shaft of needle **340** that is in
10 communication with the lumen of needle **340**. This opening on needle **340** is oriented to communicate with conduit **335A** to permit the flow of aspirated body fluids from the region of the distal end **340B** of needle **340**, through the lumen of needle **340**, and into conduit **335A**. Such aspirated body fluids would be permitted to flow through conduit **335A** into conduit **335B** and ultimately into
15 vacuum chamber **350**.

[0096] Insertion device **310** further includes vacuum chamber **350** configured to receive plunger **352**. Vacuum chamber **350** is in communication with conduits **335B** and **335A** such that pressure differential created in vacuum
20 chamber **350** will create a suction passing through conduit **335** into the lumen of needle **340**, to permit the aspiration of fluids through the distal tip **340B** of needle **340**. Plunger **352** includes a proximal end **352A** and a distal end **352B**. Distal end **352B** of plunger **352** includes a head **353** that has a size, shape, and composition sufficient to create a substantially air-tight annular seal between the
25 edge of head **353** and the side walls of vacuum chamber **350**. Distal end **352B** of plunger **352** also includes handles **354A** and **354B** that are configured to receive a finger of the user while using insertion device **310**. Handles **354A** and **354B** are contiguous with rails **355A** and **355B**, respectively. As depicted in FIG. 15, rails **355A** and **355B** are part of a continuous structure in this embodiment that
30 wraps around the proximal end **352A** and plunger **352**. Rails **355A** and **355B** fit

into channels **333A** and **333B**, respectively, in vacuum chamber **350**. It will be noted that the attachment of handles **354A** and **354B** to the distal end **352B** and plunger **352** is made so that handles **354A** and **354B** do not interfere with the seal between head **353** of plunger **352** and the interior surface of vacuum chamber **350**. Channels **333A** and **333B** are blocked at the proximal end of vacuum chamber **350** by the addition of ring **380**. Also as shown in **FIGS. 14** and **15**, the distal-facing ends of handles **354A** and **354B** are configured with finger dimples in which the finger of the user can rest to increase grip stability and comfort.

[0097] Insertion device **310** is further configured to include guidewire **360**. In this embodiment, the proximal region of guidewire **360** is disposed within guidewire housing **362**, which, in turn, is removably attached to main housing **320** at guidewire housing connector **368**. Guidewire housing **362** may be either rigid or flexible, and may be permanently or removably attached to main housing **320**. Further, as shown in the Figures, guidewire housing **362** may be configured to receive cap **363**. Cap **363** can serve to retain guidewire **360** in guidewire housing **362**, as well as to isolate guidewire **360** from potential contaminants in the surrounding environment.

[0098] Guidewire **360** spans guidewire feed region **364**. Main housing **320** is configured to receive the distal end of guidewire **360** in conduit **336**. In this embodiment, valve **328** is provided and configured to permit guidewire **360** to pass through it prior to entering conduit **336**. As shown, valve **328** seated in valve seat **344** and held in place at least by main housing cap **329**. Valve **328** is configured to allow guidewire **360** to pass through it prior to entering conduit **336B**.

[0099] Valve **328** serves in insertion device **310** to prevent the substantial movement of air through conduit **336B** such that the pressure differential created

by the proximal movement of plunger **352** in vacuum chamber **350** would be defeated. Preferably, valve **328** would provide an air-tight seal around the guidewire of at least about 300 mmHg of pressure. However, it will be appreciated that the function of the inventions disclosed herein, and specifically the aspiration of fluid from a targeted body space through the lumen of needle **340** and ultimately into vacuum chamber **350**, the inventions disclosed herein could be practiced with a vacuum of more or less than about 300 mmHg pressure, depending on the specific application and design of the insertion tool **310**. It will also be apparent that valve **328** may not be necessary to maintain the necessary vacuum, if the entry to conduit **336B** is sized so that the guidewire itself creates a sufficient seal to substantially prevent the flow of air through conduit **336B** during aspiration.

[00100] When insertion tool **310** is prepared for use, it may be beneficial to use, depending on the specific application, that guidewire **360** is disposed within needle **340**, with the distal end of guidewire **360** close to distal end **340B** of needle **340**. The tip of the distal end of guidewire **360**, however, should not extend through the distal end **340B** of needle **340**, and should remain clear of bevel **341** of needle **340**. However, when the distal tip of guidewire **360** is placed near the distal end **340B** of needle **340** when insertion device **310** is prepared for use, the user is able to more rapidly advance guidewire **360** into the targeted body space, thus securing access to the targeted body space, as soon as puncture of the targeted body space is confirmed, such as through the aspiration of appropriate body fluids through conduit **335** and/or into vacuum chamber **350**.

[00101] As indicated above, the embodiment of the inventions disclosed herein, such as the insertion device **310** as depicted in **FIGS. 14–16**, can be used to perform a venous access procedure using the ultrasound-guided modified Seldinger Technique, employing the inventions disclosed herein. **FIG. 17** shows an example view of this embodiment in use. When prepared for use,

guidewire **360** may be positioned within conduit **336**, with the distal end of guidewire **360** reasonably close to, but proximal to, tip **341** of needle **340**. Such pre-positioning of guidewire **360** in the lumen of needle **340** can assist in the rapid deployment of guidewire **360** into the targeted body space. However, such pre-positioning of guidewire **360** within the lumen of needle **340** is not necessary for the practice of this method.

[00102] A clinician grasps insertion device **310** in the dominant hand and an ultrasound probe (not shown) in the non-dominant hand. In particular, the clinician grasps housing **320** of insertion device **310** in the palm of the dominant hand with the middle finger of that hand around handle **321** and optionally the tip of the middle finger positioned in dimple **321C**. The index finger of the dominant hand is positioned on, for a right-hand dominant user, grip **354A**. The thumb of the dominant hand can be positioned near guidewire feed region **364**. The clinician presses the tip **341** of needle **340** against a patient's skin and uses it to penetrate through tissue. While the clinician is inserting the needle, the clinician uses the ultrasound probe and the image produced by the ultrasound machine to follow the progress of needle **340** as it pierces through the tissue. Also, while the clinician is inserting needle **340** through patient tissue, the clinician uses the index finger of the dominant hand to draw back plunger **352** using grip **354A**, thereby creating a suction in vacuum chamber **250**.

[00103] Alternatively, and as shown in **FIG. 18**, a clinician may grasp insertion device **310** in the palm of the dominant hand with the index finger of that hand around handle **321** and optionally the tip of the index finger positioned in dimple **321C**. The thumb of the dominant hand is positioned on, for a right-hand dominant user, grip **354A**. The clinician presses the tip **341** of needle **340** against a patient's skin and uses it to penetrate through tissue. While the clinician is inserting the needle, the clinician uses the ultrasound probe and the image produced by the ultrasound machine to follow the progress of needle **340**

as it pierces through the tissue. Also, while the clinician is inserting needle **340** through patient tissue, the clinician uses the thumb of the dominant hand to draw back plunger **352** using grip **354A**, thereby creating a suction in vacuum chamber **350**.

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[00104] The suction created in vacuum chamber **350** in turn results in a suction at tip **341** of needle **340** through conduit **335**. Body fluid is drawn from the region around tip **341** of needle **340**, through the needle lumen, through conduit **335** and into vacuum chamber **350**. When the tip **341** of needle **340** accesses and pierces the targeted vein, blood flows through the lumen of needle **340**, into conduit **335A** and **335B** and into vacuum chamber **350**. Visualization of blood in conduit **335A**, conduit **335B**, and/or vacuum chamber **350** indicates to the clinician that the targeted vein has been reached and punctured. It will be appreciated that where this process is applied for the access of targeted body regions other than veins, the appearance of other, appropriate body fluids in conduit **335A** conduit **335B**, and/or vacuum chamber **350** would indicate that the particular targeted body region had been reached.

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[00105] Once the targeted body region, in this example the vein, has been reached, the clinician stops moving needle **340** forward. The clinician uses the thumb of the dominant hand to press guidewire **360** against protrusion **365** and advance guidewire **360** in a distal direction by repeatedly moving the thumb along the guidewire feed region **364** and over protrusion **365**. As explained above, protrusion **365** may be easily replaced in some embodiments of the inventions disclosed herein with a wheel, button, or other structure in guidewire feed region **364** configured to aid the clinician in advancing guidewire **360** in a distal direction and/or retracting guidewire **360** in a proximal direction.

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[00106] In this manner, the clinician uses the thumb to advance guidewire **360** in a distal direction, through conduit **336** and valve **328** into the lumen of

needle **340**, past the tip **341** of needle **340** and into the vein or other targeted body space. Because the access device allows for single-handed venipuncture and insertion, the operator can use ultrasound imaging to visualize the needle tip while it is inside of the vein and the guidewire as it is advanced into the vein. Consequently, the risk of tissue injury diminishes. Furthermore, retaining ultrasound visibility allows the operator to ensure that the guidewire is going into the targeted vein as he inserts it. After the operator inserts the guidewire into the vein to the desired length, the access device is removed while the guidewire remains in place for dilation and catheter, sheath, or cannula insertion.

[00107] The embodiment depicted in **FIGS. 19–21**, like other embodiments disclosed herein, is configured to be used in either the right hand or the left hand of a clinician. As shown, insertion device **410** includes main housing **420**. Main housing **420**, for reference in the figures, has a top side **420A** and a bottom side **420B**. Main housing **420** includes handles **421A** and **421B** toward the proximal end of main housing **420**, extending from bottom side **420B** and main housing **420**. Handles **421A** and **421B** are used to facilitate the gripping of insertion device **410** using a single hand. Typically, insertion device **410** is gripped using only the dominant hand of a clinician, or user, as will be described in more detail below. Handles **421A** and **421B** can be configured using a variety of arrangements. In this embodiment, handles **421A** and **421B** are preferably configured to allow the clinician to grip the distal end of handles **421A** and **421B** with the pinky, ring, and middle fingers of the dominant hand. In the present embodiment, main housing **420** is composed of thermoplastic such as polycarbonate and is substantially transparent. Construction of main housing **420** using material that is substantially transparent facilitates the visualization by the clinician of body fluids that are aspirated into various portions of main housing **420**, as will be explained in further detail below. If main housing **420** is made of a substantially non-transparent material, such as a substantially translucent or substantially opaque thermoplastic, it may be desirable to include cut-out or

other window-type areas in housing **420** to permit the clinician to visualize into various conduits (such as conduit **435A** and **435B**) and/or vacuum chamber **450** during use as will be explained in further detail below. The proximal end of main housing **420**, in this embodiment, has a rounded end that may increase grip stability and comfort in the palm of the user.

[00108] Main housing **420** includes a main housing cap **429**. Main housing cap **429** includes needle attachment opening **431**, conduit **436A**, and channel **435A**. Main housing cap **429** is formed of substantially transparent thermoplastic such as polycarbonate. However, it will be recognized that main housing cap **429** may be formed of other materials as well, and may be translucent, substantially opaque, or opaque. In the event that main housing cap **429** is not formed of material that is substantially transparent, it may be desirable to form main housing cap **429** with a clear, or substantially transparent, section, such as a window, that would permit a user to visualize contents of channel **435A** while insertion device **410** is in use, in particular to allow user to visualize the presence of fluid from the targeted body space in channel **435A** while aspirating into vacuum chamber **450**. In this embodiment, needle attachment opening **431** is continuous with conduit **436A**, which runs through main housing cap **429**. When main housing cap **329** is mounted onto main housing **420**, conduit **436A** in main housing cap **429** is contiguous with conduit **436B** in main housing **420**. Main housing cap **429** can be affixed to main housing **420** using a variety of suitable methods such as, for instance, ultrasonic welds, epoxy, or resin for a permanent attachment. It will be appreciated that main housing cap **429** may also be temporarily affixed to main housing **420** using clips, screws, or other suitable means. In an instance where main housing cap **429** is temporarily affixed to main housing **420**, it will be recognized by a person of skill in the art that additional seals may be deployed to ensure that conduits **435A**, **435B**, **436A**, and **436B** are substantially air-tight during use such that the necessary pressure

differential, as described herein, can be maintained to permit the aspiration of body fluids from the targeted body space.

[00109] A hollow piercing structure, such as needle **440**, is included in insertion device **410**. Proximal end **440A** of needle **440** is affixed, through needle attachment opening **431** into conduit **436A** of main housing cap **429**. Various methods of affixing needle **440** to main housing cap **429** and main housing **420** will be appreciated, including plastic cement, appropriate epoxy, and ultraviolet cured cement. However, to practice the inventions disclosed herein, it is not necessary that needle **440** be permanently affixed to main housing cap **429** and/or main housing **420**. Indeed, it will be appreciated that in some embodiments of the inventions disclosed herein, it may be desirable for needle **440** be to movably and/or removably attached to main housing cap **429** and/or main housing **420** so that, for example, needle **440** can be changed or for example, the orientation of needle **440** can be altered so that the direction of bevel **441** of needle **440** can be adjusted relative to the orientation of housing **420**. Changes to the orientation of bevel **441** of needle **440** can be particularly useful when adapting insertion device **410** for ambidextrous use or for the personal preference of bevel **441** orientation of a clinician.

[00110] FIG. 17 depicts the proximal end **440A** of needle **440** terminating within conduit **436A**. It should be noted, however, that proximal end **440A** of needle **440** could be extended into conduit **436B**. With such a design, needle **440** should be configured so that the region around proximal end **440A** of needle **440** includes an opening (not shown) along the shaft of needle **440** that is in communication with the lumen of needle **440**. This opening on needle **440** is oriented to communicate with conduit **435A** to permit the flow of aspirated body fluids from the region of the distal end **440B** of needle **440**, through the lumen of needle **440**, and into conduit **435A**. Such aspirated body fluids would be

permitted to flow through conduit **435A** into conduit **435B** and ultimately into vacuum chamber **450**.

[00111] Insertion device **410** further includes vacuum chamber **450** configured to receive plunger **452**. Vacuum chamber **450** is in communication with conduits **435B** and **435A** such that pressure differential created in vacuum chamber **450** will create a suction passing through conduit **435** into the lumen of needle **440**, to permit the aspiration of fluids through the distal end **440B** of needle **440**. Plunger **452** includes a proximal end **452A** and a distal end **452B**. Handle **454** is positioned adjacent to distal end **452B** of plunger **452**, and connected to proximal end **452A** of plunger **452** by member **456** as shown in **FIG. 16**. Member **456** is offset from the sidewall of plunger **452** by a distance approximately equal to the thickness of the bottom wall of vacuum chamber **450** such that the space between the wall of plunger **452** and member **456** creates a channel into which the bottom side wall of vacuum chamber **450** can fit. In this way, plunger **452** can be drawn in a proximal direction by the proximal movement of handle **454**. At least the top face of member **456** is shaped to match the exterior of housing **420** at the region of vacuum chamber **450**. Member **456** is configured to support handle **454** so that handle **454** can be used to move plunger **452** in a proximal (and distal) direction, as well as to secure plunger **452** in vacuum chamber **450**. Ring **420** can be attached to the proximal end of housing **420** to prevent the movement of plunger **452** out of the proximal end of vacuum chamber **450**.

[00112] Insertion device **410** is further configured to include guidewire **460**. In this embodiment, the proximal region of guidewire **460** is disposed within guidewire housing **462**, which, in turn, is removably attached to main housing **420** at guidewire housing connector **468**. Guidewire housing **462** may be either rigid or flexible, and may be permanently or removably attached to main housing **420**. Further, as shown in the Figures, guidewire housing **462** may be configured

to receive cap **463**. Cap **463** can serve to retain guidewire **460** in guidewire housing **462**, as well as to isolate guidewire **460** from potential contaminants in the surrounding environment.

5 **[00113]** Guidewire **460** spans guidewire feed region **464**. Main housing **420** is configured to receive the distal end of guidewire **460** in conduit **436**. In this embodiment, valve **428** is provided and configured to permit guidewire **460** to pass through it prior to entering conduit **436**. As shown, valve **428** seated in valve seat **444** and held in place at least by main housing cap **429**. Valve **428** is
10 configured to allow guidewire **460** to pass through it prior to entering conduit **436B**.

[00114] Valve **428** serves in insertion device **410** to prevent the substantial movement of air through conduit **436B** such that the pressure differential created
15 by the proximal movement of plunger **452** in vacuum chamber **450** would be defeated. Preferably, valve **428** would provide an air-tight seal around the guidewire of at least about 300 mmHg of pressure. However, it will be appreciated that the function of the inventions disclosed herein, and specifically the aspiration of fluid from a targeted body space through the lumen of needle
20 **440** and ultimately into vacuum chamber **450**, the inventions disclosed herein could be practiced with a vacuum of more or less than about 300 mmHg pressure, depending on the specific application and design of the insertion tool **410**. It will also be apparent that valve **428** may not be necessary to maintain the necessary vacuum, if the entry to conduit **436B** is sized so that the guidewire
25 itself creates a sufficient seal to substantially prevent the flow of air through conduit **436B** during aspiration.

[00115] When insertion tool **340** is prepared for use, it may be beneficial to use, depending on the specific application, that guidewire **460** is disposed within
30 needle **440**, with the distal end of guidewire **360** close to distal end **340B** of

needle **440**. The tip of the distal end of guidewire **460**, however, should not extend through the distal end **440B** of needle **440**, and should remain clear of bevel **441** of needle **440**. However, when the distal tip of guidewire **460** is placed near the distal end **440B** of needle **440** when insertion device **410** is prepared for use, the user is able to more rapidly advance guidewire **460** into the targeted body space, thus securing access to the targeted body space, as soon as puncture of the targeted body space is confirmed, such as through the aspiration of appropriate body fluids through conduit **435** and/or into vacuum chamber **450**.

[00116] The insertion device **410** depicted in **FIGS. 19–21** can be used to perform a venous access procedure using the ultrasound-guided modified Seldinger Technique, employing the inventions disclosed herein. When prepared for use, guidewire **460** may be positioned within conduit **436**, with the distal end of guidewire **460** reasonably close to, but proximal to, tip **441** of needle **440**. Such pre-positioning of guidewire **460** in the lumen of needle **440** can assist in the rapid deployment of guidewire **460** into the targeted body space. However, such pre-positioning of guidewire **460** within the lumen of needle **440** is not necessary for the practice of this method, or, guidewire **460** can be prepositioned so that the distal tip of guidewire **460** is distal to valve **428** or even proximal to valve **428**.

[00117] A clinician grasps insertion device **410** in the dominant hand and an ultrasound probe (not shown) in the non-dominant hand. In particular, the clinician grasps housing **420** of insertion device **310** in the palm of the dominant hand with the pinky, ring, and middle fingers of the dominant hand grasping handles **421A** and/or **421B**. The index finger rests around or against grip **454**, and the thumb rests against the guidewire feed region **464**. The clinician presses the tip **441** of needle **440** against a patient's skin and uses it to penetrate through tissue. While the clinician is inserting the needle, the clinician uses the ultrasound probe and the image produced by the ultrasound machine to follow

the progress of needle **440** as it pierces through the tissue. Also, while the clinician is inserting needle **440** through patient tissue, the clinician uses the index finger of the dominant hand to draw back plunger **352** using grip **354**, thereby creating a suction in vacuum chamber **450**.

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[00118] The suction created in vacuum chamber **450** in turn results in a suction at tip **441** of needle **440** through conduit **435**. Body fluid is drawn from the region around tip **441** of needle **440**, through the needle lumen, through conduit **435** and into vacuum chamber **450**. When the tip **441** of needle **440** accesses and pierces the targeted vein, blood flows through the lumen of needle **440**, into conduit **435A** and **435B** and into vacuum chamber **450**. Visualization of blood in conduit **435A**, conduit **435B**, and/or vacuum chamber **450** indicates to the clinician that the targeted vein has been reached and punctured. It will be appreciated that where this process is applied for the access of targeted body regions other than veins, the appearance of other, appropriate body fluids in conduit **435A**, conduit **435B**, and/or vacuum chamber **350** would indicate that the particular targeted body region had been reached.

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[00119] Once the targeted body region, in this example the vein, has been reached, the clinician stops moving needle **440** forward. The clinician uses the thumb of the dominant hand to press guidewire **460** against protrusion **465** and advance guidewire **460** in a distal direction by repeatedly moving the thumb along the guidewire feed region **464** and over protrusion **465**. As explained above, protrusion **465** may be easily replaced in some embodiments of the inventions disclosed herein with a wheel, button, or other structure in guidewire feed region **464** configured to aid the clinician in advancing guidewire **460** in a distal direction and/or retracting guidewire **460** in a proximal direction.

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[00120] In this manner, the clinician uses the thumb to advance guidewire **460** in a distal direction, through conduit **436** and valve **428** into the lumen of

needle **440**, past the tip **441** of needle **440** and into the vein or other targeted body space. Because the access device allows for single-handed venipuncture and insertion, the operator can use ultrasound imaging to visualize the needle tip while it is inside of the vein and the guidewire as it is advanced into the vein. Consequently, the risk of tissue injury diminishes. Furthermore, retaining ultrasound visibility allows the operator to ensure that the guidewire is going into the targeted vein as he inserts it. After the operator inserts the guidewire into the vein to the desired length, the access device is removed while the guidewire remains in place for dilation and catheter, sheath, or cannula insertion.

[00121] Data evaluating the efficacy of the inventions described herein has been collected in a preliminary study and indicate that the inventions described herein are efficacious for ultrasound guided central venous catheter (“CVC”) insertion. An insertion device according to these inventions and generally corresponding to the embodiment described in **FIGS. 5–7** was tested using the techniques and methods described herein.

[00122] Resident and attending physicians at an academic medical center were recruited to place a CVC catheter in a right internal jugular vein simulator mannequin using both (1) the standard ultrasound-guided Seldinger technique and CVC kit and (2) the insertion device and methods according to the inventions described herein (the “Invention”). Subjects were observed and timed on their placement of the CVC with each technique, total ultrasound visualization time, success of first cannulation, number of cannulation attempts, and arterial punctures recorded. At the conclusion of their testing they completed a survey on their experience with the insertion device and methods according to the inventions described herein. Continuous data such as time for each technique were compared used a paired Student’s t-test, categorical data using a McNemar test, and ordinal data using a Wilcoxon signed rank test as appropriate.

[00123] Thirty-six subjects were recruited. Represented specialties included emergency medicine (44%), anesthesiology (33%), and surgery (22%) with a median postgraduate year (PGY) level 3. All subjects had previously been trained in CVC insertion and use of ultrasound with 80.6% having placed greater than fifteen CVCs. Additional details concerning the characteristics of the test subjects are provided in Table 1.

[00124] Table 1

Characteristics	Subjects (n=36)	%
Age (years)	31.4	
Female	15	41.7
Specialty		
EM	16	44.4
Anesthesia	12	33.3
Surgery	8	22.2
Postgraduate year (median)	3	
Previous CVC training	36	100.0
Previous US training	36	100.0
Previous CVCs placed		
0	0	0.0
1-3	0	0.0
4-6	3	8.3
7-9	2	5.6
10-12	1	2.8
12-14	1	2.8
>15	29	80.6
Confidence in placing CVCs (mean 5-point Likert scale)	4.3	

[00125] Results of the study showed that mean total procedure time was significantly decreased in the Invention group (97 seconds versus 119 seconds, $P<0.0001$); mean percent ultrasound visualization time during the procedure was significantly increased using the Invention (31% versus 7%, $P<0.0001$). There were non-significant trends towards increased first cannulation attempt success (32 subjects versus 29 subjects, $P=0.453$), decreased venous cannulation attempts (5 subjects versus 3 subjects, $P=0.470$), and fewer arterial punctures (1

subject versus 0 subjects, $P=0.317$) when using the Invention. All subjects surveyed stated they would use Invention in a clinical setting, and 80.6% would prefer the Invention over a standard CVC kit. The results of the study are provided in Tables 2–4.

5 [00126] Table 2.

Result	Standard	Invention	P
Total Procedure Time (seconds)	119	97	<.0001
Percent US Visualization (percent, %)	7.2	31.1	<.0001
Success of first cannulation (subjects)	29	32	0.453

[00127] Table 3.

Result	Frequency	%	P
Venous cannulation attempts			0.470
Fewer attempts with Invention	5	13.9	
Fewer attempts with standard	3	8.3	
Arterial punctures			0.317
Fewer arterial punctures with Invention	1	2.8	
Fewer arterial punctures with standard	0	0.0	
Would use Invention in clinical setting	36	100.0	
Would use Invention over standard	29	80.6	

[00128] Table 4.

Result	5-point Likert scale
Invention Ease of Use	4.1
Invention Ease of Use with US	4.7
Invention Ease of Use with Initial Access	4.4
Invention Ease of Use on Repeat Attempt	4.4

[00129] Data from the study demonstrated that using the Invention is efficacious and feasible for ultrasound-guided CVC placement. It compares favorably to insertion with standard CVC kits and technique with regards to total procedure time and percent of the procedure under ultrasound visualization. It may allow for safer insertion with fewer venous cannulation attempts and arterial punctures. Despite this study being the first encounter with the Invention, subjects were comfortable with its use and expressed a general preference for it over standard methods.

[00130] Other and further embodiments utilizing one or more aspects of the inventions described above can be devised without departing from the spirit of Applicant's invention. For example, a device and method that facilitates one-handed insertion of not only the guidewire, but also the dilating and catheter components as well. Further, the various methods and embodiments of the insertion apparatus can be included in combination with each other to produce variations of the disclosed methods and embodiments. Discussion of singular elements can include plural elements and vice-versa.

[00131] The order of steps can occur in a variety of sequences unless otherwise specifically limited. The various steps described herein can be combined with other steps, interlineated with the stated steps, and/or split into multiple steps. Similarly, elements have been described functionally and can be embodied as separate components or can be combined into components having multiple functions.

[00132] The inventions have been described in the context of preferred and other embodiments and not every embodiment of the invention has been described. Obvious modifications and alterations to the described embodiments are available to those of ordinary skill in the art. The disclosed and undisclosed embodiments are not intended to limit or restrict the scope or applicability of the invention conceived of by the Applicants, but rather, in conformity with the patent

laws, Applicants intend to fully protect all such modifications and improvements that come within the scope or range of equivalent of the following claims.

AMENDED CLAIMS

received by the International Bureau on 04 September 2017 (04.09.2017)

WHAT IS CLAIMED IS:

1. An insertion apparatus for inserting an object into a body, comprising:
 - a housing;
 - 5 a piercing structure with a lumen, wherein the piercing structure extends distally from the housing;
 - a vacuum chamber that communicates with the lumen of the piercing structure;
 - a plunger configured to fit within the vacuum chamber; and
 - 10 a guidewire;wherein the insertion apparatus, including the piercing structure, the vacuum chamber, the plunger, and the guidewire, is configured to be operated with a single hand.
- 15 2. The insertion apparatus of claim 1, wherein the piercing structure is a needle.
3. The insertion apparatus of claim 1, wherein the vacuum chamber is integrated with the housing.
- 20 4. The insertion apparatus of claim 3, further comprising a sheath coaxially disposed about the piercing structure, wherein the sheath is configured to be coaxially moveable about at least some length of the piercing structure.
- 25 5. The insertion apparatus of claim 1, wherein the vacuum chamber is removable from the housing.
6. The insertion apparatus of claim 4, wherein the housing further comprises at least one handle configured to be gripped by one or more fingers of the single
- 30 hand.

7. The insertion apparatus of claim 6, wherein the plunger further comprises a handle configured to be gripped with a finger or thumb of the single hand.

5 8. The insertion apparatus of claim 1, wherein the housing further comprises a first conduit through which the vacuum chamber communicates with the lumen of the piercing structure.

10 9. The insertion apparatus of claim 8, wherein the housing further comprises a second conduit configured to receive the guidewire such that the guidewire can communicate with the lumen of the piercing structure.

15 10. The insertion apparatus of claim 9, further comprising a valve, wherein the valve is configured in the second conduit and configured to restrict the flow of air through the second conduit.

20 11. The insertion apparatus of claim 9, wherein the housing further comprises a protrusion configured to allow a thumb or finger of the single hand to press the guidewire against the protrusion while advancing the guidewire through the second conduit.

25 12. An insertion apparatus for inserting an object into a body, comprising:
a housing, wherein the housing comprises at least one gripping structure configured to permit the housing to be gripped by a finger or thumb of a hand;
a piercing structure with a lumen, wherein the piercing structure extends distally from the housing;
a vacuum chamber that communicates with the lumen of the piercing structure;
a plunger configured to fit within the vacuum chamber, wherein the
30 plunger comprises a grip configured to be grasped by a finger or thumb of the

hand and the distal end of the plunger comprises a head configured to provide an annual seal between the distal end of the stopper and the interior surface of the vacuum chamber; and

a guidewire;

5 wherein the housing further comprises a first conduit through which the vacuum chamber communicates with the lumen of the piercing structure, a second conduit configured to receive the guidewire such that the guidewire can communicate with the lumen of the piercing structure;

10 wherein the insertion apparatus, including the piercing structure, the vacuum chamber, the plunger, and the guidewire, is configured to be operated with the hand.

13. The insertion apparatus of claim 12, wherein the housing further comprises a protrusion configured to allow a thumb or finger of the single hand to press the guidewire against the protrusion while advancing the guidewire through the second conduit.

14. The insertion apparatus of claim 13, further comprising a valve, wherein the valve is configured in the second conduit and configured to restrict the flow of air through the second conduit.

15. The insertion apparatus of claim 14, wherein the valve is configured to provide a seal around the guidewire, wherein the seal permits passage of the guidewire through the second conduit and into the lumen of the piercing structure while restrict the flow of air through the second conduit.

16. The insertion apparatus of claim 12, further comprising a sheath coaxially disposed about the piercing structure, wherein the sheath is configured to be coaxially moveable about at least some length of the piercing structure.

17. The insertion apparatus of claim 13, wherein the vacuum chamber is integral with the housing.

18. A method of inserting an object into a body using an insertion apparatus, the insertion apparatus comprising a housing, a piercing structure with a lumen, wherein the piercing structure extends distally from the housing, a vacuum chamber in communication with the lumen of the piercing structure, a plunger, and a guidewire, the method comprising:

gripping the insertion apparatus with a hand;

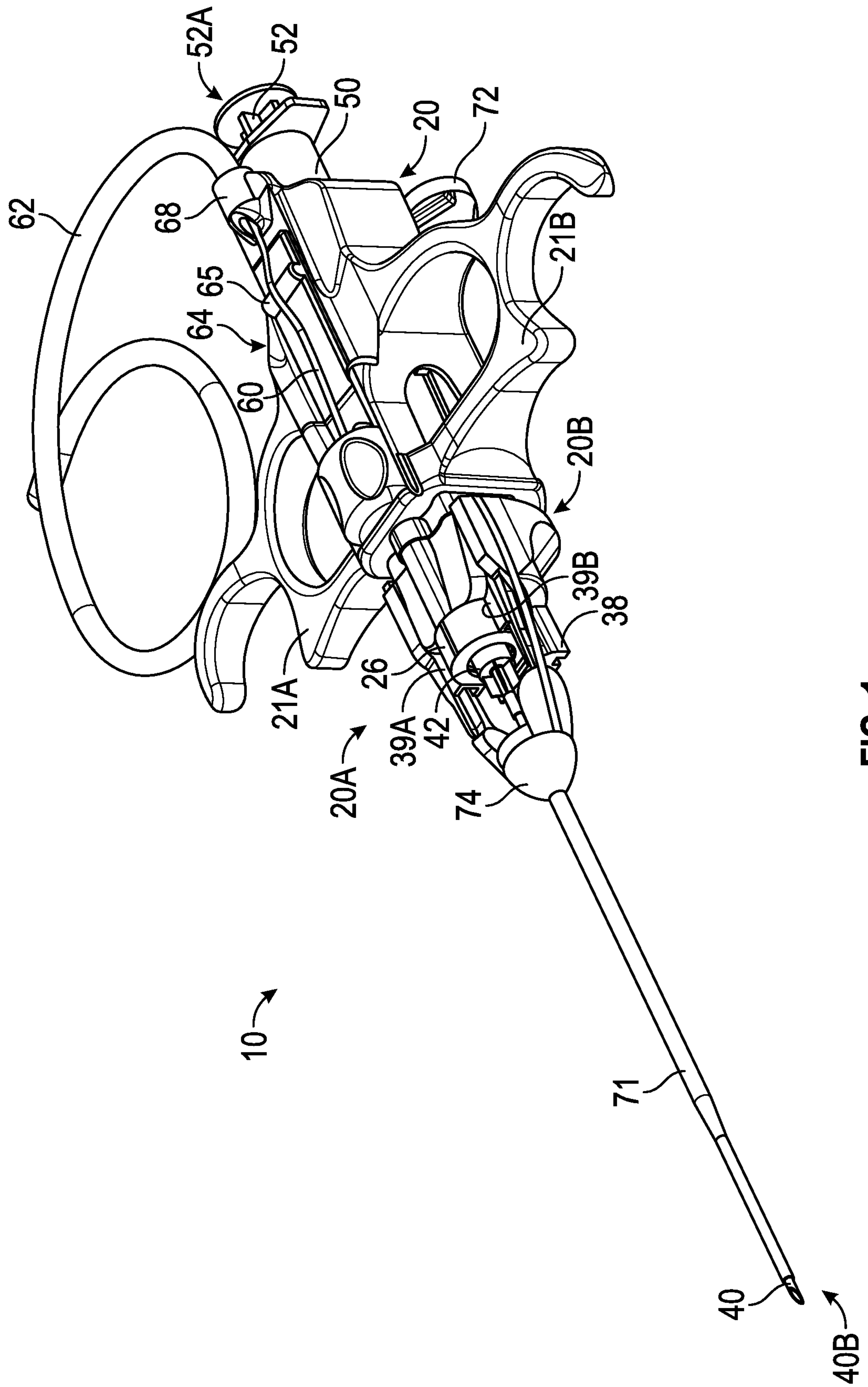
piercing the skin of a patient with the piercing structure while holding the insertion apparatus in the hand;

creating a pressure differential in the vacuum chamber by moving the plunger in a proximal direction within the vacuum chamber using the hand; and

advancing the guidewire through the lumen of the piercing structure using the hand.

19. The method of claim 18, further comprising: confirming the puncture of a targeted body space by the composition of the body fluids aspirated into the vacuum chamber through the lumen of the piercing structure.

20. The method of claim 18, further comprising: moving a sheath coaxially along at least part of the piercing structure after the puncture of the targeted body space has been confirmed such that at least part of the sheath covers the distal tip of the piercing structure.



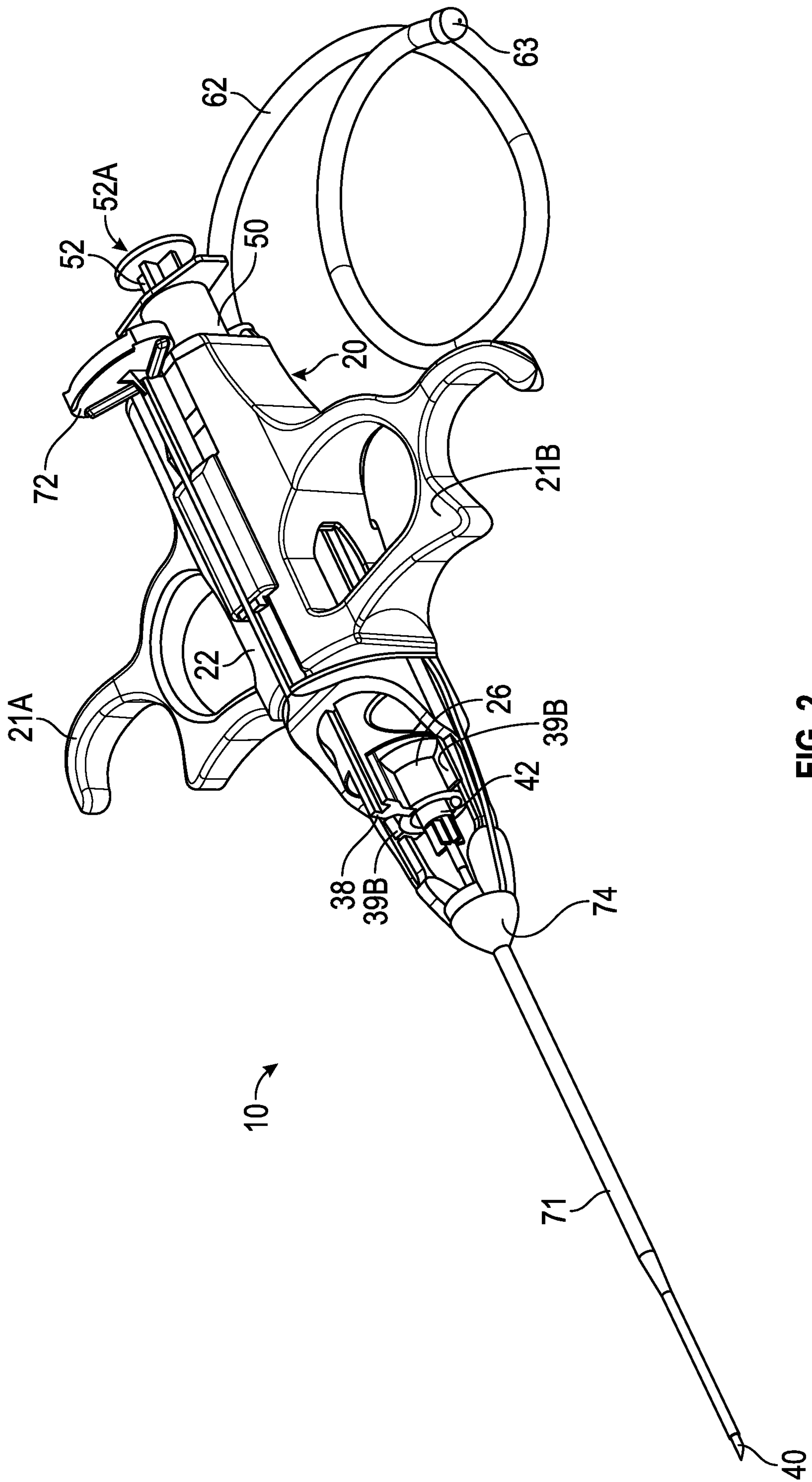


FIG. 2

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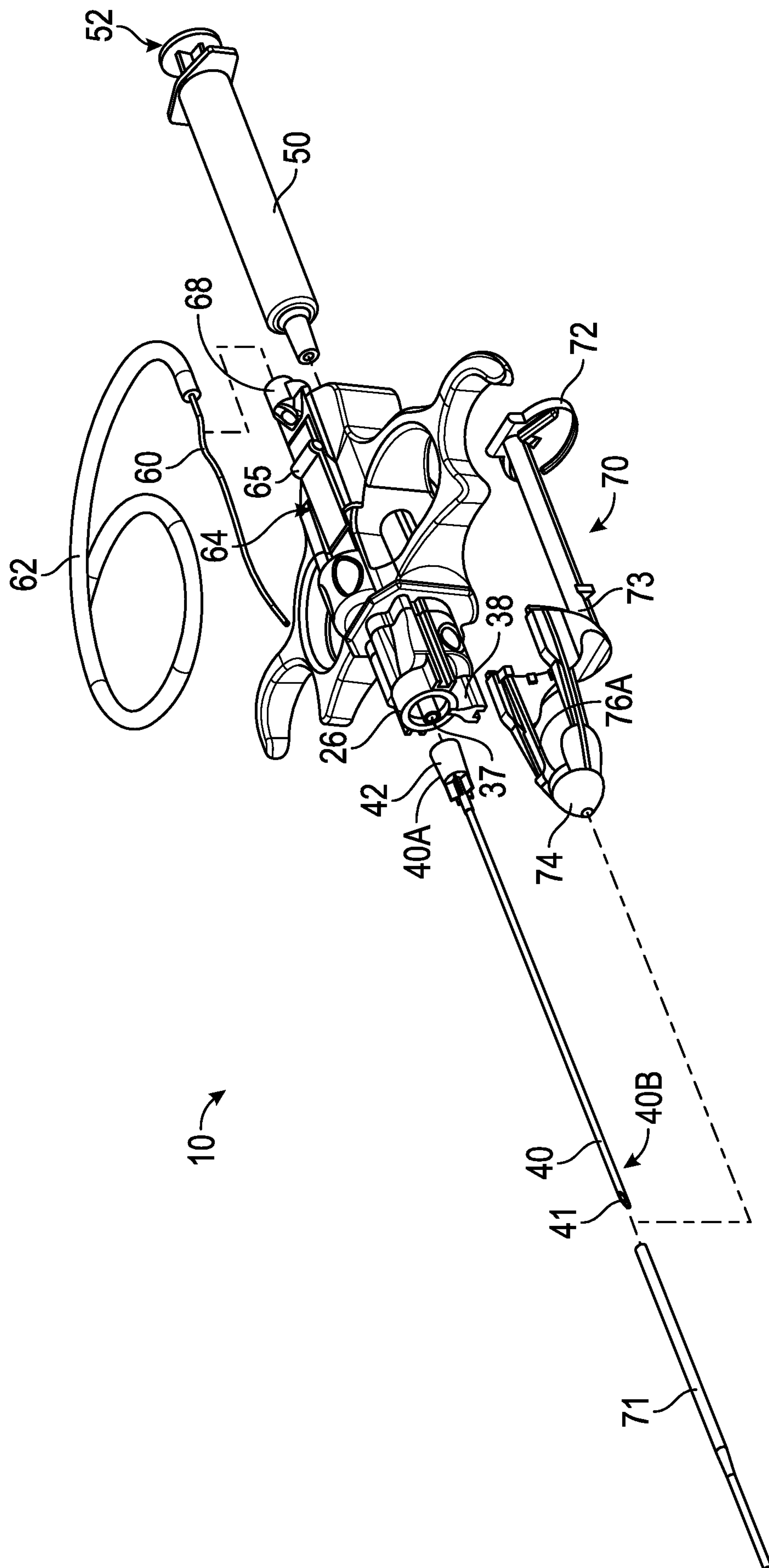


FIG. 3

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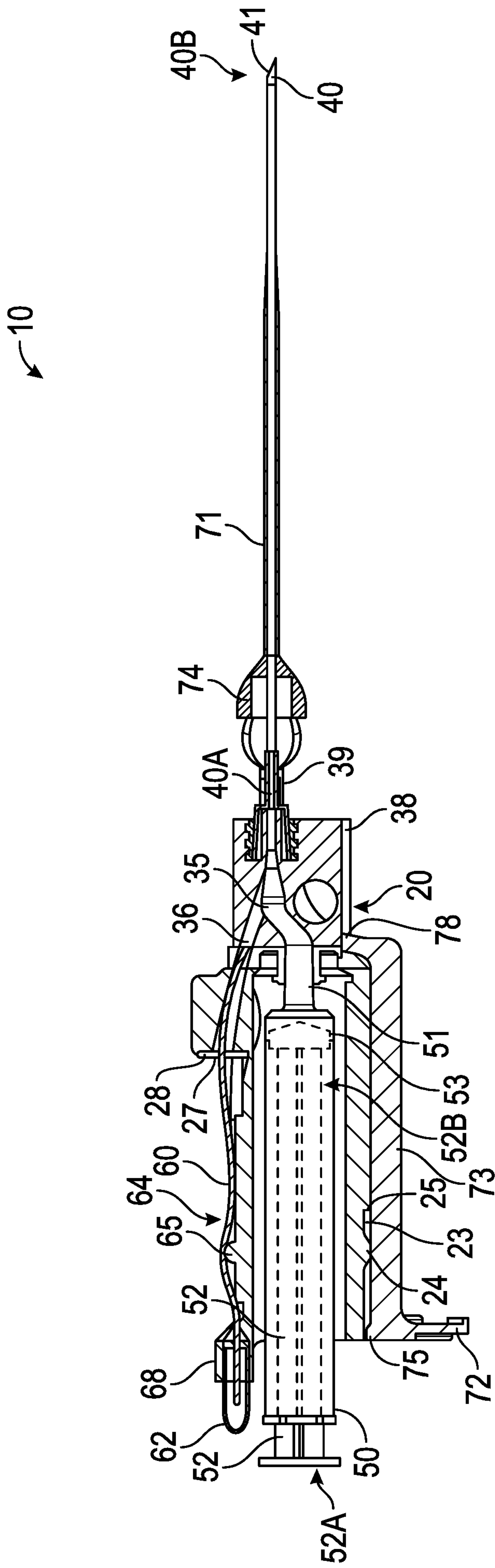


FIG. 4

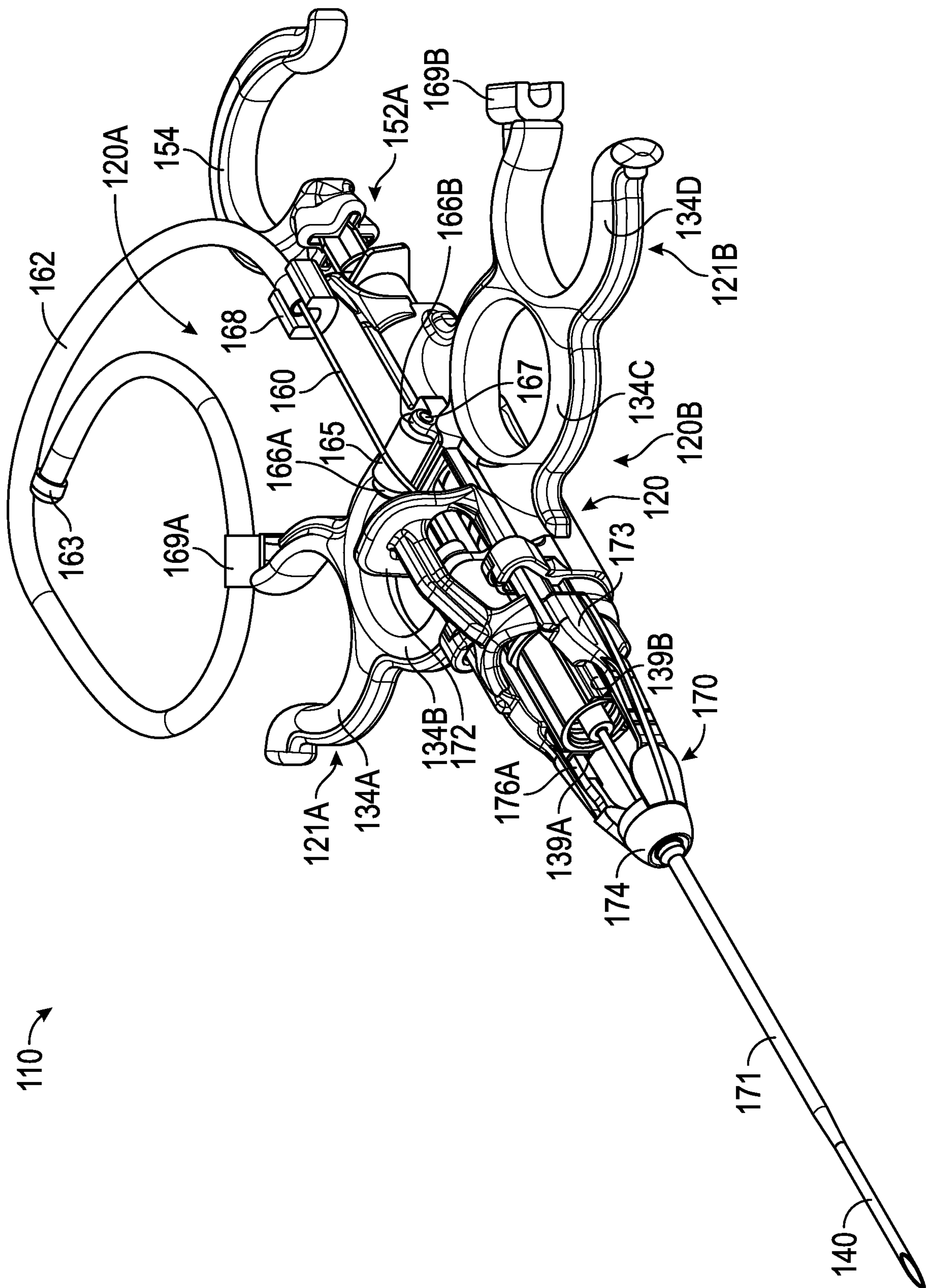


FIG. 5

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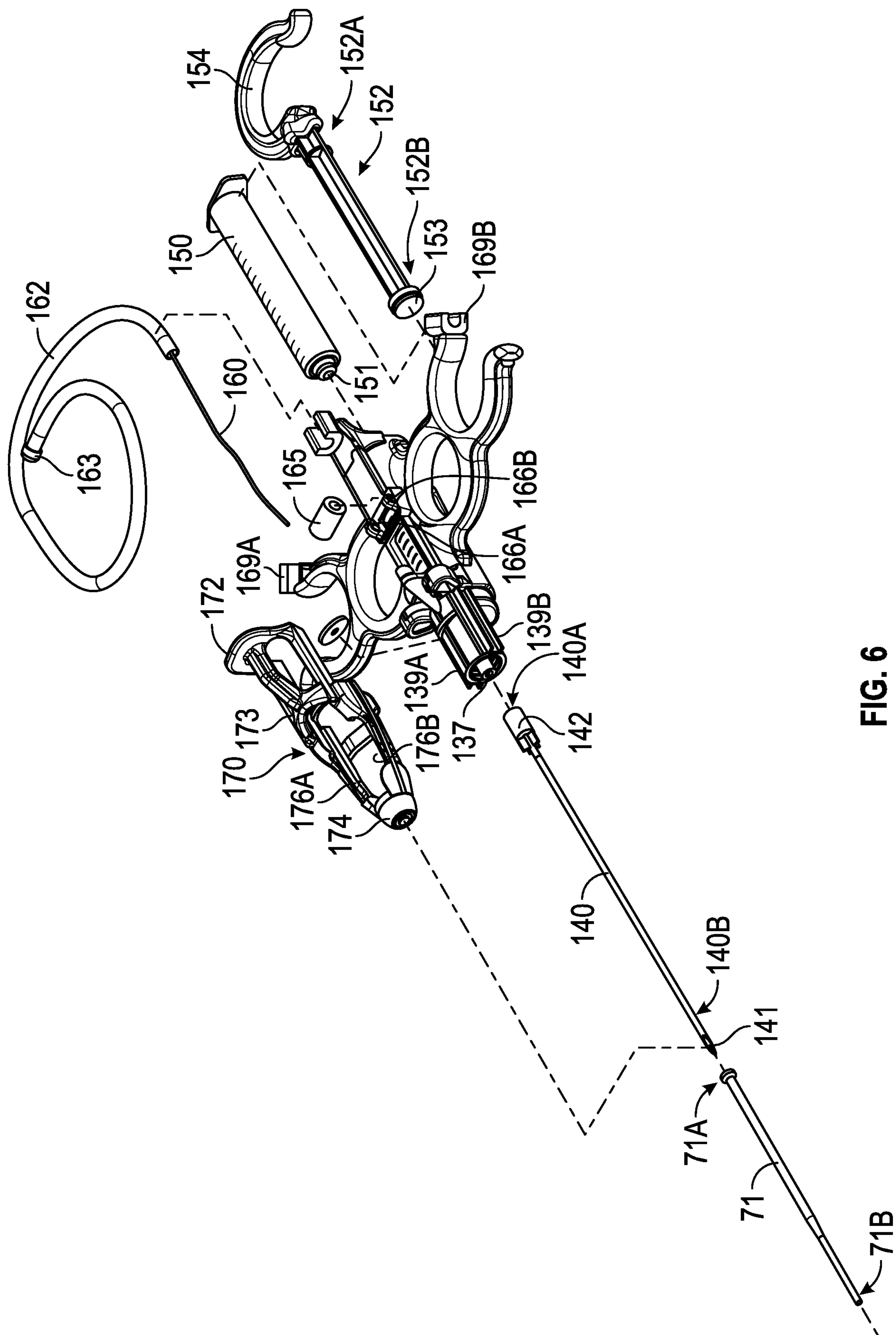


FIG. 6

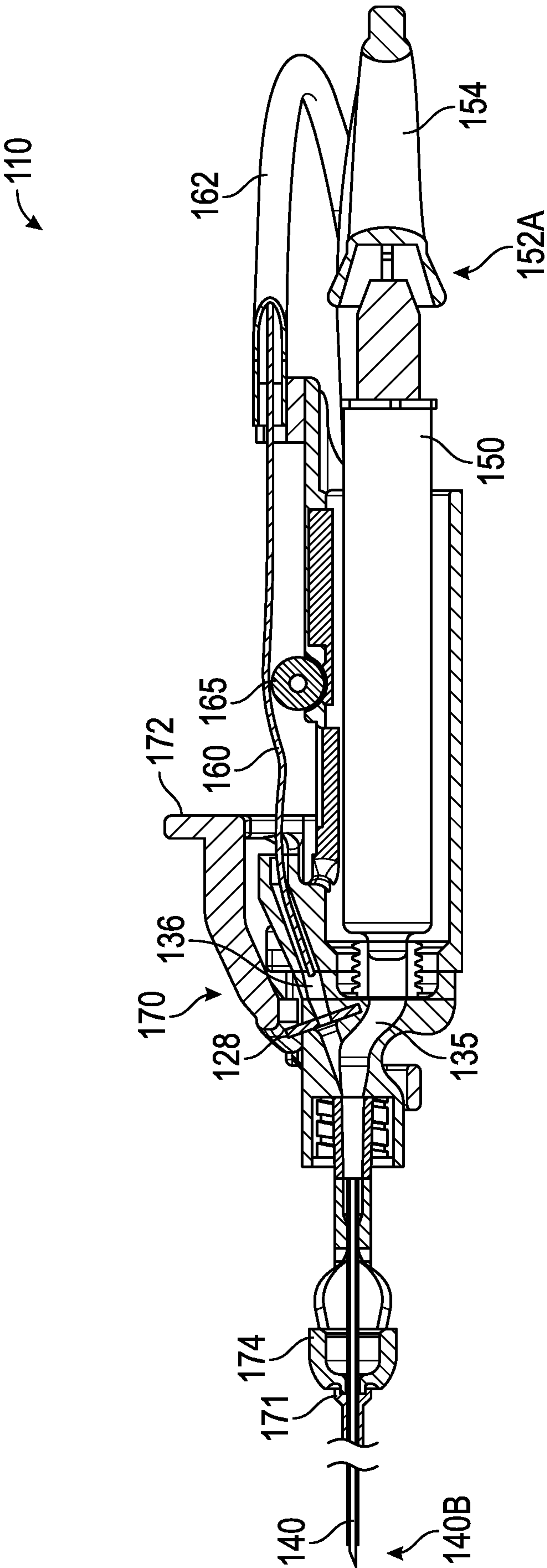


FIG. 7

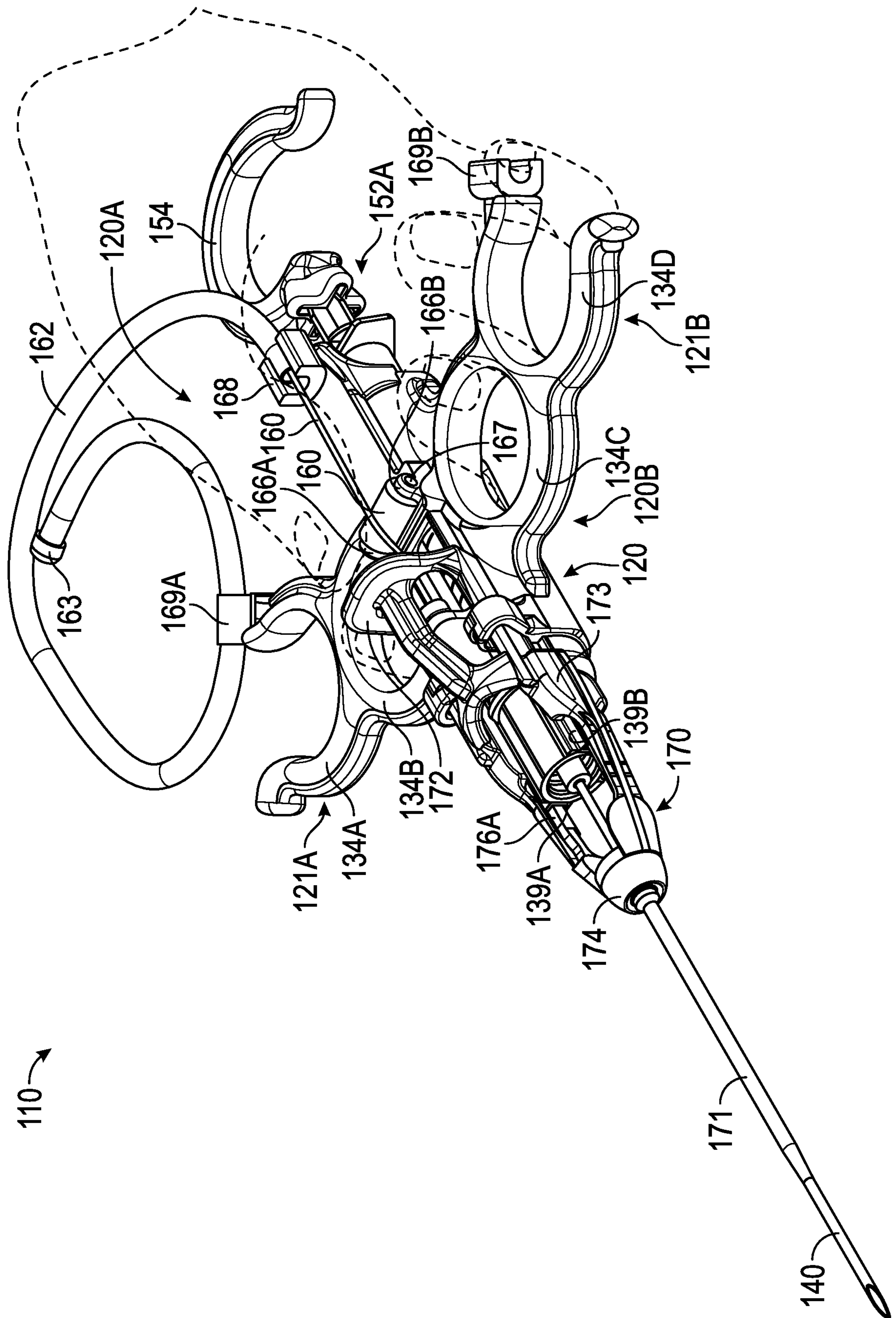


FIG. 8

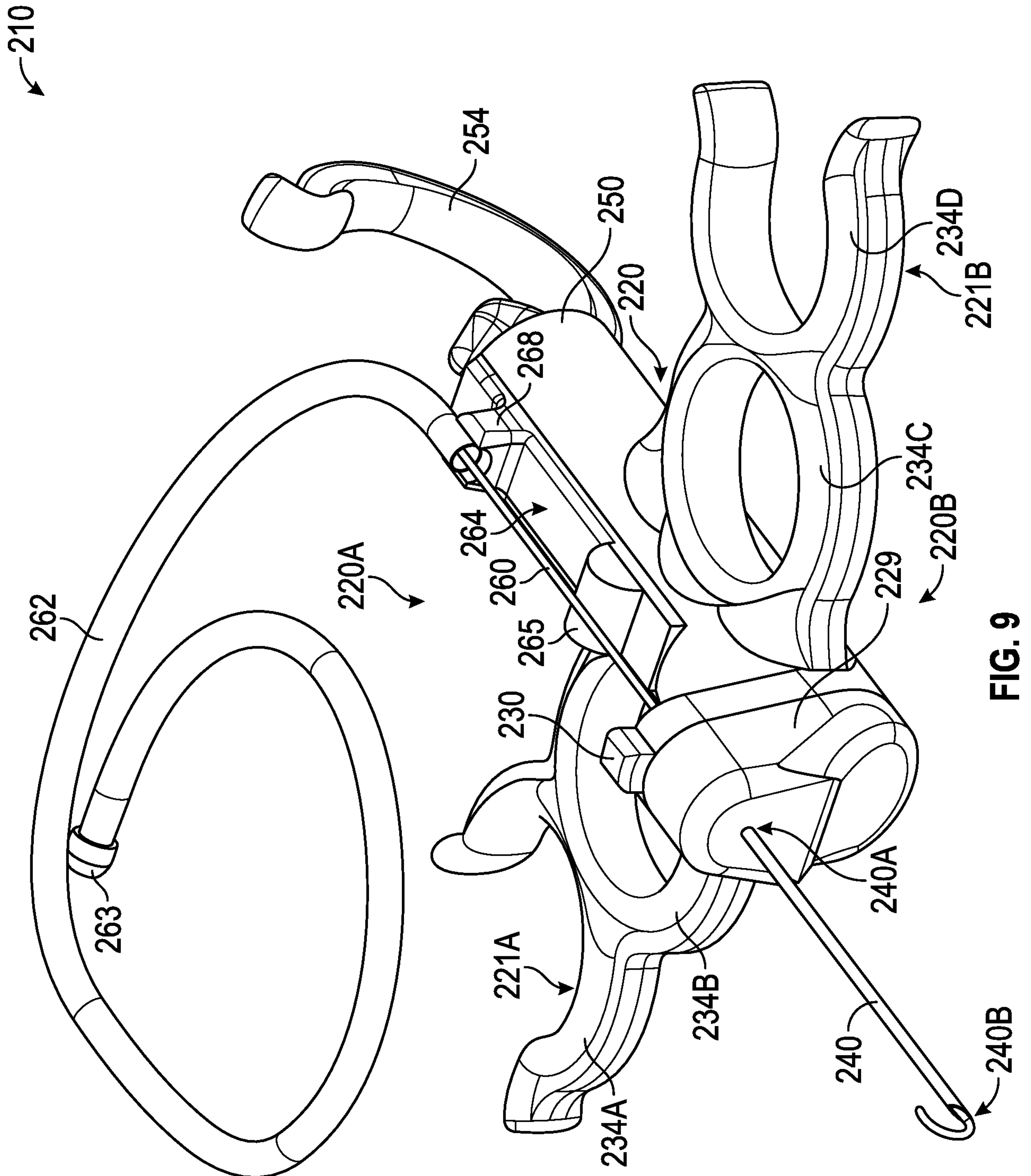


FIG. 9

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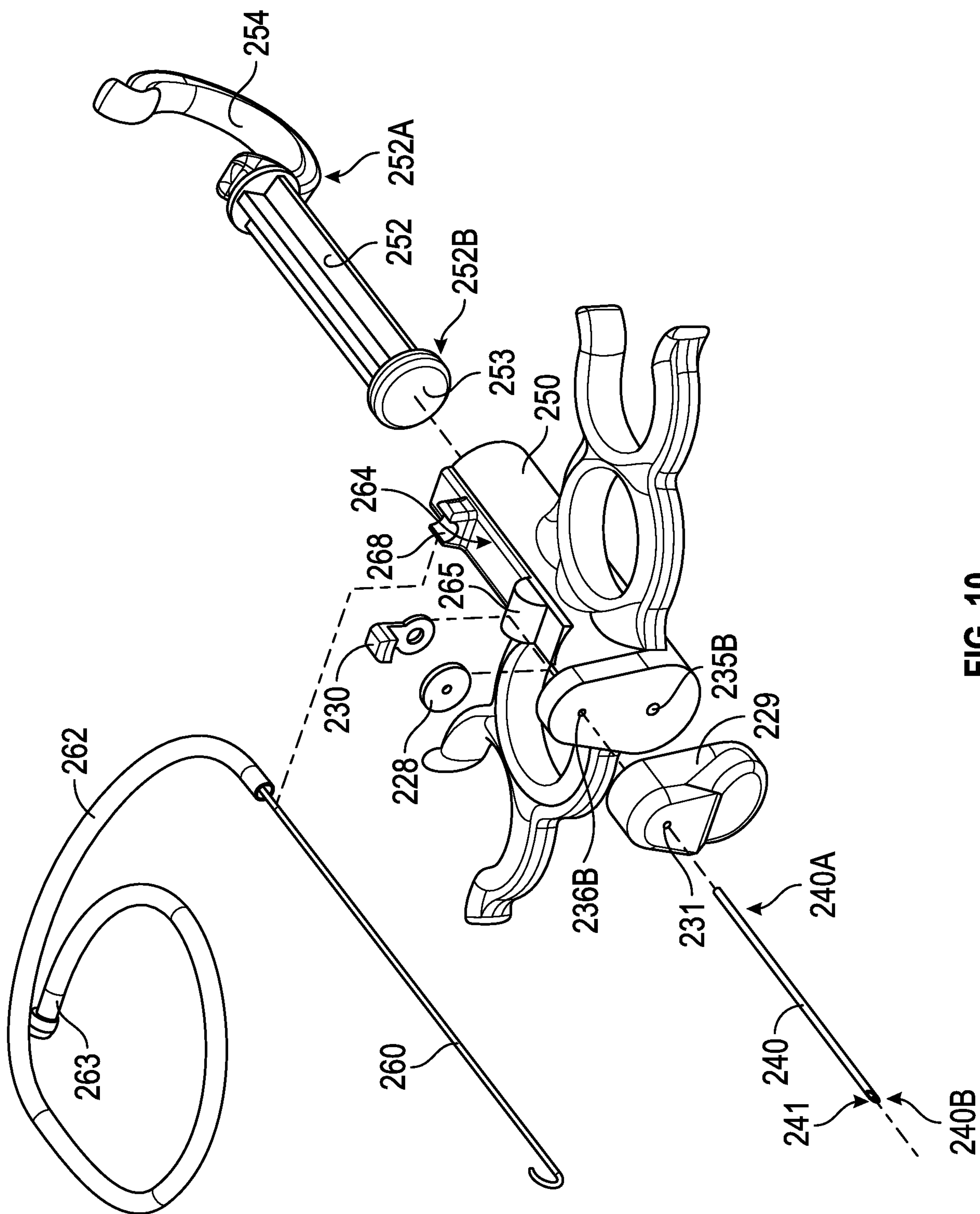


FIG. 10

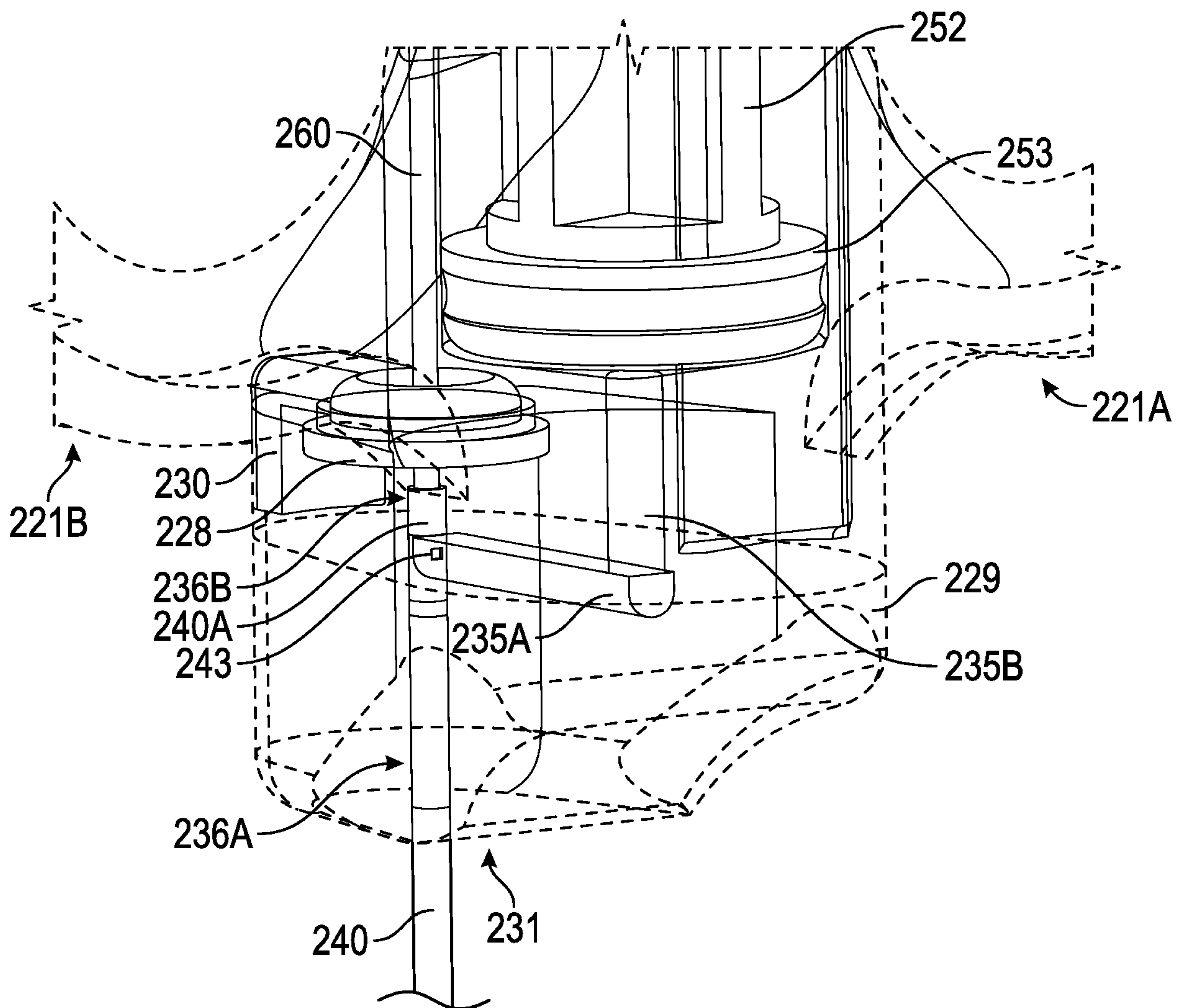


FIG. 11

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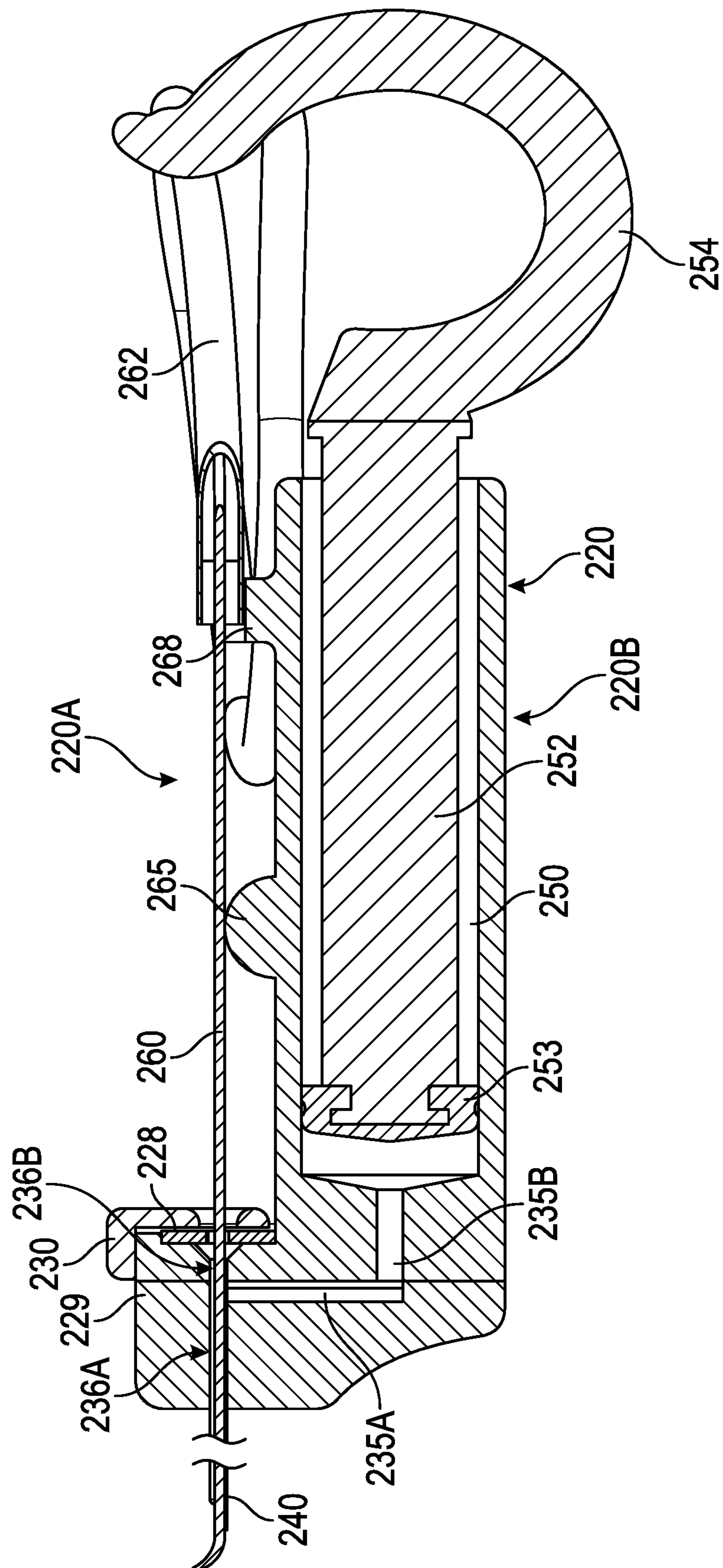


FIG. 12

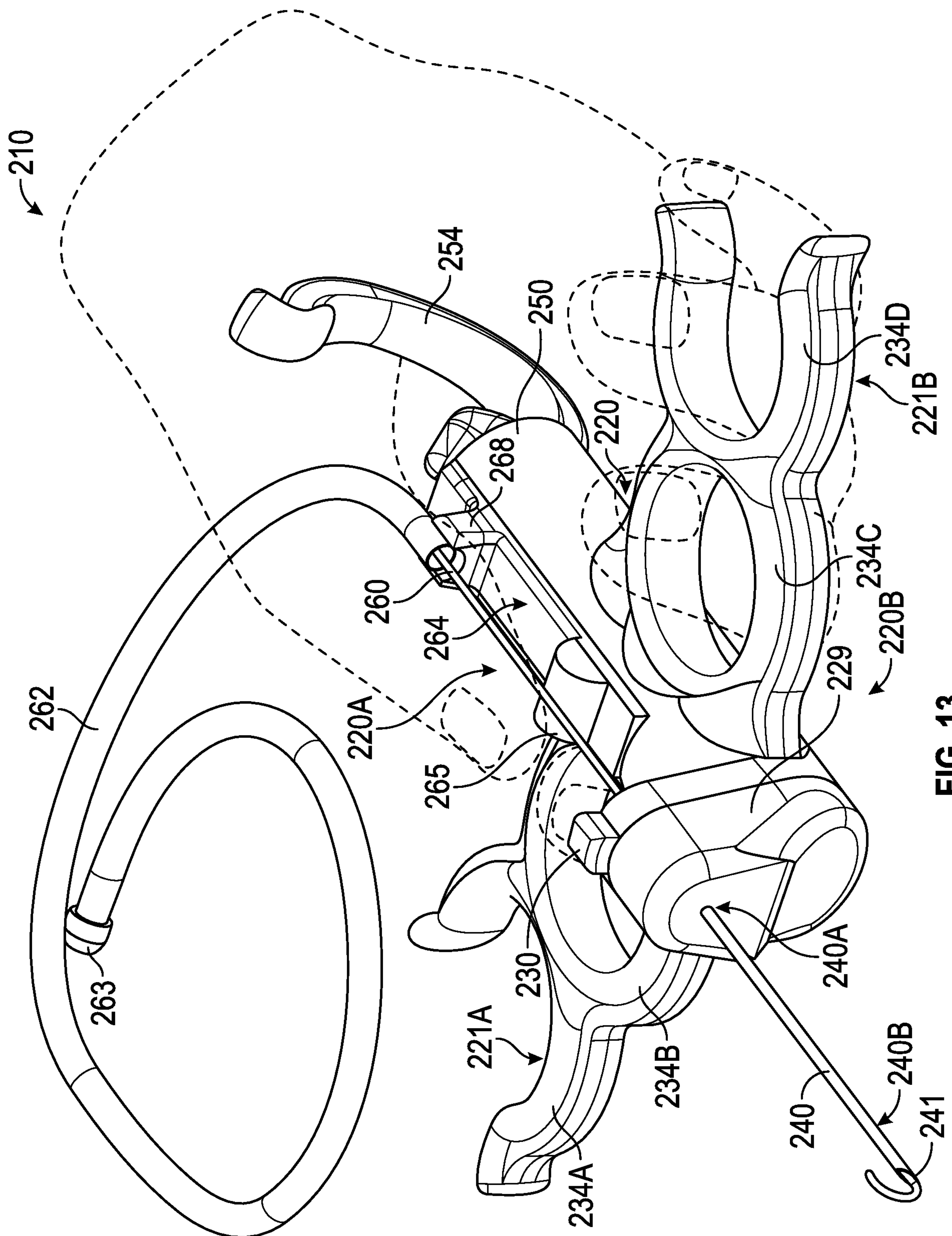


FIG. 13

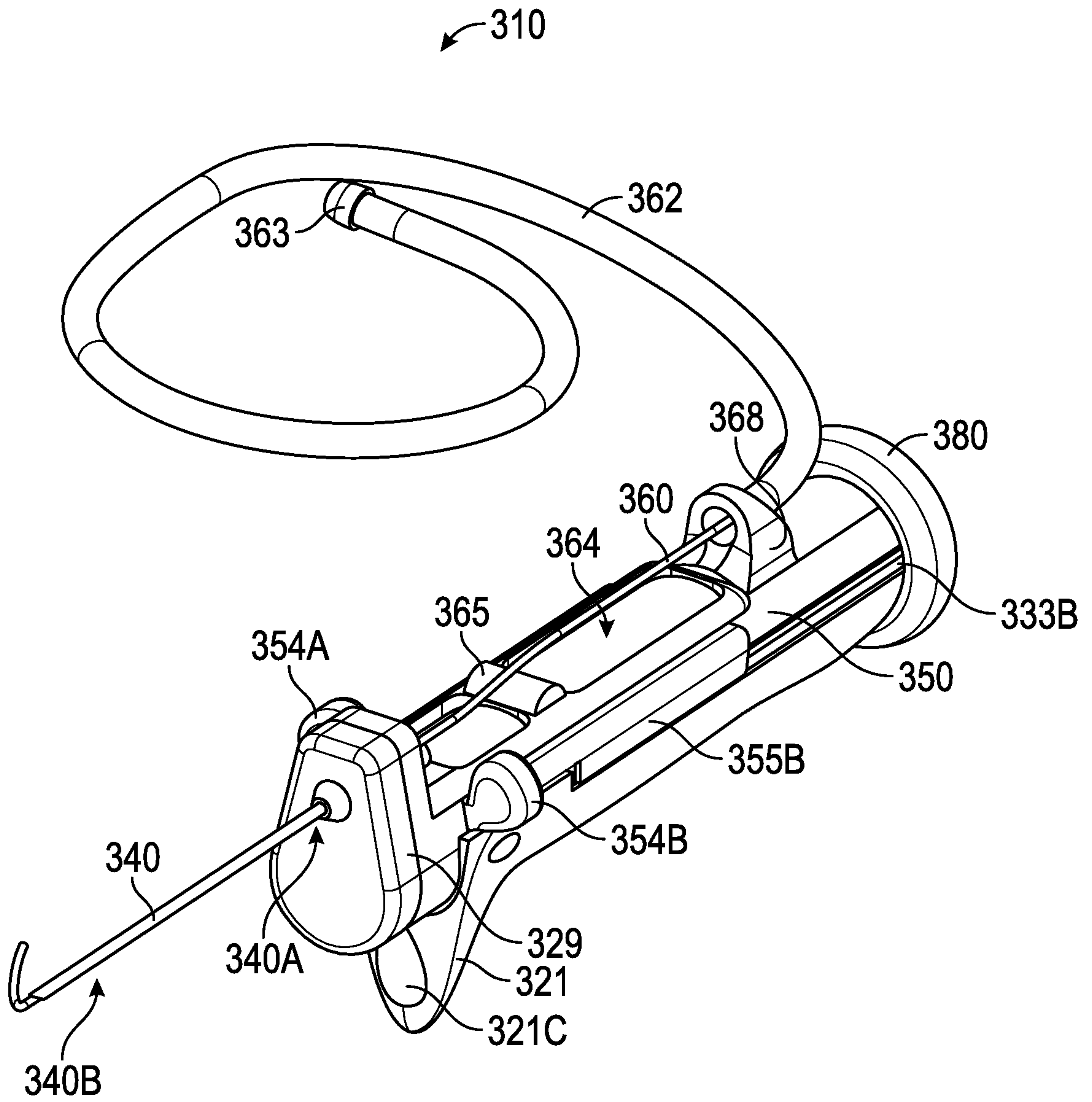
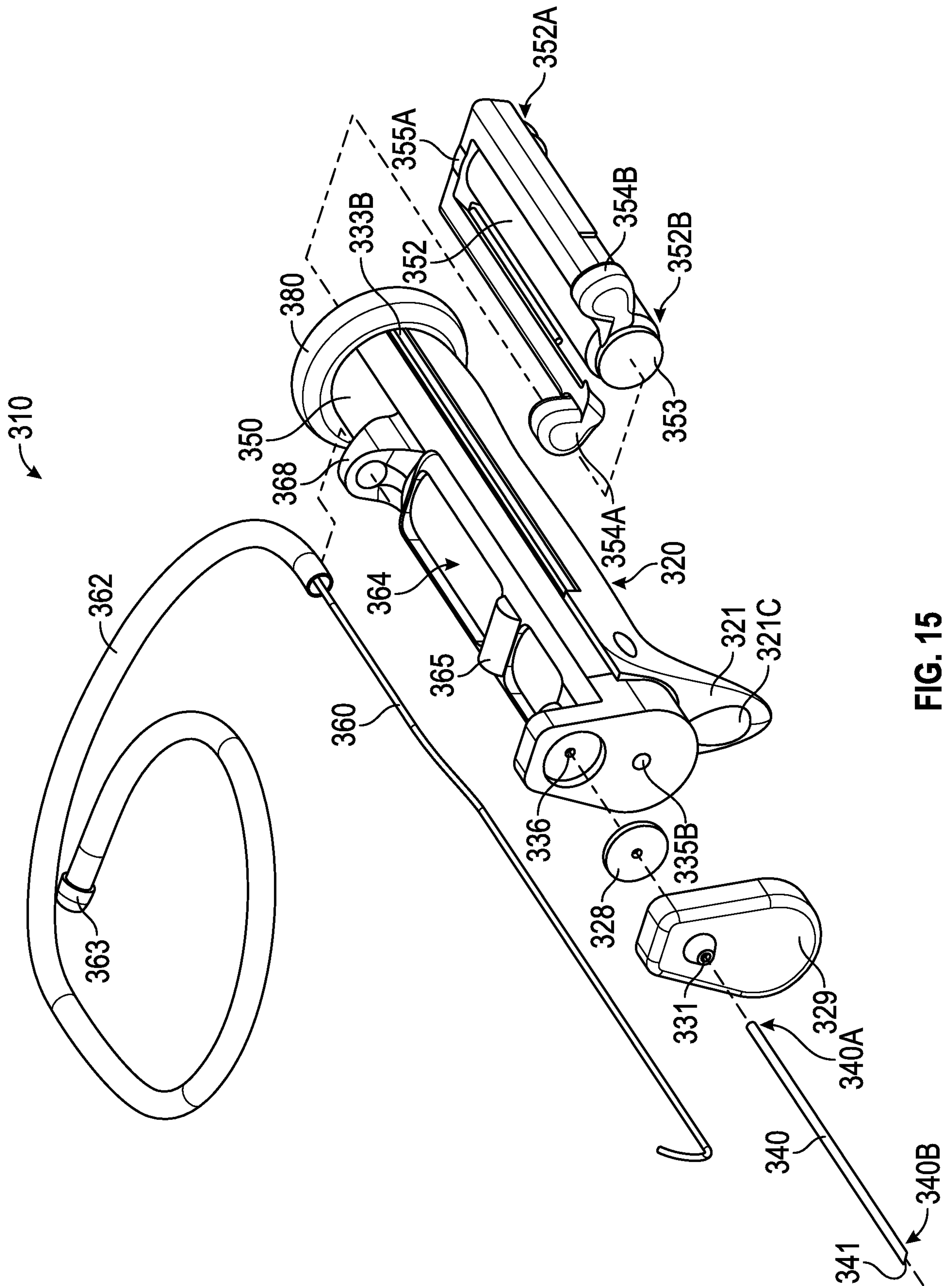


FIG. 14



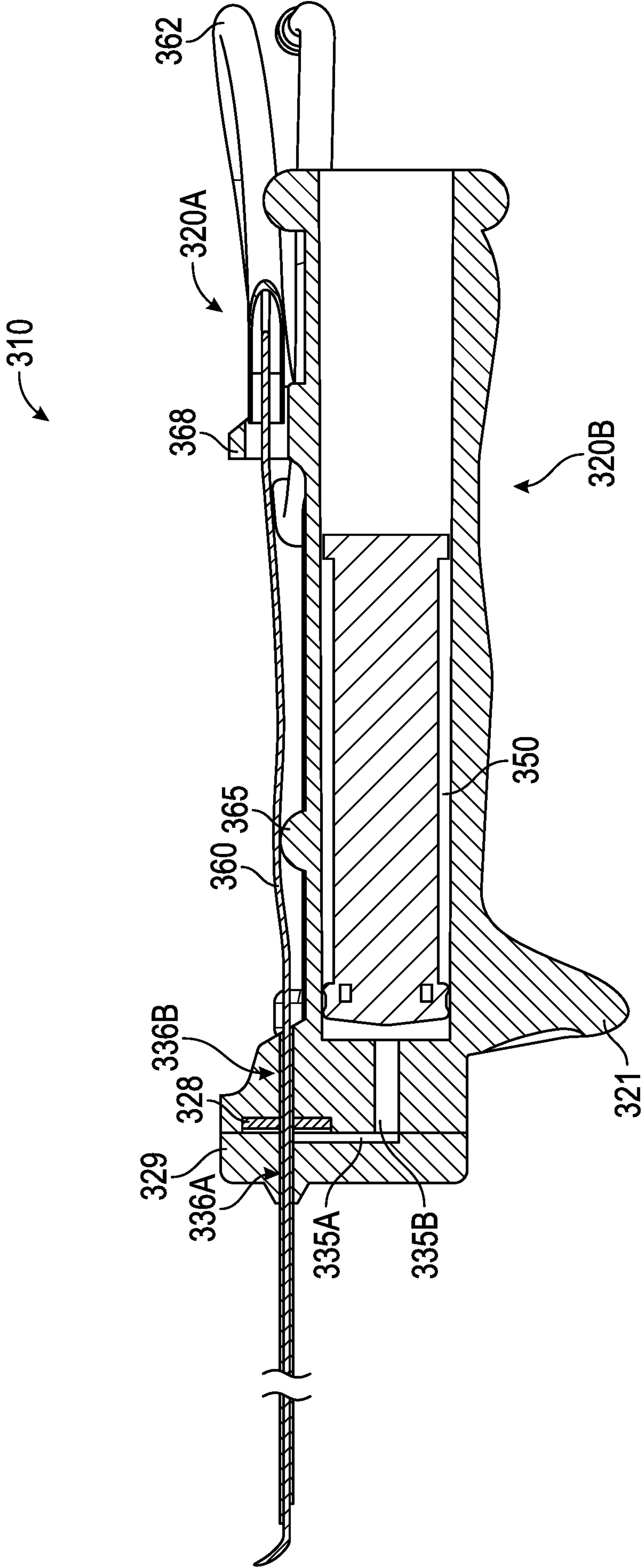


FIG. 16

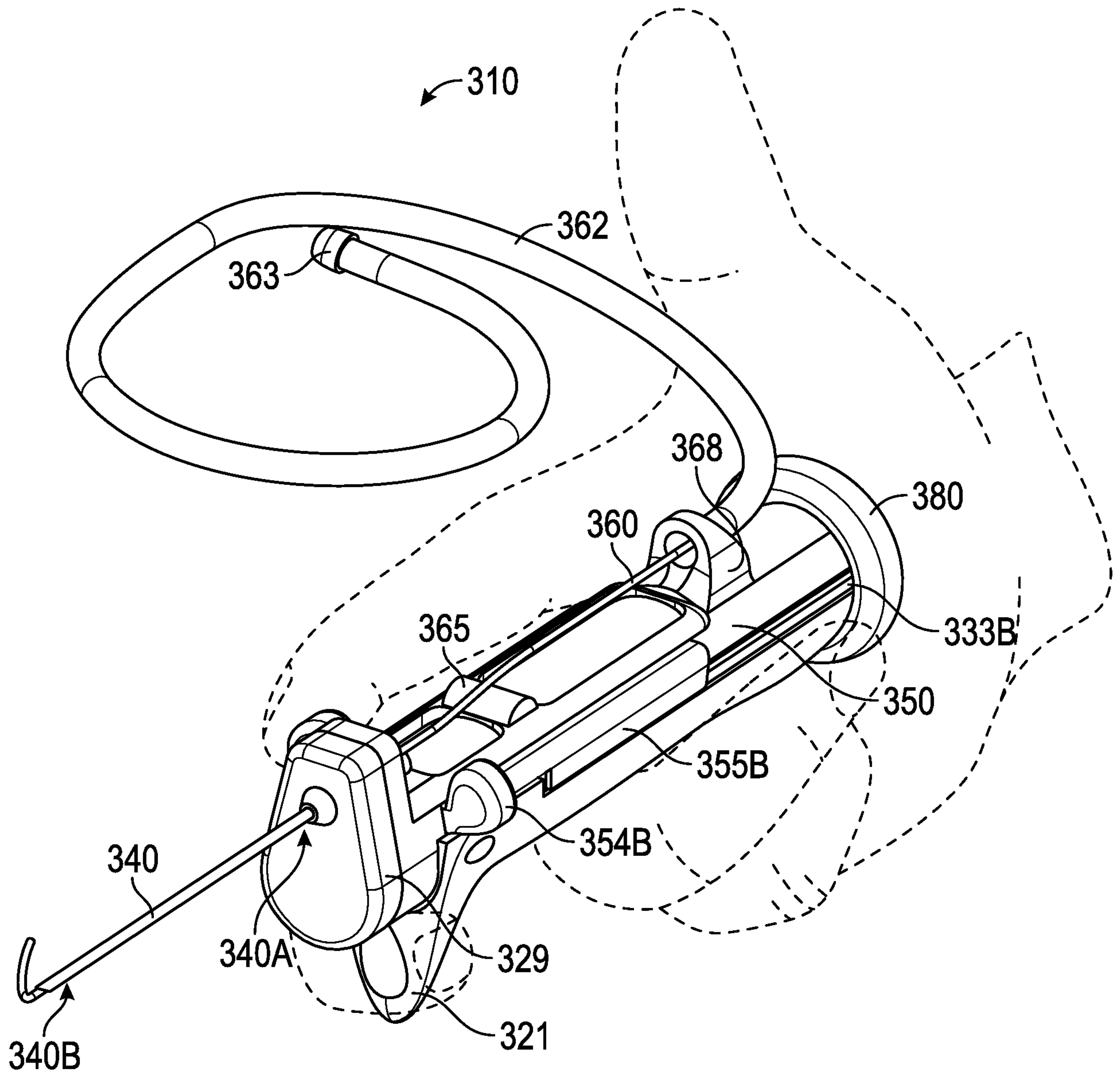


FIG. 17

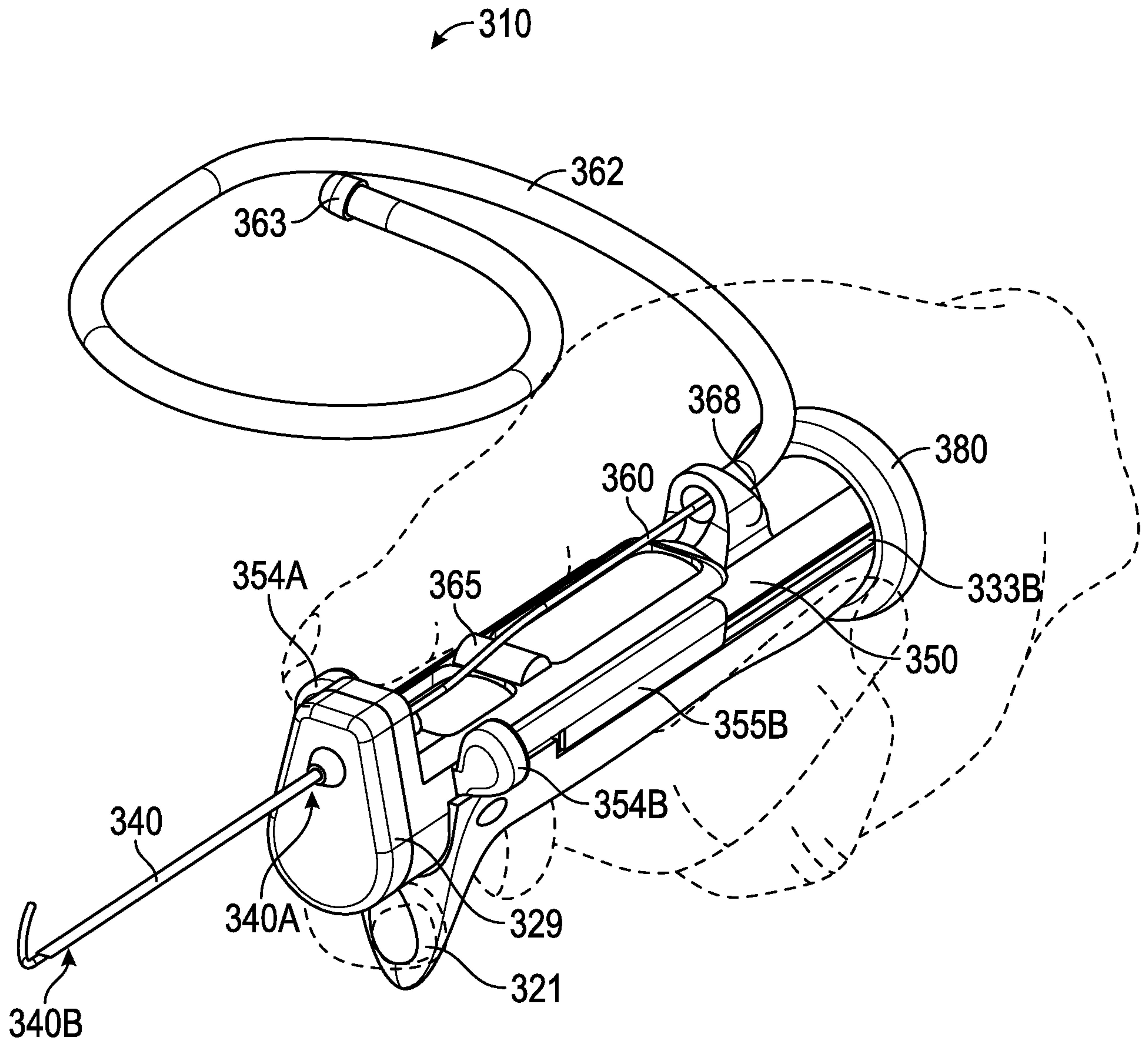


FIG. 18

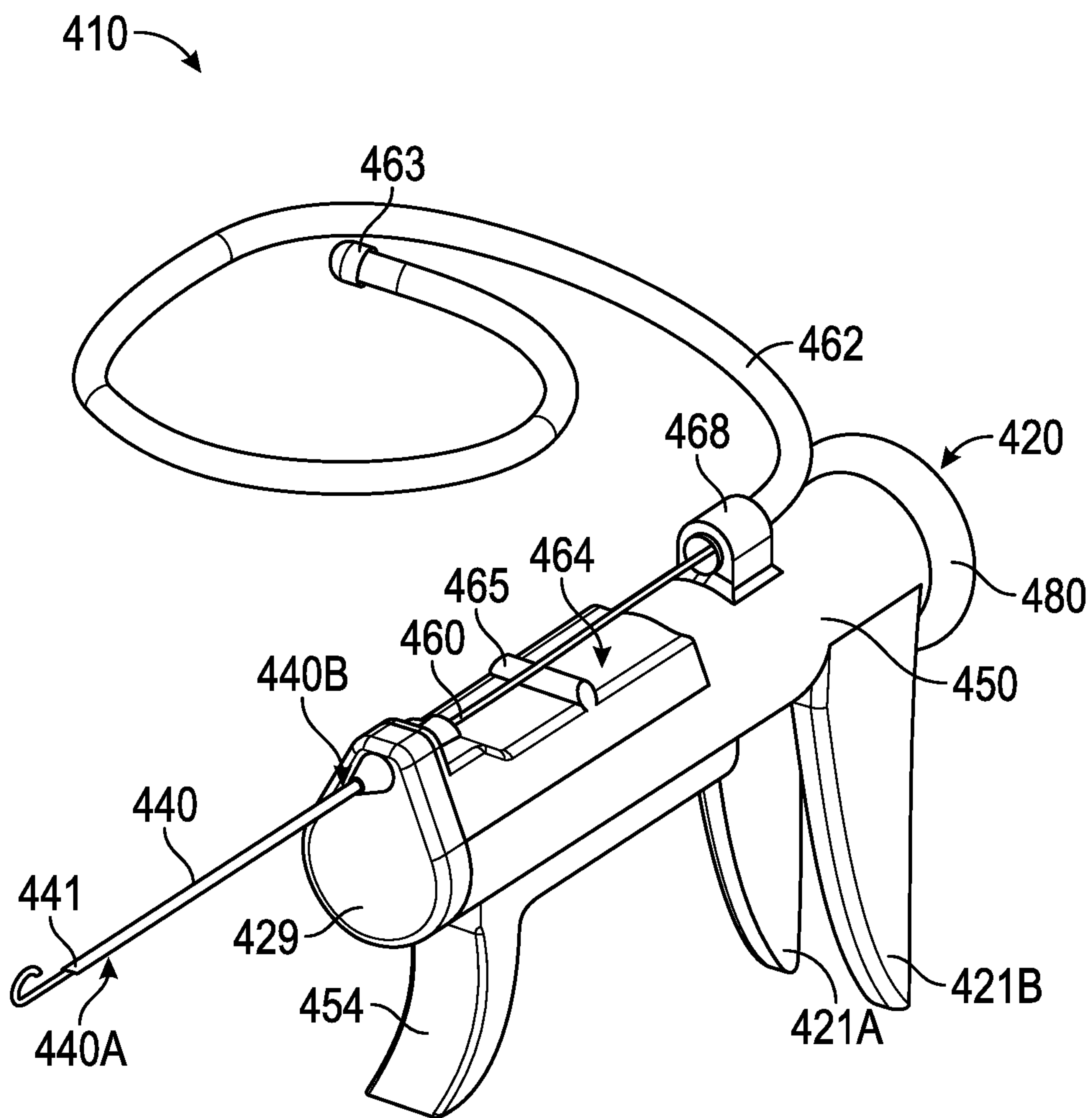


FIG. 19

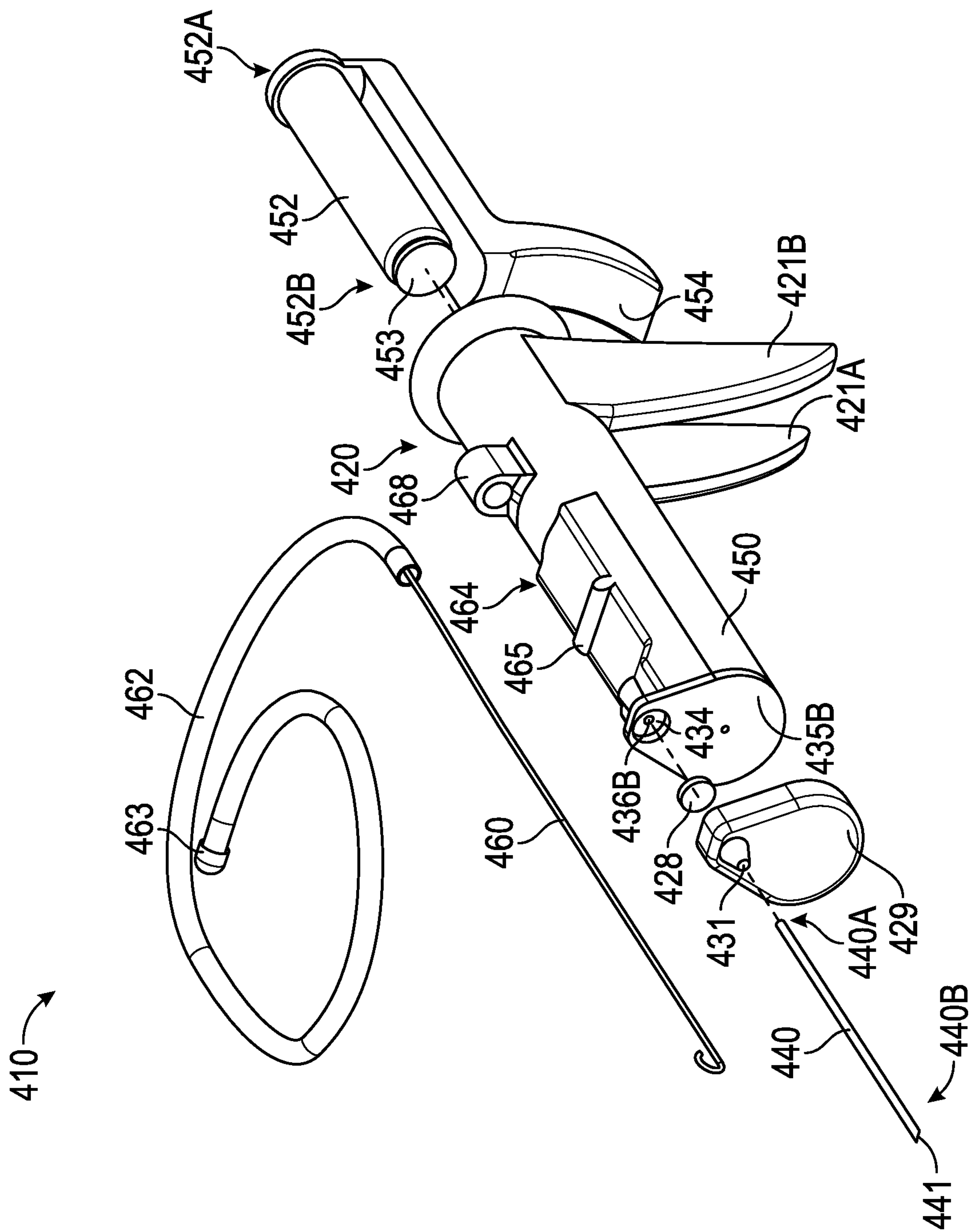


FIG. 20

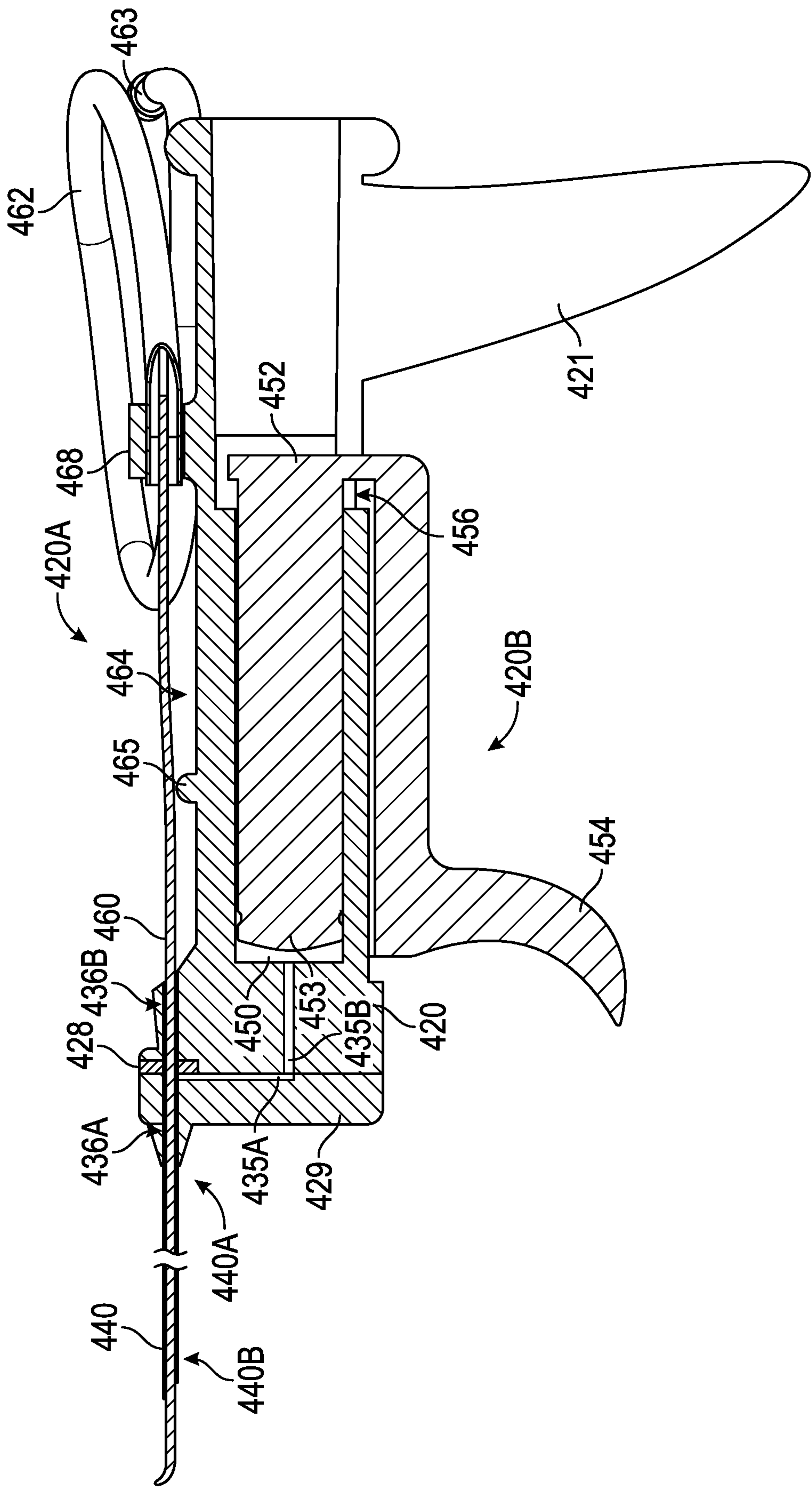


FIG. 21

